6-2006

Digest of the Philadelphia College of Osteopathic Medicine (Summer 2006)

Philadelphia College of Osteopathic Medicine

Follow this and additional works at: http://digitalcommons.pcom.edu/digest
Part of the Medical Education Commons, and the Osteopathic Medicine and Osteopathy Commons

Recommended Citation
Digest. Book 188.
http://digitalcommons.pcom.edu/digest/188

This Book is brought to you for free and open access by DigitalCommons@PCOM. It has been accepted for inclusion in Digest by an authorized administrator of DigitalCommons@PCOM. For more information, please contact library@pcom.edu.
Osteopathic Philosophy at the Forefront of New Medicine

Andrew Taylor Still
Dear Alumni and Friends,

During my recent travels, I heard a news story for The New Medicine: Returning the Human Touch to High-Tech Care, a PBS documentary hosted by the late Dana Reeve. It was through this story that I was introduced to “new medicine”—a “novel” shift in the traditional physician/patient relationship to a partnership in the promotion of holistic health care. This reminded me—as the cover story of this issue of Digest reminds all of us—that “new medicine” is, at its quintessence, a reaffirmation of the osteopathic philosophy. The movement is an adaptation of the same noble standards and tenets PCOM students have learned and alumni have practiced for more than 100 years.

I am particularly pleased that among those very principles our students learn are the responsibilities of health care professionalism. There is a broad and growing demand for assessment of the fundamentals of professionalism in our nation. The article, “Making the Professional Grade,” highlights the work of Tina Woodruff, EdD, assistant dean for student affairs, who has assembled a multi-disciplinary committee to define and promote professionalism for students, faculty and administrators.

The article about our young alumna Gretta Gross, DO ’97, provides a glimpse into the expanding role our alumni are playing in teaching osteopathic manipulative methodology to the next generation of DOs. Dr. Gross also relates the impact alumni philanthropy had upon the selection of her career path; scholarship support allowed her to complete a fifth year of study at the College as an undergraduate OMM fellow.

On a final note, the College acknowledges with great sorrow the passing of Chancellor Galen Young, Sr., DO ’35. Dr. Young was an esteemed surgeon, educator, administrator and confidant for more than seven decades. The impact of his life and service is vast; his fidelity to the osteopathic medical profession and to his alma mater remains a model for all of us.

I thank you for your continued interest in and support of the College.

With warmest regards,

Matthew Schure, PhD
President and Chief Executive Officer
OSTEOPATHIC PHILOSOPHY AT THE FOREFRONT OF “NEW MEDICINE”

Across the country, physicians are being trained to incorporate “new medicine” into their practices: to care for their patients as whole people, to work with them in a partnership and to seek alternative treatments to aid the natural healing processes. While osteopathic physicians know this is not “new” medicine, it seems the larger scientific and medical communities are beginning to acknowledge what Andrew Taylor Still and his followers have known for well over a century.

MAKING THE PROFESSIONAL GRADE

Professionalism is the foundation of medicine and the health care vocation—a standard that the College upholds as compulsory for its students, faculty and administrators. Recently, Tina Woodruff, EdD, assistant dean for student affairs, has assembled a committee to define and promote the fundamentals of professionalism.

ANNUAL FUND
SUPPORTS TEACHING OSTEOPATHIC MANIPULATIVE MEDICINE TO THE NEXT GENERATION

Gretta Gross, DO ’97, director of the PCOM/Nesbitt Osteopathic Internship and Family Residency Program for Wyoming Valley Health Care System, expounds the role alumni have in teaching the practical application of OMM in clinical care. Hers is a desire to perpetuate osteopathic medicine—a personal calling that has been influenced by alumni philanthropy.

GALEN S. YOUNG, SR., DO ’35, REMEMBERED

For more than seven decades, Chancellor Galen Young, Sr., DO ’35, was a valued member of the College community—a distinguished surgeon, educator and administrator. His extensive service and dedication to the medical profession spanned the historical timeline of the growth of osteopathic medicine in the United States.

GALLEN S. YOUNG, SR., DO ’35, REMEMBERED

For more than seven decades, Chancellor Galen Young, Sr., DO ’35, was a valued member of the College community—a distinguished surgeon, educator and administrator. His extensive service and dedication to the medical profession spanned the historical timeline of the growth of osteopathic medicine in the United States.

ESSAY

Robert A. Weisberg, DO ’66, a Vietnam veteran, contends that the first DO draft in 1967 vastly advanced the osteopathic profession. DOs emerged from the war as “real doctors,” commanding respect and recognition from the allopathic profession.
Congressman Phil Gingrey, MD, who represents Georgia’s 11th district, toured GA-PCOM, meeting with senior administration and key constituents. Congressman Gingrey serves on the House Rules Committee, is chairman of the Republican Healthcare Public Affairs Team and also chairs the Healthcare Reform Subcommittee of the Republican Policy Committee.

John B. Crosby, JD, Visits PCOM

American Osteopathic Association Executive Director John B. Crosby, JD, visited PCOM in May as a guest of the class of 2009. Mr. Crosby joined first-year DO students in the College’s Clinical Learning and Assessment Center and attempted to save the life of one of the human patient simulators. Mr. Crosby admitted he lost the patient after administering an overdose of dopamine. He next tried his hand at gallbladder surgery at the College’s new laparoscopic simulator. Again, the patient died. “Having failed DO 101 and Surgery 101,” Mr. Crosby confesses, he turned to an arena in which he is more comfortable. “I addressed 200 PCOM students at lunch and answered questions related to professional liability reform, osteopathic graduate medical education programs and international opportunities.” Mr. Crosby was joined at the student presentation by Harvey Spector, DO ’63, president, Pennsylvania Osteopathic Medical Association, and Frederick Meoli, DO, president, National Board of Osteopathic Medical Examiners.
Forming Affiliations

In an effort to bring the best and the brightest to PCOM, the College has recently formed affiliations with two area schools: Penn State Abington and Allegheny College.

An agreement with Penn State Abington allows qualified students to earn their bachelor of science degree from Penn State Abington and their master of science degree in either counseling and clinical health psychology or school psychology from PCOM in five years.

This “3 & 2” program grants senior undergraduate credit to students for their first year at PCOM. Candidates may apply to PCOM’s master’s program in psychology during their sophomore year. Penn State Abington students identified by faculty as outstanding are offered an expedited admission process. Students earning the master of science degree may then progress to PCOM’s doctor of psychology program in school psychology or clinical psychology, making it possible for Penn State Abington students to enter a track leading to doctoral study earlier than would otherwise be possible.

In an agreement with Allegheny College, PCOM agrees to admit up to 10 qualified students from the institution into its doctor of osteopathic medicine program. Students may apply to PCOM for entrance after their senior year at Allegheny or participate in the accelerated program that allows students to enter PCOM after their junior year at Allegheny.

Carol A. Fox, associate vice president for enrollment management, notes, “We get great students from both Penn State Abington and Allegheny, and these agreements help students with the admission process. PCOM is particularly proud of the high percentage of Pennsylvania students in our doctor of osteopathic medicine program. PCOM-trained doctors tend to stay and practice in the state, and that’s good for Pennsylvania.”

Psychology Department Celebrates 10 Years

Ten years ago, the sight of vacant classrooms on the PCOM campus set in motion an idea. The idea was to populate classrooms that were empty in the evening with psychology students who could ultimately be trained to work alongside primary care osteopathic physicians. Thus, a psychology department was born.

Today, that department has grown from one program with an inaugural class of 24 students to six programs with an enrollment of approximately 450, and from two core faculty members to 28.

While the scope of the department has grown, the focus remains the same as it was 10 years ago—on an empirically based approach to psychology. Professor and program chair Robert A. DiTomasso, PhD, stresses, “All our programs share a common vision of excellence in graduate education and train practitioner-scholars in the cognitive-behavioral tradition.” Also vital to the department’s mission is giving students the opportunity to work within the community. Clinical psychology students provide services under faculty supervision in PCOM’s Healthcare Centers, working side by side with primary care physicians, medical students and residents to offer a biopsychosocial perspective to patients’ comprehensive care.

Looking ahead, Dr. DiTomasso says, “We will anticipate changes in the field and steer the course of our training programs in a way that will provide the most up-to-date, effective training to prepare practitioners for the challenges they’ll face.”

Karen Wiley Sandler, PhD, chancellor, Penn State University, and Matthew Schure, PhD, president and CEO, PCOM, sign the “3 & 2” agreement.

PCOM’s department of psychology celebrated its 10-year anniversary on May 5 with a reception and lecture by Norman Anderson, PhD, executive vice president and chief executive officer of the American Psychological Association (center), who was presented with a commemorative certificate by Robert A. DiTomasso, PhD, professor and program chair, psychology (left) and Matthew Schure, PhD, president and CEO.
**Kudos**

Denah Appelt, PhD, professor, neuroscience, physiology, pharmacology; Brian Balin, PhD, professor, pathology, microbiology, immunology and forensic medicine; Marcus Bell, PhD, assistant professor, pathology, microbiology, immunology and forensic medicine; C. Scott Little, PhD, assistant professor, pathology, microbiology, immunology and forensic medicine; Nicole Longo (DO ‘07) and Deana Way, MS/Biomed ‘06, attended the 10th International Conference on Alzheimer’s Disease and Related Disorders in Madrid. They presented several posters: “Immuno-Detection of Chlamyphila (Chlamydia) Pneumoniae in the Alzheimer Brain” [authors: Brian Balin, PhD; Christine Hammond, senior research assistant, pathology, microbiology, immunology and forensic medicine; Adia Taylor, Certificate/Biomed ‘06; Kelenne Tuitt, Certificate/Biomed ‘06; and Jesty Abraham, (DO ‘08)]; “Effects of Antibiotic Treatment on Cellular Inflammatory Processes in the Brain During Persistent Chlamydia Pneumoniae Infection of BALB/c Mice,” [authors: Christine Hammond; C. Scott Little, PhD; Nicole Longo (DO ‘07); Christina Proacci; Denah Appelt, PhD; and Brian Balin, PhD], and “Caspase Activity Is Inhibited in Neuronal Cells Infected with Chlamydia Pneumoniae: Implications for Apoptosis in Alzheimer’s Disease,” [authors: Deana Way, MS/Biomed ‘06; Elizabeth Albert, MD, post-doctoral fellow, neuroscience, physiology, pharmacology; Christine Hammond; Marcus Bell, PhD; Brian Balin, PhD; and Denah Appelt, PhD].

**DO Commencement**

Two hundred and forty-three PCOM medical students became proud physicians in June at the College’s 115th Commencement ceremony. Richard A. Cooper, MD, professor of medicine and senior fellow, Leonard Davis Institute of Health Economics, University of Pennsylvania, addressed the graduates. For the past 12 years, Dr. Cooper has championed the notion of an impending physician shortage based upon his “Trend Model.”

At the ceremony, Paul W. McGloin, CPA, chair, Board of Trustees; Mario E. J. Lanni, executive director, Pennsylvania Osteopathic Medical Association; and Dr. Cooper were presented with the doctor of laws degree, honoris causa.

**Graduate Programs Commencement**

PCOM graduated 206 students from nine graduate degree programs in July. Students earned doctoral degrees in clinical psychology and school psychology as well as master’s degrees in school psychology, counseling and clinical health psychology, clinical psychology, organizational development and leadership, biomedical sciences, forensic medicine and physician assistant studies.

The keynote speaker was John P. Walters, director of the White House Office of National Drug Control Policy. Mr. Walters coordinates all aspects of federal drug programs and spending. During the Reagan Administration, he served as assistant to the secretary at the U.S. Department of Education; he was also the secretary’s representative to the National Drug Policy Board and the Domestic Policy Council’s Health Policy Working Group.
Caring for the Community

Two PCOM Healthcare Centers, Roxborough Division and City Avenue Division, provided blood pressure and blood sugar screening at health events at local YMCAs. In addition to providing an important service to the community, the events offer an opportunity for PCOM students to hone their clinical skills.

Larry Finkelstein, DO, director, PCOM Healthcare Center - City Avenue Division, watches as a student greets a patient at the Ardmore YMCA.

Let the Fun Continue

Horace, the great Roman lyric poet, wrote, “Mingle some brief folly with your wisdom.” And indeed, that’s what the Follies, a decades-old tradition at PCOM, is all about. With broad humor, an annual guest appearance by Robert Fogel, DO ’58, chair, pathology, microbiology, immunology and forensic medicine; and the presentation of the Class of 2003 Memorial Award [this year’s recipient was Michael Barakat (DO ’08)], the event is the premier feel-good evening of the year.

Students discuss how to proceed with a physical during a Follies skit.

National Women’s Health Week

Four student groups teamed up to mark National Women’s Health Week by educating the College community about heart-healthy exercise and eating programs as well as reproductive health and breast, ovarian and cervical cancers.

PCOM students Jaime Nolan (DO ’09) and Rebecca Margolis (DO ’09) encourage women to take steps for healthier lives.

Kudos

Michael Barakat (DO ’08) was named director of the medically underserved program of the Student Osteopathic Medical Association.

Alissa Cohen (DO ’08) was named director of the research and development program of the Student Osteopathic Medical Association.

Brian Balin, PhD, professor, pathology, microbiology, immunology and forensic medicine, was an invited speaker at the International Neurovirology meeting in Philadelphia. He presented, “Evidence for Chlamydophila (Chlamydia) Pneumoniae in the Pathogenesis of Alzheimer’s Disease.”

Ray Christner, PhD, assistant professor, director, EdS/certification, school psychology, co-authored Handbook of Cognitive-Behavior Therapy (CBT) Groups with Children and Adolescents: Specific Settings and Presenting Problems. In addition, Dr. Christner has been named editor for the National School Psychology E-Journal, School Psychology Forum: Research in Practice.

Marina D’Angelo, PhD, associate professor, anatomy, presented “The Role of TGFβ in Coordinating Chondrocyte and Osteoblast Differentiation at the Chondro-Osseous Junction” at New York University School of Dental Medicine.

Katherine Galluzzi, DO, chair, geriatrics, was appointed to serve on the American Medical Directors Association Program Committee for a three-year term starting in April 2006. Dr. Galluzzi completed a peer review of the Journal of the American Osteopathic Association and participated in the California Academy of Family Physicians’ taping of an influenza panel discussion.

PCOM students Jaime Nolan (DO ’09) and Rebecca Margolis (DO ’09) encourage women to take steps for healthier lives.
Giving and Getting

How often do you get to make dreams come true?
If you’re J. Steven Blake, DO ’89, you get to do it ten times over. Dr. Blake sponsored ten honor students from his high school alma mater, Coahoma Agricultural High School in Clarksdale, Mississippi, for an East Coast Cultural Enrichment Award Tour Week. In the process, a dream came true for him, too.

“I’ve been planning this for eight years while I built my practice,” explains Dr. Blake, who took a week off from work to accompany the students and their chaperones during their all-expense-paid visit to Philadelphia, Washington, D.C. and New York City.

Dr. Blake created the Blake Foundation to achieve his dream of bringing students from Mississippi to experience East Coast culture. “Reflecting on my own life, and the difference coming to Philadelphia made for me, I wanted to do that for students,” he says, wondering aloud how his life might have been different if he had come east earlier.

“I think it’s so important for students to see a world outside their regular environment,” explains Dr. Blake. “Then they can go back home and tell their friends what they saw.”

Dr. Blake made sure the students saw all the top tourist spots in the three cities and took them to see the musicals The Lion King in Philadelphia and Chicago in New York.

Dr. Blake also held an impromptu forum in which the students met friends of his from Mississippi who now live and work on the East Coast. “When my friends found out what I was doing, they wanted to help, so we created an informal gathering where they met the students and talked about their lives as a neurologist, a PhD-level psychologist and a PhD-level sociologist. The students were amazed that the three were originally from Mississippi.

“My goal is to expose, excite and encourage the students to reach beyond their borders,” says Dr. Blake. And he hopes to continue this tradition as an annual event.

Music to Earn and Learn By

Now in its seventh year, the student-sponsored Open Mic Night continues to rock the Grape Street Pub in Manayunk. The event raises funds for the John D. Kearney Scholarship, which was created in memory of John D. Kearney, who died during his second year as a PCOM medical student. This year’s event raised over $1,100, including a $500 gift from the Kearney family.

PCOM and Cambria Healthcare Center were on the itinerary when the Mississippi students visited Philadelphia.

Faculty and Students Team Up for Charity

After the second-year students defeated the first-years in a charity softball game, the second-years took on the faculty and once again proved victorious. The games were all in good fun, with the Haitian Health Foundation coming out ahead; the event raised $1,155, which will be used to build two houses and purchase a goat for needy Haitian families. The games were organized by the Student Government Association and PCOM East (a group of first- and second-year students who organize social outings and charitable events).
Students Attend AIDS Summit

William Greenhut (DO ’08), Andre Bonnet (DO ’08) and Larissa Laskowski (DO ’08) attended “The End of AIDS: A Global Summit with President Clinton” as guests of the American Medical Student Association. Sponsored by CNN, the summit was hosted by Sanjay Gupta, MD, senior medical correspondent for the health and medical unit, CNN, and featured a discussion with President Clinton and some of the world’s leading AIDS experts and activists.

Kudos

Kenneth J. Veit, DO ’76, senior vice president for academic affairs and dean (right), presents Dr. Sesso with the Lindback Award.

Minority Junior Faculty Award

Yuma I. Tomes, PhD, assistant professor, director of the master’s in school psychology program, received a Minority Junior Faculty Award in the amount of $10,000 from the Lindback Foundation for his research project, “Creating a Cognitive-Style Model for Academic Success in African-American and Latino Children in a Partial Hospitalization Program.” Dr. Tomes’ major areas of research include cross-cultural psychology, multicultural assessment and cognitive/learning styles and theories.

2006 Lindback Award

Arthur Sesso, DO ’81, chair, surgery; director, general surgery residency program; and clerkship director, general surgery clerkship, was awarded the Christian R. and Mary F. Lindback Award for Distinguished Teaching. The Lindback Award recognizes academic excellence and outstanding teaching and is one of the most prestigious awards conferred upon an instructor in higher education.

David Gantt, PhD, professor and director, anatomy, GA-PCOM, presented “Volumetric Analysis of Dental Hard Tissues by HRXCT” at the International Association for Dental Research meeting in Brisbane, Australia.

Saul Jeck, DO, chair, gynecology, lectured on menopause to the Advocates for the Pennsylvania Osteopathic Medical Association (POMA) at the May POMA convention.

Michael Kuchera, DO, professor, OMM, was elected secretary general of the International Federation for Manual/Musculoskeletal Medicine in May. He was also elected to the International Federation for Manual/Musculoskeletal Medicine Academy Scientific Board.

George McCloskey, PhD, associate professor, co-director, school psychology research, authored the book Assessment and Intervention for Executive Function Difficulties with Bob VanDivner (PsyD) and Lisa Perkins (PsyD).

Rosemary Mennuti, EdD, professor and director, school psychology, and Ray Christner, PhD, assistant professor, director of EdS/certification in school psychology, were awarded a national Spank Out grant that provided direct parent training at the Russell Byers Charter School in Philadelphia.

Terry Molony (PsyD) has been named president-elect of the New Jersey Association of School Psychologists.

Marilyn Mussomeli (PsyD) received the 2006 Sigma Xi Student Research Award for her work on “Worldview, Spirituality, Acculturation, Health Beliefs and Traditional Medicine in a Sample of Puerto Rican College Students.”
Advancing the Biomedical Frontier

The following faculty, staff and students presented posters at the 2006 Experimental Biology meeting in San Francisco, California:

Ruth Thornton, PhD, professor and chair, biochemistry/molecular biology; Susan Hingley, PhD, professor, pathology, microbiology, immunology and forensic medicine; Richard Kriebel, PhD, professor and chair, neuroscience, physiology, pharmacology: “Evolution of Cases as Teaching Guides in a Medical School Setting.”

Ruth Borghaei, PhD, associate professor, biochemistry/molecular biology; and Masoud Javadi and Mariah Chambers, research assistants, biochemistry/molecular biology: “Nuclear Factor-Kappa B Represses Expression of Matrix Metalloproteinase-3 by Binding to a Polymorphic Site in the Promoter.” With Denise Stewart, MS/Biomed ’06, and Grzegorz Gorski, MD, PhD, instructor, biochemistry/molecular biology, they also presented “Pioglitazone Acts Synergistically with IL-1 to Activate Expression of Matrix Metalloproteinase-3 in Human Gingival Fibroblasts.”

Camille DiLullo, PhD, professor, anatomy; Patrisia Mattioli, research assistant, anatomy; Christine Johnson, MS/Biomed ’04; and Amy Foust, MS/Biomed ’06: “Comparison of Laminin Reorganization in Primary Skeletal Muscle Cultures Grown on Collagen I and Synthetic Matrices.”

Helen Kay (DO ’09); Jane Teng, MS/Biomed ’06; Jovan Adams (DO ’09); Christopher Grilli (DO ’08); Giuseppe Guglielmello (DO ’08); Adrien Bell (DO ’08); and Lindon Young, PhD, assistant professor, pathology, microbiology, immunology and forensic medicine: “Protein Kinase C Epsilon-Peptide Inhibitor Exerts Cardioprotective Effects in Ischemia/Reperfusion Injury When Given at Reperfusion” and “Protein Kinase C Epsilon Peptide Activator Exerts Cardioprotective Effects in Ischemia/Reperfusion Injury when Given Prior to Ischemia.”

Shaila Day, MS/Biomed ’06; Victoria Scheinfeld (DO ’09); Patrisia Mattioli, research assistant, anatomy; P. V. N. Bodine, PhD; and Marina D’Angelo, PhD, assistant professor, anatomy: “TGFb and Osteoblast Differentiation in a Novel, Serum-Free Co-Culture System.” In addition, they delivered a platform session: “Chondrocyte-Produced TGFbeta Regulates Early Stages of Osteoblast Differentiation.”

Mark Miller, PhD, associate professor, anatomy; David Cavanaugh, PhD, instructor, anatomy; and Tage Kvist, PhD, professor and chair, anatomy: “A Student Perspective on the Relevance of Cadaveric Dissection in Medical Education.”

Kudos

Alfredo Rabines (DO ’07) was elected national vice president and speaker of the house of the Student Osteopathic Medical Association.

Jessica Rausch-Equivel (EdS/Psy) serves as the student representative to the National Association of School Psychologists.

Matthew Schure, PhD, president and CEO, delivered the 2006 keynote address at the hooding ceremony at New York College of Osteopathic Medicine at New York Institute of Technology. In addition, Dr. Schure was presented with the W. Kenneth Riland Medal for Public Service. The medal, named in honor of New York College of Osteopathic Medicine’s founding trustee, W. Kenneth Riland, DO ’36, is awarded to individuals who have made significant contributions to the improvement of health care, medical research, health policy, osteopathic philosophy and community service. Dr. Schure also presented “Presidents’ Challenges at Colleges of Osteopathic Medicine” at the Pennsylvania Osteopathic Medical Association assembly in May.

Gary Watson, PhD, professor and chair, biochemistry, GA-PCOM, co-authored the article, “Risk Factors for Postpartum Depression: A Retrospective Investigation at Four-Weeks Postnatal and a Review of Literature,” which was published in the Journal of the American Osteopathic Association.
Portrait of Dr. Meals Commissioned and Presented

The DO Class of 2005 commissioned a portrait of the late Robert L. Meals, DO ’56, which was presented to the College during the 2006 Commencement Dinner Dance. In attendance were Meals family members including Sharon Meals Altman, DO ’79, and Robert L. Meals, Jr., as well as Matthew Schure, PhD, president and chief executive officer; Lana E. Brahmakulam, DO ’05; and Kenneth J. Veit, DO ’76, MBA, senior vice president for academic affairs and dean.

Dr. King Recipient of 2006 President’s Leadership Award

William M. King, DO ’62, received the President’s Leadership Award at the annual President’s Recognition Reception on September 28, 2006. Dr. King is a family practitioner who recently retired from his practice, Gemedco Family Medical Center. A member of PCOM’s Board of Trustees, he has been a founding supporter of the College’s Minority Scholarship program; he has donated more than $125,000 to the scholarship fund and has served as a mentor to many PCOM students. PCOM’s Minority Scholarship program provides aid to financially needy students from under-represented minority groups. To date, the program has awarded more than $270,000 in scholarship support.

The President’s Leadership Award is given each year to a donor who has made significant gifts to the College.

Million Dollar Campaign

Matthew Schure, PhD, president and chief executive officer, kicked off the Unrestricted Annual Fund campaign in September 2004, as a facet of the Five-Point Plan for Ensuring the Financial Future of PCOM. The goal of the campaign is to build the fund from its 2002 level of $263,000, to a reliable $1,000,000 annually.

Campaign funds have allowed PCOM to continue to expand student affairs programming. In addition, the fund supports the Center for Chronic Disorders of Aging and assists in improving the quality of clinical clerkships.

“Our alumni have enabled us to move towards our goal,” notes Florence D. Zeller, MPA, CFRE, vice president for alumni relations and development. “We are very grateful for their loyalty and support.”

The year 2007 will bring the campaign to its goal of $1,000,000, under the leadership of campaign co-chairs Robert Maurer, DO ’62, and Richard Pascucci, DO ’75, senior associate dean of clinical education.

Benjamin and Mary Siddons Measey Foundation Scholarships Increased

The Benjamin and Mary Siddons Measey Foundation has supported PCOM’s DO students for many years. This year, the foundation agreed to increase the scholarship support it gives PCOM to $35,000 per year (from $20,000 given previously). The scholarships are presented to financially needy students selected by the College’s Office of Financial Aid.

Dr. Gober Extends Support to Golf Classic Sponsorship and Annual Fund

Pictured with Carol A. Fox, associate vice president for enrollment management and the 2005 O.J. Snyder Memorial Medal recipient, Robert D. Gober, DO ’78, is a supporter of the Unrestricted Annual Fund and the PCOM Golf Classic. Dr. Gober said he is “happy to be able to give back to PCOM, to assist in educating and training outstanding physicians and to recognize Ms. Fox’s role as a friend and mentor to thousands of practicing physicians nationwide.”
Osteopathy embraces all known areas of practice."
WHEN ANDREW TAYLOR STILL developed the osteopathic philosophy of medicine in the late 19th century, his contemporaries referred to it as a “new medical approach.” Now, well over a century later, Dr. Still’s beliefs are, once again, being called “new medicine.”

Opposite page: An integral tenet of the osteopathic philosophy is the body’s innate ability to heal itself. Osteopathic manipulative techniques are aimed at reducing and eliminating the impediments to proper structure and function.

Opposite page inset: In 1874, Dr. Andrew Taylor Still avowed his theories about a new system of structural therapeutics.

This page, pictured left: By removing the obstructions to good health, those trained in the osteopathic philosophy are able to address and treat virtually any illness or trauma.

This page, pictured above: Dr. Still reasoned that “the bone, osteon, was the starting point from which [he] was to ascertain the cause of pathological conditions.” The scientific foundation of osteopathic medicine became the discipline of anatomy [photo circa 1925, Philadelphia College of Osteopathy (PCO)].

Osteopathic Philosophy at the Forefront of “New Medicine”
The New Medicine, a PBS television special that aired in March 2006, documented what some medical professionals describe as “a burgeoning movement . . . taking place in hospitals and clinics across the country . . . that recognizes it is essential to the healing process to treat the patient as a whole person, and not a cog in an assembly line.”

Osteopathic physicians and health care professionals know that this is not “new” medicine. In fact, the description of this movement sounds like a summary of Dr. Still’s core beliefs that the mind plays a crucial role in the body’s capacity to heal, that treating the whole person rather than just the symptoms is essential, that alternative treatments such as osteopathic manipulative medicine (OMM) aid the body’s natural healing process, and that physicians should work in partnership with their patients for the best outcomes.

However, what is new is the growing body of scientific evidence that supports the osteopathic philosophy, particularly the importance of treating the whole person and the connection between mind, body, and spirit. In the past, people couldn’t understand in scientific terms how the mind and thoughts could affect healing. As a result, the mind-body connection was viewed with skepticism by the scientific and medical community.

In recent years, the National Institutes of Health (NIH) has been providing substantial funding for research that demonstrates how psychological stress causes physiologic changes within the body that can compromise health and healing. In addition, advanced technology such as functional magnetic resonance imaging (fMRI) captures images of actual brain function that demonstrate the undeniable truth that what’s going on in your mind can, indeed, influence your physical condition.

Also new is the fact that this movement toward “new medicine” is affording osteopathic medicine more widespread acceptance than ever before as the scientific community acknowledges what Dr. Still and all the osteopathic physicians who followed have known all along.

“The osteopathic profession is enjoying an unprecedented position of strength and leadership,” says Matthew Schure, PhD, president and chief executive officer, Philadelphia College of Osteopathic Medicine. “We should take pride in our heritage and the validation that we’re seeing in the research and in all these discussions of the new medicine.”

Dr. Schure notes that the body of empirical evidence in support of OMM in particular has been growing ever since the National Center for Osteopathic Medical Research was established at the University of North Texas Health Science Center in 2001.

“As a group,” Dr. Schure continues, “osteopathic physicians can help forge a new osteopathic identity as leaders and teachers of people in the allied health fields and the allopathic community who very much want to understand the implications of the osteopathic heritage for their own practices.”

Mind-Body-Spirit Connection

Subscribers to the “new medicine” could learn a few things about the value of treating the whole person from Jeffrey A. Lindenbaum, DO ’75. “For me, the most important principle of the osteopathic philosophy is treating the whole person, not just the immediate complaint,” he says.

Dr. Lindenbaum recalls a patient in his late thirties who hadn’t been able to work as a builder for seven years because of severe

This page, pictured below: Historically, osteopathic physicians like David Kuo, DO ’96, have been leaders in the primary care workforce.

This page, pictured right: Perpetuating the osteopathic heritage, physicians like geriatrician Katherine Galluzzi, DO, meticulously construct holistic care plans for their patients.

Opposite page: Modern science acknowledges the interplay between the mind and the body; studies have linked feelings of stress and tension with the increased risk of various ailments, from migraines to heart disease.
The practice of medicine should be based on sound medical principles. Only therapies proven clinically beneficial in improving patient outcome should be recommended.”
Look beyond the disease for the cause. Treatment should center on the cause, with effect addressed only when it benefits the patient in some tangible way.”
chronic pain. "When he came to me, he was taking very heavy pain medication and I could clearly see that he was depressed, which is common with people who suffer from chronic pain," he relates. "He wanted more pain relief. I responded by prescribing an antidepressant for him and, within two weeks, he felt so much better that he had decided to start his own building company and had already gotten orders to build three new houses. Now he has a thriving business. If I had treated only his pain symptoms, this might not be the case.

"For osteopathic physicians, this isn't new medicine," continues Dr. Lindenbaum, who has practiced in Bucks County, Pennsylvania for nearly 30 years. "We've recognized the mind-body connection and treated patients accordingly for years—more than 100 of them! We have known since the '60s that norepinephrine can help to break the vicious cycle of chronic pain and depression."

Dr. Lindenbaum sees many patients with chronic pain in his practice. "Many are referred by pain specialists who don't have training in psychiatry and by psychiatrists who don't have training in pain management," he explains. "Few are trained to look at the whole person."

Treating the whole person is especially important in an emergency room setting where every patient is a new one, according to Joan Orloski, DO '81, PhD, an emergency room physician at Marian Community Hospital in rural Carbondale, Pennsylvania. "You don't have the benefit of knowing the person's history so you have to start from scratch every time," she says. "When I go in to see a patient, I look at the whole picture, not only the illness they're presenting with, but conditions and treatment they've had before and what kind of stress they have in their life. I may have to determine whether chest pain and shortness of breath are being caused by a panic attack or a heart attack. You can't do that effectively unless you look at the whole person and ask questions about where they might be hurting emotionally as well as physically."

Dr. Orloski, who previously had a solo OMM-based practice for 15 years, also emphasizes the importance of physical touch in patient encounters. "Physicians tend to lean more on technology like CT scanners and MRIs than physical diagnosis these days," she notes. "But you need the physical diagnosis to help determine the appropriate tests to order. As a DO, I was taught to do more physical diagnosis by palpation, and I still rely on that. Plus I find that physical touch is important to most patients. It gives them a sense that the doctor truly cares about them and that helps to put them in a more positive mental state which, in turn, aids physical healing."

Coleen Smith, DO '89, also emphasizes the healing power of touch as well as listening to the patient. In her Johnson City, Tennessee practice, she uses OMM to determine what's bothering her patients emotionally as well as to treat their physical complaints. "While I perform cranial osteopathy, I listen to what the patient brings up in conversation," she explains. "When I feel changes in the cranial mechanism, I know that's a topic that is bothering that person and he or she probably needs to talk more about it, and I encourage that. I can't tell you the number of people who have seen as many as 15 doctors about a problem before they came to my office. By laying on hands, feeling their tension and listening to them, I've been able to help them deal with the underlying issues causing their physical problems. After that, they simply got better. That's the beauty of the training we receive as osteopathic physicians."

Dr. Smith recalls a patient who made six office visits in one month for a sore throat.
Tests for strep were negative, and no other causes surfaced. “Something made me sit down and ask her, ‘What do you need to talk about?’” says Dr. Smith. “The patient started crying. It turned out that her two children, both under age 10, were going to have surgery on their necks for a congenital abnormality, and there was a slight chance that they could become paralyzed as a result of the surgery. After we talked, I said, ‘I think we know what’s bothering your throat,’ and I tried to reassure her about her kids. Two days later, I got a message from her. Her sore throat had gone away. It took the mind-body connection to resolve it.”

Joseph Alshon, DO ’84, an interventional physiatrist specializing in pain management, also focuses on the connection between mind, body and spirit. In addition to OMM, physical therapy, spinal injections and medication, he offers his patients prayer and a faith-based pain support group.

“In the support group, I integrate discussion about the physiological and psychological consequences of chronic pain as well as the theological reasons for it,” explains Dr. Alshon, who practices in Delray Beach, Florida. “I want patients to understand that there’s a difference between pain and suffering. Pain is the physiological effects of tissues being damaged or irritated, but suffering is the way you respond to your condition. The level of suffering you feel may be out of proportion to the actual tissue damage you sustained because suffering may be influenced by your thoughts, your emotions, your prior experiences and your prior belief systems. That’s where looking at the emotional consequences of an injury and bringing God into your treatment plan can play a role.

“Most people’s identities are closely linked to what they do for work or recreation,” Dr. Alshon continues. “When they can no longer do these things because of pain, they go through a grieving process over this loss. Feelings of hopelessness, helplessness, low self-esteem, depression and/or anxiety frequently occur, which can lead to a magnified pain response. On a scale of one to 10 for pain, it may be that five of that 10 is due to the emotions that you feel as a result of the pain. Your thoughts and emotions are very important because they can cause a biochemical response. Negative emotions can trigger the release of harmful cortisol in your body, which can make you feel worse.

“We have found that there is truly a physiological response to a person’s belief in a higher being,” emphasizes Dr. Alshon, who prays with his patients when they request it. “People who have faith in a higher power don’t suffer as much as those who have no spiritual belief. Believers usually look at life more positively, and that can trigger the release of endorphins, encephalons, interferons, interleukins and other chemicals that help to make you feel better physically and emotionally. I emphasize that patients may not have any control over their pain and tissue damage, but they do have control over their suffering.”

Since chronic pain sufferers often feel a loss of control over their lives, they appreciate the fact that Dr. Alshon offers them control over their treatment. “I give my patients options and make recommendations, but I always tell them that they are co-pilots in their treatment process,” he says.

**Partnership with the Patient**

The patient is part of the cure, affirms Stanley Essl, DO ’75, who has been a solo family practitioner in Northeast Philadelphia for over 30 years. From the day a new patient walks in his office, Dr. Essl works hard to establish a strong physician/patient relationship. “I take the time to get to know the person,” he says. “And I want to know as much as possible . . . not just the medical history, but how many children the person has, what triumphs and challenges he or she
The body has the potential to make all substances necessary to insure its health. No medical approach can exceed the efficacy of the body’s natural defense systems if those defenses are functioning properly.”
Teaching the patient to care for his own health and to prevent disease is part of a physician’s responsibility.”
has experienced. I want my patients to feel comfortable with me so they don’t hold back from sharing information that might be important to their health.”

Dr. Essl believes that educating his patients enables them to more fully participate as partners in their care. “I think all DOs are educators at heart,” he emphasizes. “It’s part of our training and it makes us better doctors. Every patient deserves to have as much information as you can give them. That’s why I explain conditions and treatments to my patients as fully as possible.

“We also want our patients to tell us how they feel about the treatment we’re recommending,” continues Dr. Essl, who spends a half-hour or more with each of his patients. “If the patient isn’t part of the cure, there’s not going to be any cure.”

The osteopathic approach puts the personal touch in the patient-physician relationship, according to Steven Melhorn, DO ’84, who has an OMM-based surgical practice with his father, Frederick Melhorn, DO ’56, in Richmond, Virginia. “I can’t tell you how many times I’ve had patients say, ‘The last doctor I went to never even put his hands on me.’ Our patients like the hands-on experience of OMM. We work together to formulate a treatment plan and we schedule follow-up visits, rather than dismissing the patient with ‘Call me if you need something’ after just one visit.”

Patients want a doctor who cares and one with whom they can easily communicate, says Judith Rippert, DO ’91, a cardiologist in Dover, Delaware. “As osteopathic physicians, we learn to have more compassion and understanding for the patient as a whole, and that engenders trust in our patients and a strong physician-patient partnership.”

Dr. Rippert and her medical partner, Vincent Abbrescia, DO ’93, strongly encourage patients to participate in their care. “We have a very savvy clientele,” says Dr. Rippert. “They want information and we want to help them make informed decisions. But, equally important, we also want them to realize that it’s their responsibility to help carry out the treatment plan. I can’t be at their home every morning to make sure they’re taking their pills. I can’t be kicking them out the door to make sure they go for their walk. I can’t be watching how much food they take so they lose weight. They have to participate in their care or it’s just not going to work. When the physician and patient work together toward goals they’ve agreed upon, the patient-doctor relationship becomes much stronger and that leads to better outcomes. This is not a new idea. It’s been inherent in the osteopathic philosophy since day one.”

Leadership Opportunities

“With the emphasis on ‘the new medicine’ coming to the fore, osteopathic physicians are being sought for their training and knowledge,” says Dr. Orloski. “We’re enjoying a new level of acceptance and respect.”

Dr. Melhorn notes that several allopathic physicians in his area have attended sessions at osteopathic medical schools to learn OMM techniques. “I see an increasing number of MDs who are interested in incorporating this into their practices,” he says.

“It’s up to us to seize this opportunity to push osteopathic medicine into the forefront of medicine by becoming leaders and teachers of the principles we have espoused for more than a century,” concludes Dr. Schure. “If Dr. Still and other great osteopathic leaders of the past were here today, I’m sure they would be smiling.”
A newly formed committee of administrators, faculty and students at Philadelphia College of Osteopathic Medicine is considering what it means to be a professional. Their standards are high—and with reason . . .
The phone interrupts the assistant dean from a conversation with a visitor. The caller needs help but has contacted the wrong office. The assistant dean asks a series of questions to determine whom the caller needs to speak with at the College and she connects the caller to the proper extension.

Seems simple enough, but these days so few people take the time to help someone when the immediate need is outside their purview.

The conversation with the visitor was about professionalism—a term that is not easy to define, although Tina Woodruff, EdD, assistant dean for student affairs, had just exhibited an enviable trait of the professional.

"So much has changed in medicine, in the world, and there is more of a sense of accountability than ever before," says Dr. Woodruff.

There are many reasons for increased expectations of physicians and other professionals: increased exposure to information via the Internet and other sources; greater access to education for more people; the removal of barriers between authority figures and others; and mistrust of public leaders and officials brought on by news accounts of scandals in government, business, medicine and more.

"In the 1960s and 1970s, there was a lot of emphasis on the ideals that comprise professionalism," says Dr. Woodruff. "We’re finding a way to redefine what that means, especially in the context of our changing society."

"It’s very easy for someone to say, ‘this is not my area,’ but as a physician you just can’t assume someone else is going to do it,” explains Arthur Sesso, DO ’81, chair, surgery; director, general surgery residency program; and clerkship director, general surgery clerkship. “I often talk with students about conduct, demeanor, and taking responsibility. A professional is—at his/her essence—responsible.”

Dr. Woodruff has assembled a multi-disciplinary committee to define and promote professionalism for PCOM students, faculty and administrators as well as to draft a document that spells out what constitutes professional behavior. The committee is composed of three faculty members, three physicians, five administrators and seven students (five DO students, one PA student and one PsyD student).

"The focus is not a punitive one," she notes. "It’s to teach, to show what we expect and to hold models up for students. We want our students to act professionally in the classroom, on campus, in the community, during clerkships, internships, residencies and beyond. We want people who come into contact with our students to know what we’re about as an institution, particularly one rooted in the osteopathic identity.”

It’s an important initiative, one that has the attention of Kenneth J. Veit, DO ’76, MBA, senior vice president for academic affairs and dean. "Society has charged us to take a closer look at professionalism," says Dr. Veit. "It’s become a discussion of the time, and at PCOM, we’d like to be in the forefront of the issue."

"The motto of PCOM is: ‘Doctors from Day One,’” notes Allan M. McLeod, DO ’88, JD, MBA, director, undergraduate clinical education, assistant professor of family medicine and a member of the committee. "We should simultaneously be saying, ‘Professionals from Day One.’"

Dr. Sesso emphasizes that a physician is by tradition a role model, whether or not everyone still believes that. "Students need to be reminded of this, and they need to conduct themselves in such a manner, regardless of malpractice, of being sued, of loss of prestige; they need to be able to keep from becoming jaded."

Students come to PCOM to learn osteopathic medicine and philosophy. "We treat the whole patient—mind, body and spirit. Students are trained to pay attention to everything about the patient,” says Dr. Sesso.

The students Dr. Sesso teaches are tuned in. "They are engaged; they don’t set up class distinctions between themselves and their patients,” he says. "I’m very encouraged about our students, about the future.”

Dr. Woodruff agrees. "We’re going to find a way to commend students who are demonstrating the ideals of professionalism; they’ll be examples of the type of individual, the type of behavior PCOM is looking for.”

Dr. Woodruff would like to hear your suggestions and ideas about professionalism: 215-871-6870 | tinawo@pcom.edu

---

**Student Voices**

**Emily L. Bray (DO ’09)**

The behavior demonstrated by the majority of PCOM students is professional. I have seen unprofessional behavior, albeit very seldom, and it has made me realize the need to define professionalism objectively and make it an integral part of our curriculum.

Professionalism does not equal perfection. Professionalism is part of a maturing process that improves with experience; it is a conscientious effort. Everyone will make mistakes...it takes a professional to learn from his/her mistakes and to grow as a person and as a future physician.

**Scott C. Feitell (DO ’09)**

As the media continues to scrutinize the rising cost of health care and enormous lawsuits make national headlines, physicians are constantly put under a magnifying glass. Even a small back page story or an Internet blog about a single doctor can become an instant headline that drags opinion polls ever lower. This is why professionalism is so important.

The fact that this committee is being formed makes me very hopeful about the future of professionalism in medicine. It is imperative that we maintain the highest standards possible, so that patients can trust us.

**Phillip John Prest (DO ’08)**

I had a hockey coach who often said, “work ethic is not like a faucet—you can’t turn it on and off; you either bring it every day or you don’t.” Professionalism is the same way; medical students can’t be expected to turn it on when they hit the floors during clerkships their third year. It needs to have been successfully cultivated.

Every time we go somewhere, we represent the osteopathic profession. Raising awareness about professionalism is a good place to start. Convincing each other that it matters and speaking up if we see something unprofessional should be our goal.
Unrestricted Annual Fund
Supports Teaching

osteopathic Manipulative Medicine to the Next Generation...
Clusters of medical students and residents often watch Gretta Gross, DO ’97, perform osteopathic manipulative medicine (OMM). As director of the PCOM/Nesbitt Osteopathic Internship and Family Practice Residency Program for Wyoming Valley Health Care System (WVHCS) in Wilkes Barre, Pennsylvania, Dr. Gross regularly practices and teaches the practical application of OMM in clinical care.

On this particular day, she is performing OMM to increase the patient’s immune function, which will aid the body’s ability to recover from pneumonia. Her students and residents are learning an important lesson about the value of OMM in a clinical setting. It is a lesson that Dr. Gross hopes will encourage them to incorporate OMM as a key element in their own practice of medicine that, in turn, will help to perpetuate this important and distinctive feature of osteopathic medicine for generations to come.

While a student at PCOM, Dr. Gross developed an intense interest in OMM and thought she might like to teach. She was offered an undergraduate OMM fellowship, but knew she couldn’t afford to pay a fifth year of medical school tuition. “The PCOM Foundation helped to cover my tuition and living expenses for that fifth year as well as part of the tuition for my fourth year of school,” says Dr. Gross. “I simply could not have completed the undergraduate OMM fellowship without that funding.”

Through the OMM fellowship, Dr. Gross gained a high level of exposure and experience in teaching and performing OMM. “My fellowship experience really solidified my decision to make teaching a significant part of my career,” she relates. “I chose my family medicine residency at Warren Hospital in Phillipsburg, New Jersey, because they wanted someone with fellowship experience who could help teach OMM to residents and medical students.”

Now Dr. Gross spends 50 percent of her time on the academic side of her practice, precepting about 20 residents and 50 medical students annually both in her office and in the hospital settings. Each year, she teaches 15 to 20 students from PCOM and about 10 from Lake Erie College of Osteopathic Medicine as well as a number of students from allopathic schools. She also conducts monthly OMM lectures at PCOM for third-year students as well as undergraduate OMM fellows.

“Annual Giving [the precursor to the current Unrestricted Annual Fund] provided me and others like me with financial support, and served to increase PCOM’s financial independence,” emphasizes Dr. Gross. “Today’s Unrestricted Annual Fund enables the College to provide all students with regular enhancements to their educational experience while keeping tuition increases to a minimum.

“PCOM students are a highly sought commodity because the College is considered the pinnacle of osteopathic education, and everyone knows that their students are very well trained,” continues Dr. Gross, who is board certified in neuromusculoskeletal medicine as well as family medicine. “As alumni, we can help PCOM to remain in this leadership position through our financial support, and ultimately, that benefits us as well as the students.”

The Unrestricted Annual Fund supports key College operations. During the past year, the fund has enabled PCOM to add more full-time clinical faculty, enhance student services and clinical clerkships, and provide critical research funding.

The College is now in its final year of the Million Dollar Campaign to raise the Unrestricted Annual Fund giving level to a reliable $1 million per year. “We have made good progress in our efforts to increase the number of annual alumni gifts to this fund of $1,000 or more, which is essential to sustain the long-term need for annual contributions of $1 million,” says Florence D. Zeller, MPA, CFRE, vice president for alumni relations and development. “Our alumni have enabled us to meet our benchmarks along the way, and we are grateful for their loyalty and financial support. We’re counting on more of our alumni to make the commitment this year that will enable us to reach and maintain our ultimate $1 million dollar goal.”
Philadelphia College of Osteopathic Medicine
Chancellor Galen Young, Sr., DO ’35, was a valued member of the College community for more than seven decades.
A distinguished and caring surgeon, educator and administrator, Dr. Young devoted his life to the osteopathic medical profession and to PCOM.

Galen S. Young, Sr., DO ’35

R e m e m b e r e d
Every profession has its heroes, and there is no doubt that Dr. Galen Young, Sr., was a hero to PCOM and to the osteopathic profession,” says Kenneth J. Veit, DO ’76, senior vice president for academic affairs and dean. “His extensive service to our profession spans the historical timeline of the growth of osteopathic medicine in the United States; he was an integral part of that development every step of the way.”

After graduating from PCOM in 1935, Dr. Young completed his internship at Philadelphia Osteopathic Hospital where he studied surgery under the internationally known surgeon, D.D.B. Pennock, DO, MD. In addition to maintaining a surgical practice for 45 years, Dr. Young taught students, interns and residents for 44 years and chaired the department of surgery and the division of general surgery before being named professor emeritus of surgery.

“Dr. Young was the prototypical surgeon,” proclaims Arthur Sesso, DO ’81, chair, surgery; director, general surgery residency program; and clerkship director, general surgery clerkship. “His love for surgery was exceeded only by his love of osteopathic medicine. Dr. Young was always a gentleman. I never heard him raise his voice or saw him lose his temper in the operating room. He was always patient with me, always knowledgeable and always an inspiration. He has long been a surgical legend and with time that legend will continue to grow and inspire young osteopathic surgeons.”

Dr. Young was intensely loyal to the College. He served on PCOM’s Board of Trustees from 1990, and was treasurer emeritus of the Alumni Association Board of Directors from 1965 until his death. A life member of the Alumni Association, he was its president in 1971. He expressed his support of PCOM with a gift to The PCOM Mission to fund the Professional Chair in Surgery. Dr. Young also established a campaign scholarship and an award in his wife’s memory for students interested in surgery.

Dr. Young received the College’s highest honor, the O.J. Snyder Memorial Medal, in 1985. He was president and an honorary life member of the American Osteopathic Association and served on its Board of Trustees for 18 years. He was presented with the association’s Distinguished Service Certificate in 1993. He was also a life member and president of the Pennsylvania Osteopathic Medical Association and a fellow of the American Academy of Osteopathy and the American College of Osteopathic Surgeons. He became chancellor of PCOM in 1990 and served in that capacity until his death.

Dr. Young was as essential to the growth of the osteopathic profession as he was to PCOM. In the early 1950s, Dr. Young had the good fortune to meet General Dwight D. Eisenhower. As they chatted, they realized they had much in common, from strict upbringings in the Brethren Church, to hard summer farm work. It was their mutual respect for osteopathic manipulation, however, that led to a breakthrough in federal funding for osteopathic education.

General Eisenhower shared with Dr. Young his story of an old shoulder pain that only manipulative treatments could alleviate. General Eisenhower told Dr. Young that, “Whenever a DO came under my command, I always kept him close by in order to get osteopathic treatments.” General Eisenhower then asked Dr. Young what the current appropriations were for osteopathic medical schools. Dr. Young replied, “Nothing.” General Eisenhower responded, “If I’m elected president, I’ll see to it that colleges training DOs are put in the budget.” President Eisenhower’s initial budget was the very first time osteopathic medical colleges received federal appropriations.

Dr. Young came to the defense of the profession again in the early 1960s when, in an attempt to assimilate the profession, the California Osteopathic Association merged with the California Medical Association. The merger, which has been called the osteopathic profession’s darkest hour, gave California DOs holding valid licenses a doctor of medicine degree. As president of the American Osteopathic Association, Dr. Young fought the secessionist movement. When the American Medical Association tried to strike a deal with PCO (as PCOM was known at the time) to bring in an MD successor to the presidency, Dr. Young worked with PCO President Frederic H. Barth to ensure this did not happen.

Dr. Young also served on the Board of Trustees of his alma mater, Elizabethtown College, where he helped found the Young Center for Anabaptist and Pietist Studies, which has become a world center of scholarly theological and sociological study, teaching, research and publication. He was the founder and moderator of the local congregation of the Church of the Brethren in Drexel Hill.

Dr. Young is predeceased by his wife of 48 years, Jessie Fielding Magnin, a 1935 graduate of PCOM’s School of Nursing. He is survived by his three children, Galen Jr., DO ’65, Jeffrey and Sandra; five grandchildren and five great grandchildren.
Class of 1955
Class Agent: Michael Zappitelli, Sr., DO
610-279-3008

David B. McClain, DO ’55, Des Moines, IA, reports the passing of his wife, Joan, on December 8, 2004. Mrs. McClain served for a time as secretary to Paul T. Lloyd, DO ’23, in the X-ray department at the Hospital of Philadelphia College of Osteopathy. Dr. and Mrs. McClain met at PCO, and were married on September 4, 1950, in West Chester, Pennsylvania. Dr. McClain is presently retired and living at Scottish Rite Park.

Class of 1962
Class Agents: James H. Black, DO 757-489-5450, Itsurg@sprynet.com
Robert S. Maurer, DO 732-494-6688, bmaurer789@aol.com

Murray Zedeck, DO ’62, Fort Lauderdale, FL, was the recipient of Philadelphia College of Osteopathic Medicine’s 2006 Alumni Association Certificate of Honor. As co-founder and co-owner of Norwood Medical Clinic in Miami, Dr. Zedeck delivered babies, performed minor surgeries and handled office visits for entire families for more than four decades. He also served the profession as president of the Dade County Osteopathic Medical Association; as public relations chairman for the State Osteopathic Association; as a member of the Dade County Health Planning Council; as chief of staff of Southeastern Medical Center and the former Osteopathic General Hospital in North Miami Beach; and as founder, chairman and professor of the Department of Community Medicine at SECOM, the predecessor to Nova Southeastern University’s College of Osteopathic Medicine. He continues to serve on

Seeking Cures for What Ails the Profession

When Harvey M. Spector, DO ’63, Huntingdon Valley, PA, was installed as the Pennsylvania Osteopathic Medical Association’s (POMA) 95th president on May 5, he hit the ground running. “I’m visiting as many POMA districts and communicating with as many members as possible,” Dr. Spector declared not long after taking office. “I want to find out what’s going on with our membership.” Dr. Spector also has a full agenda of his own that includes taking on professional liability insurance reform, insurance reimbursement and preserving the family physician.

Of medical liability insurance reform, Dr. Spector concedes, “it’s an uphill battle, but with enough people working on it, maybe one of us will hit the jackpot during our term. I’m going to meet with insurance company representatives, government representatives, senators, anyone I can, to work toward improving this situation.”

As past president of the Pennsylvania Osteopathic Family Physicians Society and a family physician himself, Dr. Spector is also passionate about the fate of family physicians. “Students are not as interested in going into family medicine as they once were,” Dr. Spector laments. “We need to solidify our foothold with the residents to keep them in family practice.” Needless to say, Dr. Spector finds family practice to be extremely rewarding. “I like the continuity,” he explains. “A specialist may see the same patient once or twice. I’ve been in practice for over 40 years, and when I see a patient who’s healthy at 82 years old and know I had a part in that, it’s tremendously gratifying.”

Continuity and commitment are values that are important to Dr. Spector. He has been a member of POMA for 40 years and has been involved as both a state and national delegate. “I like to stay involved, securing the future of the osteopathic profession,” he points out. He is also committed to PCOM and its students. “I sponsor students and tell them that medicine is still one of the most honorable and rewarding professions there is, no matter what specialty they choose. I work toward reform for the profession to keep the highest-quality students applying to medical school.”

In addition to his post at POMA, Dr. Spector is a fellow of the American College of Osteopathic Family Physicians (ACOFP), where he chairs the credentials committee and serves on its most prestigious committee on awards. This spring he was awarded the Distinguished Service Award from the ACOFP, and he has received the Humanitarian Award from the Chapel of Four Chaplains. Dr. Spector serves his community by performing athletic physical examinations for the Philadelphia Public School System.
boards of professional and civic organizations including the board of directors of the Alumni Association of PCOM. In 2001, Dr. Zedeck, through the Zedeck Family Foundation, gave PCOM the largest single outright gift the College had ever received. In recognition of his generosity, the amphitheater in Evans Hall has been named in honor of his parents.

**Class of 1975**
Class Agent: Jon J. O’Brien, SJ, DO 202-965-6912, jo25@georgetown.edu

Jeffry A. Lindenbaum, DO, Ivyland, PA, was the recipient of the Raymond J. Saloom, DO Memorial Award presented by the Pennsylvania Osteopathic Family Physicians Society (POFPS). In addition, Dr. Lindenbaum has been elected vice president of the Pennsylvania Osteopathic Medical Association (POMA) for 2006-2007.

**Class of 1976**
Class Agent: R. Michael Gallagher, DO 856-354-1403

Edward E. Packer, DO, Fort Lauderdale, FL, was the recipient of the Dr. Arnold Melnick Child Advocacy Award presented by Nova Southeastern University College of Osteopathic Medicine. The chairman of pediatrics at NSU, he was cited as “child advocate, role model, physician, professor and mentor.” In 2005, Dr. Packer was listed as one of “America’s top pediatricians” by the Consumers Research Council and also named a “top physician” by the South Florida Hospital News.

**Rex A. Herbert, DO,** Harrisburg, PA, participated in “Doctors on Call,” a program sponsored by the Pennsylvania Medical Society and televised on WGAL-TV. Doctors in the Susquehanna Valley volunteered their time to guide callers in managing their health care needs as well as to offer information on low-cost health clinics to those without medical insurance or without access to personal physicians.

**Class of 1978**
Class Agent: Lorraine M. Disipio, DO 610-623-7230, ldisipio@comcast.net

Cynthia A. Gabrielli, DO, Hockessin, DE, was elected to the board of directors of the Delaware Academy of Medicine.

Samuel J. Garloff, DO, Pottsville, PA, has been elected president-elect of the Pennsylvania Osteopathic Medical Association (POMA) for 2006-2007. He serves as psychiatric consultant to the ReDCO Group in Pottsville and Tamaqua, and is vice-chief of staff at St. Luke’s Miners Memorial Hospital in Coaldale, Pennsylvania.

Steven G. Scott, DO, Tampa, FL, co-authored an article published in The Journal of the American Osteopathic Association titled “Mechanism-of-Injury Approach to Evaluating Patients with Blast-Related Polytrauma.”

**Class of 1979**
Class Agent: Earl H. Brinser, DO 717-272-7321, ebhershey@hotmail.com

Carol L. St. George, DO, York, PA, was elected chief of staff at Memorial Hospital in York.

**Class of 1982**
Class Agent: Anthony J. Silvagni, DO 954-262-1407,ajsilvagni@aol.com

David J. Simons, DO, Lancaster, PA, participated in “Doctors on Call,” a program sponsored by the Pennsylvania Medical Society and televised on WGAL-TV. Doctors in the Susquehanna Valley volunteered their time to guide callers in managing their health care needs as well as to offer information on low-cost health clinics to those without medical insurance or without access to personal physicians.

**Class of 1988**
Class Agent: Eric M. Lipnack, DO 856-784-0444, elipnack@comcast.net

Robert P. Brislin, DO, Chadds Ford, PA, joined the division of anesthesiology at the Nemours/Alfred I. duPont Hospital for Children in Rockland, Delaware.

**Class of 1989**
Class Agents: Judith Richmond Prybick, DO 610-366-8445, gmpjpjr@aol.com
Coleen M. Smith, DO 423-722-9355, colsmithdo@pol.net

Philip H. Scaglione, DO, Newfane, NY, joined the medical staff at Lockport Memorial Hospital and Inter-Community Memorial Hospital of Newfane.

**William A. Wewer, DO,** Steelton, PA, has been elected secretary/treasurer of the Pennsylvania Osteopathic Medical Association (POMA) for 2006-2007. Dr. Wewer maintains a private practice in Steelton, Pennsylvania.
Class of 1990
Class Agent: Jennifer Wixler, DO
jwixler@sbbhcs.com
Seth R. Bernard, DO, Grand Blanc, MI, joined the medical staff at McLaren Regional Medical Center.
Lawrence D. Hochman, DO, New Port Richey, FL, joined the faculty of Lake Erie College of Osteopathic Medicine–Bradenton as associate clinical professor of surgery/radiology. Dr. Hochman is a member of the Radiation Executive Board of US Oncology. He is also a partner at Florida Cancer Institute, where he serves on the management board.

Class of 1991
Class Agents: Luke Nelligan, DO 317-758-2080, luke_nelligan@ahni.com
Melissa Schwartz, DO 215-969-5650, sethmelissa@comcast.net
Laura L. Reese, DO, Lehigh County Medical Society. PA, was elected president of the Lehigh County Medical Society. Allentown, PA.
Gary M. Pryblick, DO, Stratham, NH, received board certification from the National Board of Echocardiography.
Peter J. Dourdoufis, DO, Stratham, NH, received board certification from the National Board of Echocardiography.

class of 1990 - tradition of teaching, mentoring, and in turn, learning from young medical students. She is presently a clinical professor in the department of medicine at PCOM; an adjunct faculty member for the physician assistant program at the College of Nursing and Health Professions, MCP Hahnemann University; and the director of medical education at Kent General Hospital.

Class of 1993
Class Agents:
Larissa Fernando-Dominy, DO 610-409-8147, Larissa@dominy.net
Karen L. Dejoe, DO, Candia, NH, 302-644-9644, cmhdo5@aol.com
Karen L. Dejoe, DO, Candia, NH, serves as a medical consultant/physician liaison and ambassador to the National Multiple Sclerosis Society. Dr. Dejoe is presently engaged in the design and creation of a new MS Society endeavor, that of a Web-based educational tool for MS patients, their families, caregivers, and the general public.

Class of 1994
Class Agent: Judith A. Gardner, DO 215-428-9383, judygocats@verizon.net
Alan J. Shienbaum, DO, Bala Cynwyd, PA, is a pathologist who is board certified in anatomic pathology, clinical pathology and cytopathology. He practices in the Kennedy Memorial Hospital system. He is also the co-director of the pathology course at University of Medicine & Dentistry of New Jersey School of Osteopathic Medicine at Stratford, New Jersey.
Margaret M. Swanberg, DO, Montgomery Village, MD, was promoted to lieutenant colonel in the United States Army.

Class of 1995
Class Agent: Francis N. Ogbolu, DO 606-833-9870
E. Eric Horvath, DO, San Antonio, TX, is an active duty major in the United States Army and a burn/trauma/critical care surgeon at Brooke Army Medical Center in Fort Sam Houston, Texas.
Michelle A. Keary, DO, Cooperburg, PA, practices in the emergency medicine department at St. Luke’s Hospital in Allentown, Pennsylvania.
David D. Skillings, DO, Bethlehem, PA, was appointed director of the family medicine residency program at St. Luke’s Hospital.

Class of 1996
Class Agent: Joanne E. Hullings, DO 215-781-0575, joannehullings@hotmail.com
John P. Bart, DO, Halifax, PA, participated in “Doctors on Call,” a program sponsored by the Pennsylvania Medical Society and televised on WGAL-TV. Doctors in the Susquehanna Valley volunteered their time to guide callers in managing their health care needs as well as to offer information on low-cost health clinics to those without medical insurance or without access to personal physicians.

Class of 1997
A. Jody Ackerman, DO, Philippi, WV, joined the medical staff at Broaddus Hospital in Philippi.
Karen R. Banks-Lindner, DO, Norwich, NY, has opened a new internal medicine private practice.
Phan Anh Nguyen, DO, Davison, MI, joined the medical staff at Flint Women’s Clinic.
Kenneth R. Wloczewski, DO, Whitehall, PA, joined the emergency medicine staff at Warren General Hospital in Warren, Pennsylvania.
Class of 1998
Class Agent: James V. Lieb, DO
814-946-2708
Lisa E. Miller, DO, Maple Glen, PA, joined the department of family practice at Doylestown Hospital.

Class of 1999
Class Agent: Tabatha Jeffers, DO
814-375-0460, froggytlj@hotmail.com
Kevin L. Kirk, DO, Silver Spring, MD, began a foot and ankle surgery fellowship at Johns Hopkins Hospital, Baltimore, Maryland, in August 2006.

Class of 2000
Class Agent: Edward Casey, DO
casey.edward@may.edu
Stephen F. Andrews, DO, Myrtle Beach, SC, has had his research on prostate cancer and soft tissue sarcomas published. He is a physician at Carolina Regional Cancer Center.
Matthew G. Pinto, DO, Marlton, NJ, was appointed medical director for Dermacare Laser & Skin Care Clinics in Cherry Hill, New Jersey.
Adam S. Rosen, DO, San Diego, CA, completed a lower extremity reconstruction fellowship at the Scripps Clinic in La Jolla, California.

Class of 2001
Class Agents: Connie Andrejko, DO, and Kenneth Andrejko, DO
215-873-8384
Charles Heller, II, DO, Bethesda, MD, received the 2006 Academic Achievement award presented by the University of Medicine & Dentistry of New Jersey School of Medicine's Department of Surgery.
Arthur Jones, Jr., DO, Summerville, SC, was profiled in an article published in Sampson Independent titled “Medical Doctor's Office Stays Busy.”
Michael Dae Sung Kim, DO, Philadelphia, PA, completed an EMG/Neuromuscular fellowship at Thomas Jefferson University Hospital. He is a clinical instructor in the department of neurology at Thomas Jefferson University Hospital.

On a Personal Note
Anel M. Abreu, DO ’05, Havertown, PA, and his wife, Lara, are the proud parents of Luca Armando, born on April 23, 2006.
Jentry D. Andrews, PA-C ’05, Narberth, PA, married Mark Riddle (DO ’08) on December 20, 2005, in St. John, U.S. Virgin Islands.
Chris Cessna, DO ’02, and Kelly Dabulis Cessna, DO ’03, Sacramento, CA, welcomed their first child, Zachary Thomas, born on September 22, 2005. Dr. Cessna is an ophthalmology fellow at University of California–Davis; Dr. Dabulis Cessna is a pediatrician.
Luke Chetlen, DO ’03, Philadelphia, PA, married Alison Lawhead, DO ’03, Hershey, PA, on August 12, 2006, in Hanover, Pennsylvania. Dr. Chetlen is an ER resident at Frankford Hospital; Dr. Lawhead is a radiology resident at Penn State Hershey.
Stephanie Sargent, DO ’02, Cherry Hill, NJ, married Michael Driscoll, DO, on May 21, 2005. The couple is expecting their first child this fall. Dr. Sargent Driscoll is a physician with the Internal Medicine Associates of Southern New Jersey.
Deborah Milstein Herchelroath, DO ’98, Rosedale, MD, and her husband, Joseph, are the proud parents of Alexis Kay, born on January 24, 2006.
E. Eric Horvath, DO ’95, San Antonio, TX, and his wife, Lynn, welcomed their second son, Samuel Edward, born on November 1, 2005.
Michelle A. Kearney, DO ’95, Coopersburg, PA, and her husband, Timothy, are the proud parents of Bridget, born on December 29, 2005.
Matthew W. Lawrence, DO ’98, Wilmington, DE, and his wife, Michelle, welcomed daughter Madeline Michelle, born on March 21, 2006.
Christopher J. Pugh, DO ’05, Newmanstown, PA, and his wife, Megan, are the proud parents of Bria Jo, born on March 5, 2006.
Thomas E. Sabalaske, DO ’99, Huntingdon Valley, PA, and his wife, Crystal, are the proud parents of Ryan Thomas, born on April 19, 2006.
Jefferson University, as well as in private practice at Madden & Jones, MD, PC, in Scranton, Pennsylvania.

Eric D. Smith, DO, Whately, MA, joined Deerfield Medical Associates in Whately.

Class of 2002
Class Agents: Edward J. Armbruster, DO 856-751-5103, ejambruster@yahoo.com
Steven Blasi, DO 610-252-2147, isxcrunningdoc@msn.com
Lisa A. Brownstein Kassenoff, DO, Toms River, NJ, joined Caring Medical Associates in Toms River.

Jeanne Doperak, DO, Latrobe, PA, graduated from the University of Pittsburgh's Primary Care Sports Medicine fellowship in June 2006. She has accepted an appointment as an assistant professor with the University's Department of Orthopedics.

Roger Ernest, DO, Haddon Heights, NJ, was the recipient of the 2006 Elmer Grimes award given by the University of Medicine & Dentistry of New Jersey School of Medicine’s Department of Surgery.

Timothy A. Leone, DO, Cherry Hill, NJ, was the recipient of the 2006 Frederick G. Meoli Scientific Paper award presented by the University of Medicine & Dentistry of New Jersey School of Osteopathic Medicine’s Department of Surgery.

John-Mark Miller, DO, Rome, GA, joined Floyd Primary Care in Rome.

Class of 2003
Lauren J. Fisher, DO, Newton, MA, was named chief resident in the department of anesthesia at Beth Israel Deaconess Hospital in Boston, Massachusetts.


Making Change

When Ed Weckerly, MS/ODL ’05, Woolwich, NJ, decided it was time to advance his career, earning a graduate degree was an obvious choice. The decision to work toward an ODL degree rather than an MBA was, for him, also clear. “I had an undergraduate degree in business management,” he explains, “and an MBA would have been too similar. I wanted to pursue a degree that would help me grow my career. After talking to Bill [Bill Clinton, director, ODL] and a graduate of one of the first classes, I was sold.” The decision was the right one for Mr. Weckerly. “If I had not gone this route, I probably would not be where I am now,” he declares. Where he is now is manager of corporate partnerships for Peirce College. When he began the program he was an admissions recruiter at the same school. “I learned what it takes to be a great leader,” explains Mr. Weckerly, “I learned how organizations work from the inside out.”

Mr. Weckerly points to one instructor and one class in particular that helped him reach the next level in his career: Strategic Change: Planning for Organizational Success taught by Marc Hanlan, adjunct faculty, psychology. “This class really opened my eyes. It made me think about what I would change in my organization and how I would implement that change. As I was working with Marc, an opportunity presented itself for me to change jobs at Peirce. The coursework gave me a head start in thinking about what I would do in this position, and I was able to take what I learned in the classroom to the next level. I was ready to step into this new position.”

Mr. Weckerly also credits his success in the program and in his professional life to the inspiration of others around him. Working in higher education has led him to believe that “no one is ever too old to learn.” He hopes that attitude will make a good impression on his son, Ryan, age 10, and daughter, Christina, age six. “They have been my guidance, my strength and the reason why I have come this far. I want my learning to set a great example for both of them.”

Scott E. Grable, DO, Norfolk, VA, was featured in U.S. Medicine in an article titled “Navy Medicine Uses Flexibility to Meet Its Mission.” A portion of the article is dedicated to the Navy’s response to Hurricane Katrina. Dr. Grable was pictured with a corpsman carrying a child to receive medical attention on the USS Iwo Jima, which was docked off the coast of New Orleans.

Alan J. Kanouff, DO, Nanty Glo, PA, will be starting a three-year pulmonary and critical care fellowship at Allegheny General Hospital.

Jessica Rachel McIntyre, DO, Point Pleasant, NJ, has joined a pediatric practice in Monmouth County, New Jersey. Dr. McIntyre and her fiancé, Captain Scott Wood, are planning to wed in September 2007.
Victoria Firth, MS/FM ’06

Two Careers Are Better Than One

Victoria Firth, MS/FM ’06, RN, Perkasie, PA, didn’t enroll in PCOM’s forensic medicine program because she was caught up in the new CSI craze. She didn’t see forensic medicine as the new trend. When Ms. Firth entered PCOM’s master’s program in forensic medicine, she was already experienced in both medicine and forensics; she had been an emergency room nurse for 18 years and a deputy coroner for six. She wanted, she says, “to improve my knowledge base and to add to my credibility as a deputy coroner and, perhaps, open up additional career options.”

When Ms. Firth looked at forensic programs in the area, PCOM was the clear choice. “The other programs weren’t clinical enough,” she says. “PCOM's program is the most unique in the area.” Despite her extensive background, Ms. Firth found the program, especially the weekend courses, “great and grueling. Despite the fact that I’m in the business, I still had to work hard.”

Ms. Firth explains that she was interested in forensics before it was on the map. She was working as a nurse’s aid when she first asked the Montgomery County coroner if she could watch an autopsy. The coroner happened to be one of the world’s top forensic experts, Dr. Halbert Fillinger. “I was blessed to know Dr. Fillinger,” says Ms. Firth [Dr. Fillinger passed away in June]. “He took me under his wing. He was an early advocate of having nurses and detectives on the forensic team.”

Meanwhile, Ms. Firth earned her nursing degree and began working in the emergency room at Doylestown Hospital. She continued to accompany Dr. Fillinger at autopsies and, over time, she began helping with the autopsies and getting paid. Ms. Firth was then offered the position of deputy coroner for Montgomery County.

Presently, she works a 40-hour week as a deputy coroner plus 20 hours a week as an emergency room nurse. “Nursing is in my blood,” Ms. Firth confesses. She also believes that nursing helps her be a better deputy coroner and vice versa. And, yes, she was working a 60-hour week while completing her coursework at PCOM.

Ms. Firth also spent two weeks in Louisiana after Hurricane Katrina as part of a body recovery team. Her days were 10 to 12 hours long and involved working in a full Hazmat suit in temperatures reaching 100 degrees. Despite the hardships of the work and living in a National Guard barrack, she remembers the experience as nothing but rewarding. “We met great people from all over the country who were helping in the recovery effort,” she notes, “and everyone we met from the area was so thankful.” Despite all her other commitments, Ms. Firth says, she would go to another disaster site in a second if called.

Helping: it’s in her blood.

Class of 2004
Katie McCarthy Breslin, MS/Biomed ’00, DO, Villanova, PA, is a second-year pediatric resident at Crozer Chester Medical Center/Children's Hospital of Philadelphia. She and her husband, Walt, have a 10-month-old daughter, Ella Rose, and are expecting another baby girl in the fall.

Class of 2005
Jennifer M. Malsbury, DO, Lansdowne, PA, was one of the winners of the Pennsylvania Osteopathic Medical Association's clinical essay contest for her article titled “Hyperoxaluria as an Unexpected Outcome of Bariatric Surgery.” Dr. Malsbury is an intern at Delaware County Memorial Hospital/Crozer-Keystone Health System.

In Memoriam

Richard A. Benoit, DO ’83, Shavertown, PA, February 1, 2006.

George W. Hendricks, DO ’55, Wilmington, NC, April 8, 2006.


George J. Pappas, DO ’60, Northville, MI, October 22, 2006.


In this special “My Turn,” Robert A. Weisberg, DO ’66, contends that the first DO draft in 1967 vastly advanced the osteopathic profession. Dr. Weisberg served in Vietnam with the Army’s 9th Infantry Division’s Mobile Riverine Force. For his valiant service, he was awarded three Bronze Stars, the Army Commendation Medal, the Air Medal and the Vietnam Cross of Gallantry. Upon his return to civilian life, he acted as executive medical director for Geriatric Medical Centers for 30 years. He continues to be a member of a five-physician group and is the medical director of Albert Einstein Subacute Care Center.

According to research by Augustine Perrotta, DO, chairman of medicine at Henry Ford Hospital, Warren County, Michigan, in July 1967, 113 doctors of osteopathic medicine were drafted into military service—and many served between 1967 and 1969, the height of the Vietnam War. This was the first DO draft in U.S. history and the first time DOs were recognized as physicians by the U.S. military.

Each of us was completing our rotating internship when we were called into service, so when we were inducted as general medical officers, we had a little scope of various areas of medicine—including emergency room work. While some of us had the opportunity to become specialists in fields needed by the military at the time as “on the job trainees,” we were not considered trained specialists.

Nonetheless, we were commonly better trained than our non-rotating, internship-trained, single-focused allopathic counterparts (even though, as Dr. Perrotta points out, none of us could outrank any MD since most allopathic physicians who were drafted had completed their specialty training and, therefore, held higher ranks in the military). We were indispensable in medical support services, and at once earned the respect of non-medical officers and enlisted personnel. In combat, no one knew or cared to differentiate between osteopathic and allopathic physicians; we were the soldiers’ “docs,” their confidants and fellow heroes on the front lines.

All osteopathic physicians serving in the Vietnam War emerged as leaders and well-trained health care practitioners. Through our daily work, we became “real doctors.” We had to be recognized by the allopathic profession.

In fact, our drafting and military service did more for the osteopathic profession than any single individual or group did—or could have done—since the founding of osteopathy in 1874. Because of our service, doors that had been previously closed to DOs were opened. Osteopathic physicians were welcomed into post-graduate programs and were offered staff privileges at widespread hospitals.

In the PCOM Class of 1966, the following were among those 113 physicians who received the first DO draft notice: Peter F. Arino; John T. Barbagiavanni, Sr.; Irwin Beckman; Elliot Blau; Thomas A. DiLiberto; Joseph M. DiMino; Richard M. DiMonte, Sr.; John M. Doherty; Robert C. Donlick; Ralph E. Fishkin; Donald J. Fruchtmann; Domenic L. Gentile; Bruce J. Hall; Richard L. Kahan; Ronald A. Kirschner; Herman L. Lakritz; Richard D. Lynch; Alex S. Macaione; Bernard F. Master; Rabbi Merrill J. Mirman; William F. Ranieri; Gerald M. Reed; Vincent S. Reina; Norman F. Ruttenberg; Kerwin H. Seiden; Thomas M. Swartzwelder; and myself.

We, 27 draftees, represented approximately 33 percent of our medical school graduating class and 24 percent of the first osteopathic physicians drafted in the war. And we represented approximately 10 percent of all national physicians (osteopathic and allopathic) drafted in 1967.

Readers: The staff of Digest welcomes your ideas for essays that would be of interest to the PCOM community. Please submit ideas in writing to Jennifer Schaffer Leone. E-mail jenniferleo@pcom.edu; fax 215-871-6307; or mail Marketing and Communications, 4180 City Avenue, Philadelphia, PA 19131-1695.
For over a century, many individuals have had the foresight and generosity to plan for the future support of Philadelphia College of Osteopathic Medicine. Their thoughtful gifts have helped to strengthen PCOM’s commitment to quality education, patient care, scientific research and community service. Each new generation is called upon to follow in the footsteps of those who have gone before them by continuing the legacy of philanthropy. Because this tradition is so important, The Philadelphia College of Osteopathic Medicine Foundation established the Andrew Taylor Still Legacy Society to acknowledge those inspired people who have made the commitment to help the College secure its future.

MEMBERSHIP IN THE SOCIETY

Named in honor of “the father of osteopathic medicine,” the Andrew Taylor Still Legacy Society recognizes alumni, parents and friends who continue the tradition of support for Philadelphia College of Osteopathic Medicine through their estate plans.

Society members are those who have made provisions to benefit PCOM and have informed the College of this commitment. These provisions include wills or bequests, charitable trusts, annuities and life insurance gifts.

In recognition of their generosity, the names of Still Legacy Society members are published in selected College publications. Members may receive periodic mailings of estate and tax planning information.

If you have already made a planned gift provision for PCOM and have not yet notified us, please consider letting us know so that we may include you as a new member of the Still Legacy Society. We would like to thank you for your thoughtful gift, which will inspire, encourage and support others to make a lasting legacy at Philadelphia College of Osteopathic Medicine.

FOR MORE INFORMATION ABOUT BECOMING A MEMBER OF THE ANDREW TAYLOR STILL LEGACY SOCIETY, or to learn more about planned giving as an effective and satisfying way to achieve your philanthropic goals while significantly reducing your tax burden, contact:

Scott Righter, Special Gifts Officer
Philadelphia College of Osteopathic Medicine
4180 City Avenue • Philadelphia, PA 19131-1695
215-871-6120 • 800-739-3939 • scottr@pcom.edu

TO ALL OF OUR CHARTER MEMBERS,
WE THANK YOU FOR YOUR ONGOING SUPPORT:

Anonymous (6)
J. Weston Abar, DO ’47
Joan Abar, DO ’63
Joseph J. Andris, DO ’76
Walter K. Bradley, DO ’58
Mrs. H. Trebing Burnard
Michael H. Cenar, DO ’78
Rodney H. Chase, DO ’44
Richard B. Esack, DO ’80
Tana G. Fishman, DO ’95
Roy L. Gorin, DO ’72
William M. King, DO ’58
William M. King, DO ’62
Albert S. Kroser, DO ’58
Thomas R. LeMasters, DO ’78
Murry E. Levyn, DO ’46
Barbara and Arnold S. Lincow, DO ’76
Madeleine L. Long, DO ’78, MD
Mrs. Joseph M. Marino
Harry J. Morris, III, DO ’78
William A. Rieber, DO ’41
George S. Robinson, DO ’32
Harry M. Serfer, DO ’69
David J. Shingles, DO ’75
Chester E. Smith, DO ’58
H. Sprague Taveau, IV, DO ’77
David A. Thomas, DO ’78
Major James G. Vickers (USMC Retired)
Joan M. Watkins, DO ’72
Mr. David L. Williams
Mr. David L. Williams
Galen S. Young, Sr., DO ’35
“Where there is love for mankind, there is love for the art of healing.”

~Hippocrates