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Digest of the Philadelphia College of Osteopathic Medicine (Winter 1996)

Philadelphia College of Osteopathic Medicine
O.J. Snyder Memorial Medal recipient Albert F. D'Alonzo, DO, '56 and his wife Harriet dance the night away at the Founders Day dinner dance January 27.
This year's **O.J. Snyder Memorial Medal** awardee, **Albert F. D’Alonzo, DO, ’56**, never misses an opportunity to teach students.

For his dedication to PCOM’s alumni association and the osteopathic medical profession, **Alexander E. Rodi Sr., DO, ’58** receives the **1996 “Certificate of Honor.”**

**Founders Day 1996 Highlights**

**College Board Profile:**
**Leonard W. Johnson, DO, ’64**

**Alumni Board Profile:**
**C. Glen Kramer, DO, ’66**

**Military DOs Make PCOM Proud**

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**Get Your PCOM Merchandise!**
February 14, 1996 is a typical day in Evans Hall, with students filing into classroom 215 for a 1 pm lecture by Albert F. D’Alonzo, DO, ’56, chairman and professor, division of cardiology, department of internal medicine. Two students pop their heads in, asking if they can take the OMM table from the classroom. D’Alonzo doesn’t answer. Instead, he tells the two young men, one after the other, to get on the table. He wants to show them some OMM techniques. Then he lets them take the table. An impromptu OMM demonstration to students he’s never seen before is pure D’Alonzo. Any opportunity to teach students, he’ll take it.

Ron Mosiello, PCOM ’97, who was taught by D’Alonzo, says the professor is passionate about teaching. “Whenever he sees a group of students, he’ll walk up and explain something to them — it doesn’t matter who they are or what year they are in,” says Mosiello. “He makes himself extremely accessible to us.” An OMM fellow, Mosiello likes D’Alonzo’s strong emphasis on osteopathic philosophy and its practical application to internal medicine.

It's this dedication to students that led PCOM to bestow its highest honor, the O.J. Snyder Memorial Medal, on D’Alonzo this Founders Day. And it’s his role as educator the esteemed cardiologist holds most dear.

“If I can excite one student, I’m happy,” says D’Alonzo. “I love teaching. Because I see the same students over the course of four years — sometimes even longer with their internships and residencies — I can observe their evolution. Plus, teaching is a lot of fun.”

A career devoted to educating

D’Alonzo’s teaching career at PCOM spans more than three decades. He started as an instructor in 1960 and rose to the rank of vice chairman, department of internal medicine in 1971 and clinical professor, internal medicine in 1981. In 1984, he was appointed interim chairman, department of internal medicine. D’Alonzo served as clinical professor and clinical director of medicine from 1986 until 1990, when he was named chairman and professor, division of cardiology, department of internal medicine. He received PCOM’s prestigious “Lindback Foundation Award for Distinguished Teaching” in 1985.

PCOM President and CEO Leonard H. Finkelstein, DO, ’59 was a student when D’Alonzo was a resident. “We were hungry for clinical experience, and Albert allowed us more patient access than any other resident,” Finkelstein recalls. “He provided me with compelling clinical instruction during my third and fourth years, and he’s been a strong presence in PCOM’s classrooms and hallways ever since.”

To D’Alonzo, medicine and teaching go hand-in-hand. “Physicians need to teach no matter what practice setting they are in,” he says. “I emphasize to my students that they are educators for patients, peers, family and friends. Patient education is vital to one’s success as a clinician.”

D’Alonzo’s commitment to PCOM extends well beyond the classroom walls. A member of PCOM’s board of trustees since 1990, he is also a life member of the alumni association. He served on the association’s board from 1981 to 1988 and was elected as the 1987-1988 association president. He also has served as program chairman of numerous CME programs and seminars.

A PCOM family

Medicine was not D’Alonzo’s first career choice. Although osteopathic medicine ran in the family, with father Henry E. D’Alonzo, DO, ’27 and older brother Henry A. D’Alonzo, DO, ’51, Albert wanted to play professional baseball. After graduating from Duke University in 1950, he was signed by the Chicago White Sox. But the young man’s fate was not as a first baseman at Comisky Park. He was destined to continue a family tradition: to become an osteopathic physician and teach at PCOM.

“Albert and I spent our whole lives together at PCOM,” says Henry A. D’Alonzo, DO, a retired surgeon who taught at the College for more than 40
years. “And our father was here before us.” Their father, a general practitioner who served on PCOM’s general practice staff for 35 years, was a pioneer in OMM. “He was ahead of his time,” says Albert. “He used passive OMM techniques when high velocity was the standard. I’m still teaching the methods my father taught me.” D’Alonzo uses OMM frequently in his practice and ensures that his third-year students demonstrate competency in the techniques.

The family association with PCOM doesn’t end with D’Alonzo’s father and brother. His mother, Carmela (Millie), and sister, Rita Chadwick, were involved with PCOM’s hospital auxiliary for many years. Henry’s wife, Eva Jasinski D’Alonzo, DO, graduated from the College in 1965.

The D’Alonzos also share a strong devotion to family. Albert and his wife Harriet have been married for 38 years. They have three children: Bret, Sallie Sherrod and Chris.

**The epitome of a caring physician**

Henry D’Alonzo, DO says his brother epitomizes the art of being a physician. “Albert is gentle, courteous and honest,” notes Henry. “He’s a skilled diagnostician who remembers everything about every patient he’s ever treated. He’s from the old school, where physicians are the dictating force and spend as much time with patients as they see fit.

“When Albert started practicing, he wouldn’t bill some of his patients,” Henry remembers. “He just enjoyed practicing and wasn’t interested in charging them. I finally convinced him he had to bill them to make a living!”

Thomas L. Moy, DO, ’56, PCOM professor emeritus of anesthesiology, has been good friends with D’Alonzo since their student days. “You couldn’t find a person who has a bad thing to say about this man,” says Moy. “He’s a compassionate human being and physician. He truly has his patients’ welfare at heart and tries hard to understand their point of view.”

**Career milestones**

D’Alonzo’s career is marked by many accomplishments. He was president of the American College of Osteopathic Internists (ACOI) from 1976 to 1977. He also served on the ACOI’s board and on its Council on Education and Evaluation. In 1994, he was inducted as a charter member of the ACOI’s Gillum Society to recognize exceptional contributions of long-term members. A fellow of the ACOI and the American College of Cardiology, D’Alonzo is a member of the national osteopathic honorary fraternity, Sigma Sigma Phi.

In 1962, D’Alonzo was selected to represent the osteopathic medical profession on John F. Kennedy’s “Presidential Council on Physical Fitness.”

**The DO advantage**

Representing and promoting the osteopathic medical profession is something D’Alonzo does with pride. “DOs have the opportunity to offer their patients a more complete therapeutic option, and patients deserve complete care,” he asserts. “What our alumni do in their offices for patients is what spreads the word about DOs. A satisfied patient is our most precious asset.”

D’Alonzo feels fortunate to have attended PCOM during what he calls “a golden age of medicine,” which he says continues today. “I received an excellent education here, second to none,” he notes. “PCOM graduates fill every slot in the public cauldron: public health, armed forces, missionary fields and medical services, and they serve in city clinics as well as some of the world’s great medical centers.”

He closed his Founders Day speech January 26 with an inspiring message to students: “PCOM is a family,” he said. “You are now and always will be part of the family. PCOM roots run deep, and these roots support the pride, dreams and achievements of alumni over the years. You are our most important commodity; our future depends on you.”
Alumni Association honors dedicated alumnus

At Founders Day, PCOM shines a spotlight on those who have gone above and beyond in their dedication to the College and its alumni association.

Alexander E. Rodi Sr., DO, '58, who received the alumni association Certificate of Honor this year, is one of those bright spots. His commitment to the alumni association is virtually unsurpassed. An association board member for 14 years, Rodi served as board president from 1991 to 1992. For the past five years, his board colleagues entrusted him with a special role: to serve as the alumni board representative to PCOM's board of trustees. It's a job he didn't take lightly.

"I helped to ensure that information was effectively communicated between the two boards," explains Rodi. "My priority was to give alumni a stronger role at PCOM, and to help alumni understand how important they are to maintaining a healthy institution. I was gratified to see that the College board supported the ideas I advocated."

A strong devotion to the osteopathic medical profession has been unmistakable throughout Rodi's distinguished career. A family practitioner for 31 years in Hammonton, NJ, he was named the 1993 "Physician of the Year" by the New Jersey Association of Osteopathic Physicians and Surgeons (NJAOPS). He has been a NJAOPS member for 28 years, and has served as president and as a board member of the association.

Rodi also is actively involved with William B. Kessler Memorial Hospital in Hammonton, where he has been a member of the executive committee since 1967. His positions at Kessler have included chairman of the department of family medicine and chief of staff, a position he held three times.

A man who wears many hats

When he's not practicing medicine, Rodi can be found teaching medical students or working to enhance medical care quality. As a PCOM preceptor, he provides a one-month student rotation through his office. He also teaches at the University of Medicine and Dentistry of New Jersey - School of Osteopathic Medicine and was a member of the dean's advisory committee.

"I enjoy teaching intelligent young people who have a strong motivation to learn," says Rodi. "I encourage them to get a basic medical education before focusing on one area, because too many times I've heard specialists say 'I'm no longer a physician, I'm a technician.' I hope physicians who have trained at our osteopathic institutions never make that statement."

Career highlights

A milestone in Rodi's career was being elected one of only 12 physician members in the country of the American Medical Peer Review Association (AMPRA). AMPRA represents the organizations that monitor quality in Medicare, Medicaid and HMO programs in the United States and Puerto Rico. He also is active in local peer review organizations.

Another great source of pride for Rodi is his U.S. Air Force service. He was a flight surgeon during the Vietnam War and then medical commander of a large unit on Governor's Island, New York. He retired from the Air Force Reserves in 1984 as a senior flight surgeon with the rank of colonel.

DO pride

Rodi says his PCOM education was probably 20 years ahead of its time in terms of the philosophy of treating the whole person. "As a DO, I believe I have a more complete background in dealing with many physical and emotional problems," he says. "I wouldn't be the physician I am today if I had gone to an allopathic medical school." He looks forward to the osteopathic medical profession becoming a more dominant force in American medicine.

A resident of Hammonton, NJ, Rodi enjoys reading, traveling and attending family reunions. He describes his family as "a very large, intelligent, happy group of people." Rodi and his wife Alice have eight children and 14 grandchildren. His oldest child, Alexander Jr., followed in his footsteps by graduating from PCOM in 1979.
Alumni honored

PCOM's most prestigious award, the O.J. Snyder Memorial Medal, was presented to Albert F. D'Alonzo, DO, '56. The medal, named for the College's co-founder, is awarded to an alumnus or alumna who has made significant contributions and has exemplified superior leadership, loyalty and service to the College and profession.

PCOM presented its alumni association Certificate of Honor to Alexander E. Rodi Sr., DO, '58.

College expands portrait gallery

At the Saturday evening dinner dance, PCOM unveiled the portraits of five devoted men who have made a lasting impression on the College. Their portraits will be added to PCOM's gallery of deans, presidents and board members.

- Galen S. Young Sr., DO, '35, MSc, FAAO, FACOS, DSc
  Young, PCOM chancellor, has dedicated his life to the osteopathic

Enjoying the cocktail hour at the dinner dance are, left to right, William Rieber, DO, '41, Aileen McKeever, Maj. James Vickers and Frieda Vickers, DO, '39.
Chairman emeritus of PCOM's board of trustees, the Pennsylvania Superior Court Judge served on the board for 36 years.

• **J. Peter Tilley, DO**
  Former PCOM President Tilley made great strides to move the College to the edge of technology with its first state-of-the-art computer facility. He joined the faculty in 1966 and served as vice chairman, department of radiology before becoming president in 1984.

• **Daniel L. Wisely, DO**
  Beloved former dean and educator, the late Daniel L. Wisely, DO touched many lives at PCOM. Dean from 1989 until his retirement in 1992, Wisely served as professor and chairman, department of surgery from 1983 to 1990 and was named professor emeritus in 1993.

**Affiliated teachers recognized**

PCOM honored the following faculty members with the "Affiliated Teacher of the Year Award" for exemplary teaching to students on rotation at an affiliated hospital.

• **Robert E. Craft, MD**, resident supervisor, internal medicine at Community General Hospital, Reading, Pa.

• **Ernest J. Davis Jr., DO**, clinical instructor, department of internal medicine at Community General Osteopathic Hospital, Harrisburg, Pa.

• **Michael P. Mann, DO**, '76, clinical instructor, internal medicine at Delaware Valley Medical Center, Langhorne, Pa.
As PCOM forges ahead through a dynamic period of growth and change, the College continues to strengthen its commitment to the people and communities it serves. Key to the College's success is the visionary example of Leonard W. Johnson, DO, '64, a member of PCOM's board of trustees since May 1994 and co-chairman of The PCOM Mission's Minority Scholarship Fund.

Johnson is renowned throughout greater Philadelphia for his service to the community, for his work with minority youth and for his passionate advocacy of education for minority children. "If you want to eradicate crime and poverty in the black community, you need to educate black children," he says. "Education determines whether you will eat, sleep or have heat. If you provide educational opportunities for black and other minority students, it will enable them to live productive lives, lives of service."

In keeping with these convictions, Johnson works closely with area students at both the elementary and high school levels. He encourages them to stay in school and works tirelessly to find scholarship money to fund their educations.

Johnson received his undergraduate degree from Florida A & M University, and has been an avid supporter of the school ever since. A past president of the National Alumni Association, he is chairman of the scholarship committee's Philadelphia chapter. He received the university's "Distinguished Alumnus Award" and is enshrined in its Science Gallery of Distinction.

He not only actively recruits for his undergraduate alma mater, but for PCOM as well. "Over the years, I've probably sent 60 students to PCOM," he says. "That amounts to at least one or two every year since I graduated."

More than 30 years ago Johnson founded the Spruce Medical Center in West Philadelphia, where he directs a lively and diverse family practice. He is also founder of the Spruce Adolescent Counseling Center, whose goal is to reduce teen pregnancy and sexually transmitted diseases.

Both local and national organizations have recognized Johnson for his community service. In 1987 PCOM named him "Community Physician of the Year." He has received awards from both the West Philadelphia branch of the American Red Cross and the Philadelphia Boy Scouts for his service to their organizations. This year, his church, Bright Hope Baptist Church, presented him with an award for his outstanding community work. The Berean Institute, a vocational and technical school in North Philadelphia where he served as chairman of the board for 15 years, recently presented him with a distinguished service award. In January, Johnson was honored with the "Making a Difference in the Community" award by KYW-TV3 for his active role in the community.

Johnson brings this energy to PCOM's board, and is pleased with the direction the College is taking. "PCOM is a quality institution, and financially sound," he says. "I'm also very impressed that we have 23 black students in the freshman class. Dr. Finkelstein is to be commended for his work in trying to provide scholarships to minority students. When these students come, they need money, and it is important that we increase the minority scholarship money available at PCOM. The scholarship committee was created about three years ago, and it's just coming of age this year. I'm confident that we will be successful in getting more black alumni to support the school."

He also encourages the College's increased community involvement. "PCOM has been very successful in its outreach to the community," he says. "We have brought area students here so they can experience a higher education environment. The more children see professionals doing what they do, the more they will want to be like them. We need to do more to make this possible."
C. Glen Kramer, DO

For C. Glen Kramer, DO, '66, newly named president of PCOM's alumni association, helping to shape the future of the osteopathic medical profession has been a career-long commitment. His many years of leadership in the profession are certain to lend both depth and energy to his new position.

Kramer has been in family practice at the Quakertown Osteopathic Clinic since he completed his medical training 25 years ago. An active member of the Pennsylvania Osteopathic Medical Association (POMA) for more than 25 years, he rose through the leadership ranks of the organization, assuming the presidency for a one-year term in 1986. He still serves on its board of directors.

His family practice experience, coupled with his deep involvement in POMA, has given him a unique perspective from which to view changes in health care. Over the years he has come to see both the benefits and drawbacks of the shift to managed care, which he believes is the wave of the future.

"When managed care first started, it wasn't all that desirable, but there have been many improvements as it has evolved," he says. "It's still not a panacea by any stretch of the imagination, but if you learn the rules of managed care, you can make it work for you, and for a lot of people it's a satisfactory way to get health care. Fortunately for the new physicians coming out of school, it's the only reality they've ever known, so they don't know the difference. They'll find ways to make it work for them."

Kramer is enthusiastic about heading the alumni association. "A priority of the alumni board is fundraising, and our board is doing a pretty good job of that," he says. "Our goal is to raise more money for the capital campaign on a one-to-one basis to pay for upgrading the physical facilities on campus and expanding the faculty to meet the College's growing requirements. Our students are getting an excellent education at PCOM. When we've finished, they'll be learning in physical facilities that are second to none in Philadelphia."

As the 1996 alumni association president, Kramer's goals are to create harmony, to get more alumni involved with the College and to increase alumni association memberships. Membership money, he says, supports the College and provides the scholarship and loan funds needed by students.

Kramer is particularly pleased with the good relationship between the College board of trustees and the alumni board. "PCOM has an excellent chairman of the board of trustees," he says. "Herb Lotman is progressive, knowledgeable and down-to-earth. Working together, I'm sure we'll accomplish great things in the coming year."

PCOM's executive director of alumni relations and development, Hale T. Peffall Jr., also anticipates a productive year for the alumni board. "Dr. Kramer's strong ties within the Pennsylvania osteopathic community and his enthusiasm for PCOM are sure to translate into dynamic leadership for the alumni association."

In 1989, Kramer was named a fellow of the American College of Osteopathic Family Practitioners, and in 1990 received the "Frederick Solomon Award" from the organization.

A resident of Quakertown, Pa., Kramer and his wife Carol have a son, a daughter, and three grandchildren.
Since 1958, when President Eisenhower signed legislation permitting osteopathic physicians to serve in the military, many PCOM alumni have gone on to enjoy distinguished careers in the armed forces. And they have carried their hunger to be on the cutting edge of medical practice along with them. Prime examples of DOs who continue to “push the edges of the envelope” of medicine are Navy Captain L. Edward Antosek, DO, '72, and Air Force Major Les Folio, DO, '87.

For Antosek, the path to a military career had a few detours. After completing his internship, he practiced general medicine in Pennsylvania before being commissioned in the US Navy in 1976. He served as a flight surgeon for three years, then again returned to civilian life and family medicine in North and South Carolina until he was recalled to active duty in 1986. After earning a master’s of public health and tropical medicine from Tulane University in 1989, he completed aerospace medicine residency training in 1991. Antosek was awarded the “Legion of Merit” for his work as wing surgeon while he was stationed at the Marine Corps Air Station in Cherry Point, North Carolina from 1991 to 1994. In August 1994, he reported to the USS Abraham Lincoln as senior medical officer.

The USS Abraham Lincoln is not only the largest warship in the world, it is the first warship in the US Navy to install and utilize computer technology for medical consultation from a moving or floating platform to a fixed site and vice-versa. As senior medical officer, Antosek was the driving force in this landmark project, a joint research and development venture between the applied physics laboratory at Johns Hopkins University and the Lincoln’s medical department.

On Feb. 9, 1996, Antosek presented a colloquium at Johns Hopkins titled “Navy Telemedicine.” He described the medical capabilities and limitations of a forward-deployed warship and how
current technologies were integrated to enhance medical care provided to deployed military personnel.

Another medical milestone for Antosek was participating in the first known laparoscopic surgery ever performed aboard a forward-deployed warship, an event which will maximize naval operational readiness in the future.

"The environment onboard a nuclear-powered aircraft carrier like the USS Abraham Lincoln demands optimal physical conditioning from the crew," says Antosek. "Just as important is the demand on the medical department to expedite the recovery of those who are injured or ill, so that they can return to their duties in this hostile environment. This highly successful surgery and utilization of available computer technologies are excellent examples of what we hope will be the standard of care aboard naval aircraft carriers very soon, for the benefit of sailors and taxpayers alike."

**The sky's not the limit for Folio**

Folio approaches both medicine and life with an adventurer's spirit. A flight surgeon, he was recently named chief of flight medicine at the 77th Medical Group, McClellan Air Force Base in California, where he previously served as deputy chief of radiology.

Folio has conducted research and attended classes on maximizing fighter pilots' performance under the highly stressful conditions they experience. He describes this training, which was part of a 'top-knife' course, as a "sports medicine approach to flying." (A "top knife" is a flight surgeon who flies with and treats "top guns").

As an adjunct assistant professor at Embry Riddle Aeronautical University, he teaches students in the master's in aeronautical sciences program. The sky is no limit for Folio; he was selected several years ago by the Air Force as a nominee for the NASA Astronaut Candidate Program. He will reapply in 1997 as a "mission specialist."

An innovative physician, Folio recently published an article on a device for the retrieval of wire during orthopedic surgery, which he invented during a surgery rotation in his third year at PCOM.

His current goal is to use digitized radiography on a future shuttle mission to evaluate transmission of radiography from space to earth. Folio's long-term goal is to spearhead a project that would integrate a small x-ray unit in the international space station. The unit would help diagnose astronauts' medical conditions in space. He explored these ideas in a paper, "Space-terrestrial tele-radiology," which he presented at the NASA-AIAA Life Sciences Conference in March.

His passion for extending the reach of radiology into the future led Folio to invent three-dimensional medical holographic images. They were first exhibited at Philadelphia's Franklin Institute and are now part of an exhibit traveling to science museums around the world. He has a hologram in consideration at the Smithsonian Institute in Washington, D.C.

Folio strongly believes that this holographic extension of radiology will someday be the standard in medicine, and that keeps his adrenaline pumping. "Holographic magnetic resonance may be the future of medical imagery," he says. "It's just a matter of time. Things are changing so quickly in all areas of science that today's wild idea is often tomorrow's reality. Besides, I've always had goals that go well beyond my lifetime."

When Folio's not inventing, teaching, flying at super speeds or reading radiographs, he's busy with one of many hobbies. For a hospital fundraiser, he windsurfed round-trip on Lake Erie in one day. To his knowledge, this was a first. He is a commercial flight instructor with almost 1,000 hours of flight time, a ski instructor for the National Ski Patrol and a Tai Kwan Do black belt.
"Doctors from day one" curriculum enhanced

Students are "doctors from day one" with a new required course series that was introduced in the 1995-96 academic year. The former "Physical Diagnosis" course was transformed from a one-term introduction to clinical skills to a comprehensive approach to patient skills.

The course, "Osteopathic Primary Patient Care Skills," spans the first- and second-year curricula. It integrates communication skills, physical diagnosis, psychosocial issues and osteopathic concepts with the basic science and clinical didactic departmental offerings. Clinician mentors teach small groups of students, who hone their skills by practicing on patient-actors in PCOM's standardized patient program.

"pcom.edu" up and running

PCOM's new internet address, "pcom.edu", blinked to life on Founders Day, allowing the world to communicate with PCOM and vice-versa. In February, the College started installing a world-wide web browser on faculty and student computers. Off-campus alumni and friends can send e-mail to PCOM with this format: [short first name, last initial] @pcom.edu. For example, to e-mail Dean Kenneth J. Veit, DO, use the address: kenv@pcom.edu.

Learning without squinting

The freshman ordeal of peering through microscopes at glass histology slides has given way to the information age. First-year PCOM students now access high resolution histology and pathology slides via laserdisk, with the images displayed on large video monitors. Barcodes in a workbook are simply swiped with a barcode reader, commanding the computer to display the desired image.

Enrollment breaks the 1,000 mark

Total enrollment figures for 1995-96 illustrate PCOM's rapid growth. In addition to 937 DO students, 56 students are enrolled in the master's in biomedical sciences program and 25 are enrolled in the new clinical psychology doctoral program. That brings PCOM's total enrollment to 1,018.

Fellowship provides advanced OMM training

PCOM students may now receive more intense training in osteopathic manipulative medicine through the OMM Fellowship. Fellows incorporate additional training in advanced osteopathic concept and technique into their undergraduate medical curriculum. The new program, which adds a fifth year to the DO program, currently enrolls six undergraduate fellows. The program is a major step in PCOM's efforts to cultivate the next generation of physicians who will teach, practice and develop the osteopathic approach to patient care.

PCOM achieves candidacy for regional accreditation

The College has completed the first in a series of external evaluations by the Middle States Association of Schools and Colleges. The evaluations are part of a two- to three-year process which will result in regional accreditation by the association. Although the College is AOA-accredited, Middle States accreditation is important for the master's in biomedical sciences program and clinical psychology doctoral program.

OPTI update

The AOA's Osteopathic Postgraduate Training Institution (OPTI) document represents a national effort to organize health care institutions which conduct osteopathic internship and residency programs. With a focus on cooperation and resource sharing, the OPTI concept forges a closer relationship between the postgraduate institutions and the Colleges of Osteopathic Medicine. Recently, representatives of 15 hospitals met with PCOM administrators President Leonard H. Finkelstein, DO, '59; Dean Kenneth J. Veit, DO, '76 and Associate Dean for GME Richard Pascucci, DO, '75 to discuss OPTI guidelines and plans for the future.

Students receive advanced OMM training in the OMM Fellowship program.
Calling All Survivors!

Survivors, mark your calendars for a gala 50th anniversary celebration of PCOM's Survivors' Club.

The June 28-30 event will take place at the beautiful Seaview Country Club in Absecon, NJ. Club members include those who have completed a PCOM internship or residency.

It’s a weekend you and your family won’t want to miss. Activities include CME lectures, golf, tennis, fishing, swimming, a casino trip to Atlantic City, dining, dancing, awards and much more.

Committee chairs are Albert F. D’Alonzo, DO, ’56 (program); Bruce C. Kornberg, DO, ’78 (CME); Pat A. Lannutti, DO, ’71 (entertainment); Richard A. Pascucci, DO, ’75 (golf); Cheryl Branon, DO (social events); and Hale T. Peffall Jr., executive director, alumni relations and development. For more information, call the alumni office at (215) 871-6120.

Campus Update

Construction news

As the record-breaking snowfall comes to an end, construction efforts are being doubled to ensure projects move forward. Efforts are focused on the Evans Hall west wing expansion, which is scheduled to be completed by early fall '96.

The College is moving ahead with several other construction and renovation projects. Human resources will move to a new location on the first floor of Rowland Hall, scheduled to be completed by late April. Renovations to the Levin Administration Building are being designed.

Other developments include:

- The new high tech, energy-efficient power plant is completed.
- The new parking garage has been equipped with security cameras and an emergency phone system.

Centennial planning underway

In anticipation of the Centennial celebration in 1999, PCOM has contracted with an archivist/consultant. The College community welcomes Carol Benenson Perloff, an archivist with extensive experience in historic preservation, research and writing for institutions such as the University of Pennsylvania. Benenson Perloff is assisted by Laura Beardsley, who has done work for Philadelphia's Mutter Museum and Atwater Kent Museum.

Benenson Perloff will organize and catalog archival materials, research and write PCOM's history book, and prepare thematic exhibits. She also will collect a number of oral histories from PCOM's alumni, faculty and board members. The histories will provide personal insight into the people who made PCOM one of the finest medical colleges in the country.

Student News

The following students were awarded scholarships:

- **Elizabeth Gernhardt**, PCOM '97 - Richard E. Colarusso, DO Memorial Scholarship ($400). Recognizes third- or fourth-year student from Lackawanna or Luzerne County, Pa.
- **Rosemary A. Johnston**, PCOM '96 - Clifford G. Dorf Memorial Scholarship ($500). Recognizes a senior, preferably a Lafayette College graduate.
- **Mark Pfaff**, PCOM '98 - Auxiliary to the Lancaster Osteopathic Medical Society Scholarship ($500). Recognizes married osteopathic medical student from Pennsylvania.

OMM Fellows Announced

Matthew Dubrow, Kenneth Erdman, Ronald Mosiello and Stephanie Waecher, members of the class of ’97, were awarded undergraduate fellowships in Osteopathic Manipulative Medicine (OMM). The fellowships were made possible by a $500,000 gift from the Oxford Foundation and family of the late C. Paul Snyder, DO, ’10.
**JUST Published**


**CLASS Acts**

1944

Wesley V. Boudette, DO, Rimrock, Ariz., was re-elected vice chairman of the board of directors and re-elected to a two-year term on the board of the College of Osteopathic Medicine of the Pacific.

1954

Richard M. Couch, DO, Lecanto, Fla., joined the medical staff at Citrus Memorial Hospital.

1955

Earl Noble Wagner, DO, Huntingdon Valley, Pa., became a fellow of the American College of Osteopathic Family Physicians.

1958

Carl G. Godshall, DO, Sunbury, Ohio, was elected to the Ohio Osteopathic Foundation’s board of trustees.

1959

Leonard H. Finkelstein, DO, PCOM president and CEO, Havertown, Pa., had an article published in the *Philadelphia Business Journal*, Delaware County Sunday Times, *Courier-Post and Hospital and Healthcare News* titled "Are there too many doctors?"

1961

Harrison F. Aldrich, DO, Unity, Maine, was awarded the "Distinguished Service Award" from the Maine Osteopathic Association. He is one of the founding fathers of the University of New England College of Osteopathic Medicine.

Samuel Mowery, DO, New Cumberland, Pa., joined the department of family practice at Holy Spirit Hospital.

1962

Robert S. Maurer, DO, Edison, NJ, is an AOA nominee for a seat on the Practicing Physicians Advisory Council.

1964

Hugh P. Scott, DO, Annandale, Va., was voted president-elect of the American Osteopathic Colleges of Ophthalmology and Otolaryngology, Head and Neck Surgery.

1966

Bernard F. Master, DO, Worthington, Ohio, was appointed by Governor George V. Voinovich to the Ohio Medical Quality Foundation board.

Merrill Jay Mirman, DO, Springfield, Pa., spoke on "Heart attack: before and after" at a meeting of Chaverim International in Cherry Hill, NJ.

1967

Kirk Hilliard, DO, Columbus, Ohio, was named a fellow in the 1995-96 American Osteopathic Association Certificate Program in Health Policy.

Lillian M. Hynes-Longendorfer, DO, Muskegon, Mich., was elected vice president to the officers and board of governors of the American Osteopathic College of Pathologists, Inc.

Gary Zisk, DO, Roslyn, NY, received the "Raymond E. Dietz Meritorious Service Award" from the American Society of Bariatric Physicians for more than 20 years of service to the society.

1970

Robert H. Jama, DO, Dalton, Pa., joined the medical staff at Horizon Hospital System, Farrell, Pa.

Bart Butta, DO, Yardley, Pa., joined the medical staff at Roxborough Memorial Hospital, Philadelphia.

1971

David D. Goldberg, DO, Dayton, Ohio, was named a fellow in the 1995-96 American Osteopathic Association Certificate Program in Health Policy.

John Yardumian, DO, New Hope, Pa., was appointed regional medical director/geropsychiatric services for First Hospital Corporation.

1972

Cleanne Cass, DO, Dayton, Ohio, received the "Clark County Women's Achievement Award" from Wittenberg University for her involvement with Mercy Hospice and her extensive work with HIV patients.
**PCOM Digest**

**CLAS Acts**

**1973**

Michael J. Slavin, DO, Rydal, Pa., had an article published in the New Jersey Association of Osteopathic Physicians and Surgeons Journal titled "Recruitment of physician cooperation in hospital quality improvement and resource management."

**1974**

Daniel D. Janiak, DO, Bethel Park, Pa., received a certificate of added qualification in sports medicine.

**1979**

Joseph D. Flynn, Jr., DO, Titusville, Fla., was appointed chief of radiology at Parrish Medical Center.

Samuel J. Manfrey, DO, Ardmore, Pa., was appointed chief of the professional staff and chief of surgery at Graduate Health System - City Avenue Hospital.

Alexander S. Nicholas, DO, West Chester, Pa., was appointed faculty representative to PCOM's board of trustees.

John S. Kasper, DO, Centerville, Ohio, was selected by a Department of Army board to command the 2290th U.S. Army Hospital in Rockville, Md.

Zoltan Brody, DO, Staten Island, NY, received the 1995 "Community Leadership Award" from Torah Academy High School, Brooklyn, for his devotion to the students and unselfish giving of himself and his time.

Stephen F. Uhlman, DO, Butler, Pa., was elected a member of the American College of Emergency Physicians.

William A. Wewer, DO, Harrisburg, Pa., became a fellow of the American College of Osteopathic Family Physicians.

Bruce S. Bashline, DO, Harrisburg, Pa., joined the department of family practice at Holy Spirit Hospital.

**1981**

Frank D. DiCenzo III, DO, Sewickley, Pa., was appointed chairman of the department of obstetrics-gynecology at Sewickley Valley Hospital.

Henry J. Dubiel, DO, Langhorne, Pa., joined the emergency department at Bucks County Hospital.

Lowell D. Meyerson, DO, Philadelphia, Pa., was featured in an article published in the Philadelphia Inquirer's Healthcare Today supplement titled "Hemorrhoids can save your life."

Larry Neustadter, DO, Margate City, NJ, was featured with his son Jason in an article in the University of Pennsylvania's Daily Pennsylvanian titled "Father and son team is on the run." They ran the Nov. 12 New York Marathon together. Neustadter is an assistant professor of radiology at the University of Pennsylvania School of Medicine.

Richard L. Weinberger, DO, Scranton, Pa., joined the Mercy Physicians Network.

**1982**

David Kalodner, DO, Wallingford, Pa., was named president of Taylor Hospital's medical and dental staff.

Mark J. Lobitz, DO, Hazleton, Pa., was named medical director of St. Luke Manor and St. Luke Pavilion, Hazleton.

Dennis W. Rhoades, DO, Tifton, Ga., joined Don Smith, MD and David Johnson, MD at Family Practice Associates, Tifton.

David J. Simmons, DO, Lancaster, Pa., was elected vice president of the
medical staff at Community Hospital of Lancaster.

Philip J. Spinuzza, DO, Uniontown, Pa., joined the department of surgery at Uniontown Hospital.

1983

Carl J. Connors, DO, Albuquerque, NM, was named chief of the obstetrics and gynecology section for the four-hospital St. Joseph Healthcare System, Albuquerque.

Joel P. Lebed, DO, Jenkintown, Pa., was board certified in obstetrics-gynecology.

Paul Loeh, DO, Yardley, Pa., was board certified in obstetrics-gynecology.

1984

Deborah Bieter-Schultz, DO, was board certified in obstetrics-gynecology.

Anthony Brown, DO, Bethlehem, Pa., joined the department of medicine, division of nephrology at Easton Hospital.

David Coffey, DO, Montgomery, Ala., had an article published in the winter 1995 American Academy of Osteopathy Journal titled “AAO case study: trigeminal neuralgia.”

Gary Kania, DO, Thomasville, Ala., opened a general surgery practice in Demopolis, Ala.

Walter W. Setlock, DO, Orwigsburg, Pa., received board recertification in family practice.

Larry M. Shrager, DO, Havertown, Pa., was appointed medical director of Dowden Nursing and Rehabilitation Center, Newtown Square, Pa.

1985

Dennis L. Gilbert, DO, Elizabeth-town, Pa. was featured in the Q&A column of the Intelligencer Journal.

Allan C. Johnson Jr., DO, Erie, Pa., joined James Steele, DO in the practice of family medicine in Erie.

Andrew D. Sitkoff, DO, West Chester, Pa., was named associate medical director of Chester County Hospital’s skilled nursing facility.

Elaine Lombardi Wilk, DO, Niskayuna, NY, became a fellow of the American College of Osteopathic Emergency Physicians.

1986

Marc Domsky, DO, Farmington Hills, Mich., was appointed chairman, department of anesthesiology at Mount Clemens General Hospital, Mount Clemens, Mich.

Jon Fisher, DO, Jamison, Pa., joined the department of family practice at Delaware County Memorial Hospital.

Jeffrey Herman, DO, Southampton, Pa., was featured in an article published in the Philadelphia Inquirer’s Healthcare Today supplement titled “Advances in hair transplantation create natural look.”

James H. Sussman, DO, Los Alamos, NM, was elected chief of staff at Los Alamos Medical Center.

1987

Carol Bowes-Lawlor, DO, Maple Glen, Pa., has joined Flourtown Family Medicine, Erdenheim, Pa.

Larry Finkelstein, DO, Wynnewood, Pa., has joined PCOM Family Medicine.

Lisa Finkelstein, DO, Farmington Hills, Mich., was featured in an article published in Oakland General Hospital’s Your Health Connection titled “Female focus: Conquering the embarrassing urge.”

Wayne R.C. Hentschel, DO, Glen Mills, Pa., a Major in the Air National Guard, was deployed for 30 days to Al Jaber Air Base, Kuwait as part of “Operation Southern Watch.” He is an anesthesiologist at Allentown Osteopathic Medical Center.

David G. Talabiska, DO, Northumberland, Pa., joined the department of medicine at Bassett Healthcare, Cooperstown, NY.

1988

Carmine D. D’Amico, DO, Browns Mills, NJ, was board certified in internal medicine and cardiology.

 Lorri Hendon, DO, Philomath, Ore., joined Philomath Family Medicine.

Karol Keiter, DO, Harrisburg, Pa., joined the department of family practice at Holy Spirit Hospital.

Lisa Kenis, DO, Havertown, Pa., joined the department of family practice at Delaware County Memorial Hospital.

William G. Kracht, DO, Richlandtown, Pa., joined the medical staff at Grand View Hospital.

Eric Lipnack, DO, Philadelphia, Pa., joined the medical staff at Roxborough Memorial Hospital, Philadelphia.

1989

Mark A. Amalfitano, DO, Waterville, Maine, was appointed to the medical staff at Mid-Maine Medical Center.

Christine Blobe-Redmann, DO, Eau Claire, Wis., joined the family practice department at Midelfort Clinic.

Eric B. Bontempo, DO, Fort Washington, Pa., joined the orthopedic and sports medicine practice of David J. Ball, DO, ’86 in Bloomsburg, Pa.

Michael Chiusano, DO, Whiteville, NC, joined Ron Glinski, MD at Carolina Urology.

James Ferguson, DO, Seattle, Wash., joined the team of medical review officers at Employee Health Programs, Bethesda, Md., a company that provides drug-free workplace services.

Peter Hannon, DO, Danville, Pa., joined the departments of critical care medicine and hyperbaric medicine at Geisinger Medical Center.

Donna Leonardo, DO, Lancaster, Pa., joined the department of
ophthalmology at Community Hospital of Lancaster.

Constantina Pippis-Nester, DO, Wayne, Pa., was appointed to the faculty of the department of emergency medicine at Thomas Jefferson University Hospital, Philadelphia.

Mary Lou Rainone, DO, Pottsville, Pa., was featured in an article in the A.D. Times titled “Good samaritan regional medical center.”

Ronald G. Ryder, DO, Philadelphia, Pa., joined the department of medicine, section of cardiology at Robert Wood Johnson University Hospital, Hamilton, NJ.

David R. Shober, DO, New Castle, Pa., joined Larry Fazioli, MD in family practice in New Castle.

Michele M. Shober, DO, New Castle, Pa., joined Ed Redovan, MD in an ophthalmology practice in New Castle.

She lectured on “Long-term visual outcomes in complex anterior segment procedures” at the annual conference of the American Society of Cataract and Refractive Surgeons.

Robert L. Stein, DO, Washington, Pa., was board certified in ophthalmology.

Edward M. Woodle, DO, Elderton, Pa., joined the medical staff at Indiana Hospital, Indiana, Pa.

Timothy Zelko, DO, Kenosha, Wis., joined the medical staff at Aurora Health Center, Kenosha.

1990

Bridget Berich, DO, Clarion, Pa., joined the practice of John Myers, DO, ’88 and Bart Matson, DO, ’87, Women’s Healthcare, Clarion.


Paul H. Miller, DO, Upper Holland, Pa., joined East Norriton Family Medicine in Norristown, Pa.

Joseph J. Ridilla, DO, Voorhees, NJ, opened a surgery practice in Wilkes-

George Elanjian, DO, ’44, embodiment of the “American dream,” dies

George Elanjian, DO, ’44 died November 24 at age 83 from a stroke. A native of Turkey, Elanjian came to America at age 15 to get an education and become a doctor. After working his way through Temple University and PCOM, he interned at Detroit Osteopathic Hospital. In 1945, he set up a general practice in Dearborn, Mich., where he practiced until his retirement in 1985. He became an American citizen in 1946.

Elanjian was board certified in proctology in 1965 and became a fellow in the specialty of coloproctology in 1973. His son, Marcel Elanjian, DO, ’80, joined his practice in 1981. According to Marcel, his father came to this country with nothing. “He never failed to remind us that he was a self-made man — that was his favorite phrase,” says Marcel.

In 1961 and 1962, Elanjian was elected president of the American College of General Practitioners in Osteopathic Medicine and Surgery (ACGP). He also served two terms as president of the Michigan Society of the ACGP. A board member of Art Centre Hospital in Detroit, Elanjian was appointed to ACGP’s board of governors and to the house of delegates of the Michigan Association of Osteopathic Physicians and Surgeons.

Elanjian was a strong anti-smoking advocate at a time when smoking was fashionable, and he championed the benefits of jogging and exercise decades before they became popular.

Harry A. Sweeney, DO, ’31, dies

Harry A. Sweeney, DO, ’31 died November 4 at age 87. A prominent physician in Atlantic County, NJ for more than 60 years, Sweeney dedicated his life to his community. He was the first osteopathic physician on staff at the former Atlantic City Hospital and served as team physician for the local high school for 30 years. He also was a delegate to the American Osteopathic Association and speaker of the house of delegates of the New Jersey Association of Osteopathic Physicians and Surgeons.

From 1972 until his death, he was medical director of the King David Health Care Center in Atlantic City. Throughout his career, Sweeney was a loyal PCOM alumnus.

He is survived by three sons, Harry Jr., Richard and Paul, and a daughter, Margaret.

INMemoriam

Harry Breetwor, DO, ’39, FP, Encino, Calif.

Joseph Calder, DO, ’42, Newtown Square, Pa., Nov. 17.


George Colvin, DO, ’28, FP, East Orange, NJ.

Floyd J. Pearman, DO, ’61, FP, South Bend, Ind., Nov. 5.


Warren Williams, DO, ’47, FP, Philipsburg, Pa., Oct. 15.

Howard E. Wisterman, DO, ’30, FP, Marion, Ohio.
Alumni Association Awards “Certificate of Merit”

The following alumni were awarded a “Certificate of Merit” from PCOM’s alumni association board of directors for outstanding achievement in osteopathic medicine.

**Zoltan Brody**, DO, '79, Staten Island, NY, who received the 1995 “Proctologist of the Year Award” from the American Osteopathic College of Proctology.

**James E. Eshleman**, DO, '72, Norway, Maine, who was elected president of the Maine Osteopathic Association.

**Joseph W. Forte**, DO, '83, Anniston, Ala., who was elected president of the Alabama Osteopathic Medical Association.

**Kenneth Heiles**, DO, '84, Star City, Ark., who was installed as president of the Arkansas Osteopathic Medical Association.

**William R. Henwood**, DO, '76, Sharon, Pa., who received the “Alumni Achievement Award” from Duquesne University.

**Charles L. Liebeknecht**, DO, '58, Pennsville, NJ, who retired after 35 years as an osteopathic physician.


**Ronald Gruzin**, DO, Bensalem, Pa., joined the medical staff at Delaware Valley Medical Center.

**Daniel J. Kupas**, DO, New Kensington, Pa., had an article published in the Valley News Dispatch titled “A doctor by any other initials cares just as much.”

**John A. Pellegrino**, DO, Williamsport, Pa., joined the practice of Kenneth Durrwachter, MD at Indian Park Family Practice.

**David J. Peters**, DO, Hershey, Pa., was awarded a fellowship in gastroenterology at the Milton Hershey Medical Center.

Barre, Pa. He was featured in an article in the Citizens’ Voice titled “Hernia repair procedure a first in area.”

**Joseph P. Stracci**, DO, Langeloth, Pa., joined the department of surgery at Monongahela Valley Hospital.

Paul F. Barone, DO, Exton, Pa., joined the medical staff at Paoli Memorial Hospital.

**Maria C. De Mario**, DO, Glen Mills, Pa., joined the department of family practice at Delaware County Memorial Hospital.

**Douglas Dietzel**, DO, Madison Heights, Mich., is completing a residency in orthopedic surgery and will enter a sports medicine fellowship program next year at Michigan State University under the direction of Herb Ross, DO.

Dean Fillion, DO, Waltham, Mass., joined the physical medicine and rehabilitation department of the Braintree Hospital Rehabilitation Network.

**David W. Heeter**, DO, Harrisburg, Pa., joined Annville (Pa.) Family Practice.

Joshua S. Krassen, DO, Allentown, Pa., was appointed medical director for the spinal cord injury program at Good Shepherd Rehabilitation Hospital, Allentown.

**Gerard A. Myers**, DO, Pittsburgh, Pa., joined the department of emergency medical services at Monongahela Valley Hospital.

**Anthony Rizzetta**, DO, New Brunswick, NJ, joined the medical staff at Burdette Tomlin Memorial Hospital, Cape May Court House, NJ, and joined the internal medicine practice of Randell Nuschke, MD in Cape May Court House.

**Jonathan Blackmore**, DO, Greenville, Pa., joined the medical staff at Horizon Hospital System.

Anthony G. Brunouzzi, DO, Langhorne, Pa., was named “Intern of the Year” at Albert Einstein Medical Center, Philadelphia.

Michelle L. Stoudt, DO, Bala Cynwyd, Pa., was selected to perform a three-year fellowship in cardiology and vascular medicine at Graduate Hospital, Philadelphia.

Thanks to the following PCOM internal medicine residents at Germantown Hospital and Medical Center, who provided free physical examinations to Germantown High School students:

Thaddeus Aversa, DO, Quakertown, Pa.

Christopher Bolich, DO, '93, Philadelphia

Carlos Chiriboga, DO, '94, Philadelphia

Joseph Hope, DO, '93, Oreland, Pa.

# Coming EVENTS

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<td>March 27-30, 1996</td>
<td>AAO Annual Convention, Atlanta, Ga.</td>
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<td>April 11-14, 1996</td>
<td>EROC - 25th Annual, Kiamesha Lake, NY</td>
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<td>April 14-17, 1996</td>
<td>AROC, Atlantic City, NJ</td>
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<td>April 24-27, 1996</td>
<td>POMA Convention, Adam's Mark Hotel, Phila.</td>
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<td>April 26, 1996</td>
<td>PCOM Student Follies, location to be announced</td>
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<td>May 15, 1996</td>
<td>PCOM Board of Trustees meeting, location to be announced</td>
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<td>May 31, 1996</td>
<td>Commencement Dinner Dance, Adam's Mark Hotel, Phila.</td>
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<tr>
<td>June 1, 1996</td>
<td>Alumni Association Board of Directors meeting, Evans Hall</td>
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<td>June 2, 1996</td>
<td>Commencement, Academy of Music, Phila.</td>
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<tr>
<td>June 28-30, 1996</td>
<td>PCOM Survivors' Club 50th Anniversary, Marriott's Seaview Resort, Absecon, NJ</td>
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**Relaxing in St. Thomas**

Cruising the waters at PCOM’s 12th annual CME in St. Thomas Jan. 28 - Feb. 4 are, left, David Heilig, DO, ’44 and his wife Margot, and William Henwood, DO, ’76 and his granddaughter Erica. Alumni and guests stay at the beautiful Sapphire Beach Resort and Marina. Join us next year!

**Looking ahead to Hershey**

The third annual PCOM “Family Weekend” CME at the Hotel Hershey, Hershey, Pa., will be held July 12-14. David H. Loughran, DO, ’83 is program chairman. For more information, call Linda Miller, CME coordinator, at (215) 871-6348.