Digest of the Philadelphia College of Osteopathic Medicine (Fall 1998)

Philadelphia College of Osteopathic Medicine

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DIGEST

1998 NO. 3

Commencement '98
Dear Alumni and Friends,

At the August convocation ceremony, we proudly greeted our new first-year class, one filled with promise. We were saddened that one person, very dear to the College, was not there. David Heilig, DO, '44, professor emeritus of osteopathic manipulative medicine, died June 23. He taught at PCOM for 54 years, serving as a true osteopathic role model for our students. We miss him greatly. We are also mourning the death of another man who contributed so much to the College: the Honorable J. Sydney Hoffman, who served as chairman of the board for 18 years. PCOM will always remember this great leader and humanitarian.

At the May 19 board meeting, I announced my plans to retire on June 30, 2000. I am very proud of PCOM's transformation over the past few years into a leading medical school on solid financial ground. Advance planning will allow ample time to find my replacement, so the College can continue its success into the 21st century.

The administration still has much to do. We are focusing on improving our faculty, especially in the clinical years. We will also expand our graduate medical education program as well as other degree programs, which have been very successful.

And, of course, we will continue to raise funds from a variety of sources so PCOM can keep on being the best. We have set very high standards of educational excellence, and we intend to keep them high. With support from alumni, corporations and foundations, we can soar even higher.

Thanks for your continued support of PCOM.

Leonard H. Finkelstein, DO, '59
President and CEO
FEATyRES

COMMENCEMENT '98
Feel the excitement of the happiest day of the academic year: commencement. Cheers to the Class of '98, PCOM's 107th class.

REMEMBERING DAVID HEILIG, DO, '44, OMM PROFESSOR EMERITUS
PCOM loses a man revered for his skill at osteopathic manipulative medicine and admired for his kind, gentle spirit. A dedicated educator, Dr. Heilig taught at the College for 54 years.

ALUMNI MAKE THEIR MARK IN THE MILITARY
DOs have made great strides in the military, where up until 1967 they weren't permitted to serve. Five alumni serve their country and make PCOM proud.

A WELL-ROUNDED EDUCATION
Students get a taste of rural medicine at Pennsylvania health centers, part of a nationwide grant to provide care in underserved areas.

DEPARTMENTs

PCOM UPDATES
Dr. Ceglowski retires; PCOM holds focus groups; College web site updated; PCOM seeks Middle States accreditation.

PROFILES
PCOM is lucky to have such dedicated leaders as College board member William M. King, DO, '62 and alumni board member David E. Rowe, DO, '61.

CLASS NOTES
College mourns death of the Honorable J. Sydney Hoffman, chairman emeritus of PCOM's board of trustees.

SEND US YOUR NEWS FOR DIGEST!
**Walter S. Ceglowski, PhD, retires**

Walter S. Ceglowski, PhD, professor and chairman, microbiology/immunology since 1992, has retired. As chairman, Dr. Ceglowski was involved in many research projects at PCOM and published more than 60 times throughout his career.

Before joining PCOM, he served as professor, microbiology/immunology at Temple University School of Medicine in Philadelphia for 13 years. During that same time, he served as director of the immunology laboratory at Temple University Hospital. He also served as an associate professor, microbiology and cell biology at Penn State University. In 1977, Dr. Ceglowski was a visiting scientist at the National Cancer Institute, Laboratory of DNA Tumor Virus Biochemistry, in Bethesda, Md.

Dr. Ceglowski earned a master of science degree from Rutgers University-New Brunswick in 1956, and a doctorate from the same university in 1962. A member of numerous professional scientific organizations, he is a diplomate of the American Board of Medical Laboratory Immunology and a fellow of the New York Academy of Sciences.

"Dr. Ceglowski made many significant contributions to PCOM and was a strong research supporter," notes PCOM Dean Kenneth J. Veit, DO, '76. The PCOM community gathered at a reception June 24 to honor his dedication and contributions to the College and to wish him well on his retirement.

**Fox promoted to associate dean**

Carol A. Fox was recently promoted to associate dean for admissions and enrollment management from assistant dean. The promotion reflects the increased accountability and complexity of her position due to PCOM's multiple degree programs. Fox began her career as assistant to the vice president of administration. She went on to hold the positions of director of admissions and student affairs, and registrar and director of admissions.

**Focus groups add insight**

PCOM conducted focus groups with 33 alumni and 26 students in April to gain their feedback about the College. The Tierney Group, PCOM's marketing firm, worked with the College's communications and design department to measure awareness and gauge the perceptions of students and alumni on a variety of issues. PCOM hopes to gain insight into what our alumni feel are important issues and to implement programs that would be beneficial to the College, students and alumni.

**Middle States accreditation process continues**

Nearing its final stages, Middle States Association of Schools and Colleges accreditation is vitally important for PCOM to proceed in offering other degree programs. A steering committee of faculty, administration and students designed a comprehensive self-study approved by Middle States last fall. The 15 self-study groups have submitted draft reports to the steering committee, and the final draft document will be available to the PCOM community in early November and submitted to Middle States in January 1999. A site visit is scheduled for April.

**PCOM announces faculty appointments for 1998-99 academic year**

Robert M. Fogel, DO, '58, chair- man and professor, pathology, has accepted the added responsibility of chair of a combined department of pathology and microbiology/immunology.

The department will actively recruit faculty needed due to the retirement of Walter S. Ceglowski, PhD, professor and chairman, microbiology/immunology.

Arthur J. Sesso, DO, '81, assumed the position of general surgery residency program director.

Frederick J. Goldstein, PhD, professor, clinical pharmacology, was appointed director of the clinical master of sci-
ence program. The program awards a master's in clinical science to residents who complete a clinical research project. Dr. Goldstein will work closely with Richard Pascucci, DO, '75, associate dean, graduate medical education and Richard Kriebel, PhD, assistant dean for curriculum and research, to facilitate the program.

Harvey J. Bryant Jr., DO, '75 was named PCOM's cross-cultural liaison and minority mentor.

**President re-elected to AACOM**

Leonard H. Finkelstein, DO, '59, PCOM president, was re-elected to serve as the 1998-99 chairman of the American Association of Colleges of Osteopathic Medicine (AACOM). It is his second term.

**Cyber stuff**

*Digest online*

Alumni will now have the latest *Digest* available online. Starting with the Winter 1998 issue, *Digest* sections such as the cover story, alumni board profile and Class Notes are available at the touch of your keyboard. Visit our homepage at [www.pcom.edu](http://www.pcom.edu) to view *Digest* online.

*On the web*

The College is regularly adding new features and updating information on its web site. One addition is the financial aid section, which features financial worksheets, information about various types of financial aid and application deadlines. The Physician Assistant (PA) program has also been added. This section includes an overview of the program and an outline of program requirements. Sections for clinical education and academic departments are also in the works. To visit PCOM's web site, key in [www.pcom.edu](http://www.pcom.edu).

**Student athletes honored**

PCOM held its annual sports banquet May 8 at Chateau Granieri, Lafayette Hill, Pa. Former Philadelphia Eagle Bill Bergey was the guest speaker. Francesco Mangano, DO, '98 received the "Thomas M. Rowland, Jr. Scholar Athlete Award" for his academic excellence and participation in PCOM's soccer and volleyball teams. Robert McMurtrie, DO, '98 was honored for his hard work and dedication to PCOM's rugby team.

*Joining together at the sports banquet are, left to right, Bill Bergey, former Philadelphia Eagle; Robert McMurtrie, DO, '98 and Hale T. Peffall, Jr., executive director of alumni relations and development.*
First PA class starts
The first students in the Physician Assistant (PA) program participated in orientation and registration June 1 and 2 at PCOM. The 20 students started classes June 3. The PA program is a joint program with the University of the Sciences in Philadelphia (USP), formerly Philadelphia College of Pharmacy and Science.

College receives building awards
PCOM's Amphitheater II received third place in the 1998 "Best Presentation Rooms Award" competition from Presentations Magazine. Also, the College's Evans Hall Addition was a finalist in the Philadelphia Business Journal's "Building Excellence Award" competition.

PCOM dean writes book chapter
Dean Kenneth J. Veit, DO, '76 authored a chapter in a book titled "MD/MBA: Physicians on the new frontier of medical management" edited by Arthur Lazarus, MD, MBA. The book explores the many career options for physicians with the dual degree. Dr. Veit's chapter, using a "day in the life" format, focuses on the added value MBA skills provide to the office of a medical school dean. He received his MBA from Temple University in 1989. In another chapter, written by Adele C. Foley, MBA program director at St. Joseph's University, PCOM's longstanding DO/MBA program with St. Joseph's University is mentioned.

Interns and residents graduate from PCOM
Joanne Kahaty-Monzo, DO, '97 receives congratulations from President Leonard H. Finkelstein, DO, '59 on graduating from PCOM's internship program. Richard Pascucci, DO, '75, associate dean, graduate medical education (back, left) organized the June 19 campus ceremony, where 62 interns and 41 residents graduated. After the ceremony, the traditional Survivors' Club Dinner was held at the Adam's Mark Hotel.

Student, alumnus give commencement addresses
John DiMuro, PCOM '00 gave the commencement address to MBA graduates of St. Joseph's University. DiMuro is enrolled in PCOM's DO/MBA program with St. Joseph's.

He told the graduates: "Now that we have completed our journey, let us not be driven by the lure of a higher salary, a possible bonus or the increased power and prestige we may be able to achieve. Let the persistent quest for knowledge and the desire to teach others the way we have been taught be our guide.

Always feel the need to give something back to your family, your fellow employees and, of course, the community. By taking the time and effort to work with people, we can make this world a much better place."

Dominic Storto, DO, '98 gave the commencement address at Valley Forge Military Academy on May 30. He graduated from the Academy in 1990.
History book “sneak peek”

The PCOM community anticipates the completion of its 100-year history book, which will be available in early 1999. Here’s an excerpt from the “Student life” chapter:

“In the 1950s the students started an annual Christmas Show in the 48th Street auditorium, resurrecting the song and dance talent that had flourished in PCO’s performing arts in the 1920s and 30s — only this time laced with satirical humor. The Christmas Show, in which faculty and staff participated, evolved into the Founders Day Follies (eventually “Follies”), which premiered January 25, 1980. Like Harvard’s Hasty Pudding Club and Penn’s Mask and Wig Club, the Follies has cemented a PCOM tradition of music and spoof, giving students an opportunity to take a harmless punch at faculty, administration and the College experience.”

Centennial notes

The College welcomed the arrival of many bright banners which fill the campus with the Centennial colors. The banners are hung on poles around the College and along the streets surrounding PCOM. The banners will also fly around City Hall and on Market Street in Center City Philadelphia during October 1999.

A formal Convocation ceremony was held August 24 to officially start the 1998-99 academic year. The ceremony also marked the official kick-off of PCOM’s Centennial celebration. Faculty and members of the administration wore academic robes, and first- and second-year students wore their white coats in honor of this special occasion.

PCOM has put aside the traditional maroon and gray stationery in favor of the vibrant Centennial colors. The full-color logo will appear on all College letterhead, envelopes and business cards from now until the end of the Centennial year.

This photo from the “Student Follies” was featured in the 1957 “Synopsis.”
College celebrates GRAD

On May 24, 231 eager graduates crossed the stage at the Academy of Music and received their diplomas. The new osteopathic physicians heard words of wisdom from speaker Lieutenant General Ronald R. Blanck, DO, '67, surgeon general, US Army. "I ask you, as you deal with all the changes, politics and managed care, that you think about one thing: always do what's right for the patient, and you'll never, ever be wrong," he said.

General Blanck also emphasized the power of technology in medicine, as he held up a dog-tag which contained a chip with 1,000 pages of medical information and records.

Also receiving degrees were 16 students from the graduate program in biomedical sciences and 6 alumni, who earned a master of science in their field of medicine.

After the ceremony, 34 graduates were commissioned as officers in the military: 17 in the Army, 16 in the Navy and 1 in the Air Force. Four graduates are joining the National Health Service Corps.

At commencement, James H. Black, DO, '62, retired rear admiral, US Navy, received an honorary doctor of laws degree for his contributions to our nation and PCOM. Three former professors were honored with the distinction of professor emeritus: Edmund T. Carroll, DO, '58, allergy and immunology; James Francis Conroy, DO, '65, hematology and oncology and Domenic A. DeBias, PhD, chairman and professor, physiology/pharmacology.

Mindy George-Weinstein, PhD, associate professor, anatomy, received the prestigious "Lindback Foundation Award for Distinguished Teaching." She has taught anatomy at PCOM for nine years.

Above: Joining together at commencement are, left to right, Dean Kenneth J. Veit, DO, '76; speaker Ronald R. Blanck, DO, '67, surgeon general, US Army; President Leonard H. Finkelstein, DO, '59 and honorary degree recipient James H. Black, DO, '62, retired rear admiral, US Navy.

Right: Dean Kenneth J. Veit, DO, '76, far right, congratulates the three new professors emeriti: Edmund T. Carroll, DO, '58, seated; James Francis Conroy, DO, '65, left and Domenic A. DeBias, PhD, center.
Left: Jessica Pagana, DO is surrounded by her proud family.

Above left: Onyeama Obidi Anakwe, DO and his daughter join the crowd outside the Academy of Music.

Above right: Michael Stanley, DO plays the bagpipes after the ceremony.
Brian A. Clements, DO, '98, offers the most important commodity of all. To his family, his religion, his colleagues, his school, his patients and his community, he offers himself. He does so fully and completely. And by all accounts, he does so with grace and humility, touching whomever he comes into contact with, never seeking notoriety or acclaim.

This is the way it has been for Brian not only throughout his four years at PCOM, but throughout his life. His time and work at PCOM have been a reflection of his deeply-rooted Mormon faith.

It is a faith, he says, that is frequently misunderstood. In that way, he explains, being a Mormon is a lot like being an osteopathic physician: many people simply don't understand who you are or what you do. Both leave Brian in the position of having to explain himself. He does so with aplomb and without resentment. "I'm glad I'm a DO. One of the things I like about being a DO is that when you have to fight for recognition, it keeps the humility in you. I think my life has been a little like that."

Brian is as much an osteopathic physician when he's leading a Boy Scout troop in West Philadelphia, coaching a basketball team in the inner city or tutoring disadvantaged youth, as he is a humanitarian when examining a patient or explaining a medication. There is no real separation. It's all related; it's all one.

And though he never focuses the light on himself, others notice his spirit and his actions. Some are even moved to act themselves. One such person is Richard William Snyder, DO, '98, a classmate who was inspired enough by Brian to tutor alongside his friend.

In a letter nominating Brian for a prestigious humanitarian award, Richard wrote: "Seeing Brian and his family work with those kids made me see there are still some decent human beings in the world. Brian doesn't complain about things. He makes things better."

In his nomination letter, Richard M. Kriebel, PhD, assistant dean for curriculum and research, wrote: "Brian has gone the extra mile in his community. He has adopted the city and youth of Philadelphia, and has determined to devote at least his early years of medical practice to work in the urban environment. Brian, I believe, even with the pressures of modern medicine, will continue this lifestyle, because it comes from his heart."

At commencement, after receiving nominations from classmates, instructors and others, Brian received the "Simmy Ginsburg Humanitarian Award." The award is presented to a graduating student who has not only been a strong and conscientious medical student but also has demonstrated integrity, kindness, compassion, empathy and a love of life which has had a positive impact on fellow students, medical colleagues and patients.

All of this from a young doctor who is a long way from home. Brian is from Idaho, where his mother, divorced from his father, worked two jobs to make ends meet. One job was as a clerk in the hospital, where the doctors would talk to young Brian. "Being a doctor was always on my mind," he says. "Being a DO, being a physician, puts you in a better position to help people."

He learned about osteopathic philosophy from an influential emergency department physician in his hometown. He was granted an "early decision" from PCOM, and since he had heard "great things" about the College, he packed up, moved east and made Philadelphia his home.

"Seeing Brian and his family work with those kids made me see there are still some decent human beings in the world. Brian doesn't complain about things. He makes things better," says classmate Richard William Snyder, DO, '98.
Before starting at PCOM, he was on a two-year mission in South Africa and Swaziland, where he helped build mud huts with members of his church. In Idaho, he participated in scouting, and while in college ran a sports program and taught swimming at the local YMCA. His two brothers and sister, who still live in Idaho, are also involved in community service. They were instilled from an early age with the desire to help others, just like Brian.

"I am a beneficiary of a guy who got me involved with scouting. I had a lot of great youth leaders in the church and in scouting," recalls Brian. "I feel like I was helped so much, that I want to give back."

Brian's plans after graduation include a traditional rotating internship at St. Joseph's Hospital in Philadelphia. Later, he has his eye on PCOM's residency program in family medicine at St. Joseph's. "Family medicine fits my lifestyle, because family doctors are so involved with the community," he explains.

It's a lifestyle that very much includes his wife, Patrice, who is involved with community service through a women's group, and his children, Dominique, 5 and Cherokee, 3. Dominique is already involved in scouting. "Patrice keeps my feet on the ground, and helps me to sometimes say 'no,' which is hard for me," he says.

Brian has benefited from so many great teachers. Anne Egan, DO, '91, assistant professor, family medicine, stands out for him. "She's in medicine for the right reasons," notes Brian. "She's a great person, very smart. If I could turn out to be a doctor like her I would be extremely excited."

During a cardiology rotation he was influenced by Bruce Kornberg, DO, '78, division chair, cardiology, department of internal medicine. "He cares so much; he really gets after you," Brian remembers. "He would tell me: 'If you run into a problem, give me a call,' and he meant it. He would call the office to ask how I was doing."

Down the road, he'd also like to teach. "Students can teach you so much," he emphasizes.

Through it all, Brian knows he's still just getting started. "I think the more community service I get involved with, the more I see what needs to be done. It doesn't stop," he says. Neither does Brian.
There's no stopping
SHEILA
HOCKMAN, DO

When Sheila Hockman, DO, '98 sat her husband down to tell him she wanted to go back to school, he was a bit shocked. "Sheila, you're seven months pregnant. Don't you want to wait?" he said. But Sheila couldn't wait any longer. She'd never finished college years ago for one reason or another: she didn't have enough money; then she got married and had a baby; then she landed a good job at NASA in Houston. For Sheila, it was now or never.

Upon graduating from Gwynedd Mercy College, she again sat her husband down, this time to tell him she wanted to go to medical school. She was terrified. After all, she was a busy full-time wife and mother with two children under 10. It was Sheila's turn to be surprised. "He first looked stunned, then said 'Well, what are you waiting for?'" she remembers, laughing.

Sheila always knew she wanted to be a doctor, she just never knew how or when it would happen. "When you have a husband and children and a mortgage, it's a tough decision to make," she says.

But once she made the decision to pursue medicine, there was no stopping her. And she knew exactly what type of physician she wanted to be: one with an excellent bedside manner, who really listens to what patients are saying. Namely, a DO.

To "test the waters" and see what medical school was really like, Sheila entered PCOM's graduate program in biomedical sciences. After one year, at age 31, she began the DO program. She only applied to PCOM, having been strongly influenced by her family doctor, Joseph O'Neill, DO, '88, and other PCOM alumni. She recalls Dr. O'Neill telling her, "With the kind of physician you look for, and the type of doctor you want to be, PCOM is the place for you." Sheila later completed several rotations with Dr. O'Neill, whom she describes as a "great mentor."

Four years later, she has achieved her lifelong dream of becoming a physician. It wasn't easy to juggle exams and rotations with hungry kids and soccer games. But, as she says, "I'd gotten that far -- nobody was taking me down."

Her husband Tim and children Jillian and TJ. adjusted quite well. "For a while, TJ. thought all mothers went to medical school," chuckles Sheila.

Tim tackled the laundry for the first time, turning the family's underwear pink on his first try. The kids learned how to be independent. They used to mom not making every ballet recital and karate tournament, and not reading at story hour like the other moms. She ran her household like a boot camp, with everyone's responsibilities clearly defined and posted on the refrigerator. She studied from 9 to 12 every night, after the kids were in bed. Sheila recalls days when she and Tim would look at each other and say, "Have we totally gone mad?"

A SOLID EDUCATION

Sheila says her medical education was very good, especially compared to other schools, even other osteopathic schools. "I see a more compassionate, more understanding and very intelligent physician being produced by PCOM," she says. She thinks it may have something to do with the type of person PCOM selects: more mature, often older applicants, many of whom are entering a second career.

She also has high praise for PCOM's faculty. "The faculty was so willing to be there for the students," she notes. "Faculty members always made themselves available to me."

Her favorite experience was a surgery rotation with William R. Henwood, DO, '76, assistant professor, surgery and regional assistant dean for western Pennsylvania. Everybody thought she was crazy, because for a month she had to leave her family every Sunday night and fly to Sharon, Pa. for the rotation, then fly back Friday night. "I had heard so much about Dr. Henwood, and I wanted to be trained correctly from the beginning," she explains.

"Dr. Henwood is so hands-on, and is always teaching and asking questions," she explains. "With the type of instructor he is, if you run across someone like him just once in your academic career, you've truly been blessed."

Sheila will need to be adept at surgery for the specialty she chose, obstetrics-gynecology. "It's fulfilling to bring new life
into the world, and when you leave work at the end of the day, it's usually a very happy ending," she says.

In addition to being the best doctor she can be, Sheila will work to increase awareness of the osteopathic profession, one patient at a time. "I chose to be a DO, and I'm proud of it," she says. "DOs need to be proud of who they are and go out and explain what they're all about. I've come across patients who think we have less training, and even one who refused to be treated by a DO. We need to change this misconception, for the future of the profession."

She's excited about starting her internship at St. Luke's Hospital in Allentown, Pa. After she completes an obstetrics-gynecology residency, she plans on joining a small group practice, ideally near her Buckingham, Pa. home.

Meanwhile, her family has an important decision to make: whether her license plate should read "Dr. Mom" or "Doc Hock."

"I see a more compassionate, more understanding and very intelligent physician being produced by PCOM."
Michael Kalata
Born to be a DO

It might seem like Michael Kalata, DO, '98 was born to become an osteopathic physician. Even at birth, it was hands-on all the way. And not just by any hands, but by those of his father, a family practitioner—a DO.

Not only that, but his mother is a nurse and medical office manager and his older brother is John J. Kalata, DO, '86, a PCOM clinical instructor who practices with their father in Erie, Pa. In fact, John was named “Affiliated Teacher of the Year” during Founders Day 1998 and is director of medical education (DME) at Metro Health Center in Erie.

Still, Mike says he was never pressured to become a physician. Instead, he studied psychology at the University of Pennsylvania and later received his MBA from the University of Pittsburgh. He spent five years in the business world.

Knowing his family background, co-workers and friends would ask him medical questions and advice. "I kept gravitating to medical articles to understand what I was asked to explain, and my interest grew," recalls Mike.

He was living in Miami in 1992 when Hurricane Andrew struck, leaving death and destruction in its wake. His home was destroyed, as was the company where he worked. Electrical power was down. Things that he had taken for granted simply no longer existed.

So, he did a lot of soul-searching. "In the business world, I wasn't producing a product or a really great service," he says. "I wanted more. I wanted to be a doctor.

Unlike other members of his family, medicine came slowly to Mike. But when the bell went off in his head he reacted with sureness, completing all of his medical school prerequisite courses in one year. He did this while working 50 hours a week. "Some courses went to 10 or 11 at night; some classes were on weekends," he says. "I just did it."

He did it with the support of his wife Jennifer, whom he married between his first and second years at PCOM and who got an "education" along the way. "She gave me an OMM table during school. She's probably better than most of my classmates at giving cervical manipulation," he quips.

When the time came, he applied only to osteopathic schools, thinking of the years of commitment he had witnessed his own father display. He was admitted to two osteopathic schools in the Midwest, but waited to hear from PCOM, his first choice.

He finds MDs and DOs offer distinctively different patient care. DOs take better histories and their physical exam is more thorough, according to Mike. "I've been treated by both, and I felt better when I left the DOs' offices," he says. "I can't explain it; it's intangible."

Mike believes strongly that PCOM’s hands-on clinical training has prepared him very well to deal with patients' illnesses and injuries. At commencement, he received the "Alumni Association Award" for his "high caliber of performance of professional duties in the hospital and outpatient services."

Throughout medical school, he always remembered the advice his father gave him when he started: "If you learn anatomy and physiology and understand what is normal, you will always be able to recognize and treat what is abnormal."

"Time and time again, it comes down to that," stresses Mike. "He also taught me to learn from the patients, and was fond of saying, 'They write the textbook.'"

He describes his father as a truly complete doctor; a generalist in breadth and depth. A 73-year-old World War II veteran who escaped a German prison camp, his father still practices family medicine seven days a week, using OMM. He was on-call all the time before Mike's older brother joined him and began sharing the load. Both sons have inherited their father's strong work ethic.

"Mike's father, a DO, taught him that 'the patients write the textbook.'"
LOOKING AHEAD

Mike is eager to start his internal medicine internship and begin working with Eugene Mochan, PhD, DO, ’77, associate dean for primary care and professor of family medicine. They will be working together at Allegheny-City Avenue Hospital on a grant Dr. Mochan was awarded to facilitate the application of evidence-based medicine to patient care. This is particularly important for new physicians, who must learn to integrate the best scientific evidence with clinical expertise and patient preferences to deliver the highest quality care.

The idea is to work “smarter,” developing skills needed to master available information resources. “A doctor once told me: ‘It’s not how much you read, it’s what you read.’ There is a need to focus on what will have the greatest impact,” explains Mike.

With his commitment to patients and learning, Mike Kalata, DO is sure to make a big impact.

Mike, right, is congratulated by his father John C. Kalata, DO and his brother John J. Kalata, DO, ’86.
Remembering

David Heilig, DO:
the consummate
osteopathic physician

In the words of his colleagues and friends, he was gentle, unselfish and professional. David Heilig, DO, ’44, professor emeritus of osteopathic manipulative medicine, who died June 23 at age 84, was also an extremely gifted and unique man.

To lose such a man is devastating, not only to family and friends but also to osteopathic students and DOs everywhere. For Dr. Heilig was an osteopathic physician to the core, a compassionate healer who tirelessly championed the importance of manipulative medicine. He devoted much of his life to passing on his principles, integrity and knowledge to future physicians. A role model to countless PCOM students, interns and residents for 54 years, the College will never forget him.

“He personified an ideal of professionalism that our students strive to achieve, especially with his incredible mastery of OMM,” says Dean Kenneth J. Veit, DO, ’76. “David was an artist with his hands. If our students learned just a bit of that art, they’re better off because of it.”

He started teaching anatomy at PCOM in 1944. Two years later he joined the faculty in the osteopathic principles and practice (OPP) department. He served as chairman of OPP from 1952 to 1955, and vice chairman of OPP from 1983 to 1990. He was named professor emeritus in 1990.

A family physician for many years, Dr. Heilig practiced from his home in Drexel Hill, Pa. He then joined the OMM practice of Nicholas S. Nicholas, DO at PCOM. Dr. Nicholas’ son, Alexander S. Nicholas, DO, ’75, chairman and professor, OMM, later joined the practice.

“Dr. Dave was my alter ego, my mentor and my father figure when my father died,” says Alex Nicholas, DO. “When I needed advice I went to him. In teaching, I would bounce all ideas off him first. My father said he was the best OMM technician he had ever seen, and I feel blessed to have known him and learned from him.”

Dr. Heilig also served as an examining physician for Upper Darby schools and was the camp physician at Paradise
Farms Camp in Downingtown, Pa. for 25 years.

Although he officially retired in 1990, he couldn’t stop teaching. Up until the time of his death, Dr. Heilig assisted in the OMM lab almost every day, helping students get the techniques right. In a 1997 interview he explained that the students kept him going.

“When students say ‘Thank you, Dr. Heilig’ and mean it, it feels really good,” he said.

Whether working with students, patients or fellow physicians, his conviction that manipulation is fundamental to the practice of osteopathic medicine never wavered. Dr. Heilig’s message was simple: that the body has the ability to heal itself, and that manipulation can help the body fight infection and recover from the wounds of trauma and surgery. In the summer 1986 Digest, he recounted how he came to rely on OMM in his practice:

“The kids responded dramatically to manipulative techniques such as mandibular drainage and lymphatic pump. Over the years I began to find that a particular treatment would, for example, affect a patient’s blood pressure and the amount of medication he needed for certain other degenerative diseases. Soon I realized that the osteopathic approach, because it had so much input into the nerve and blood supply of the various parts of the body, can help all manner of disease.”

In 1986, Dr. Heilig received PCOM’s highest honor, the O.J. Snyder Memorial Medal, for his dedication to the College and osteopathic medicine. PCOM presented him with its prestigious “Lindback Award for Distinguished Teaching” in 1977.

The osteopathic medical profession has recognized him repeatedly. He holds the A.T. Still Medallion of Honor from the American Academy of Osteopathy (AAO), where he was a fellow and past president. He served as chairman of the AAO’s board of fellowship, largely responsible for establishing a certifying board in OMM. In 1985, Dr. Heilig received the “George W. Northup Award” from the Student Osteopathic Medical Association in recognition of exceptional service to the osteopathic student and profession.

Dr. Heilig’s giving spirit extended beyond the practice of medicine. A member of the Lansdowne Friends Meeting, he delivered meals to the homeless once a month as part of a church-sponsored community outreach project. As a member of the Upper Darby Rotary, he helped provide homes for Rotary-sponsored exchange students.

A man of varied interests, Dr. Heilig enjoyed wood carving, bird watching, gardening and painting. Music, especially classical, played a prominent role in his life. He played the cello, bass, piano, guitar and harmonica, and sang tenor and bass during family songfests.

Every year for the past 16 years, he and his wife, Margot, participated in the Pennsylvania Renaissance Faire at Cornwall. Dressed in period clothing and speaking Elizabethan English, he carved walking sticks at a booth run by his daughter, Judith Johnson. Dr. Heilig and his wife have two other daughters, Bonnie and Barby, and five grandchildren.

The College has been truly blessed to have a man of such grace, intellect and selfless service teaching and inspiring its students.
Sue Bailey, DO, ’77 is the first woman to hold the top health post in the Defense Department.
Military Medicine Offers Leadership Opportunities, Variety and Excitement

"Be all that you can be!" That was the familiar recruitment slogan for the US Army a few years ago. And it still rings true for five PCOM alumni who have enjoyed very successful careers in various branches of the military. Each one's experience has been unique, but all agree on several points.

"A career in military medicine offers more diversity and leadership opportunities than you could find anywhere else," says Lt. Colonel Daniel F. Battafarano, DO, '83. "I often find myself wondering, 'What's the next neat thing I can do?'"

"Civilian physicians might make more money, but I'll bet they don't have as much fun as we do," adds Rear Admiral James H. Black, DO, '62. "I've had the chance to meet people from all over the world."

"I've traveled to 110 countries and served on 35 medical missions," says Brigadier General Richard D. Lynch, DO, '66. "That includes running a hospital in the jungles of the Honduras—experiences you couldn't duplicate anywhere else."

"In the military, you have the opportunity to give back to your country and that carries with it tremendous rewards," comments Assistant Secretary of Defense for Health Affairs Sue Bailey, DO, '77. "And, in this era of managed care, the military enables physicians to focus on providing quality health care without constant economic constraints."

"It's an awesome privilege and responsibility to have a command," says Brigadier General John S. Kasper Jr., DO, '78. "You're responsible for every single thing that happens to your unit—how your people are treated, cared for and trained. That's what has motivated me to stay in military service for over 30 years."

Each of these military physicians has reaped significant rewards from his or her military medical career. Yet their career paths have taken different twists and turns as they sought to become the best they could be. Here are their stories.

Sue Bailey, DO, '77
Assistant Secretary of Defense for Health Affairs, Department of Defense

Three years ago, when Dr. Sue Bailey was Deputy Assistant Secretary of Defense, she was responsible for the health and welfare of 1,000 Haitian and Cuban refugees in Guantanamo Bay. "The ability to directly intervene and improve health care for these people during such extreme times is the essence of what a public health physician is all about," she remarks. "It's moments like these when it all comes together. Both my medical and military training helped me to ensure that the medical needs of these people were met—and I realized that I made the right career choice."

Dr. Bailey followed her father, C.L. Bailey, DO, into a career as an osteopathic physician. "I spent a lot of time in his office as a child, listening to the concern he had for his patients and seeing the respect they had for him," she recalls. "His brand of medicine was very hands-on in the osteopathic tradition—both physically and interpersonally."

While attending PCOM, Dr. Bailey joined the Navy as an ensign and later served as a general medical officer in the Navy Reserves. Her pro-military family includes an aunt who served in the women's Army Corps during World War II and a brother who served in the Navy.

Dr. Bailey was recently confirmed by the US Senate and sworn in as the Assistant Secretary of Defense for Health Affairs. "To be appointed to this position, to be trusted by this President, this administration and this government is a very high..."
To celebrate his promotion to Brigadier General, Gen. John S. Kasper, DO, '78, right, cuts a cake using Walter Reed's sword. He is joined by his wife, Joyce Ann and Private First Class Houck.

honor,” Dr. Bailey said. “My son and daughter were both present for my swearing-in ceremony – it was a very special moment.”

She views graduation from PCOM as a highlight of her career. “To realize that you are a physician is an incredible feeling. That alone meant the world to me, and to my father,” she recalls.

Dr. Bailey says both PCOM and the military opened many doors for her. “Both of these fine institutions judge people on the basis of talent only. Thanks to PCOM and the military, I’ve enjoyed a wonderful career serving my country and practicing medicine in the most rewarding way possible."

John S. Kasper, DO, ’78
Brigadier General, US Army Reserve

General Kasper leads a double life. As an officer in the US Army Reserve, he is commander of the 2290th US Army Hospital in Washington, DC. As a civilian, he is a board-certified emergency physician in Dayton, Ohio. He teaches in the emergency medicine residency program at Grandview Medical Center and serves as medical director for Riverside Community Emergency Medical Services. How does he do both?

“I work a lot of weekends and I’m on the phone constantly preparing for inspections, training and briefings,” he explains. “My family also has made significant sacrifices to enable me to serve over the years.”

Despite the personal sacrifices, Gen. Kasper says it’s an honor to serve, continuing a strong family tradition of military service. “The fact that I’ve been appointed to command positions is reward enough for me. When you see your people able to do their mission and deliver health care to the finest soldiers in the world, it’s worth it.”

He cites his pinning as a brigadier general last summer by Lieutenant General Ronald Blanck, DO, ’67 as the highlight of his career. “We’re both osteopathic physicians, we’re both PCOM graduates and we’re both in the military. It was a wonderful moment for me. To be selected for command at the general officer level is the military’s ultimate compliment.”

Gen. Kasper was a reserve commander during Desert Storm and Desert Shield in 1990. When he took command, he saw that his unit was ill-prepared to go to war and survive. “They were very good physicians and nurses, but had few tactical skills,” he explains. “I made sure they were tactically proficient. You have to know how to survive if you’re going to complete your mission of caring for the war-wounded.”

In both his military and civilian careers, Gen. Kasper says the practice of osteopathic medicine has enhanced his ability to be a “more complete physician.”

“You bring more to the table. Osteopathic medicine allows us to be more involved with our patients. It also gives us more alternatives for diagnosis and treatment,” he explains. “If I had it to do over again, I would make all the same choices – osteopathic medicine, PCOM and the military. They’ve made my life very rewarding.”
James H. Black, DO, ’62  
Retired Rear Admiral, Medical Corps, US Navy  
and Fleet Surgeon, US Atlantic Fleet

A Navy flight surgery training program enticed Admiral Black away from his private practice and into the military over 23 years ago. He considers one of his greatest achievements to be completing that program, which included soloing in a T34 plane.

“At the time, I had no inclination that I’d be staying in the Navy for 23 years,” he recalls. “It was an exceedingly exciting time and I just wanted to enjoy my tour.”

Admiral Black says there are many things he never would have done if he’d remained a civilian physician. “I’d probably still be looking at the four green walls of the OR every day,” he admits.

Retired since March 1998, Admiral Black considers the highlight of his career to be the three years he and his wife spent in Japan, where he was commanding officer of a naval hospital in Yokosuka. “I had an incredible staff, and the Japanese people were wonderful. We met people with whom we’ve remained in touch for many years.”

He never anticipated that he would be selected for rear admiral – only the third osteopathic physician to attain flag rank in the Navy – when he was promoted in 1993.

Admiral Black says he’s very proud of the progress osteopathic physicians have made in the military. “Not that long ago, we weren’t allowed to be commissioned in the military. Now we have many DOs who run clinics where they do manipulation, and they’ve developed such a strong following. They’re finding it hard to keep up with patient demand because there aren’t enough osteopathic physicians in the military.”

For his own retirement, Admiral Black says one of his top priorities is traveling to see the many friends he’s made during his years in the Navy. “The friends we’ve met and the experiences we’ve had in the military could never be duplicated anywhere else.”
William M. King, DO, '62, does not hesitate for a moment when asked about the pivotal period in his life of accomplishment. "My preparation at Central High School was excellent," he says proudly. "I feel a very strong allegiance to the school because Central provided a tremendous, well-rounded education," emphasizes Dr. King, who maintains close ties to the high school.

Dr. King says his experience at Central provided the launching pad for his career as an osteopathic physician. It gave him the foundation for the success he enjoyed as a Phi Beta Kappa graduate of the University of Michigan, which he accomplished in only three years. Later, there were graduate studies in biochemistry at George Washington University and stints as a high school teacher and as a biochemist for the National Institutes of Health, followed by his four years at PCOM. He was appointed to PCOM's board of trustees in 1995.

Dr. King's years at PCOM strengthened his resolve to remain involved in the minority community. Today, Dr. King serves on the Dean's task force for minority student scholarships, and is owner and medical director of two urban medical centers: City Avenue Medical Center and Gemedco Family Medical Center.

He sees entire families at the medical centers. "A doctor in family practice needs to be part of the community," he notes. "It's very important to know how to make a patient a friend who can ask you about anything.

"Patients ask questions about colleges for themselves or for their children; as a family doctor you become like a family counselor. I constantly meet with guidance counselors, and attend health fairs and career days."

Dr. King has been very active in the minority scholarship program at PCOM and has made sizable contributions to the program. "Just to buy the books now costs more than the tuition when I went to school," he says.

He urges graduates to support the minority scholarship program at PCOM. "We could use greater participation from minority doctors and from everyone," he notes.

**Awards & honors at a glance:**
- Phi Beta Kappa, University of Michigan
- Martin Luther King Jr. Award, Educators' Round Table
- Concerned Black Men Award
- Meta Christy Award, PCOM Student National Medical Association
- Freedom Theatre Award
- Zeta Omicron Lambda Chapter - Alpha Phi Alpha Fraternity, Unselfish Contribution to Scholarship & Awards Program
- (Former) Alternate Delegate, POMA

For decades, Dr. King has encouraged high school students to consider careers in medicine. As a mentor for the American Foundation of Negro Affairs, he had high school juniors and seniors shadow him to learn what it is like to be a doctor. "I tell students two things all the time: be realistic about life and work hard to become educated in every aspect."

Among the many physicians he's influenced are his grandson, Paris Hughes, DO, '88, an emergency medicine physician at Bryn Mawr Hospital, and his nephew, Conrad K. King, MD, who practices in Wilmington, Delaware.

Dr. King has passed down his love for education to other members of his family. His son, Eric, an MIT graduate, is studying computer graphics at the University of Pennsylvania. Another son, Michael works in advertising at The New York Times, and his daughter, Renee is a pharmaceutical technician for Rite-Aid. His brother, Aldridge and nephew, Lamont are both college professors.
“I knew I wanted to be a DO; they were simply more people-oriented.”

It was 1957, and he was about to graduate from Philadelphia College of Pharmacy and Science when the college’s Dean made him an offer: he would give this promising young graduate his top recommendation to attend medical school at either Thomas Jefferson Medical College or University of Pennsylvania Medical School, where the Dean was quite influential.

“I thanked the Dean, but I told him I wanted to be a DO,” recalls David E. Rowe, DO, ’61, proudly. “From my time working in a pharmacy I had come into contact with many physicians and I had always been impressed by the osteopaths. I told the Dean that I wanted to go to PCOM. I knew I wanted to be a DO; they were simply more people-oriented.”

From the beginning, Dr. Rowe has never lacked a sense of direction, or of adventure. In the early 1990s, he left the comfortable environment of his home state of Pennsylvania, where he had been a family practitioner and medical director of Quakertown Community Hospital, to try something completely different. He joined PHP Healthcare in Pine Bluff, Arkansas as regional medical director.

This was not a typical position. PHP is the vendor for the state’s correctional facilities. Dr. Rowe became an administrator and physician in the prison system. “I’d never done this before, so I figured I’d try it,” he recalls. “It was a different world than any I’d ever known; it was an education,” says Dr. Rowe. “Any doctor would do himself a service and would surely test his mettle to work in the prison system.”

From 1993 to 1997, he met many “characters without character.” He saw many prisoners milking the system for everything they could get. The thought among many in the prison population is, “If it’s for free, it’s for me,” notes Dr. Rowe. It takes a certain temperament to work with inmates, he says. “You have to be firm and fair.”

After a few years in the prison system, Dr. Rowe knew it was time for a change. These days he works part-time, 30 hours a week, putting his PCOM training and years of experience in family practice to work at Quickcare Clinic in Pine Bluff, an affiliate of Jefferson Regional Medical Center. “I’ve always believed that you treat the entire patient, not just a malady,” he says.

Dr. Rowe enjoys golf, reading, working in the yard and spending time with his wife, Margaret and visiting his daughter, Diana in San Antonio, Texas. “I’m looking toward retirement, two or three years down the road,” he says.

Still, later this year he will become the president of the Arkansas Osteopathic Medical Association (AOMA), which has grown from about 30 members to more than 120 in just the past five years.

When Dr. Rowe was elected to the alumni board in 1996, he immediately became involved in the capital campaign. “I called 60 of my classmates; I called everyone and we achieved 80 to 90 percent participation,” he says proudly. “I challenge other alumni, not just board members, to call members of their class and get involved in the capital campaign,” he says. “It’s worthwhile.”

Alumni Board Profile

David E. Rowe, DO

Single-minded about becoming a DO

Professional Association Leadership

• AOMA: President-Elect, 1998
  Treasurer, 1996-1997
  Board of Trustees, 1994-1997
  Education & Professional Development Committee
• PCOM: Alumni Board, 1996
As the largest osteopathic medical school in the country, located in one of the nation's largest cities, PCOM gives students access to some of the most technologically advanced facilities, programs and clerkships. It would be easy to have a prosperous and rewarding medical career without leaving the confines of the city. Fortunately, our students are offered the opportunity to experience what it's like to have a medical career in a rural community. The Northcentral Area Health Education Center Program (AHEC), in a partnership with PCOM, provides training in rural ambulatory primary care settings, benefiting both the patients and our students.

The mission of the Northcentral AHEC, headquartered in Wellsboro, PA., is to help communities meet their primary health care needs through the recruitment, retention, education and training of primary care physicians. Pennsylvania is one of 36 states that comprise the national AHEC system, which was instituted to address health care needs in medically underserved areas.

More than 40 PCOM students, most of whom are in their fourth year, are placed annually in this rural ambulatory care setting as part of their rural health clerkship. The students are assigned a community-minded physician preceptor committed to teaching medical students. Students work under the guidance of preceptors, some of whom are PCOM alumni, to learn what is involved in practicing rural medicine. All preceptors are offered training through PCOM. Participation in the AHEC program is open to students from other medical, allied health, nursing and pharmacy schools.

"My rural rotation was my best rotation," says Jacqueline Moss, DO, '98. "The experience helped me expand what I already knew and took me to the next level. It provided me with enough autonomy to examine and talk with patients and develop my own plan."

The Center works with ambulatory primary care settings within a 10-county region to place PCOM students. These settings include affiliated offices within Laurel Health System, Geisinger Health Care System, Lewistown Hospital and Mifflinburg Family Practice Associates.

Students may participate in projects such as free immunization clinics and other community education programs which encourage healthy living and disease prevention. "It's a terrific program," says Allan McLeod, DO, '88, MBA, director, clinical education. "Students are exposed to rural medicine; it's far different from anything they've been exposed to in the city."

The partnership has been very successful. PCOM students learn to practice medicine "soup to nuts," and patients receive quality care. Perhaps the biggest distinction between rural and urban medical care is the availability of specialists. Within highly populated cities, there is a vast network of specialists, easily accessible to patients. In a rural setting, however, most of the health care needs are provided by the family practitioner. The Northcentral AHEC provides PCOM students with the opportunity to learn about the special needs of patients in rural settings and the vital role primary care physicians play.
Class Acts

40s


Wynne A. Steinsnyder, DO, '54, Miami, Fla., had an article published in The Hallendale Digest titled "Improving Your Digestion: Eating slower and avoiding caffeine could be a big help."

Daniel H. Belsky, DO, '57, Boca Raton, Fla., had an article published in The DO titled "In My Opinion...Elitism is the enemy from within."

50s

Paul M. Steingard, DO, '54, Phoenix, Ariz., was named to the board of trustees at Midwestern University.

Peter F. Diamond, DO, '77, Amsterdam, NY, was named to the board of directors of St. Mary's Hospital.

Eugene Mochan, DO, '77, Media, Pa., was featured in an article published in The DO titled "FPs learn to distinguish between types of arthritis."

60s

John J. Napoleon, DO, '65, Cape May Court House, NJ, was elected medical staff vice president at Burdette Tomlin Memorial Hospital.


70s

Gary S. Packin, DO, '71, Cherry Hill, NJ, was appointed an adjunct instructor of OB/GYN at Jefferson Medical College of Thomas Jefferson University, and a member of the medical staff at Thomas Jefferson University Hospital.

Paul W. Sauers, DO, '71, Carneys Point, NJ, became a fellow of the American College of Cardiology.

Bernard C. McDonnell, DO, '72, Norristown, Pa., was re-appointed medical director at Suburban General Hospital. He also serves as chairman of the staff at the hospital.

John D. Angeloni, DO, '75, Gladwyne, Pa., was elected secretary-treasurer of the Pennsylvania Osteopathic Family Physicians Society.

Peter J. Costantini, DO, '78, Margate City, NJ, was elected president of the medical staff executive committee at Shore Memorial Hospital.

Richard Donze, DO, '78, West Chester, Pa., was named corporate vice-president for medical affairs at The Health Network of The Chester County Hospital.

80s

Harry Morris III, DO, '78, West Chester, Pa., received the "Frederick J. Solomon, DO, FACGP Award of Merit" from the Pennsylvania Osteopathic Family Physicians Society.

Anthony J. Cerone, Jr., DO, '79, Sewell, NJ, was appointed adjunct clinical instructor in surgery at Jefferson Medical College of Thomas Jefferson University, and a member of the medical staff at Thomas Jefferson University Hospital.

Walter Ehrenfeuchter, DO, '79, Philadelphia, Pa., was elected to the board of governors of the American Academy of Osteopathy.

Michael A. Korpa, DO, '79, Medford, Ore., received a master of public health degree in occupational medicine from the Medical College of Wisconsin.

Tom Merchant, DO, '81, Lebanon, Pa., was appointed chairman, department of surgery at Good Samaritan Hospital in Lebanon.

Mitchell K. Freedman, DO, '82, Melrose Park, Pa., joined the Rothman Institute at Jefferson Medical College of Thomas Jefferson University.

Carol Henwood-Dahdah, DO, '83, Pottstown, Pa., was elected vice president of the Pennsylvania Osteopathic Family Physicians Society.

Mark E. Delowery, DO, '83, Gulph Mills, Pa., received a master of public health degree in occupational medicine from the Medical College of Wisconsin.

Ralph Lewis, DO, '83, Carey, Ohio, joined the medical staff at Carey Medical Center.
Mark M. Maus, DO, ’83, Vacaville, Calif., was featured in an article published in The DO titled "Aids seminar touts importance of patient adherence."

Toni S. M. Casale, DO, ’84, Camp Hill, Pa., received the "Raymond J. Saloom, DO, FACP Memorial Award" from the Pennsylvania Osteopathic Family Physicians Society.

Patrick Murphy, DO, ’85, Media, Pa., was board certified as an independent medical examiner.

Jane Siehl Moore, DO, ’86, Oxford, Ohio, was appointed to the Ohio Public Health Council.

J. Stephen Snoke, DO, ’86, Mechanicsburg, Pa., was elected to the board of directors of PrimeSource, Inc., a physician hospital organization in Camp Hill, Pa.

Silvia M. Ferretti, DO, ’87, Eric, Pa., received the “Ebony Excellence Award” from the Inter-Cultural Relations Office of Edinboro (Pa.) University.

John F. Perri, DO, ’87, San Diego, Calif., won the Affiliate Case Report Competition at the Annual International Scientific Assembly of the American College of Chest Physicians. He also was board certified in pulmonary medicine.

Patrick Elliott, DO, ’88, Media, Pa., has completed his tour of service with the US Army and has joined Suburban Surgical Assistants at Crozer-Chester, Taylor and Riddle Memorial Hospitals.

George J. Papanicolau, DO, ’89, Newburyport, Mass., joined the medical staff of Newburyport Family Practice.


Douglas Dietzel, DO, ’91, E. Lansing, Mich., joined the medical staff of the MSU Sports Medicine Clinic.

Gary Voytik, DO, ’91, Cleveland, Tenn., opened Tristate Orthopedics in Athens, Tenn.

Daniel DePrince III, DO, ’93, Sewell, NJ, joined the medical staff at Shore Memorial Hospital.

Paul W. Horchos, DO, ’93, Waverly, Pa., joined Northeastern Rehabilitation Associates.

Eric I. Sbar, DO, ’94, Elkins Park, Pa., received third prize for his resident research project at Abington Memorial Hospital, completed an internal medicine residency and has entered a three-year fellowship in hematology and oncology at Cooper University Medical Center, Camden, NJ.

Paul Tomczykowski, DO, ’94, El Paso, Texas, was board certified in pediatrics.

Alumni receive Certificates of Merit

PCOM’s Alumni Association board of directors awarded the following alumni “Certificates of Merit” for outstanding achievement in osteopathic medicine.

Edmund A. Carroll, DO, ’58, Bristol, Pa., who was named PCOM professor emeritus.

James E. Conroy, DO, ’65, Philadelphia, Pa., who was named PCOM professor emeritus.

Lenwood B. Wert, DO, ’59, Landstowne, Pa., who received the “Family Physician of the Year Award” from the Pennsylvania Osteopathic Family Physicians Society.

90s


In Memoriam


Fred Cushman, DO, ’31, FP, Ft. Myers, Fla., April 23.

Sylvester L. Freeman, DO, ’35, FP, Reading, Pa., June 17.

David Heilig, DO, ’44, OMM, Drexel Hill, Pa., June 23.

Brian Karlin, DO, ’82, FP, Cherry Hill, NJ, March 29.


Robert Linn, DO, ’59, FP, Bryn Mawr, Pa., June 2.


Stewart Blair Protzman, DO, ’67, FP, Austin, Texas, April 9.

George Zink, DO, ’42, IM, Smethport, Pa., March 12.
PCOM Survivors’ Club presents awards
PCOM alumni received the following awards at the Survivors’ Club dinner dance at the Adam’s Mark Hotel June 19:

**Anthony J. Abbruzzi III, DO, ’95**
Resident of the Year Award

**John B. Bulger, DO, ’95**
Department of Internal Medicine Resident of the Year Award

**Stacey Carlitz, DO, ’94**
Department of OB/GYN Resident of the Year Award

**Gerardo J. Franco, DO, ’95**
Frieda O. Vickers, DO and Major James Vickers General Practice Resident Award

**David M. Jaspan, DO, ’94**
Simon Lubin, DO OB/GYN Award

**Jonathan A. Kochuba, DO, ’97**
Department of OB/GYN Intern of the Year Award

**Jeffery T. Lunnley, DO, ’97**
Intern of the Year Award (Allegheny University Hospitals-City Avenue)

**Michael J. Mallis, DO, ’97**
Department of Surgery Intern of the Year Award

**Paul A. Masci, DO, ’97**
Intern of the Year Award (Allegheny University Hospitals-Parkview)

**Kevin R. O’Brien, DO, ’97**
Department of Internal Medicine Intern of the Year Award

**Pat Lannutti, DO, ’71**
Clinical Teacher of the Year Award (Allegheny University Hospitals-City Avenue)

**Hollace Leppert, DO, ’89**
Clinical Teacher of the Year Award (Allegheny University Hospitals-Parkview)

**Daniel J. Parenti, DO, ’87**
PCOME Training Program Appreciation Award

**Michael Venditto, DO, ’77**
Clinical Teacher of the Year Award (St. Agnes Medical Center)

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**POMA honors alumni**

The Pennsylvania Osteopathic Medical Association (POMA) awarded these alumni life memberships, and 40-, 50- and 60-year awards:

**Life Membership:***

**David J. Hacket, DO, ’51, Allentown, Pa.**

**Michael J. Pisanno, DO, ’66, Philadelphia, Pa.**

**Thomas E. A. Powell, DO, ’56, Philadelphia, Pa.**

**40-Year Award**

**William E. Betts, DO, ’56, Lancaster, Pa.**

**Frank V. Caruso, DO, ’56, Philadelphia, Pa.**

**Lawrence E. Corbett, DO, ’71, Glenmont, NY**

**Robert W. England, DO, ’56, Southampton, Pa.**

**Leonard R. Fina, DO, ’57, Morgantown, Pa.**

**Albert Honig, DO, ’51, Doylestown, Pa.**

**J. Harris Joseph, DO, ’56, Bala Cynwyd, Pa.**

**Norman S. Knee, DO, ’57, Wyncote, Pa.**

**Robert L. Meals, DO, ’56, Philadelphia, Pa.**

**Alexander A. Minniti, DO, ’53, Gibbstown, NJ**

**Thomas L. Moy, DO, ’56, Bala Cynwyd, Pa.**

**James W. Smith, DO, ’55, Troy, Pa.**

**William Tanenbaum, DO, ’37, Seminole, Fla.**

**Abraham Zellis, DO, ’56, Narberth, Pa.**

**50-Year Award**

**Howard E. Barsky, DO, ’46, Atlantic City, NJ**

**Charles H. Black, DO, ’35, Casselberry, Fla.**

**Morton Brownstein, DO, ’47, Sarasota, Fla.**

**Samuel L. Caruso, DO, ’47, Lafayette Hill, Pa.**

**Morris J. Cherrey, DO, ’44, Clifton Heights, Pa.**

**John L. Cionci, DO, ’47, Dresher, Pa.**

**Charles B. Flack, DO, ’44, Levittown, Pa.**

**James J. Giliberto, DO, ’47, Wilmington, Del.**

**Samuel Guyer, DO, ’43, Blue Bell, Pa.**

**Saul Kanoff, DO, ’47, Wynnewood, Pa.**

**Bernard LaBove, DO, ’42, Bala Cynwyd, Pa.**

**Alphonso A. Mascioli, DO, ’47, Broomall, Pa.**

**Henry Nemrof, DO, ’46, Philadelphia, Pa.**

**Randal R. Rauuchle, DO, ’39, New Cumberland, Pa.**

**William A. Rieber, DO, ’41, Wynnewood, Pa.**

**Rudolph Rigano, DO, ’43, Lancaster, Pa.**

**Glenn M. Roberts, DO, ’47, Burgettstown, Pa.**

**Miriam W. Shore, DO, ’48, Philadelphia, Pa.**

**Whitlaw Show, DO, ’46, Bird In Hand, Pa.**

**Robert J. Smith, DO, ’46, Thorndale, Pa.**

**Richard H. Stancliff, DO, ’42, Meadville, Pa.**

**Hartley Steinsnyder, DO, ’47, N. Palm Beach, Fla.**

**Joseph Zellis, DO, ’46, Philadelphia, Pa.**

**60-Year Award**

**Sylvester L. Freeman, DO, ’35, Blue Bell, Pa. (deceased)**
The Honorable J. Sydney Hoffman, chairman emeritus of PCOM's board of trustees, died June 22 at age 89. Judge Hoffman, a Philadelphia Superior Court Judge, joined the College's board in 1957. He was elected chairman of the board in 1972 and was named chairman emeritus in 1990. He also taught medical jurisprudence at PCOM.

Judge Hoffman's leadership and dedication to PCOM were recognized in 1981, when he received an honorary degree of doctor of laws from the College. He saw PCOM through times of much change and growth. His goal, in his words, was for the College "to graduate the finest trained and most humanistic physicians in the nation."

He was adamant about PCOM's continued dedication to the principles of osteopathic medicine. Judge Hoffman became interested in osteopathic medicine at an early age through his father, who was outraged by what he called the overdosage of pills by the medical profession. His father, a prominent attorney in Reading, Pa., went to an osteopathic physician for almost 40 years.

In a 1996 interview, Judge Hoffman said of PCOM alumni, "I think that their philosophy, their approach, their vision and their understanding of medicine is excellent."

Judge Hoffman made a name for himself in the Philadelphia judicial system. In 1956, he became judge of the Philadelphia County Court, and was elected to the Superior Court of Pennsylvania in 1965. In 1978, at age 70, he became a senior judge, carrying a full caseload until the time of his death.

A role model for young lawyers and an innovative judge, he left his mark especially in the area of juvenile justice. His courtroom in the Juvenile and Family Court of Philadelphia, considered a model for the nation, was visited by legal professionals and sociologists from all over the country. He helped implement numerous reforms in juvenile court, including making the court proceedings more open and giving juveniles the right to legal representation.

Because of his many contributions to humanitarian and community service efforts, more than 50 professional, social and religious organizations have honored Judge Hoffman with awards.
SEND US YOUR NEWS FOR DIGEST

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PROFESSIONAL NEWS (BOARD CERTIFICATIONS, APPOINTMENTS, ETC.)

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RESEARCH TOPICS/GRANTS RECEIVED

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PROFESSIONAL/COMMUNITY AWARDS RECEIVED

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JOURNAL ARTICLES PUBLISHED (PLEASE INCLUDE NAME OF ARTICLE, NAME OF PUBLICATION, VOL.,
NO., MONTH, YEAR, PGS.)

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INTERESTING HOBBIES

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OTHER

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NAME _____________________________________ CLASS YEAR ____________

FULL ADDRESS ___________________________________________________________

HOME PHONE (___) ___________________ OFFICE PHONE (___) ______________

Send your news to Christine M. Dorian, PCOM Communications and Design Department
4180 City Avenue, Levin Administration Bldg., Phila., PA 19131, fax to (215) 871-6307
or e-mail to chrisko@pcom.edu.

'Thank you!'
Special Credit Card Offer for Alumni & Friends

PCOM in conjunction with MBNA America Bank has developed a unique no-annual-fee credit card program designed especially for our alumni and friends. For every new card used, MBNA America will contribute money to support PCOM. In addition, every time you use the card to make a purchase, the College will receive a contribution from the bank at no additional cost to you. PCOM's credit card will feature our unique logo, identifying you as a supporter and sparking the interest of everyone who sees it! Look for more detailed information about the program in the coming months.

SAVE THE DATE!

PCOM's Centennial Ball will be held October 9, 1999 at the Pennsylvania Convention Center.

COMING EVENTS

<table>
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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>October 2-4</td>
<td>Student Osteopathic Medical Association Convention and House of Delegates Meeting New Orleans, La.</td>
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<tr>
<td>October 5-9</td>
<td>AOA Convention New Orleans, La.</td>
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<tr>
<td>October 21-25</td>
<td>American College of Osteopathic Internists Convention Marco Island, Fla.</td>
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<tr>
<td>November 1-7</td>
<td>National Osteopathic Medicine Week</td>
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<tr>
<td>January 22-23</td>
<td>Founders Day/Alumni Weekend</td>
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<td>January 24-31</td>
<td>'99 Post-Founders Day St. Thomas CME Seminar Sapphire Beach Resort and Marina</td>
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PHILADELPHIA COLLEGE OF OSTEOPATHIC MEDICINE
4180 City Avenue, Philadelphia, Pennsylvania 19131

Address service requested