Becoming a Responsible Adult: Bridging the Gap from Adolescence to Adulthood

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Becoming a Responsible Adult: 
Bridging the Gap from Adolescence to Adulthood

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Eric Williamson, EducationWorks

Project Goals & Objectives

• To create a specialized summer program designed to expose and prepare adolescents for life as responsible adults
• To foster a sense of professionalism
• To educate adolescents on the importance of a healthy diet and its long term effect
• To expose adolescents to various career options
• To inspire young adults to take responsibility for their future

Bridging the Gaps Focus Areas

• Educational Advancement/Literacy
• Heart Disease and Stroke
• Nutrition and Weight Status
• Preparedness
• Substance Abuse

Project Outcomes

The students expressed that the program helped them obtain a clearer path towards their future and additionally gain a more positive outlook on their life. Various activities guided the students towards developing a wider perspective on different career options. Lastly, the students acknowledged their new desire to reconsider their current dietary choices. By the end of the program, the students recognized the importance of immediately implementing lessons they had learned over the summer.

“All the counselors are an inspiration and a lot of help. Thank you all.”
- From the Students

Personal Statements

“The BTG program definitely opened my eyes to the different backgrounds, races, and socioeconomic factors that affect a large population of Philadelphia. I realize now that not everyone can pursue higher education and how early career preparation can bring many positive outcomes in building their future. Designing workshops and working with adolescents have been a challenge but a great way to experiment and to show my creativity. This summer has been a remarkable learning experience that I will carry on throughout my career.”
-Song Oh

“Before beginning BTG, my knowledge of the educational and financial disparities across Philadelphia was limited to impersonal statistics. Throughout the summer, I gained not only familiarity with the facts, but with those who are affected by them. This personal growth along with the Wednesday weekly speakers helped synthesize a desire within me to help change the existing conditions that marginalize certain parts of our society. I hope that I have touched and changed my campers in some way because I know that they have changed me.”
-Haley Pearlstein

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