Digest of the Philadelphia College of Osteopathic Medicine (Spring 2008)

Philadelphia College of Osteopathic Medicine

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THE ARTS IN MEDICINE
A powerful force of healing
CONTENTS

Features

The Arts in Medicine: A Powerful Force of Healing ............... 8
Visual Arts: Another Kind of Voice .......................... 10
Dance: Staying Alive ........................................... 12
Creative Writing: Breaking Down Barriers .................... 13
Photography: A Different View ................................. 14

Year One: Observations from Four Residents .................... 16

The Heart of the Matter: Long QT Syndrome Research ...... 20

Departments

Updates and Kudos .............................................. 2
Development News .............................................. 7
Class Notes ......................................................... 22
My Turn Essay ..................................................... 28
Dear Alumni and Friends,

The arts are becoming an established part of our nation’s health care delivery system. Personifications of the mind-body-spirit connection—the essence of the osteopathic philosophy—the arts provide a tangible outlet for patients’ fears, emotional losses and hopes for the future. Through the senses including touch, sound and sight, they proffer a full realization that encourages healing by enveloping the complete human psyche. The cover article of this issue of Digest offers observations of PCOM alumni who regularly engage their patients in the visual arts, dance, creative writing and photography as a means to sustain their patients’ journeys to health and acceptance.

The article “Year One” follows four members of the Class of 2007, enrolled in varied post-graduate programs, to learn how they fared during their pivotal first year of internship and residency. These young physicians report on the challenges they were prepared for academically—as well as the surprises they have encountered in real practice.

Finally, the article about little Lizzy Felgoise, the daughter of PCOM associate professor Stephanie Felgoise, PhD, tenders an inspiring account of the promise of passionate research. Challenged by Long QT Syndrome, Lizzy has spurred her mother’s pioneering investigation into quality of life issues for children and families coping with the life-threatening, chronic condition.

I thank you for your continued interest in and support of the College.

With warmest regards,

Matthew Schure, PhD
President and Chief Executive Officer
Chair Established in Honor of Galen S. Young, Sr., DO ’35

Arthur Sesso, DO ’81, professor and chair, department of surgery, and program director, general surgery residency, is the first recipient of the Galen S. Young, Sr., DO ’35, Chair in Surgery. The Chair was established by the PCOM Board of Trustees in 2007 as a tribute to Dr. Young. In recognition of his bequest, the Young Chair will remain at PCOM in perpetuity.

Dr. Young was a valued member of the Philadelphia College of Osteopathic Medicine community for more than eight decades. A distinguished and caring surgeon, educator and administrator, Dr. Young devoted his life to the osteopathic medical profession and to PCOM.

Dr. Sesso has served as a member of the PCOM department of surgery since 1981, teaching medical and physician assistant students the art and science of surgery. Among his teaching methods has been the incorporation of case-based learning scenarios into the curriculum using state-of-the-art training simulation technology that develops coordination, technique and precision.

Upon receiving the Chair, Dr. Sesso recalled his time as a resident under Dr. Young: “I remember a hot day in August when Dr. Young had many surgeries on the schedule. He asked me to leave the OR to get him a cold drink. He told me to put his coat on. Needless to say, Dr. Young was a big man and I could not fill his coat, but I was so proud and honored to be wearing his coat that I couldn’t wait to get out into the hallway. Now today, thanks to Dr. Schure, Dr. Veit, and the Young family, I get to put his coat on again. I still can’t fill his coat and I doubt that anyone ever will be able to, but I am still proud to have it on. I accept this title on behalf of the department that Dr. Young built, the department that has a simple dictum: that we train and graduate the best surgeons in the country, and that the best surgeons in the country will be osteopathic physicians.”

SNMA Recognizes Leaders

Darren McAuley, DO, assistant professor, OMM, received the 2008 Meta Christy Award from the PCOM chapter of the Student National Medical Association (SNMA) during its recent recognition reception. Established in honor of PCOM’s first minority graduate, Meta Christy, DO ’21, the award is given in recognition of the exemplary practice of osteopathic medicine, service to the community and inspiration to future DOs.

Dr. McAuley’s commitment to helping others dates back to his youth. He joined the local rescue squad when he was only 16, and within two years he was promoted to captain. He remained committed to emergency medical services while a student at Vassar College, where he served as an EMT for four years.

A graduate of the University of Medicine and Dentistry of New Jersey, Dr. McAuley completed a dual residency program in neuromuscular medicine and osteopathic manipulative medicine. Dr. McAuley has been on multiple deployments with the Delaware Air National Guard, where he has been a flight surgeon since 2000. Every year he participates in a medical mission with the Catholic Church of Christ in the Bronx, New York.

Also recognized at the reception were four high school interns. The Dr. Leonard W. Johnson Pushing Purpose DO Internship was created this year by the PCOM SNMA chapter in recognition of the late College alumnus Leonard Johnson, DO ’64. “Dr. Johnson was very involved in helping high school students achieve their goals,” points out the program visionary and SNMA National Community Service Chair Courtney Scrubbs (DO ’11). The interns participate in monthly chapter meetings, receive coaching on interview skills and SAT preparation, and gain exposure to medical school and osteopathic medicine.

Dawn Shell, PhD, assistant professor, pathology, microbiology, immunology and forensic medicine, was named mentor of the year for her support of the academic and professional needs of the SNMA membership. Dr. Shell has taught at PCOM since 2004, often working alongside students and guiding them in their research.

SNMA is the nation’s oldest and largest student organization focused on the needs and concerns of medical students of color.
PCOM Presence on the Hill

PCOM had the largest presence among the approximately 800 DO students at this year’s DO Day on the Hill. More than 100 PCOM DO students from both Pennsylvania and Georgia traveled to Washington, D.C., to meet with their congressional representatives to discuss, among other topics, the Save Medicare Act of 2008, which would reverse a projected 10 percent cut in Medicare and TRICARE payments to doctors. As John Clark (DO ’11), PCOM’s Student Government Association’s parliamentarian, points out, “With the baby boomers getting older, we need to ask who’s going to take care of them. Osteopathic medicine tends to focus on primary care, but with reimbursements shrinking, primary care is going to look less attractive as an option.”

Students also asked their representatives to sign the “Gordon Matheson, Dent, Kirk Dear Colleague Letter” that calls upon Congress to act immediately to address physician payment cuts.

OMM Fellows Named

Third-year medical students Cody Clinton (DO ’10), Valerie Cohen (DO ’10), and Alison Lee (DO ’10) have been accepted into PCOM’s OMM fellowship program. As OMM fellows, they will attend PCOM for an additional 12 months, serving in the College’s OMM department as both instructors and practitioners.

Mr. Clinton, who plans to complete a residency in family medicine prior to a fellowship in sports medicine, explains that “the OMM fellowship provides a wonderful opportunity to become comfortable incorporating OMT into my treatment regimen.” Also interested in a career in sports medicine, Ms. Cohen plans “to use my osteopathic training to assist athletes in achieving not only achieving optimal performance but also maximum health.” Ms. Lee points out, “I came to medical school to be an osteopathic physician; OMT is a critical part of being that. The fellowship is an opportunity to become skillful with my hands and be a part of teaching it as a valuable tool.”

An annual College provision sustains the fellowship program with assistance from the C. Paul Snyder, DO ’10, and the Frieda O. Vickers, DO ’39, and the Major James G. Vickers endowment funds. Additional support comes from special gifts earmarked for OMM.

Kudos

Denah Appelt, PhD, professor, neuroscience, physiology and pharmacology; Brian Balin, PhD, professor, pathology, microbiology, immunology and forensic medicine, and director, basic science research, Center for Chronic Disorders of Aging; Marcus Bell, PhD, assistant professor, neuroscience, physiology and pharmacology; and Christine Hammond, senior research assistant, pathology, microbiology, immunology and forensic medicine, coauthored the paper “Inhibition of apoptosis in neuronal cells infected with Chlamydia (Chlamydophila) pneumoniae” published in BMC Neuroscience. Drs. Balin and Appelt; Ms. Hammond; and C. Scott Little, PhD, assistant professor, neuroscience, physiology and pharmacology; and Christine Hammond, senior research assistant, pathology, microbiology, immunology and forensic medicine, coauthored “Chlamydia pneumoniae and the etiology of late-onset Alzheimer's disease” published in Journal of Alzheimer's Disease.

Kristen Berry, DO ’00, physician, PCOM Healthcare Center – Lancaster Avenue Division, was a guest on the E. Steven Collins show on WRNB Radio, 107.9 FM. Dr. Berry talked about staying healthy during cold and flu season and answered listeners’ phone calls.

Rani Bright, MBBS, assistant professor, pathology, microbiology, immunology and forensic medicine, has been selected by the National Board of Osteopathic Medical Examiners as Item-Writer of the Year for COMLEX-1. Dr. Bright was selected from a field of over 200 item-writers.
**New Woman on Campus**

Seth Kaufner, DO ’08, right, and Jason Smith, DO ’08, examine baby Hal after Noelle gives birth.

“**CSI: PCOM**

The pathologist was face down on his desk. Dead. There was vomit on the sink. A bottle of pills was nearby. His computer was on. Clearly, he had been there all night. Had he killed himself? Had he been murdered? Had his research hit a wall? Was he involved in a lovers’ quarrel? All options were possible.

It was a blustery February morning and 42 forensic medicine students were scouring the campus. In addition to the body of the researcher, they found a body in a car in the parking garage, a body in a stairwell, a bullet-ridden body in the hallway and a bag of trash that included what appeared to be human bones. It would have been a truly gruesome scene if it wasn’t part of the curriculum. Once a year, students from the forensic medicine certification, master’s degree and pathway programs participate in a crime scene analysis class that challenges them to put together the pieces of the puzzle using what they have been learning in the classroom.

“This class orients the students to the processing of a crime scene,” explains Greg McDonald, DO ’89, medical director, forensic medicine. “We vary the crime scenes as much as possible, including natural and accidental deaths, homicide and suicide. The student teams work under time constraints and pressure—just like they would in the real world.”

Grant Miller (MS/FM ’09) describes the experience as an “awesome chance to take what we’re learning in class and apply it. You have to leave your assumptions behind, step back and look at the evidence systematically.”

“The class exceeded my expectations,” says Joel Garblik (MS/FM ’09). “There was great attention to detail including make-up for the victims and bullet casings near the body in the hallway. It was a very valuable experience and utilized what I had learned in class.”

Even Jim Armstrong (MS/FM ’09), a flight nurse who has seen similar situations in real life, was impressed. “The scenarios were put together by people who work in the field, and they were very realistic. A detective on the scene was even ‘sweating’ a witness.”

The researcher, by the way, died of carbon monoxide poisoning from using a camping stove to make coffee in his office.

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GA–PCOM Hits the Road

The GA–PCOM chapter of the Student Osteopathic Medical Association sponsored the Inaugural Old Peachtree Road 5K in early November. More than 100 runners and walkers participated, including Dr. Peter Ajluni, president of the American Osteopathic Association. Proceeds from the race were donated to the health and fitness programs of the Boys and Girls Clubs of America.

Sock It to Me

The PCOM community can always count on Follies for a good time and a good cause. This year’s Follies, produced by the DO class of 2010, raised over $300 for Socks for Soldiers, a nonprofit organization started by the mother of a soldier serving in Iraq. Socks for Soldiers sends care packages that include socks, toiletries and snacks to the troops in Iraq. As always, Follies poked good-natured fun at life as a medical student.

Kudos

Farzaneh Daghigh, PhD, associate professor, biochemistry/molecular biology, wrote the chapter “Reactive Oxidant Species and Emerging Therapies in Clinical Medicine” published in the book Oxidative Stress: Clinical and Biomedical Implications.

Terri Erbacher, PhD, clinical assistant professor, psychology, was recognized by the Survivors of Suicide, Inc., for her contributions to suicide prevention and postvention. Dr. Erbacher was also instrumental in organizing the Fourth Annual Regional Symposium on Suicide Prevention at which she presented “To Be a Lifesaver: Advanced Suicide Risk Assessment of Diverse Youth for Practitioners.”

Katherine Galluzzi, DO, professor and chair, geriatrics, wrote the article “Ask a D.O.” in The Pain Community News. In addition, she lectured on “Post-Operative Pain Management for Older Adults” at a CME sponsored by UMDNJ - Center for Continuing and Outreach Education in Haddonfield, New Jersey, and gave the keynote address at PCOM’s CME on Osteopathic Considerations for the Geriatric Patient. In addition to being the chair of the ACOFP Program Committee, Dr. Galluzzi was appointed program chair for the 2008 annual convention in Denver where she was a speaker.

For the first time in many years, Dr. Fogel was unable to participate in Follies. Nick Lanciano (DO ’10) graciously portrays Dr. Fogel for the evening.

Dr. Ajluni (left), whose theme for the AOA this year is “Fit for Life,” is congratulated by John Fleischmann, EdD, campus executive officer, after his successful 5K run.

Forensic medicine students investigate one of the crime scene scenarios.
Kudos

Jim McCans, MS/FM ’04, assistant professor, forensic medicine, had his essay series about his experiences working with the military at Camp Slayer in Iraq published in Main Line Life. The story of his work with his cadaver dog, Stache, searching for missing soldiers in Iraq was published in several local newspapers as well.

Rosemary Mennuti, EdD, professor and director, school psychology, and Ray Christner, PsyD, clinical assistant professor, school psychology, are coediting a book series, School-Based Practice in Action. The first title in the series, Implementing Response-to-Intervention in Elementary and Secondary Schools, has been published.

Fred Rotgers, PsyD, associate professor and associate director of clinical training, clinical psychology, was invited to speak on moderation training for problem drinkers at the Foundation for Social Work Services conference held in Malta. He was awarded a certificate in bioethics from the Neiswanger Center for Bioethics and Health Policy at Loyola University of Chicago. In addition, Dr. Rotgers was quoted in the article “Can a Problem Drinker Learn Moderation?” published in the Chicago Sun-Times.

Etheldra Templeton, chair and executive director, library, received the first annual SGA executive board special recognition award for dedication to student service, meeting and exceeding student expectations and constant efforts to improve student access to information.

Students Shear Locks for Love

More than 550 inches of hair were shed when PCOM students, along with family members and friends, had their hair cut for Locks of Love, a non-profit organization that provides custom hairpieces for disadvantaged children suffering from long-term hair loss due to a medical condition.

The 55 volunteers had been growing their hair for the past year to gain the 10 extra inches required for the donation. A local salon provided free haircuts.

Good Health is Elementary

More than 50 GA–PCOM DO students visited Gwinnett County’s Corley Elementary School to talk to 500 first- and second-grade students about how to stay healthy. They led the children in aerobic exercises and discussed how to make healthy food choices.

A Game with No Losers

Students, faculty and staff collect over 300 pounds of canned goods in support of the annual student/faculty basketball game.

PCOM faculty went head to head on the basketball court with the women in the DO program. It was a tough fight, but in the end everyone was a winner since the event collected over 300 pounds of canned goods for the Philadelphia charity Philabundance.
Bequest Received

Robert E. Lee Purvis, DO ’41, passed away in August 2003 at the age of 103. He was a member of the PCOM volunteer faculty and taught Osteopathic Principles and Practices. Dr. Purvis left a bequest totaling $37,910 to the College in his will.

Do you have PCOM in your plans? Through a bequest provision, you can designate a specific amount of money, a percentage of your estate or the remainder of your estate (after other bequests are satisfied) to the College. Adding a codicil to an existing will is a simple process that begins by making your intentions known to your attorney. Remember to leave complete directions to your loved ones.

Phonathon Once Again Reaches Goal

As of May 15, alumni have pledged nearly $197,500 toward the DO Student Scholarship Fund. The fund supports current DO students.

Million Dollar Club

The Million Dollar Club was such a great success last year that PCOM extended it for this fiscal year. Club recognition is given to donors whose cumulative giving over the past four years reaches $5,000. One of the newest members of the club is Jeanne Grove, DO ’82, who is senior partner of Penfield Obstetrics and Gynecology, LLP, in Penfield, New York.

The Unrestricted Annual Fund

For the second year in a row, PCOM will raise $1 million for the Unrestricted Annual Fund to support the enhancement of academic programs and student services. Leadership gifts of $10,000 and above make a significant difference in the attainment of this goal. The following alumni and friends have joined this group of supporters as President’s Fellows: Anonymous; J. Steven Blake, DO ’89; Ronald Ray Blanck, DO ’67; Gerald E. Dworkin, DO ’81; Joseph Farrell, DO ’78; Robert Gober, DO ’78; Patrick J. Kerrigan, DO ’84; Arthur G. Kurtze, Jr., DO ’60; Douglas E. Mazzuca, DO ’83; Robert E. L. Purvis, DO ’41†; George S. Robinson, DO ’32†; Fred P. Schweibold, DO ’84, and Faith Scholnick, DO ’84; Matthew Schure, PhD; the Karen and Herbert Lotman Foundation; and the Zedeck Family Foundation, Inc.

Two Scholarships Endowed

Carol Szutowitz, the widow of Michael P. Szutowitz, DO ’72, endowed a scholarship in memory of her husband who passed away in 1996. The scholarship will support a fourth-year DO student who shows a keen interest in pursuing a career in primary care and is a resident of Pennsylvania.

The Hassman family endowed the Hassman Family Scholarship. It, too, will support a DO student interested in a career in family medicine; this recipient must be a resident of New Jersey. The Hassman family boasts five PCOM graduates: Joseph M. Hassman, DO ’65; Howard A. Hassman, DO ’83; Elissa F. Hassman, DO ’86; David R. Hassman, DO ’91; and Michael A. Hassman, DO ’94.

Corrections – 2007 Annual Report

Both Bernard Goldstein, DO ’62, and Mario Lanni, LLD, executive director, Pennsylvania Osteopathic Medical Association, and a long-time friend of Philadelphia College of Osteopathic Medicine, were mistakenly omitted from the annual report. Dr. Goldstein’s gift made him a member of the Dean’s Club; Dr. Lanni’s gift made him a member of the Gold Gift Club.

The Office of Alumni Relations and Development apologizes for these errors in report listings. The College greatly appreciates these gifts and all gifts from its generous donors.
In the waiting room of an outpatient cancer treatment center, patients and their families find art activities to be a calming outlet for expression and a means for regaining a sense of control over their lives.

A breast cancer patient discovers that dancing helps her to become more comfortable in her “new body” following surgery.

The patients of a family physician seem to care more about themselves when the physician takes photos of them for a special exhibit.

A patient with a traumatic brain injury has lost the ability to speak, but can express his thoughts and feelings by writing in a journal.
Nowhere is the mind-body connection more apparent than in the arts. Simply put, art heals. Painting, drawing, writing, dancing, photography, music and other art forms can help us transcend pain and suffering and bring healing to the body and spirit. They help us express the anger, frustration, fear and sense of loss that often accompany physical illness. They help us feel alive and in control even though we may be in a battle for life itself.

The arts are becoming an accepted part of the country’s health care system, according to the Society for the Arts in Healthcare (SAH). A survey organized by SAH and Americans for the Arts in cooperation with the Joint Commission on Accreditation of Healthcare Organizations showed that more than half of all U.S. hospitals have arts programs. These range from artwork displayed on the walls to musical and dance performances presented in public spaces to bedside activities for patients.

Following are the observations of some PCOM alumni who regularly engage their patients in the arts—and find them to be a powerful force of healing.

A powerful force of healing
**Visual Arts: Another Kind of Voice**

Emily Chernicoff, PsyD ’03, had reached an impasse with a patient suffering from a chronic pain syndrome and struggling in a difficult relationship with his father. A clinical psychologist who integrates art therapy with cognitive-behavioral therapy, Dr. Chernicoff asked the patient if he would be willing to illustrate the relationship with his father in a drawing. “He kept telling me that he would bend over backwards to please his father,” she recalls. “But in his drawing, he was on his knees. It was clear that he was kneeling and begging for his father's approval. This realization was a major breakthrough for him.”

As a result, the patient was able to begin improving his relationship with his father. Simultaneously, his chronic pain subsided to a tolerable level and he was able to return to work. “Relieving emotional pain also relieves physical pain,” asserts Dr. Chernicoff, who practices in Bala Cynwyd, Pennsylvania. “Human beings are systems with a mind-body connection that cannot be ignored.”

“Art is healing, whether or not we make any verbal association between the artwork and the person's feelings. This is especially true with depressed patients. When they work on an art project, they must use the muscles in their arms and hands. Art gets them moving and that has value in itself, even if it doesn't lead to talking. By nature, art pushes us forward.”

Dr. Chernicoff has found this to be true with the wide variety of patients she has helped since 1982, when she received a master's degree in creative arts in therapy from the former Hahnemann Medical College. Her patients include individuals who have respiratory diseases, cancer and end-of-life conditions; victims of sexual abuse; adolescents who are delinquent and/or recovering from addictions; individuals who struggle with eating disorders; and people dealing with lesbian, gay, bisexual or transgender body image issues. She also works with her patients’ families.

(left) Minimal Brain Damage: one boy's rendering of the frustration he feels about a skateboard accident that has led to major life changes.

(right) Bulimia: one woman’s journey from shame to pride.

In the waiting room of an outpatient cancer treatment center, Barbara Parker-Bell, PsyD ’08, helps patients and their family members create emblems of hope. Some create “hope dolls,” some weave designs, others paint. “Creativity in itself is life-enhancing,” notes Dr. Parker-Bell, an art therapist practicing in Allentown, Pennsylvania, who is also assistant professor of art therapy at Marywood University in Scranton. “Creating art reminds these individuals that they can be participants in life and engage in activities despite the changes and losses in their lives. In addition, art is calming and provides a distraction while they are sitting in the waiting room. Art also gives people a sense of control over their lives by providing an outlet for expression.

“Our culture is very verbal,” she continues. “We are adept at saying what we think others want to hear. When people work with art, they put down their defenses. They appreciate having a safe place to express what they are feeling.”

Dr. Parker-Bell developed a semester-long initiative in which Marywood students helped patients at a cancer treatment center to create paintings that reflected their “indelible spirits.” Each patient started with a small canvas, and then continued painting each week when he or she returned for his or her appointments. When the paintings were finished, Dr. Parker-Bell arranged a special exhibition in Scranton called “HeARTS of Healing” where they were displayed.

She also involved Marywood students in a mural project in the intensive care unit waiting room of a Scranton hospital. “The students began by painting a tree on a wall in the waiting room, which people enjoyed observing,” she
“One little boy whose mother was being treated for breast cancer built an entire hospital world out of Legos,” recalls Dr. Chernicoff, who teaches in PCOM’s School Psychology program as well as the University of Pennsylvania’s Graduate School of Education. “He was working through his feelings about his mother’s illness.”

Dr. Chernicoff encourages cancer patients to use art as a means of coping with anxiety over the loss of body parts, loss of beauty—especially in the case of breast cancer victims, and loss of masculinity among men being treated for prostate cancer. “Helping them come to terms with their losses through painting and drawing also aids the physical healing process,” she says.

In a group home for delinquent youth, Dr. Chernicoff frequently used art therapy. In one project, she asked the residents to create masks, drawing the face they show to the world on the outside of the mask and their true feelings on the inside. “These boys had experienced a lot of losses in life, and this kind of art helped them to overcome the cognitive distortions that lead to impaired self-esteem. This, in turn, allowed them to stop blaming themselves for what was beyond their control.

“Art is another way to talk,” she emphasizes. “It gives the patient a voice.” One patient with post-polio syndrome knew he was nearing the end of his life but didn’t have enough breathing capacity left to talk with Dr. Chernicoff about issues that were troubling him. “I encouraged him to draw his memories, his wishes, fears and anxiety. He drew pictures of himself in an iron lung as a child and playing tennis when he was well enough. He drew pictures of his pain, and how he wanted to be able to die. Through his drawings, he was able to regain some sense of control because he was able to express his feelings, both physical and emotional, to his family. Ultimately, he used art to make peace and die with dignity.”

When people work with art, they put down their defenses.”

explains. “When the tree was completed, people in the ICU waiting room were asked to write messages of hope on paper leaves which they then attached to the trees. After about a month, the hospital chose a few of these messages to be painted on ribbons flowing through the trees. It’s a very inspiring sight in what was a small plain room, and the process of families participating in the creation of the mural was both comforting and exciting.”

In another project, Dr. Parker-Bell led a group of breast cancer survivors through guided imagery, and then asked them to draw relaxing watercolor images on postcards based on something hopeful they imagined during the session. The cancer treatment center mailed the postcards to the patients later. “This proved to be very life-affirming for them,” reflects Dr. Parker-Bell, who holds a master’s degree in expressive arts therapy from Lesley University in Cambridge, Massachusetts.

Dr. Parker-Bell finds that she can reach patients who are reluctant to engage in psychotherapy by drawing portraits of them. “One adolescent who was particularly resistant suddenly became very cooperative when I offered to draw her portrait,” she recalls. “Her whole demeanor changed.”

Art therapy is also beneficial to people living with AIDS. She reflects, “Art projects help them to address life changing issues while maintaining their identity as human beings, not just an illness, as well as setting goals for the future.”
Dr. Zacharcenko (right) believes that dancing is a significant therapeutic option. Dance can empower individuals, healing the mind and spirit.

During a trip to Greece as a college student, Anna Zacharcenko, PsyD ’06, stumbled upon a town festival in a picturesque village where children, teens, adults and elderly villagers gathered to enjoy the festivities. An elderly woman joined in the dancing, even though she was using a cane. “Despite her diminishing physical strength, she remained engaged in her social group and in life,” recalls Dr. Zacharcenko. “It occurred to me that dance can help people, particularly depressed individuals, stay engaged in life and find joy again.”

Her own lifelong love of ethnic dance and Greek folk dancing in particular had taught her the many health benefits of dance. “The benefits of aerobic activity in lifting mood are well documented,” says Dr. Zacharcenko, who incorporates dance in her work as a psychologist, dance instructor, consultant and educator in Philadelphia.

After receiving a master’s degree in counseling and human relations from Villanova University in 1984, Dr. Zacharcenko began working as a consultant to corporate employee assistance programs and primary care physicians. At the same time, she began teaching dance to the elderly as a member of an amateur dance group that practiced at a community center in the Fairmount neighborhood of Philadelphia. “At the beginning of our lessons, some students appeared inhibited and depressed,” she recalls. “As we progressed, these same individuals exhibited increasing enthusiasm and confidence.”

As a result, Dr. Zacharcenko became increasingly interested in health psychology, particularly related to patients whose lives were being compromised by chronic illnesses. She began researching the psychotherapeutic benefits of exercise and dance, and increasingly incorporated the art of dance in her private practice as well as her work as a care manager for a major health care company. Her patients have included breast cancer survivors, cardiac patients, chronically mentally disabled individuals, patients who have undergone back surgery, and professional dancers and athletes who have sustained career-altering injuries.

“When people become depressed about an injury or illness, their thinking about their body image and capabilities becomes distorted,” she explains. “They often view themselves as less functional or disabled. In collaboration with the patient’s physician, it is important to encourage them to explore the kinds of activities they can still do, set realistic expectations for themselves, and get reengaged in these activities.”

Dr. Zacharcenko recalls a breast cancer patient who had always enjoyed social dancing with her spouse. “She made the decision to return to this activity in an effort to get her normal life back following a mastectomy and chemotherapy. Dancing enabled her to resume being part of a social group and to avoid being viewed as different or fragile due to her diagnosis. It also enabled her to become more comfortable in her new body following the surgery.”

“Dance can help people, particularly depressed individuals, stay engaged in life and find joy again.”

Dancing also provided a positive step forward for a senior widow who was diagnosed with diabetes, weight management issues and osteoarthritis. “My goal was to increase her motivation for self-care,” says Dr. Zacharcenko. “She had enjoyed many years of social dance with her late husband, but now wished to experience the mood lift and energy of the more physically challenging dances she recalled from her younger dancing days. She envisioned herself engaged in country line dancing, and as we worked together, she enrolled in a senior dance class. As she progressed, she said that she felt more flexible, experienced less physical pain, monitored her diabetes more closely, and felt uplifted and less isolated.

“It’s very rewarding when a patient is willing to try a new activity and find that they love and benefit from it,” emphasizes Dr. Zacharcenko. “At times, dance transcends talk therapies by allowing individuals to express emotions in cases where language fails.”
During a practicum at a New Jersey neurohealth center, Dena L. B. Young, PsyD ’07, was trying to talk with a patient who had suffered a traumatic brain injury. The patient understood her questions but could not respond verbally because of damage to the message centers in his brain. He became increasingly frustrated and angry.

Calling upon her previous experience as a kindergarten teacher, Dr. Young had an idea. Knowing that the patient could write, she gave him simple sentences to complete in writing such as “Yesterday I was feeling _____” or “I am most comfortable when _____.” The communication barrier was broken and the patient became much calmer as he was able to convey his thoughts. When Dr. Young suggested that he begin writing his thoughts and feelings in a journal, he willingly complied. Soon it became apparent that this activity was improving his overall status.

Dr. Young then started using creative writing in a group setting with other traumatic brain injury patients with the same positive results. Those who could speak had the option to read aloud what they had written.

“Some were very proud of their work and the activity really improved their feelings about themselves,” recalls Dr. Young. “People who had been resistant about performing their own activities of daily living became more confident and willing to do them independently.”

Now a full-time psychologist at Ancora Psychiatric Hospital in Ancora, New Jersey, Dr. Young has established a ward-based creative writing group for patients with severe and persistent mental illness such as schizophrenia and bipolar disorder. “Most patients come to us in crisis and they are in a very paranoid state,” she explains. “They suppress talking about their hallucinations because they are afraid of what people may think. Most don’t want to express abnormal or disturbing thoughts out loud. They are afraid of saying the words, yet they seem to want to get out what they’re feeling and thinking, I’ve found that they are more willing to write than speak because it feels safer.”

Using a wide variety of creative writing formats, Dr. Young has been able to break down the barriers of paranoia with many patients. Some write journals about their lives or their feelings. Others write non-fiction plays, stories, poems or letters related to events in their lives. Sometimes they engage in free association exercises.

“Once they have written about their feelings, they often agree to meet with me to process their writing,” says Dr. Young, who was also a school counselor before pursuing her doctoral degree. “This often helps them to make breakthroughs.

“Individuals with severe mental illness have a lot of cognitive confusion and thought blocking,” she continues. “They know what they want to say but they can’t find the right words. Their thoughts often flow more easily on paper because different parts of the brain are used for writing than for speaking.”

In cases where patients are stabilized and ready to be discharged, Dr. Young has found that continued journaling gives them a better chance of staying out of the hospital by keeping them stable.

“When they write daily in a journal, they become more conscious of triggers in their lives that may cause them to become unstable again,” she explains. “The trigger could be a person, an event, insomnia, drug use, or the feeling that they don’t need to take their psych meds any longer. If they become aware of these triggers, they can get help before they completely destabilize. The journal serves as a mechanism to keep their thoughts more organized and help them stay on track.”

Dr. Young reflects, “It’s rewarding to help these individuals develop an artistic skill that can help them remain stable and communicate more effectively throughout their lives.”

“Most patients come to us in crisis and they are in a very paranoid state. Most don’t want to express abnormal or disturbing thoughts out loud. They are more willing to write than speak because it feels safer.”
Photography: A Different View

When Burton Blender, DO ’62, began photographing all the patients in his family practice for identification and security purposes, he never imagined that the project would lead to a photo exhibit and a closer bond with his patients.

When he first approached his patients about taking their photos, he wondered if they would be willing to cooperate or if they would find it intrusive. He was sensitive to cultural taboos regarding the taking of photographs because of the rich diversity of his practice in Philadelphia’s Feltownville section, where his patients include Asians, Latinos, African-Americans, Greeks, Russians, Africans and Palestinians, ranging in age from children through the elderly. “It was never a problem for any of them,” says Dr. Blender, who has been practicing for 45 years. “They embraced the experience with enthusiasm and presented themselves openly and honestly. For me, this was a reflection of how special the relationship is between patient and physician, especially those who have known each other for a long time.”

Although Dr. Blender took most of the 300 photos in his office, he made “house calls” for some. “I regularly make house calls for about 12 patients, and they were happy to have me take their pictures in their natural environments. Many of them are lonely and don’t receive many visitors, so my house calls become as much social as medical. It’s another way to show that you really care and that’s often half the battle in convincing patients to get the care they need.

“Anything that helps to establish closeness between patients and doctors help patients to feel better about the relationship as well as themselves,” emphasizes Dr. Blender. “Taking a photo is the equivalent of touching a

For Roy Tuller, DO ’97, a lifelong love of photography led to a career in healing. As a young boy, one of his favorite pastimes was taking close-up photos of a wide variety of insects. Later, his picture taking evolved to sports as a photographer on the high school yearbook staff, but he never lost his love of science and nature. In addition, he had a growing interest in medicine. His mother thought he should become a doctor, but he was reluctant to abandon his passion for photography. Then he discovered a way to combine the two as a medical photographer.

After receiving a bachelor’s degree in biomedical communications from Rochester Institute of Technology and his registry as a biological photographer with the Biological Photographers Association, Dr. Tuller accepted his first job as a medical photographer at the University of Texas Medical Branch in Galveston. Now he was using his skills to document medical cases. His subjects ranged from burn patients and victims of abuse to patients before and after plastic surgery.

“For the first time, I felt like I was really contributing to the patient’s health, not just documenting the condition that was there.”

In 1986, he decided to venture onto a new path when he accepted a position as an ophthalmic photographer at Geisinger Medical Center in Danville, Pennsylvania. In his
work with a retinal specialist, his responsibilities included fluorescein angiography, a critically important diagnostic test involving a specialized camera designed for taking photos inside the eye. “For the first time, I felt like I was really contributing to the exam and the patient’s health, not just documenting the condition that was there,” says Dr. Tuller.

Over time, he had a growing desire to become more involved in hands-on patient care. First, he became a certified surgical technician so he could assist in the OR with retinal surgeries. Ultimately, he decided to pursue a medical degree at PCOM, and completed his residency in ophthalmology and a vitreoretinal fellowship. Since 2003, he has been in practice in Williamsport, Pennsylvania, with the retinal specialist he used to assist. “It is incredibly rewarding to be able to bring a person with a retinal detachment who is virtually blind back to 20/20 vision,” he says.

“It is essential to have highly skilled photographers to perform the critical diagnostic work that our specialty requires. They make an invaluable contribution to the healing arts.”

“The faces in Dr. Blender’s photos reflect the level of comfort and caring that his patients have come to enjoy with their longtime physician.”

“In taking a photo, I am viewing my patient as a special person—a whole, dignified human being.”
YEAR ONE
**Work weeks that are 70 to 80 hours long.**

**Call for 30 consecutive hours. Seeing complicated cases, often for the first time.**

The first year as an intern or resident is a time that no physician ever forgets. The experience is a major building block on a foundation that doubtless was poured during medical school.

*Digest* followed four interns and residents from the class of 2007 to learn how they fared during the pivotal first year. **Here are their stories...**

**Tarita N. Collins, DO ’07**

Early in medical school at PCOM, Dr. Collins believed she might be heading for a career in pediatrics or OB/GYN.

Rotations in those specialties affirmed, however, that such areas were not where she belonged. “I couldn’t see myself being happy with pediatrics or OB/GYN for the rest of my life,” she says.

“It wasn’t until I had a rotation at St. Barnabas, in the Bronx, that I had a clear direction. One day I got home and it hit me all of a sudden; it was like, bang!”

Dr. Collins was destined for a career in psychiatry.

“I wanted to have time to sit and talk with patients, to actually have discussions with them about their problems,” she notes. “I like patient contact.”

Dr. Collins is getting plenty of patient contact in her residency in psychiatry at Albert Einstein Medical Center in Philadelphia, where she works 65 to 70 hours per week. “People can tell you that you’re going to work a lot of hours, but initially, but you’re not working without a net. There is a lot of support.”

Following six months in general medicine, Dr. Collins is now working in psychiatry full time. The first two years of her residency program are inpatient psychiatry at Albert Einstein and Belmont Behavioral Health Center. The third year is all outpatient work.

She’s been seeing patients with major depression, schizophrenia and substance abuse. Many of the patients who abuse substances have underlying psychiatric problems as well.

“My class was very progressive and capable. I expect to hear that people from my class are doing great things.”

Dr. Collins credits the emphasis on patient interaction education at PCOM with helping her do well in her first year of residency. “The standardized patient...
program, for instance, is worth so much. I am just as strong—and in many ways stronger—than graduates from any other medical schools.”

She also upholds PCOM’s holistic approach to medicine. “I learned to adopt the philosophy of treating the whole patient, to always consider the mind-body connection and to regard the patient’s family as important in the overall health approach.

“Behavioral health is so interconnected with general health,” emphasizes Dr. Collins. “It’s an area that is often neglected.”

She’s where she belongs. “When I looked back at my CV, the signs were there. In college, I worked for a community crisis hotline at a drug and alcohol rehabilitation center. Some people who know me were initially surprised that I went into psychiatry. Yet, after consideration, they’d realize, ‘Yes, you’re a person who sits down, listens to others and thinks things through.’”

Captain Kevin P. Crotty, DO ’07

The U.S. Army put Dr. Crotty through medical school. “I was in the Health Professions Scholarship Program; the Army paid for my tuition, books and medical insurance, and they gave me a stipend,” says Dr. Crotty.

Currently stationed at Eisenhower Army Medical Center in Augusta, Georgia, Dr. Crotty is at the end of the first year of a combined internship/residency program in anesthesiology. “I do a year here in all the services and then three years in anesthesiology at Walter Reed Army Medical Center in Washington, D.C.,” he explains.

Before his days at PCOM, Dr. Crotty worked in biotechnology at Dupont, an experience that he now believes led him to his interest in anesthesiology.

“I’m a hands-on person, but I really didn’t want to do a surgical rotation and I wanted to fulfill my third-year requirement, so I took a rotation in anesthesiology,” he recalls about his time at William Beaumont Army Medical Center in El Paso, Texas. “I was there less than 48 hours and I knew it was what I wanted to do.”

Dr. Crotty was drawn to the procedures: intubation, invasive lines/central lines, epidurals.

He also knew that the so-called “social work” aspects more common to some fields of medicine didn’t hold great interest for him.

Dr. Crotty has been working a lot of hours and he is paged nonstop, but he doesn’t seem to mind. “The military, and my boss, won’t let us work 80 hours a week or more than 30 hours in a row.”

The training has been top notch. “I usually work one-on-one with the specialists; I walk with them and we go over the cases,” he reports. “Rotating with surgery is part of my internship.

“PCOM prepared me well; I feel as prepared as, if not more prepared than, anyone else,” he notes. “In particular, my rural rotation really gave me the confidence and independence I needed,” he adds. “PCOM taught me to think for myself, to be my own person.”

That ability has held Dr. Crotty in good stead during this pivotal first year.

“We had one case in which a patient had a rash, a fever, and an elevated white count. She was pretty sick and we thought she had Rocky Mountain Spotted Fever. But that wasn’t it. We worked on her case and learned that she had adult onset Still’s disease, a form of rheumatoid arthritis. We put her on a high-dose steroid and she started doing much better.”

As for his future, Dr. Crotty has promised his wife that once he finishes his commitment to the Army, he will live anywhere that she chooses. “She’s followed me around and she wants to go back to Rhode Island; that’s where her family is from.”

Dr. Troutman

Douglas A. Troutman, DO ’07

At the end of his first year in an internship/residency in general surgery, Dr. Troutman doesn’t have much time for reflection.

“It’s 80 hours a week and 30 hours on call,” he explains.

During his first year, Dr. Troutman is dividing his time between rotations in general medicine and surgery at Frankford Hospital and Crozer Medical Center.

“The first day I operated all night long, then rounded the next morning on 25 patients. On weekends and at night, I might be the first assistant on small cases,” he says. “Sometimes I’m the first assistant on a trauma case or a bowel resection or am expected to create an airway. I never knew I’d get this much responsibility this quickly.”

Dr. Troutman credits Arthur Sesso, DO ’81, professor and chair, department
of surgery, and program director, general surgery residency, with giving him an excellent start. "PCOM gave me the tools that I needed," he offers. "Originally, I was thinking about a career in family practice, but I was president of the surgery club at PCOM, and Dr. Sesso encouraged the idea that this was a specialty area in which I belonged. He was right."

Dr. Sesso indoctrinated his student into the world of "see one, do one, teach one," and this philosophy continues in Dr. Troutman's training in general surgery.

"One night, we were eating dinner in the hospital cafeteria at about 7:00 when there was a stat call over the PA system. I was with a senior resident, Ali Tehrani, DO, and he knew what it was right away; he told me, 'this is an airway.' We got up immediately, left our trays and ran down the hallway. The patient, a woman about 50 who had systemic disease and was septic, wasn't oxygenating and they were having a lot of trouble intubating her. There wasn't a lot of time. We ran in and put a cut on her neck so we could get the tube into her.

"This was the first one of these cases I'd seen or done in real life. You never really get to practice such emergency situations, but I did get a feel for the procedure when I worked in the standardized patient lab with Dr. Sesso. What I learned there proved helpful."

Dr. Troutman has a strong academic bent. "I'm about 95 percent certain that I will continue on in a residency program in vascular surgery. It's an area of evidence-based medicine and a lot of debates. It's what I like."

**Alyson Gloviak Wilson, DO '07**

She has a master's degree and has taught high school biology and genetics. Yet, medical school has always been on her mind.

"I kind of doubted myself, but I knew that I had to do it," recalls Dr. Gloviak Wilson. "I found that my teaching experience really helped; so much of what we do involves communicating."

These days, she's in a University of Medicine and Dentistry of New Jersey - Robert Wood Johnson residency program in internal medicine at Cooper Hospital - University Medical Center in Camden, New Jersey.

"I went back and forth at PCOM between OB/GYN, reproductive endocrinology and dermatology," says Dr. Gloviak Wilson. "Family medicine is interesting, but I wanted to divide my allopathic program, Dr. Gloviak Wilson reports that PCOM is well represented among residents and attendings. "PCOM is really strong in teaching history and physical taking and I use those skills everyday," says Dr. Gloviak Wilson, sounding thankful.

Sometimes, though, she is frustrated by the amount of time she must spend in two areas of growing concern: documentation and social work issues.

"I get a lot of help from my husband and my parents and his parents," she explains. Yet, these days, between residency and twin boys, time is at a premium.

"You learn so much in medical school, and internship/residency is that much more. It's hard work but I wouldn't trade it for anything."

"There are a lot of misconceptions out there about what we do; family and friends see television shows and they ask me, 'Is it really like that?'"

by the amount of time she must spend in two areas of growing concern: documentation and social work issues.

She's working 12 to 14 hours a day, six days each week. "You can hear that you're going to work 80 hours, but to actually do it is something else," notes Dr. Gloviak Wilson, whose training was stopped briefly when she delivered twin boys on January 2, several months into residency.

"I get a lot of help from my husband and my parents and his parents," she explains. Yet, these days, between residency and twin boys, time is at a premium.
FEATURE

LQTS is an electrical disorder of the heart that is present in one in 5,000 people in the United States, and may cause up to 1,000 deaths each year, according to the Sudden Arrhythmia Death Syndrome Foundation. The vast majority of deaths are in children and young adults.

In LQTS, repolarization of the heart’s electrical system is affected. There is a prolongation of the QT interval—measured on electrocardiogram—leaving patients in a prolonged state of repolarization and leaving them vulnerable to arrhythmia (torsade de pointes). Blood ceases to be pumped to the brain, causing syncope and sudden death.

LQTS can be caused by a genetic abnormality or it can be acquired later in life, usually as a result of taking certain medications. More research is needed.

““This is the first study we know of that will take a look at the lives of these children and their families. I’ve spent my career working with people who are coping with chronic and life-threatening medical conditions; I have this expertise. Why not use it?” — DR. FELGOISE

DIFFICULT QUESTIONS OFTEN DRIVE RESEARCHERS to accomplish great things. But when researchers come by difficult questions out of sheer necessity, the need for answers can become quite personal.

Take the case of one PCOM researcher, Stephanie H. Felgoise, PhD, ABPP, associate professor and vice-chair, department of psychology, and director, PsyD program in clinical psychology. Dr. Felgoise’s latest research project places a much-neglected group under the behavioral microscope. She is the lead investigator studying the psychosocial impact of Long QT Syndrome (LQTS) on patients and their families. Most often, LQTS afflicts children and taxes parents and other family members who scramble for information about how best to help their child, sibling or grandchild.

““This is the first study we know of that will take a look at the lives of these children and their families. I’ve spent my career working with people who are coping with chronic and life-threatening medical conditions; I have this expertise. Why not use it?” — DR. FELGOISE

THE HEART OF THE MATTER

Inspired by her daughter’s cardiac arrhythmia disorder, a PCOM psychologist puts her training as a researcher to work
The idea for Dr. Felgoise’s multi-site study was developed out of her personal experience. She delivered her daughter, Elizabeth, at Abington Hospital three years ago. “It was an uncomplicated delivery; she was born in twenty minutes from when labor began,” remembers Dr. Felgoise.

The day after Lizzy was born, Dr. Felgoise and her husband, Glenn, were told that their daughter’s heart rate was low enough to raise concern. Lizzy was put on a cardiac monitor for four hours, and that’s when her EKG came back as abnormal. The doctors at Abington strongly suspected LQTS and they made arrangements to move Lizzy and her mother by ambulance to Children’s Hospital of Philadelphia (CHOP).

“Dr. Cleary at Abington said we needed to move right away,” recalls Dr. Felgoise about the advice she received from Gerard M. Cleary, DO ’90, who practices neonatal, perinatal medicine and pediatrics in the region. “Dr. Cleary explained LQTS to us very clearly and with compassion; he was remarkable.”

The couple had many questions, but there weren’t a lot of answers. “The doctors at CHOP primarily recited statistics. There aren’t many infants who are diagnosed with LQTS,” explains Dr. Felgoise.

During the ambulance ride, Dr. Felgoise learned that a woman who was part of the ambulance crew that day is a graduate of PCOM’s program in forensic medicine. “And I heard that the neonatal intensive care unit doctor who conferred with Dr. Cleary on the diagnosis is also a PCOM alum,” notes Dr. Felgoise. The PCOM connection continued. “Our first nurse in the cardiac intensive care unit is the first cousin of a student in my program,” says Dr. Felgoise. “It was amazing; it was the beginning of a difficult time and we kept receiving help from all of these people with a connection to PCOM.”

At CHOP, surgeons implanted a pacemaker and Lizzy stayed in the hospital for two weeks while Dr. Felgoise, her husband and almost three-year-old son, Benjamin, stayed in a hotel across the street. Lizzy has LQTS-3, the most serious form of the malady. “She is in the highest risk category for having a cardiac event,” says Dr. Felgoise. “My husband and I had to have CPR training right away, and we went home with an automatic external defibrillator (AED).”

After five months of effort, the family received a new defibrillator for Lizzy, one that was FDA approved as a defibrillator attenuated for use on an infant. When Lizzy was two, they exchanged this for a standard AED with pediatric pads.

These days, Lizzy is on a beta blocker and mexiletene, and, of course, she has her pacemaker, and AED that goes everywhere with her. Lizzy’s mother and father work hard to allow their daughter to have as normal a life as possible. But they have to be careful about Lizzy’s level of physical activity and level of excitement, and they monitor all of her activities closely.

“She’s at risk in her sleep,” says Dr. Felgoise. “We make sure she has the best medical care. With the love of her family, and her spunky personality, we are optimistic that she’ll have a wonderful life and teach us how to make the most out of every day.”

The family is in the process of establishing a foundation to increase awareness and to increase psychosocial and medical research for people with LQTS.

The Research

Lizzy’s doctor at CHOP, pediatric cardiologist Victoria Vetter, MD, is co-investigator in Dr. Felgoise’s research into the impact of LQTS has on young patients and their families. Nine psychology students and two DO students at PCOM also are involved. Funding for the study is coming from PCOM’s Center for Chronic Disorders of Aging.

“We’re going to collect information from 150 children and parent dyads at CHOP, Cincinnati Children’s Hospital, and Children’s National Medical Center in Washington, D.C.,” reports Dr. Felgoise. “Our goal is to learn about these children’s and families’ quality of life, psychological well-being, and ways of coping with this life-threatening, chronic condition.”

Brad Marino, MD, MPH, from Cincinnati, and Jonathan Kaltman, MD, from Washington, D.C., are also co-investigators in the study. Two PsyD students, Twain Gonzales and Betsy Feinberg are working on dissertations that are related to Dr. Felgoise’s study.

“When my dissertation project has been completed, my goal is to continue with the research project and write a manuscript to expand current LQTS literature,” notes Ms. Feinberg.
Class of 1955
Class Agent: Michael J. Zappitelli, Sr., DO
William F. Douce, DO, Cuenca, Ecuador, is a medical missionary for OMS International, Inc., in Saraguro. He ministers to Quechua Indians.

Class of 1958
Class Agent: Murray H. Cohen, DO, and A. Alvin Greber, DO, Aventura, FL, a long-time cardiologist at Nova Southeastern University’s Health Professions Division, was honored by Nova University in a ceremony dedicating and renaming the cardiac simulation center in his honor: the Dr. A. Alvin Greber Cardiac Simulation Center.

Class of 1966
Class Agent: H. Michael Zal, DO, Bernard F. Master, DO, Worthington, OH, was appointed by the Franklin County Commissioners to the board of directors of the Columbus Zoo and Aquarium.

Michael A. Nigro, DO, Bloomfield Hills, MI, was honored with a Lifetime Achievement Award presented by Wayne State University School of Medicine, Detroit. A professor emeritus, Dr. Nigro previously served the school as a professor of neurology and pediatrics.

Robert A. Weisberg, DO, Narberth, PA, was recognized and honored by the American Osteopathic Association as “one of the original 113 DOs who paved the way for all osteopathic physicians who have served as military medical officers ever since.”

Class of 1967
Class Agents: John F. Callahan, DO, and Allan N. Fields, DO
Ronald R. Blanck, DO, Fenwick Island, DE, was recognized and honored by the American Osteopathic Association as “one of the original 113 DOs who paved the way for all osteopathic physicians who have served as military medical officers ever since.”

Nelson E. Ziets, DO, Upper Providence, PA, was honored by the American Board of Quality Assurance and Utilization

Skip Feinstein, DO ’67
Staying Young by Saving Lives

Sometimes the biggest miracles are found in the smallest acts. That’s what Dr. Feinstein discovered while volunteering in Pakistan and Tanzania with Medical Teams International and Healthcare Volunteer. Working with an international team, he provided services ranging from teaching medical students and setting up health care programs to practicing primary care and surgery.

Retired since 2001, Dr. Feinstein was active with volunteer projects and photography when he was invited to join a medical mission to Pakistan to help the victims of a recent earthquake. “I was still at the peak of my abilities,” he explains. “Life has been good to me, and I wanted to give something back.” In January 2006, Dr. Feinstein traveled to Garhi Habibullah.

When he arrived at the Kunhar Christian Hospital he found approximately 175 people, each carrying a 4- by 6-inch blue card with his or her clinical history. “The odor in the place,” reminisces Dr. Feinstein, “was a mixture of sweat, wet wool and jasmine tea. Everyone looked dirty and waited quietly to be seen; if a surgical opinion was needed, the person was referred to me. If surgery was indicated and the patient had not eaten, I could take him or her right to an operating room and operate on the spot.”

Dr. Feinstein performed successful surgeries with the limited resources available, but the challenges he faced paled in comparison to the day of the fire. He recalls, “As I was examining a patient, I heard screams from the hallway outside. I opened the door and saw flames shooting out of the doorway where the newborns were kept in incubators. As I got outside I heard our nurse screaming ‘Esther,’ the name of a two-pound newborn. The midwife and I dashed into a side door, through the flames and smoke, and wheeled the incubator to the safety of the laboratory.”

Deteriorating political conditions prohibited a return trip to Pakistan. Instead he traveled to rural Tanzania in 2007. “I saw things there I have never seen before—TB, leprosy, typhoid.”

Dr. Feinstein will return to Tanzania later this year to set up a formal program to train assistant medical officers who will provide care in the absence of physicians.
Review for 25 years of dedicated service to the board.

**Class of 1971**
Class Agents: Carol Fox, MM; Pat A. Lannuti, DO; and John Simelaro, DO
Richard A. Renza, DO, Cape May Court House, NJ, was elected chairman of the Department of Ambulatory Medicine at Cape Regional Medical Center, Cape May Court House.

**Class of 1974**
Class Agent: Dennis B. Zaslow, DO
David J. Rissmiller, DO, Cherry Hill, NJ, co-authored an article published in the *Journal of the American Osteopathic Association* titled “Extended-Release Bupropion-Induced Grand Mal Seizures.”
Edward Taxin, DO, Mesa, AZ, retired from the United States Air Force in November. He served the military for 25 years.

**Class of 1976**
Class Agent: R. Michael Gallagher, DO
James M. Levri, DO, Sarver, PA, was appointed chief anesthesiologist at The Surgery Center at Cranberry, Pittsburgh.
Arnold S. Lincow, DO, Philadelphia, PA, celebrated the marriage of his daughter, Caren, to Robert Goldberg on May 19, 2007. Following a ceremony at the Hilton – City Avenue, the newlyweds had photographs taken on the PCOM campus. Dr. Lincow’s son, Ronald B. Lincow, DO ’04, was a part of the celebration.

**Class of 1978**
Class Agent: Lorraine M. Disipio, DO
John S. Kasper, Jr., DO, Portsmouth, OH, was named director of the emergency medicine residency program at Southern Ohio Medical Center.

**Class of 1980**
Class Agent: Steven J. Fagan, DO
David A. Bitonte, DO, MBA, MPH, Louisville, OH, has been appointed by Governor Ted Strickland to the Ohio Department of Health’s Public Health Council. In addition, he was featured in an article in *Lifelines*; the article highlights Dr. Bitonte’s volunteer service with the Medical Review Corps Unit of the Stark County Health Department.

**Class of 1981**
Class Agent: Gerald E. Dworkin, DO
Bernard J. Bernacki, DO, Pittsburgh, PA, is a new member of the Board of Trustees of Philadelphia College of Osteopathic Medicine. Dr. Bernacki is a board-certified family practitioner with additional certification in geriatrics. He has owned and practiced at Bernacki Family Practice and Wellness Center since 1987. In addition, he sees patients at University of Pittsburgh Medical Center Shady Side Hospital and at Shadyside Nursing and Rehab Center. John K. Mariani, DO, Haddonfield, NJ, has been appointed director of the orthopedic service line for Kennedy Memorial Hospitals – University Medical Center. In his new position, Dr. Mariani will lead the effort to transition Kennedy’s Orthopedic Program to an Orthopedic Center of Excellence, providing state-of-the-art services for the diagnosis and treatment of patients.

**Class of 1982**
Class Agent: Anthony J. Silvagni, DO
Joseph M. Kaczmarszyk, DO, Gaithersburg, MD, has been named an OB/GYN medical officer at the National Institutes of Health (NIH) National Institute of Child Health and Human Development Center for Population Research, Contraceptive and Reproductive Health Branch. Dr. Kaczmarszyk reports that he will be the first DO/OB/GYN at the NIH.
Frank P. Pettinelli, Jr., DO, Mount Laurel, NJ, entered into partnership with Total Access Medical, a concierge practice.

**Class of 1983**
Class Agent: Mary Ann DiBiagio, DO
Richard J. Snow, DO, Worthington, OH, was appointed by Governor Ted Strickland to the board of directors of the Ohio Medical Quality Foundation for a three-year term. The board evaluates and funds activities to improve the quality of medical care rendered to the public.

**Class of 1984**
Class Agent: Paul V. Suhey, DO
Hal S. Bendit, DO, Emmaus, PA, was highlighted in an article published in the November 29, 2007 issue of *The Morning Call* titled “Medical Volunteers Continue Their Work.”

**Class of 1985**
Class Agent: Michael P. Meyer, DO
Jeffrey M. Bishop, DO, Royal Palm Beach, FL, was appointed medical officer and director of medical education at Wellington Regional Medical Center. Jeffrey T. Kirchner, DO, Lancaster, PA, was elected to the board of directors of the Lancaster Osteopathic Health Foundation.
Michael Weinik, DO, Philadelphia, PA, has been added to the Philadelphia Phillies’ medical staff as a consultant for spinal evaluation and manipulation. His osteopathic training gives him a broad perspective on the management of spine disorders. He has provided similar care for the Flyers and Eagles. Dr. Weinik also serves as associate chairman of the Temple University Hospital Department of Physical Medicine and Rehabilitation.

**Class of 1986**
Class Agent: John C. Seifer, DO
Frank P. Matrone, DO, Allentown, PA, is a member of the new 100 World Record Canopy Foundation Team. In November, 100 skydivers from 16 countries linked up in a formation over Lake Wales, Florida.

E-MAIL YOUR NEWS AND PHOTOS TO MADELINE LAW: MADELINE@PCOM.EDU
**Class of 1987**

Class Agents: Elliott J. Biloisky, DO, and Katherine C. Erlichman, DO

Jeffrey R. Scheier, DO, Berlin, MD, joined the Peninsula Regional Medical Center Primary Care Network’s Ocean Pines Family Medicine office. Dr. Scheier also has associate staff membership and clinical privileges at Ambulatory Primary Care, Peninsula Regional Medical Center.

**Class of 1989**

Class Agent: Judith Richmond Pryblick, DO

Michael J. Olek, DO, Spokane, WA, joined the medical practice of Rockwood Clinic Neurology Group as a neurologist specializing in multiple sclerosis.

**Class of 1990**

Class Agent: Jennifer Waxler, DO

Emil Lesho, DO, Silver Spring, MD, has been promoted to the rank of Colonel in the U.S. Army, and has been awarded the “A” proficiency designator. This is the highest award that the Army Medical Department can bestow to recognize professional expertise, exceptional ability, and outstanding achievement in both clinical and academic medicine. Dr. Lesho is currently serving in Iraq as the medical director and officer in charge of a medical unit tasked with establishing a military treatment facility for U.S. and coalition forces.

**Class of 1991**

Class Agent: Gene M. Battistella, DO

Suzanne Greb, DO, Lewisburg, PA, received recognition from the National

Mark B. Abraham, DO ’03, Lafayette Hill, PA, and his wife, Roberta, are the proud parents of Sheyenne, born on November 23.

Constance E. Andrejko, DO ’01, and husband, Kenneth M. Andrejko, DO ’01, Philadelphia, PA, are the proud parents of Gavin, born on December 17. Little Gavin was welcomed by his twin brothers, Mitchell and Nathan, age two-and-a-half.

Melissa Platz Atiyeh, DO ’05, and Rony H. Atiyeh, DO ’05, Martinez, GA, welcomed their first child, Emmanuel, born on October 2.

Scott J. Boyle, DO ’95, Sugarloaf, PA, and his wife, Sheri, are the proud parents of Erica Lee, born on February 9, 2007. Little Erica joins big sister Rebecca Lynn, age three, in the growing Boyle family.

Sean A. Connelly, DO ’01, Moon Township, PA, and his wife, Melissa, are the proud parents of two children. Regan Elizabeth was born on April 2, 2007; Riley Ann is three.

E. Eric Horvath, DO ’95, San Antonio, TX, and his wife, Lynn, welcomed their first daughter, Hannah Elizabeth, born on November 13. Little Hannah joins big brothers Jack, age four, and Sam, age two.

Simon M. Lubin, DO ’38, Wyncote, PA, and his wife, Mac, celebrated their 65th wedding anniversary on December 26.

Anne Whalen McGinn, DO ’93, Holland, PA, and her husband, David, are the proud parents of Colin Patrick, born on August 19. Colin was welcomed by siblings Bridget, age seven; Katie, age five; and Matthew, age two.

Christine P. Newman, DO ’01, and Thomas L. Newman, DO ’02, Southampton, PA, welcomed their first daughter, Fiona Grace, born on October 23. Big brothers Tommy, age six; Timmy, age three-and-a-half; and Benjamin, eighteen months, love their little sister.

Justin R. Nudell, DO ’03, and Michelle Zetoony, DO ’03, Novi, MI, are the proud parents of Samantha Eve, born on December 11.

Daniel J. Wilkins, DO ’03, Millisdale, NJ, and his wife, Jennifer, are the proud parents of Sawyer Jack, born on December 11.
Committee for Quality Assurance and the American Heart Association/American Stroke Association for providing quality care to her patients with cardiovascular disease and/or those who have suffered a stroke.

Class of 1993
Class Agents: Larissa Fernando-Dominy, DO, and Clara M. Higgins, DO
Andrew E. Briglia, DO, Annapolis, MD, joined the medical staffs at Anne Arundel Medical Center and Annapolis Nephrology Associates LLC.
Yamini Goswami, DO, Sedona, AZ, opened a new micro-practice, Kiva Family Medicine, in Sedona.
William H. Jones, DO, Dallas, TX, has been appointed director of pediatric anesthesiology at the Children’s Medical Center of Dallas, Legacy Campus. With this appointment, Dr. Jones was named to the faculty of the University of Texas Southwestern Medical Center.
Lillian J. Theune, DO, Hackettstown, PA, joined the medical staff at Plaza Family Care in Hackettstown.

Class of 1995
Class Agent: Francis N. Ogbonu, DO
E. Eric Horvath, DO, San Antonio, TX, completed 12 years of active duty service with the U.S. Army; he is now in private practice as a general surgeon.
Salvatore P. Sparich, Jr., DO, Drums, PA, joined the medical staff at Geisinger Medical Group – Hazleton as a family physician.

Class of 1996
Class Agent: Joanne E. Hullings, DO
Eric J. Driscoll, DO, Brigantine, NJ, received the Physician Recognition Award from the AtlantiCare Regional Medical Center.

Class of 1997
Class Agents: Armando Sciullo, DO, and Laurie Ann Spraga, DO
Russell Gilchrist, DO, Hickory, NC, an interventional physiatrist, has joined the medical staff at Frye Regional Medical Center.

Class of 1998
Class Agent: James V. Lieb, DO
Gregory H. Busch, DO, Sewell, NJ, had his thoughts regarding taxes published in the editorial section of the October 14, 2007, issue of the Philadelphia Inquirer.
Brian D. Rosenthal, DO, Blue Bell, PA, was appointed to the board of directors of Mercy Suburban Hospital in East Norriton.

Class of 1999
Class Agent: Tabatha Jeffers, DO
Thomas P. Birk, DO, Carthage, NY, joined the medical staff at the Beaver River Health Center, Beaver Falls.
Jason S. Henderson, DO, Waterville, ME, joined the medical staff at Maine General Medical Center and Mid-Maine Internal Medicine in North Vassalboro. He also works as a hospitalist at the medical center’s Augusta and Thayer campuses in Waterville.
Jodie Strauss, DO, Pittsburgh, PA, was a recipient of the University of Pittsburgh Medical Center Award for Commitment and Excellence in Service. Fewer than one percent of UPMC’s 45,000 employees earn this honor. Dr. Strauss was the only DO to receive this award in 2007.

Class of 2000
Class Agents: Edward Casey, DO; Kristen Lehmann, PA-C; and Christiane M. Pettilo, PA-C
Kristen A. Berry, DO, Ardmore, PA, was a guest on the E. Steven Collins Show on WRNB Radio, 107.9 FM, on January 27. Dr. Berry spoke about staying healthy during cold and flu season and answered listeners’ questions.
Matthew D. Cook, DO, Havertown, PA, joined the emergency department at Albert Einstein Healthcare Network in Philadelphia.
Chad E. Frank, DO, Hallandale Beach, FL, opened the Non-Surgical Center for Physical and Sports Medicine in Plantation. His solo practice offers comprehensive pain management, treating all types of symptoms and sports injuries.

Class of 2001
Class Agents: Connie Andrejko, DO; Kenneth Andrejko, DO; Melissa H. Guarino, PA-C; and Nicole Miller, PA-C
Christopher J. Bellicini, DO, Pittsburgh, PA, joined Excela Health Orthopedics under a new affiliation, Excela Health Physical Practices. He recently completed a fellowship at Allegheny General Hospital in hip and knee surgery.
Lori Chapleskie, DO, Norristown, PA, was elected medical director of the Breast Center of Mercy Suburban Hospital. Dr. Chapleskie also authored an article, “The Use of Ductal Lavage as a Screening Tool in Women at High Risk for Developing Breast Carcinoma,” that was published in the November issue of the American Journal of Surgery.
Louis C. Cimorelli, DO, Cherry Point, NC, was highlighted in an article, “Helping Cyclone Victims,” that was published in the November 29, 2007, issue of Intelligencer. Dr. Cimorelli was aboard the amphibious assault ship USS Kearsarge, treating a victim of the cyclone in South Khali, Bangladesh.
Sean A. Connelly, DO, Moon Township, PA, is completing his gastroenterology fellowship at The Western Pennsylvania Hospital. In June, he intends to join the medical staff at Valley Gastroenterology Associates in Chippewa Township.
Brian A. DelVecchio, DO, Bloomsburg, PA, joined the medical staff at Geisinger Medical Center as a rheumatologist.
Emad G. Iskandar, DO, Mechanicsburg, PA, was appointed to the medical staff at Carlisle Regional Medical Center. Dr. Iskandar is board certified by the American Board of Internal Medicine and practices with Moffitt Heart and Vascular Group in Carlisle.

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**Class of 2002**
Class Agents: Edward J. Armbruster, DO; Steven Blasi, DO; Heather C. Beraducci, PA-C; and Erin G. Wolf, PA-C

Brian A. Bast, DO, New York, NY, joined the medical staff of Norwalk Hospital and Coastal Orthopaedics PC in Norwalk, Connecticut.


**Class of 2003**
Class Agents: Joshua M. Baron, DO; Jacob Matthew, PA-C; and Joseph D. Norris, PA-C

Kevin D. Price, DO, Wilmington, NC, joined the medical staff at Cascade Primary Care, an affiliate of Novant Medical Group, located in Leland.

Gregg A. Severs, DO, Clarks Summit, PA, joined the medical staff at Lackawanna Valley Dermatology Associates Ltd.

**Class of 2004**
Class Agents: Michael Caromano, MS/PA-C, and Patrick D’Arco, PA-C

Ruth M. Arnold, DO, Media, PA, joined the medical staff at Mercy Medical Associates at Providence, a division of Mercy Fitzgerald Hospital.

Michael Caromano, MS/PA-C, Absecon, NJ, is practicing at Medical One in Brigantine. Mr. Caromano is planning to be married to Nicole Novak in September 2009.

Luis R. Cortes, DO, Miami Beach, FL, opened a private practice in Fort Lauderdale. Dr. Cortes was appointed assistant professor of medicine with the department of medicine at the University of Miami School of Medicine.

Stacey Franz, DO, New York, NY, is the recipient of the New York Weill Cornell Medical Center Alumni Council Award. The award recognizes a member of the medical house staff from each department for “all around excellence.”

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**Jennifer Malsbury, MS/Biomed ’00, DO ’05**

**From Research to Surgery**

When Dr. Malsbury entered PCOM’s master’s program in biomedical science, she had considered becoming a DO. By the time she was halfway through the program, she couldn’t understand why everyone considering a career in medicine wasn’t applying to an osteopathic medical school. “The osteopathic philosophy just made sense,” proclaims Dr. Malsbury.

As a biomed student, Dr. Malsbury found her niche in anatomy research working with Camille DiLullo, PhD, professor, anatomy. “I was excited to be able to continue my research while working toward my DO degree.”

Dr. Malsbury’s research was so successful she was awarded the Sigma Xi Research Award.

When Dr. Malsbury began her medical training, she assumed she would pursue a career in primary care. But her love of anatomy made her wonder if perhaps sports medicine or OMM would be her calling. Then she went to Guatemala on a surgical rotation and fell in love with surgery. But, as she explains, she wasn’t sure if it was the surgery that she enjoyed or the humanitarian aspect of the rotation. When she returned to the States she completed as many different rotations as she could to find out; after four months of surgery electives she decided that surgery was, indeed, her calling.

In addition to discovering her love of surgery, PCOM also gave Dr. Malsbury the opportunity to explore her interest in sports, volunteer work and research, all of which led to her being presented with the Simmy Ginsburg Humanitarian Award.

Now a surgical resident in Connecticut, Dr. Malsbury continues to pursue her dreams. She is a PhD candidate in health policy and continues to volunteer her time in Guatemala. During her ninth, and most recent visit, she brought hospital supplies and surgical loupes as part of the nonprofit group Loupes Around the World.

Although she’s committed to surgery, she’s still undecided about a subspecialty. Dr. Malsbury would like to continue her humanitarian work in underdeveloped countries and wonders whether a subspecialty such as plastic surgery would allow her to do the most good—treating cleft palates, burns and birth defects—or whether general surgery, where she can take care of patients’ primary care needs as well, would provide her the means to help where the need is greatest. Whatever she decides, it’s clear from her past choices, that her decision will be based on compassion for others and love of the profession.
Franz is the only resident in her program to receive this honor.

Mary C. Leddy, DO, Rockland, DE, joined the medical staff at Westside Health in Newark.

Adrian I. Wilson, DO, Lafayette Hill, PA, joined the medical staff at Westside Health in Wilmington, Delaware.

Class of 2006
Class Agents: Caroline Ahlquist, PA-C, and Mary Cate Wilhelm, PA-C

Raymond S. Bobb, DO, Philadelphia, PA, authored a “Medical Update” published in the December 2007 issue of the Journal of the Pennsylvania Osteopathic Medical Association. Dr. Bobb’s topic was “Hypertriglyceridemia as a Cause of Acute Pancreatitis: A Case Report.”


Certificates of Merit

Marc I. Epstein, DO ’81, Tucson, AZ, was inducted into the American Osteopathic College of Dermatology as a Fellow of Distinction. Dr. Epstein has a private practice, Mountain View Dermatology, located in Tucson.

John R. Gimpel, DO ’88, Lafayette Hill, PA, was appointed dean of the University of New England’s College of Osteopathic Medicine. Dr. Gimpel comes to his new position from leadership posts as vice president for clinical skills testing for the National Board of Osteopathic Medical Examiners, and associate professor of family medicine at Georgetown University School of Medicine.

Patrick J. Kerrigan, DO ’84, Wilkes-Barre, PA, was elected “Man of the Year” by the Greater Wilkes-Barre Friendly Sons of St. Patrick. The award was presented at a black-tie event held in March.

In Memoriam

Peter A. Arcuri, DO ’76, Wynnewood, PA, March 30, 2008
Perry L. Barr, DO ’58, Voorhees, NJ, February 15, 2008
Irving M. Berkowitz, DO ’64, Landenberg, PA, November 12, 2007
Lawrence D’Antonio, DO ’59, Collingdale, PA, December 26, 2007
Mary W. Feingold, RN ’40s, Bala Cynwyd, PA, January 31, 2008
Jack M. Fireman, DO ’70, Exeter, RI, November 26, 2007
Murray M. Goldberg, DO ’67, Jenkintown, PA, February 1, 2008
Nicholas J. Grego, DO ’77, New Hyde Park, NY, September 27, 2007
Stuart B. Herrick, Jr., DO ’57, Portland, ME, February 7, 2008
Robert M. Hunt, DO ’51, Coconut Creek, FL, October 28, 2007
Sidney Malet, DO ’52, Centerville, PA, March 12, 2008
William J. Marencic, DO ’83, Mifflintown, PA, January 16, 2008
M. Elizabeth Peck, DO ’35, Clifton Park, NY, January 21, 2008
Carol Podder, DO ’70, Philadelphia, PA, March 27, 2008
Caroline M. Renzi-Nonziato, DO ’49, Newtown, PA, March 30, 2008
Maurice Rosman, DO ’60, Cherry Hill, NJ, November 19, 2007
Seymour B. Schiowitz, DO ’68, Boynton Beach, FL, February 21, 2008
Philip Shtasel, DO ’47, Haverford, PA, November 14, 2007
Elizabeth M. Strathie, DO ’40, Langhorne, PA, November 7, 2007
J. Edwin Thomas, DO ’58, Broomall, PA, November 4, 2007
John R. Vonbergen, DO ’65, Creston, OH, October 26, 2007
Daniel J. Wainer, DO ’52, Floral Park, NY, November 15, 2007
William E. Young, DO ’75, Millheim, PA, December 27, 2007
Recently I was walking to the Pennsylvania Convention Center to attend a surgical convention. As head of the Department of General Surgery at Naval Hospital Pensacola, I was looking forward to the conference and was excited to go back to a city which I have missed since graduating from PCOM. Regaled in the dress blue uniform that flatters even those of us not endowed with natural good looks, I received more than a few impromptu “thank you for your service” remarks. Such words have often filled me with a sense of pride mixed with unease. To be sure, I am proud of my uniform, my profession and my service. I just can’t seem to reconcile “my service” with the service, sacrifice and valor of those for whom I have cared, especially in Iraq.

I have done some very rewarding, exciting, and amazingly fun things in the Navy. I am certain that few of my classmates have soloed an aircraft, gone supersonic, been shot off the carrier in an F/A-18, swung from under a helicopter in the middle of the Pacific or performed surgery in the middle of the Atlantic. Despite this brag sheet of e-ticket experiences over the last 15 years, service in Al Anbar Province with the United States Marine Corps has been the absolute highlight of my military career.

In 2005, we operated and lived in austere conditions: tents and plywood shacks. There were weekly mortar and rocket attacks. In 2007, the physical structures and security improved dramatically: hard structures to work and live in, the big booms rare. A few things were the same. First, the osteopathic community was represented very well. By 2007, there were two fellow PCOM graduates: David Johnson, DO ’99, an emergency medicine physician, and Karen Gisotti, DO ’04, a general medical officer. Another constant was the casualties.

The severity of the injuries in a combat zone—many unintended civilian causalities—is hard to describe or imagine. A group of school children, ages seven to 12, attacked by a rival sect, handed us an early defeat. One died before arrival, another with our hands on his heart. Two with less severe injuries survived to the next echelon of care. How would they fare physically and emotionally? I will never know.

The patriotism of the Iraqi police and army trying to bring order and security to their country was inspiring. And selflessness was often evident in the long lines of U.S. service members who donated blood to save a life even when they would never know whose life it was—American or Iraqi, civilian or combatant, good guy or bad.

We had plenty of victories, to be sure. Today’s surgical techniques allowed us to save many lives that would most certainly have perished in the past.

Of all these experiences, however, the most lasting impression of my time in Iraq is of the valor I saw in the injured servicemen. I recall desperately trying to stabilize an injured Marine. He looked down at his two missing legs and wanted to know only one thing: would his fellow Marine on the next bed make it?

“Thank you for your service.” My reply is always the same. “It was my great privilege and honor.”
We’ve signed on for our second year as Annual Fund Chairs to help launch the new name for the unrestricted annual fund...

Carol A. Fox, MM & Ronald R. Blanck, DO ’67

The Fund for PCOM
“Art stands in opposition to all
the bad things that happen in life,
which is where physicians stand.
That's what doctors do—affirm life.
And that's what artists do.”

— ERIC AVERY, MD

CALENDAR OF EVENTS

SEPTEMBER 8
PCOM Golf Classic
Aronimink Golf Club
Newtown Square, PA

SEPTEMBER 12
Annual Clinical Assembly of Osteopathic Specialists
Alumni Luncheon
Boca Raton Resort and Club
Boca Raton, FL

SEPTEMBER 20
Penn State Tailgate (Penn State University v. Temple University)
University Park, PA

OCTOBER 27
American Osteopathic Association Annual Convention
Alumni Luncheon and Alumni Reception
Las Vegas, NV