Osteopathic Digest (Summer 1965)

Philadelphia College of Osteopathy
COURSES FOR POSTDOCTORAL STUDIES
OFFERED DURING 1965-1966

BASIC SCIENCES—CADAVERIC ANATOMY
A series of courses in anatomy. Each course covers an entire system. The courses are planned to be as practical as possible by giving all instruction in the anatomy laboratory and allowing each student to participate in dissection.

B-19—Cadaveric Anatomy of Head and Neck—October 11-15, 1965
B-10—Cadaveric Anatomy of Perineopelvic Area—January 17-21, 1966
B-11—Cadaveric Anatomy of the Abdomen and its Viscera—February 7-11, 1966
B-14—Cadaveric Anatomy of the Musculoskeletal System—March 21-25, 1966
B-17—Cadaveric Anatomy of the Thorax and its Viscera—May 9-13, 1966

INTEGRATED BASIC SCIENCES
A series of courses combining the pathology, microbiology, physiology, biochemistry and pharmacology of the various systems of the body. The practical aspects of these sciences are emphasized. The P.C.O. Faculty is supplemented by a guest faculty of outstanding scientists, each a recognized authority in his particular specialty.

B-13—Integrated Basic Sciences of Endocrine, Renal Fluid and Electrolyte Balance
B-15—Integrated Basic Sciences of Growth, Bones and Joints, Nervous System
B-12—Integrated Basic Sciences of the Digestive System and Metabolism
B-16—Integrated Basic Sciences of Hematology, Inflammation, Infection and Resistance
B-18—Integrated Basic Sciences of the Cardiopulmonary System

CLINICAL COURSES—Basic Sciences and Integrated Sciences

C-57—Osteopathic Principles and Practice—Basic—November 8-12, 1965
C-59—Osteopathic Principles and Practice—Advanced—April 4-8, 1966
C-60—Postdoctoral Seminars in Pediatrics
  Monthly, late afternoon seminars beginning in October, 1965 and ending in May, 1966.
  Supported by grants from Smith, Kline and French and Ross Laboratories.
C-51—Psychiatry
C-44—Anesthesiology (Spinal, Caudal, Regional) February 21-25, 1966
C-55—Internal Medicine
C-12—Clinical Proctology—April 18-22, 1966
C-50—Obstetrics and Gynecology
C-54—Cardiology
C-54-A—Basic Electrocardiography — September 27-28, 1965
C-54-B—Advanced Electrocardiography—October 4-6, 1965
  (These courses are offered in cooperation with the A.C.O.I.)
C-45—Anesthesiology (Inhalation and Endotracheal) May 23-27, 1966
C-30—Ophthalmology (Basic Refraction)
R-1—Radiation Physics and Radiology

(Dates not listed above will be announced later)

Inquiries should be addressed to Dr. Sherwood R. Mercer, Dean
Postdoctoral Studies
Philadelphia College of Osteopathy
48th and Spruce Streets, Philadelphia, Pa. 19139
Dear Readers:

The story of 1965 at Philadelphia College of Osteopathy contains a lot of fact facing and looking toward new vistas of serving the public. This will be possible through vastly expanded facilities. It is the story of a new Teaching and Research Hospital which not only will provide major areas in which to teach and to serve, but will enable present facilities to be expanded as clinical and instruction centers. While another year and more will be necessary to complete the new structure at City Line Avenue, it is possible in this issue to set forth the scope, capacity and scientific advances embodied in this state-aided, $7.1 million project.

The Class of 1965 was the last of the smaller ones to be enrolled. It was well endowed with practical-minded, ably equipped D.O.'s, all satisfactorily placed in internships. Several were exceptional. A number had additional talents as the Holiday Revue revealed. The Graduating Class received a hard-hitting alert from The Honorable George I. Bloom, a political 'old pro' who suggested they spare some therapeutic thoughts for our infected social-economic structure. He indicated that while germs invade the physical body, even worse can infiltrate the body politic.

Of special note: Dr. Barth's call for disciplined osteopathic performance is worth rereading. Dr. Barth sees the danger to the profession of osteopathy, as Dr. Bloom sees the threat to American private enterprise. Three pictorial layouts may convince you that a picture is worth a thousand words. Try it. The Hearing Laboratory is something new. SCUBA and Skin Diving at P.C.O. also crash into this issue. Observe the 1968 class enrollment and its potential in the expanding plans of P.C.O. The Alumni of P.C.O. should find many items of interest in this issue.

Sincerely,

[Signature]

Editor
Grads Urged To Combat Enemies Of America Lest Freedom Perish

Commencement Speaker George I. Bloom, Calls On All Young Professionals to Ponder Nation’s As Well as Their Patient’s Illnesses

A practical politician’s earnest warning that today’s American college graduate must anticipate and defend against destruction of the American political-economic-social system, just as alertly as the good physician helps to ward off an epidemic, was the sobering Seventy-fourth Commencement theme for Philadelphia College of Osteopathy’s Graduating Class of 1965. It came with forceful directness from the Hon. George I. Bloom, recipient at the June 13th Commencement of P.C.O.’s Honorary Doctor of Laws degree. The long time Republican State leader, Secretary of the Commonwealth, and recently appointed Chairman of the Public Utilities Commission, Dr. Bloom, who nearly became a medical doctor, spoke as an “old pro.” He said he was more troubled about the image of the community, the state, and especially of the nation than he was concerned about the image of the healing profession. Physicians as well as everyone else these days would be well advised to protect our way of life, he said.

It was among the more inspiring P.C.O. Commencement addresses during the Soaring Sixties, and elicited warm response from a large gathering of relatives, friends, faculty and administrators who filled Irvine Auditorium on a gloriously temperate Sunday afternoon. Rarely had June produced a more perfect day for P.C.O.’s grand finale.

As climax to the exercises, presided over by Dr. Frederic H. Barth, President of the College, Dean Sherwood R. Mercer called the roll of 73 names—twelve more than last year in what was the last of the smaller graduating classes for P.C.O.—and Dr. Barth conferred the degree of Doctor of Osteopathy. Three of the recipients were women, 45 graduates were married and the parents of 58 children, and 34 came from the Delaware Valley, including five from New Jersey towns. It was a better than average class, and each new D.O. was presently enroute to internship assignments throughout the Eastern half of the United States.

Dr. Barth welcomed the assembly as the traditional procession took honored guests and administrative leaders to the Irvine stage. After the Invocation and National Anthem, Dr. Barth took occasion to thank publicly, the Commonwealth of Pennsylvania “which has generously supported the teaching program for the new hospital now under construction at City Line avenue and Monument road.” He said that years of planning and work lay behind what is now taking shape as the “symbol of things to come.”

“No institution can suc-
ceed without the help of dedicated friends. One of Philadelphia College of Osteopathy's staunchest friends is our speaker today. He has served as Senator Edward Martin's administrative assistant, as Chairman of the Republican State Committee, and as Secretary of the Commonwealth in the Cabinet of Governor Scranton. He then welcomed Secretary Bloom.

Dean Mercer presented Secretary Bloom as one whose life has been devoted to public service. He cited the many years in practising law, in Republican leadership, steadily advancing to posts of statewide importance, and of the athletic career which went before at the University of Pittsburgh. The degree conferred, Secretary Bloom began with a nostalgic flashback to boyhood days in Washington county, Pa., where he often accompanied a family physician Dr. McKee on his rounds to mining towns, in horse and buggy and later Model-T Ford. There were several incidents of personal healing and emergency surgery that verged on the heroic, all illustrating Dr. Bloom's point that practice of medicine then and now is first of all dedicated public service.

"Service is the hallmark of the professional man," said Bloom. "It puts aside all personal considerations and comfort to follow the star of duty through sleepless nights and arduous days. The oath of the lawyer, like that of the doctor binds him in a mystic sense of dedication. . . . But I would now invite you to still another area of service—the service of citizenship.

"The perilous age upon which you are entering will demand of all Americans the cumulative wisdom of their education and experience." The honored guest then explained that politics is, as President Eisenhower once said, "the noblest of professions," and because so much of politics and so many politicians are badly misunderstood, "it is the duty of each and every one of us to interest ourselves in the decisions and programs we want for a better America." He quoted Edmund Burke's classic "all that is necessary for evil to prevail, is that good men do nothing." "Politics, indeed, is a patriotic duty to insure against totalitarian tyranny," Bloom declared. "It is the practical exercise of the art of self-government and someone must attend to it if we are to continue to have self-government."

Illustrating with a short reference to American greats what he meant by leadership from the ranks of the people, Dr. Bloom said that if we are to keep the American image intact, we must have high-principled men and women in the Executive, Legislative and Judicial branches of government. It is fully as vital as having them in medicine, law, or the other professions.

(Continued on Page 5)
As the years roll along one after another and the dawn of each new day releases its predecessor to history, each of us becomes part of that dawn and part of that release. Tomorrow, June 13, 1965, we mark as a special day—a very special day for the Class of 1965. Tonight we celebrate the Class' last dinner together, the last with the faculty assembled to do the class honor, and the last opportunity to enjoy the fellowship of its full membership, the joy of being members of that great family, Philadelphia College of Osteopathy.

I wish first to congratulate each of you upon achieving the degree of Doctor of Osteopathy. You are members of a great profession which as a young profession shares in the traditions, duties, opportunities and the satisfactions of the historic services of the healing arts. You are well prepared to undertake your careers, and to contribute of your self, your skills and services, your means and your status as osteopathic physicians to the betterment of this nation and its citizens.

I am proud of Philadelphia College of Osteopathy. I am proud of you, and I count myself fortunate in having had a part in your professional education. Besides being proud of you, I expect some things from you.

I expect each of you to hew closely to the best traditions of medicine in service to your patients.

I expect each of you to support, through your active membership, your organized profession at all levels.

I expect each of you to be active in your communities, and to use your influence for the common good which history has shown again and again that a physician, of all citizens, is best able to do.

I expect you to continue your studies and to share through publications, your clinical advances and scientific findings.

I expect you to support your college—the college which made it possible for your dream to come true.

I expect you to make clear your identity as an osteopathic physician, to treat patients osteopathically, as they have every moral and ethical right to expect, and to bring to your practices the highest order of character, judgment, knowledge, skill and devotion.

As you have been told many times, in doing this no one can know a richer reward. If you do not, no one can know the searing flame of guilty conscience as you will, no family will bear a greater burden than yours, and no faculty will know a greater disappointment than ours.

Every generation thinks of its time in history as the most exciting, the most productive, and the one with the greatest sense of accomplishment. You have every right to say this of your generation.

You have, however, a special task. Your generation must solve the problem of the preservation of the freedom of practice within the context of tax-supported service. This will not be easy. But you cannot escape. Two of your greatest supports, however, are at hand. They await only your backing. First is your college, which by remaining independent helps you be independent, and second your organized profession which with your support can be an effective, collective force working on your behalf and that of your patients. I urge you to watch the development of tax supported medical service with great care, and I commend to you your college and your profession as your allies and friends.

FOR DISTINGUISHED TEACHING

Dr. Barth congratulates Dr. William F. Daiber, Chairman, Department of Osteopathic Medicine, and one of two winners of the Lindback Foundation Award. Dr. Morton Greenevold, M.Sc. and Assistant Professor in Pathology also received this $500. Award.
COMMENCEMENT  
(Continued from Page 3)

During the American Revolution Dr. Benjamin Rush of Philadelphia had been one from the medical profession who heard the call of liberty and met the trials of most who signed the Declaration of Independence. The speaker did not suggest that all today need become seekers after political office, but he did think it important the graduates of 1965 select a political party and help in shaping its policies.

"Some shout from the rooftops that there is a better way of life under a totalitarian system; there are others who by devious and secret ways seek to subvert our nation. We must be alert to both evils. We must never let down our guard against those who, for misguided reasons, want to change our system of government. We cannot afford to abandon our great nation, its government and its heritage. Because if our way of life disappears then the hopes and dreams of free people all over the world will be shattered forever."

Dr. Bloom closed with a moving appeal "from a man old enough to be dreaming dreams," that all emerging doctors, lawyers, graduates of all walks, devote to their careers the zest and zeal of youth, so that America's past greatness will be "just a prologue to the greatness yet to come."

(Continued on Page 22)
Happy Class of 1965 Hears About Awards, Promotions and Expectations

Steak Dinner in Century Old Union League Precedes Barth’s Charge to Gird for Government Influences In Tax-Supported Medical Services

IT WAS the sixth annual Graduating Class dinner and for the emerging D.O.’s of 1965 it was a pleasant and climactic occasion. This for the seventy men and three women about to receive their degrees would probably be the first and last time every one would sit down, guests of their Alma Mater’s Board of Directors in the stately Lincoln Hall of the Union League of Philadelphia. Few of them realized, perhaps, that they were dining in a building which a few weeks earlier had celebrated its one hundredth anniversary. But all were quite sure this was a very special dinner, as the Toastmaster, Dr. Frederic H. Barth, soon made clear.

It was, first of all, an evening of awards, promotions, citations, and surprises which included members of the faculty as well as the graduating classmen. It was also an especially happy evening because the awards and distinctions which met with the graduates’ and faculty members’ popular approval. The steak dinner was excellent, the service A-1, and the crisp, fast moving program was completed as City Hall’s clock struck 9 P.M. Dr. Barth proudly invited all Commencement Visitors to have a look at the Construction on the new P.C.O. teaching hospital, and told for the first time some of the building statistics.

These are evenings which pass quickly but live long in the memory of the sensitive physician. The setting was historic, and many of the guests lingered in the League’s library lounge and Lincoln Memorial room to study the memorabilia of a Civil War now a century passed. Perhaps some may have pondered as they saw the relics for the first time, how an American crisis so far gone had left unsettled so much that troubles the nation today.

But serious notes were brief, and only when President Barth made the traditional charge to the Graduating Class, did overtones of duty and professional responsibility resound. Dr. Barth’s call was brief but to the point: He did not request, he did not demand; he simply told the emerging D.O.’s what he, as President of Philadelphia College of Osteopathy expected of each one:

Support of the college. Loyalty to the profession and its associations. Fealty to the osteopathic medical concept, and their identification with it.

“Your patients are entitled to be treated osteopathically,” he said. “See that you do so.”

There were other expectations, carried in the President’s message elsewhere. One of the more significant was the charge that all Graduates must watch development of tax-supported medical services. This suggestion stemmed, obviously, from P.C.O.’s expanding relationship with the State Government, and the future role of Federal medicare for the aged.

Dean Sherwood R. Mercer as always took charge of the awards and aided by Tom Rowland, presented them without hitch. There was pleased applause when Dr. William F. Daiber, Chairman of the Osteopathic Medicine Depart-

(Continued on next page.)

TOPS WITH THE DEAN

Two of the steadiest campus leaders over the four years ending with Commencement ’65 were Robert Myron Mandell, at left, President of the Student Council, and James J. Davis, right, President of the Graduating Class. They shared the Dean’s Award for general excellence in campus contribution, and Dean Mercer personally made the award.
moment, and Dr. Morton Greenwald, Assistant Professor of Pathology, were announced as recipients of the Distinguished Teaching cash awards of $500 each.

Frederick J. Humphrey, third year, and three from '67 Class, Lillian M. Hynes, Gene W. Miller and Stanley R. Saul, received similar sums as winners of the Lindback Foundation Awards.

The first of well earned high scholarship honors for Leonard Myron Kabel were the Gold Key and Certificate of Sigma Alpha Omicron. The final and most cherished was the Homer Mackey Memorial Award, accorded Kabel by vote of the Student Council of the College. James P. Shinnick claimed the Russell C. McCaughan Scholarship award of $400.

Eva Felicity Sophie Jasinski, one of the three women graduates, carried off the Public Health Award and the Harold C. Waddel Memorial Award for exceptional competence in technique in clinical O and G. Charles Walter Pindziak won the Obstetrical Award made by Dr. Frank E. Gruber, Chairman of that Department. Frederick G. Uberti took the Sivitz Memorial award.

Galen David Young won the John H. Eimerbrink Memorial Award, one of the sons of an osteopathic-father to claim an important prize. Clifford L. Tengelsen had honorable mention. The Dean's Award was shared by the two popular leaders of 1965's Class, its President James J. Davis and the Student Council leader, Robert Myron Mandell. As most proficient in osteopathic medicine, James Francis Conroy took the Flack Memorial Award, with honorable mention for Floyd W. Rosdahl.

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UNDERGRAD SCHOLARSHIP WINNERS

Frederick J. Humphrey, left, '66 Class; Lillian M. Hynes, Stanley R. Saul, and Gene W. Miller of '67 were recipients of the $500. Lindback Foundation Scholarships annually awarded at the Class dinner.
P.C.O. Teaching-Research Hospital
Under Construction on New Campus

Five Story $7.1 Million Osteopathic Center Provides Six Operating Rooms, 228 Beds, All Modern Equipment
With Underground Labs for 600 Bed Expansion

THE handsome two-wing, 228-bed Teaching and Research Hospital which ultimately will tower 14 stories and provide the key unit of Philadelphia College of Osteopathy’s new campus, is rapidly rising along Philadelphia’s fashionable City Line avenue. Designed according to Space Age requirements of healing, it is a brick, concrete, glass and steel structure set in foundations blasted out of rock and capable of supporting a 600-bed facility, as needed. When the 5-story Hospital building is completed late in 1966 the combined cost of construction, materials, land and architects’-engineers’ fees will total $7,100,000. It will be equipped with the latest in hospital requirements.

Excavation to a depth of 26 feet began March 1, and by Commencement week in mid-June 60 men were erecting forms and pouring the first slabs of 9,000 cubic feet of concrete. P.C.O. alumni and relatives of the graduates beheld an array of steam shovels, earth movers, air compressors, contractors’ trailers and relays of trucks bringing materials and hauling away rock and soil. Each week this scene has changed, and by July 15 the two-floor underground complex was ready for steel and superstructure.

As a completely air-conditioned, fire-proof, artificially illuminated space for laboratories and emergency medical-surgical services, the Hospital will have five emergency rooms and six surgeries below ground level. Entry will be via three drive ramps by which automobiles and ambulances may discharge patients. The new Radiology center will occupy a special underground area that extends out from the L-shaped basement, accessible by a tunnel, like an annex. This prevents any possibility of upward radiation, and like all departmental layouts, was thoroughly studied by the chairmen and administrative faculty members.

The first floor will accommodate Departmental conference rooms, each with its own library. It will also have a Chapel and room for meditation.

P.C.O. HOSPITAL FOUNDATIONS BEGIN

Progress Photo July 1 reveals scope of excavation, first forms, and initial pour of basement concrete. Note equipment, upper right, and rock removal, extreme right, with Administration building beyond.
The Hospital, which is to be equipped for full ancillary services, includes a special unit providing beds for psychiatric cases.

Altogether the College planners’ preparatory specifications and General State Authority’s requirements have combined for an ultra-modern facility properly equipped for the teaching, research and practice of osteopathic medicine.

The Hospital represents the most ambitious building operation by P.C.O. since the College in 1929 completed and occupied the present structure at 48th and Spruce streets in West Philadelphia. It is the result of years of thought, persuasion, and successive grants in aid from the Pennsylvania Legislature. In the words of its chief promoter, Dr. Frederic H. Barth, P.C.O.’s President, it should be considered a group achievement by the loyal friends of osteopathic medicine. In this effort the contagious enthusiasm and resilient energies of Dr. Barth have been the spark, although he prefers to distribute the credit among many, in and out of the profession.

“It has been in truth, a combined operation and will continue to be until the Hospital is opened for service to the people,” he said. “Without the

(Continued on next page.)

**FIRST BASEMENT SEGMENT TAKES FORM**

Progress Photo June 1 shows completed concrete form on hundred foot section of southern extremity shown in other picture. Rock blasting and excavation continues at left.
DIGGING OUT THE SUB-BASEMENT

Removing large boulders and chunks of rock after blasting consumed much time in gouging out the 28-foot excavation. Here the shovel works on what will be an underground laboratory, adjacent to the present Administration building.

vision and understanding of our problems by Governor William W. Scranton, and members of both Parties in the past and present Legislatures, and never forgetting the help and cooperation of Governors George H. Leader, David Lawrence, former Lieutenant Governor John Morgan Davis, the present Lieutenant Governor Ray Shaffer, and of course, A. J. Caruso, Executive Director of the General State Authority—without their continued help—this fine building would not be taking shape. Through them, it will take its place with the finest centers of healing, research, and teaching in Philadelphia, the medical capital of the United States.”

Closely associated with and supporting Dr. Barth’s campaign for the Hospital have been a tireless group from the P.C.O. Administrative family.

It would be unfair to single out any of the hardworking and dedicated members of the staff and the Board of Directors, and also those in the Legislature, the Executive Department of the Commonwealth, and in the lay and professional ranks who are friends of P.C.O.

From Spring’s onset when the clearing of magnificent old shade trees left wide gaps in the lawn of the former 16 acre Moss estate purchased in 1957 by P.C.O., City Line’s quiet has been fractured by the combination of wheeled and tracked vehicular traffic, and by subterranean blasting. General contractor, Joseph R. Farrell quickly set up headquarters, and was followed by Joseph DeAngelo, excavation contractor and 20 men, five steam shovels and a relay of trucks. Later the plumbing and electrical contractors and their supplies moved in. Architects Supowitz and Demchick conferred from their Philadelphia offices.

Thomas Bush, superintendent for the Farrell forces numbering about 25 men, keeps his own progress chart on the wall. Jack Small, expediter, has the blueprints at finger tip. Together they check with Lawrence Matsey, Inspector in charge for G.S.A. which also has its separate trailer headquarters. John W. Roberts and Alton Estep, also inspectors, assist Matsey.

The use of walkie-talkies for on the job efficiency is Ed Bush’s communication link with brother Tom. Ed is usually down in the big hole, keeping up with the project. Superintendent Bush explained that the Hospital overall will occupy 57,194 square feet of space.

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Four Years of Planning Produces
A Magnificent Teaching Hospital

Combined Ideas of Architects, State Officials, P.C.O. Hospital and Faculty Leaders Utilize Double Basements for Laboratories and Surgeries, Upper Floors for Patients’ Care

The planning, organization and allocation of hospital space and facilities is a long term and sometimes wearing process. In the case of the new Hospital for Philadelphia College of Osteopathy, it goes back nearly four years, and began in earnest directly after the ground breaking which took place in September of 1961. During the past two years preliminary plans were revamped by the architects and approved by the State authorities who, through the Department of Labor and Industry, the Welfare and Health departments and the Bureau of Hospitals, have kept watch along with the General State Authority. The State’s stake in the form of over $5.4 million in grants has also meant a great many modern, though costly additions to what had been earlier contemplated. This report will be on some of the things to expect when by December 1966 the building is completed, and was provided from studying the blueprints with interpolations from Dr. Barth and Dr. H. Walter Evans.

The hospital will contain a sub-basement, a basement and five other floors. After numerous conferences and consultation among the department heads, the sub-basement plan calls for the hospital kitchen, with cafeteria-style commons for employees, and special dining rooms for doctors and staff, all in the deep down basement. Access is by driveways and elevators, with the usual fire tower staircases. Here also will be the electric power switchboards, storerooms, lockers and maintenance rooms. This area is at the 26-foot down level, lowest in the building.

The regular basement level will contain all major laboratories, except Radiology with its special equipment. This will occupy a basement extension beyond the regular structure. Access will be through tunnel corridors, but this lab will be unique in many ways. It contains the isotope, cobalt and other of the newer agencies for radiotherapy.

The several surgeries will be located in this basement, above the kitchen and dining rooms. A long operating suite, a room for observation, an autopsy room, laboratories, even a place to keep small animals for experimental purposes—mice, hamsters, etc.—is provided in the blueprints. The driveway and entrance faces City Line, and a bridge over the slope leads to the first floor level.

The first floor center is largely devoted to offices, the Main lobby, a gift shop, snack bar, library, conference and meditation or prayer room, with a pharmacy to the rear. One entrance faces southwest, looking toward the reservoir, and the vehicular approach will be from Monument road. The Pediatrics department, self contained, will occupy one wing of this floor off the main lobby, and there will be a small dining room adjacent.

Also on the first floor will be found the administrative setup, including offices for the hospital director, the nurses’ director, business office, reception, etc. These will open onto long corridors. A feature of this hospital will be a small dining room on each floor, where ambulatory patients may take their meals, or have a relative or guest join them, if desired.

The Maternity section will occupy space on the Second floor and will have 47 beds. Rooms and beds for those in labor, for operating and delivery, and with the usual isolation nursery facilities, will be situated in the northeast quarter of the building. There will be private and two- and four-bed semi-private rooms. Each floor has arrangements for a two-room private suite.

There will be 61 beds for the Medical department on the Third floor (some for intensive care), divided into areas for male and female patients. Each floor has its quota of baths and toilet facilities, and rooms will be furnished with the latest in automated beds and communications, air conditioning and visitors’ comforts. The telephone equipment will also be located on the Third floor.

The fourth and fifth floors are also assigned as patients’ rooms, and each will take 47 beds. These floors are sectionalized so that when not needed, certain areas can be closed off. This is a housekeeping economy. Sun rooms, reading and television lounges, library space, provision for the convalescent, the walking cases, the wheelchair patients—all these are included. It would fill another page to enumerate every improvement which from research, study, and visits to new hospitals throughout the nation have contributed to the planning and decisions on P.C.O.’s Teaching and Research Hospital.
Watching a $7,100,000 Building Operation

WHILE Philadelphia College of Osteopathy is erecting its $7,100,000 Teaching and Research Hospital, a continuing photographic record of the building operation is made. Both motion picture and still photographs are made periodically, and will reveal everything that took place at Philadelphia's City Line avenue and Monument road since March 1, 1965, the date excavation began.

There is always something new when the contractors arrive, headquarters are established, a cook shack moves in, and the giant shovels, 'dozers and trucks begin to rumble and roll. When the great hole must be hewn literally from solid rock and shale, the job becomes additionally exciting as seismograph operators with the blasting experts move in. The P.C.O. Hospital is capable of supporting a skyscraper superstructure, and its foundations on this rocky base are the reason.

Photo No. 1 shows wide sweep of Hospital excavation, looking toward Administration building. Taken June 1, it shows first 100-foot slab of poured concrete center. Digging at right verges on present P.C.O. business headquarters, is now completed.

No. 2—Preparing to blast another rock section. That net-like matting suspended from the crane blankets each blast to prevent flying debris.

No. 3—It takes a lot of lumber to build the forms of a building like this. The Joseph R. Farrell Construction Co. trailer stands beyond.

No. 4—The first concrete slab was poured early in June. This view from open end of the excavation.

No. 5—The same section, with two concrete floors poured, July 1. Presidential Apartments shown in distance, far left.
No. 6—Farrell's Superintendent, Thomas Bush, confers over blueprints with his brother Ed, who holds walkie-talkie used on job site.

No. 7—Here inside Farrell trailer GHQ, Jack Small, expediter, looks over the day's schedule.

No. 8—Pennsylvania's General State Authority, which has a huge monetary stake in P.C.O.'s hospital venture, also has a GHQ, and in it Lawrence Matsey, center, Inspector-in-Charge, confers with assistants John W. Roberts, left, and Alton Estep, right.

No. 9—Seismograph operator Franklin Mace, recording for his boss, Vibra Tech Engineers, Hazleton. He has special interest in this job, being the son of Osteopathic physicians Dr. Ruth Osborn Mace of Nanticoke, and the late Dr. Clifton H. Mace.

No. 10—Bill Rascento and Joe D'Angelo, excavation contractor boss, pause at lunch trailer for midday snack. Most of the sixty men on job eat at Frank's.

HOSPITAL CONSTRUCTION
(Continued from Page 10)

The rock problem presented the first major hurdle, and caused an unusually large amount of blasting. Since the excavation is only a few yards distant from the Administration building of the College, with its Old English windows and architecture, blasting had to be secured against flying rock and debris. About ten to twelve dynamite shots were triggered daily.

As the work force increased cold lunch became passé and Frank's Lunch service moved in, with trailer kitchen. The fare was so good that a few of the business office found it convenient. With an unusually fine May and June, the job went forward top speed. Tom Bush is confident the contractors will finish on target, by the end of 1966.

P.C.O.'s neighbor, Station WFIL has been keeping a filmed record of the building's progress. The College Publicity Office has made periodic still photographs as the substructure and foundations of the Hospital take shape. In this way the profession beyond the campus, alumni, friends and helpers of the College everywhere, can be informed.
PERSONS AND PLACES

MUFFLING THE BLAST: One of the Spring's unnatural vibrations around the City Line P.C.O. campus has amounted to season training for a term in the neuro-psych war. It is the muffled blasting to clear rock for the new Research and Teaching Hospital. Although much of it was done 20 to 28 feet below the ground level, business office staffers learned to take the "rumpp!" in stride. Sometimes it quivered the inkwells, or jostled pencils and teacups on the desk—who said they drink tea out there?—but Contractor Farrell's practiced blasters took care to drop a huge woven matting over the charge, and that kept splinters, chunks and debris from rattling off the Administration's facade.

It wasn't to the wildlife's taste, however. The rabbits took cover, the pheasants took off, and even the songbirds decided to do their chirping elsewhere while the excavation was in progress. The Administration folks hope they'll return.

* * *

SIGN OF GOOD TIMES: It was a long time coming, and for a time different Graduating classes and the Student Council pondered whether to underwrite one as their gift to Alma Mater, but a new and handsome sign has risen in front of P.C.O.'s collegiate Gothic exterior. It proclaims "Hospital of Philadelphia College of Osteopathy" and is easily read from passing cars, buses, and ambulances. In the photo Asst. Professor Robert W. England and Joseph Eshleman admire the replacement for a beaten-up metal predecessor.

* * *

THE NEW SIGN

FOR SERVICES RENDERED: When Philadelphia Rotary likes a job well done it believes in awarding the doer. Here is our Dean Sherry Mercer, 1964-65 Chairman of the Luncheon Program Committee, receiving on June 30 from John S. Yeo, custodian of gifts, a carved wooden horse. This bit of non-racing stock and a handsome clock were the Club's way of thanking Dean Mercer for a bang-up series of Rotary luncheon programs. Some of the country's top speakers appeared. Presentation took place in Bellevue-Stratford Hotel. The ladies beyond are Mrs. Yeo (in white hat) and Mrs. Fritz Foote, wife of Rotary's new President.

* * *

DOUBLE EAGLE D.O.: His game may have declined with subsequent publicity, but Donald S. Avery, P.C.O. '38, a general practitioner in Easton, slammed a No. 4 wood second shot into the cup on the par 5, 482-yard 11th hole of the Country Club of Northampton County one day last Fall. It was the first of its species at that club, and Dr. Avery is now in a class with Gene Sarazen for at least one hole. A double eagle, as Sarazen's in a pre-War Master's tournament demonstrated, lives in memory much longer than a mere hole-in-one. Most golfers can't reach a par 5 in two shots, and very few try to hole out.

* * *

ELECTED BY INTERNISTS: Dr. D. Leonard Vidgerman, P.C.O. 1943, and also a Temple University graduate, was elected President of the American College of Osteopathic Internists at their Fall convention. Dr. Vidgerman lives at 40 E. 61st st., New York City.
P.C.O. LED COLLEGE SEAL SALES

If the above group looks satisfied although not dripping Christmas seal decor, it could be that news of their leading the Osteopathic Colleges in the 1964 annual Osteopathic Scholarship fund raiser, was somewhat delayed. They didn't know they'd won until May 24, 1965, when Registrar Rowland called a meeting of students and student leaders. That's Mrs. Glah going through an informal presentation by Dean Mercer. It became formal three weeks later when Mrs. Hillard, President of the P.O.A. Woman's Auxiliary, presented a plaque on which P.C.O. holds the top rung. Everyone liked this photo even though it wasn't "official."

In the photo, left to right, front: Wm. Sidow, Registrar Thomas M. Rowland, Jr., Dean Mercer, Mrs. Arthur Glah, V. Barsky, Robert M. Mandell, Elizabeth Bonheuer, James J. Davis.
Rear, 2nd row: Mrs. Margaret Archer, Ronald Kirschner, Louis Totani, Gene Miller, Sherman Leis, Mike Cardas. At top: Jose Zappasodi, George Pierson, and top three, Jeff Loux, George Bradley and Martin Polnorow.

WHICH WAY TO P.C.O.? Among the inquiries for guidance of AOA Convention visitors to Philadelphia Sept. 20-23, has been: Which is the quickest route to P.C.O. from mid-city hotels? The answer: Grab a Walnut street bus, or one routed west out Spruce street, get off at 48th st. in West Philadelphia, walk two blocks south from Walnut. The Spruce street bus stops at the College main entrance. Y're welcome.

OLD DIGESTS FOR LIBRARY? Mrs. Frances Beisel is still on that old Osteopathic Digest safari, and asks if anyone has found some of volumes 1 to 10, please send them in for her files. They were published in Dr. Holden's time as editor or Dean, she believes, and were printed on a large newspaper size green sheet, folded into a four page issue. Just mail 'em in. Also any old AOA directories, or P.C.O. Calendars of 1929-35.

A TRIBUTE TO CHURCHILL: The passing of this Century's leading political figure, Sir Winston Churchill, wartime Prime Minister of Britain, was marked by a long moment of silence during Founder's Day, Jan. 30. P.C.O. students and faculty rose at Dean Mercer's bidding and after the silence the Rev. Paul W. Poley, College Chaplain, offered a prayer of gratitude for all the great leaders and those who served under them to keep a Free World free so that others may carry on.

At the same ceremony a new American standard and a new Pennsylvania flag were dedicated for use of the College, the assembly repeating the Oath of Allegiance.

PHI SIGS WIN AGAIN: The basketball supremacy of Phi Sigma Fraternity chapter at P.C.O. continued through 1964-65 as the team mopped up the Intramural League. Tom Rowland awarded the trophy at the Student Council Dinner.

(Continued on Page 23)
Student Council’s Clinical Symposium Highlighted the Winter Study Projects

Attendance of 400 Surpassed Expectations as Faculty Leaders Shared Lecture-Panel-Discussion Program February 6

In College Auditorium

Among the best planned student programs of any kind, the first annual Clinical Symposium, held all day Saturday, February 6 in the College Auditorium, drew a crowd of 400 students and physicians, and added considerable prestige to the Student Council which arranged it. The Council President, Robert M. Mandell, Cranston, R. I., headed the coordinating committee of Bernard Kazdan, Fred Uberti (like Mandell Fourth Year men who received their D.O. in June), and Alex S. Macaione. Dr. Paul T. Lloyd, Vice President and Chairman Emeritus of Radiology, acted as advisor to the Committee.

The Auditorium was appropriately decorated for the program with photographs, charts, X-Ray displays and models relating to student research projects. Among those attracting attention were the cerebral circulation display, the effect of insulin and shock, Dr. Lloyd’s X-Rays on breast tumors, and the anatomy display by Dr. Angus G. Cathie. The A.O.A. also had an interesting public relations display on facts about osteopathy.

Registration began at 9:30 A.M. in the College Hospital lobby. At 10 o’clock Mandell introduced President Barth, Dean Mercer and several others. After Dr. Barth’s greetings, and remarks by that old pro among programmers, Dean Mercer, the first three presentations were offered. These were made in order by Dr. George H. Guest, Chairman of the Department of Neuro. and Psych., Dr. Thomas Santucci, Vice-Chairman Department of Pediatrics, and Dr. Gerald Scharf on “Screening the Hypertensive Patient.” There followed a question and answer period to complete the morning. Film provided by the American Osteopathic Association showed the American fitness challenge to the profession of osteopathic physicians and surgeons. There was a buffet luncheon served from the library, and then resumption of the symposium at 12:45 P.M.

Among those who contributed papers, lectures and panel discussions during the extended afternoon session were Dr. Lloyd on “Research at PCO;” Dr. William F. Daiber, Dr. Ruth V. E. Waddel, Dr. William Spaeth, Dr. John J. Gilligan, Dr. William M. Barnhurst, Dr. Paul H. Thomas, a Research Fellow now at Temple University; Dr. Joseph E. Giletto, Dr. Bernard Witlin, the veteran Dr. Angus G. Cathie, Dr. Herman Kohn, Dr. Charles Neun, Dr. Clarence H. Baldwin, Dr. Edwin H. Cressman, and Dr. Nicholas S. Nicholas. Dr. Cathie discussed “Effects of Modern Living on the Human Body,” and Dr. Cressman’s topic was the teenagers’ problem with “Acne in Adolescents.”

Dr. Albert D’Alonzo moderated the discussions which developed interesting points. All osteopathic physicians in the Delaware Valley were invited to the first such P.C.O. symposium offered under student sponsorship. Several lessons were learned in the venture, including the need for early notice on the place, and date of the event. Community newspapers were alerted, but it was also felt that individual notices might be sent to members of the profession in the Philadelphia and Suburban area.

**Student Wives Added Yearbook To D.O.ings**

A well organized and written “Student Wives Yearbook, 1964-65” which included the SWA directory, an internship assignment listing, and some biographical matter on the officers, was the finale to a series of well produced D.O. ings which kept the distaff side informed on P.C.O. throughout 1964-65. The girls, 50 strong, reported for the Senior Wives’ Luncheon held May 8 at the Cynwyd restaurant where Mrs. Thomas Adams was chairman, and Thomas M. Rowland, Jr. conferred the Ph.T’s to one and all. (This is the Pushing Hubby Through citation which in many ways rates well in the ladies’ eyes, with the more official D.O.)

A Spring fashion show and card party shared attention with the Senior Wives luncheon, to which all dues paying wives were invited. The fashion show held in the College auditorium, presented as models Carol Lanciano, vivacious President of S.W.A. for the past year, Eileen Asbel, Joyce Bear, Linda Looker, and Beverly Reickers. Nancy Davidson narrated. Another highlight was the invitation and successful part in the Students’ Christmas Show. Bake sales, Yule workshop and bazaar, and the seal sale were on a rather varied agenda this year.

New officers for 1966 were elected as follows: President, Lorraine Briggs; D.O. ings Co-editor, 1st Vice President, Margann Schrader; 2nd Vice President, Mary Ackil; Recording Secretary, Phyllis Glah; Corresponding Secretary, Bonnie Miller; Treasurer, Joyce Bear.
Dr. Meals is Honored
At Student Council Dinner

An all student windup of the P.C.O. season of extra-curricular activities, social, sports, the Seal sales and Student Wives' programs took the form of a Student Council Dinner Dance May 6 in Park City West's ballroom. There was good music, good food, and the 400 guests had such a good time the Council's Chairman, Bob Mandell said many requested that it be an annual affair.

As a last formal gesture, the Student Council, with Mandell making the presentation later, gave Dr. Robert L. Meals, Assistant Professor in Radiology, a citation for "furthering student clinical education." Fred Uberti, Student Council treasurer who like Mandell and several others graduated with the 1965 Class, also had an award for Dr. Albert F. D'Alonzo, lecturer in Osteopathic Medicine. Dr. Nicholas S. Nicholas awarded pins denoting their Council service to Mandell, Uberti, Tom Henderson, Vice-Chairman, James F. Conroy, Roy N. Pasker, Eva F. S. Jasinski, and Bernard Kazdan.

The official gavel and plaque for "Outstanding dedication to the duties of President of the Student Council" also went to Mandell. Among those in attendance were Dr. H. Walter Evans, Tom Rowland, John DeAngelis and several members of the faculty.

P.C.O. Executive Team
Traveled Far During '64-'65

The traveling representatives of Philadelphia College of osteopathy made many cross country and intermediate trips during the academic year just closed. On nearly all such journeys they spread the word about the developing Osteopathic Center on Philadelphia's City Line. Dr. Frederic H. Barth, Dean Sherwood R. Mercer, Dr. Paul T. Lloyd, Dr. H. Walter Evans, Vice President Thomas M. Rowland, Jr. and several others from the Faculty and Hospital staff made probably the most mileage in the College's history.

Wide interest in the new hospital, the wider research and teaching opportunities it will provide, their increase on enrollment, the firming up of the osteopathic concept in the medical world, and many related subjects were discussed between stated meetings and discussions at these meetings.

Here is the roster of P.C.O. travel:
A.O.A. Convention in Las Vegas, Oct. 5-6-7-8-9, attended by Dr. Barth, Dean Mercer, Mr. Rowland, Dr. Charles Snyder and Dr. William Barnhurst.
Association of Osteopathic Colleges, March 24-27 in Chicago, Barth, Mercer, Lloyd and Rowland attending.
Committee on Colleges, April 2 and 3, Dean Mercer attending.
Federation of American Societies for Experimental Biology, April 12-17 in Atlantic City, attended by Drs. Kline, Waddel, Bradford, Lloyd, Eisenberg, Daiber, and Thomas Slider, techician.
Michigan Association of Osteopathic Physicians and Surgeons, Grand Rapids, May 10-11, attended by Dr. Barth, Mercer, and Lloyd.
Texas Association of Osteopathic Physicians and Surgeons convention, San Antonio, May 7-8 attended by Dr. Barth, Dr. Charles Snyder and Dean Mercer.
New York State Osteopathic Society convention, New York City, May 15, Barth, Evans and Rowland attended.
Virginia Osteopathic Medical Association convention, Williamsburg, May 21-22, Dr. Barth in attendance.
Ohio Osteopathic Association of Physicians and Surgeons convention June 7-8-9 in Columbus, attended by Dr. Barth, Dean Mercer, Dr. Lloyd.
THE 74th P.C.O. Commencement had good luck throughout. The weather was perfect; a day “so rare” that the poet Lowell would have sung an epilogue. Although 58 graduates’ babies had been officially reported by Dean Mercer, not one broke the Commencement calm with a heat rash wail. And so all the Kinfolks were there (or so it seemed later on the terrace of Irvine auditorium) and each new D.O. felt right proud as the coveted degree was conferred.

There is a sameness about all Commencements, but each is always different than the last. The Address is bound to be a call to duty; what else would a speaker say to imminent joiner::; of a profession? Bear such things in mind as you look over this final pictorial showing the Class of 1965. Note the facial expressions, starting with pert Eva Felicity Sophie Jasinski, up there in the right hand corner where Tom Rowland smiles mutual satisfaction. Now carry on . . .

Pictorial Final . . .

Left side: 1. Eva Felicity S. Jasinski receives official hood of D.O. 2. Top academic honors for Leonard M. Kabel, the Homer Mackey Award. 3. Delayed award to P.C.O., first in Osteopathic Christmas Seal sales for ’64; Mrs. Henry N. Hillard presents inter-college competitive plaque to President Barth, Tom Rowland and Dean Mercer approving. 4. Jasinskis and Davises gather on terrace afterward: 1-r, Roman Lasola, Mr. and Mrs. Francis Jasinski, and to right of Eva, Judge John Morgan Davis, his daughters Patricia and Carole, former schoolmates of the lady doctor; Mrs. Davis, and Joseph Lester, Kingston. 5. From Cranston, R.I. they came to hail Bob Mandell, D.O. Shown center with wife Joan, his brothers, 1-r, Larry and Stephen, with sister Shelly, Bob’s mother Ethel, father Frank, Mrs. Hildrun, and Grandfather Charles Mandell. 6. The McCartys were out in force for Patrick Francis, D.O., with son Dennis (in arms) and Patrick Jr. in front of Sister Assumption. Shown are Grandma Keenan, various brothers and sisters—Thomas, Kevin, Theresa Rohrmann, Sharon, Kathleen Dougherty, and Mrs. John Hastings. 7. Here are Dr. Gerald and Ethel Melamut, with daughters Deborah and Brenda, all quite contented. 8. George P. Jaeger’s dad, P.W. Jaeger, at left, a railway official from Pomona, Calif., with other son, Thomas of Colonial Heights, Va., just about span the U.S.A. George lives in Joliet, Ill. will intern near Cleveland. Give them the long distance prize.
AND now let's scrutinize some of the others, remembering there were D.O. fathers and mothers hooding their graduate offspring, with more congratulatory doings on the outside. This Commencement with 73 candidates ran off in record time, but nobody missed a cue. After the first twenty or so have crossed the stage, it follows a pattern, and when you're in the 74th Commencement the rough edges have all disappeared.

Note, for example, that old pro Galen S. Young, hooding son Galen David, made so sure things were right, he neglected to look at the camera! And in No. 2, the Struses, Tolbert B. and Sarah Patchell, P.C.O. grads of the 1930's, do a real draping job on son T. Bryson, III, one of the few all-D.O. family ceremonies the College has had. So, continue...

Right side: 1. Hooding of Galen David Young by former A.O.A. Prexy, Dr. Galen S. Young. 2. The Struses of Phoenixville help their son into D.O. status. 3. P.C.O. loses an accomplished showman as Ralph C. Lanciano, Jr. is graduated. A clever producer was Ralph. 4. Jim Conroy gives that old College grip to Dr. B.T. Bailey Flack at the Awards ceremony, Graduates' dinner. Registrar Rowland helped the Dean distribute the kudos. 5. Floyd Rosdahl still in his gown, is outnumbered by women and small fry, but wife Dorothy Wiley, holding infant, measured much greater aberrations while secretary in the P.C.O. Heart Center, a real Ph.T. Floyd said they're all friends and relatives, his dad, mother and grandmother included, so skip the names. 6. Meanwhile, onstage they're cleaning up and sorting out the right certificates of graduation. Rowland still smiles, and "What's with the floral heist, fella?" 7. Ice cream break for Leslie, daughter of Clifford and Joan Tengelsen, as the pictorial nears close. 8. And here is Dr. Bonnie Rae Braff Ginder, the Pennsauken gal who married Dr. Michael Ginder shown with her, during her P.C.O. career. That's Mother Diane Braff at left, and William Dubrow and Mrs. Edith Gerber, friends, at right.
New P.C.O. Hearing Laboratory Widens Middle Ear, Mastoid Study

Latest Equipment Provides Otologists Opportunities for Surgical Repairs; Hundreds Tested in Acoustic Booth

ONE man's perseverance and the acquisition of some of the latest microscopic and acoustic testing equipment devised for studying that sensitive area, the middle ear and mastoid, have added to Philadelphia College of Osteopathy's reputation in the treatment of eye, ear, nose and throat. The persistent man was Dr. J. Ernest Leuzinger, veteran Professor of E.E.N.T. and Chairman of the Department. The equipment came with the aid of federal grants, and was installed in a tight little space provided in the basement of the College. Now that it is operative and several hundred patients have been examined in the sound-proofed testing booth, Dr. Leuzinger's long cherished objective has added another plateau in an important part of the teaching in E.E.N.T. It was his contention that however small, the lab would be an open sesame as indeed it has proved in exploration of the ear.

Advances in ear surgery have been rather recent comparatively, and Dr. Leuzinger's summation on the opposite page reveals the several major steps. The hearing laboratory was a new challenge at P.C.O., and as Dr. Leuzinger and Dr. John W. Sheetz, Jr., have argued, was the key to more and broader research and correction than would be possible without the equipment. The accompanying photographs illustrate the high frequency hearing tester, the high powered 'scope, and the booth in which private and clinic patients are examined.

While Dr. Leuzinger's campaign for the laboratory was proceeding, the importance of improved hearing and its study received impetus from an unexpected quarter. The impact of industrial noise upon hearing loss had reached the point where it was developing costly workmen's compensation factors. There began a series of conferences, seminars and lectures in which Dr. Joseph Sataloff, Jefferson Medical College and a leading authority on the subject, took part.

Dr. Theodore P. Maurer, resident in E.E.N.T. at Osteopathic Hospital, put some of the cases through the audiometric tests. Dr. Leuzinger and Dr. Sheetz have established the pattern for clinical and private examinations, and a session in the acoustic booth is an interesting experience.

Certain patients become somewhat nervous due to the tight, soundproof quarters, but once the inner lock and its prompt release are explained, there is no problem. The patient wears a double set of earphones, much as the airplane pilot or switchboard operator. A signal button is placed in his hand and, facing the testing machine through a soundproof window, he signals by pressing the button when each high pitched sound registers. Each ear is tested singly. There is no tickle or buzz, but some of the frequencies are too high for the less sensitive ear to register. The booth is soundproofed and ventilated, but air conditioning is needed for the laboratory because of the basement heat.

A chart is marked after each toneal registration or failure. The patient's "score" is set forth on this chart, all according to rated markings. There is no embarrassment, no shock and no discomfort. In fact, it's rather simpler than having a passport photo made in a do-it-yourself studio booth. Children are delighted with the high pitched tones and would spend hours in the booth, if permitted. They are fearless.

(Continued on Page 21)
STUDY of the mechanical movements of the ossicles of the middle ear has interested Otologists for many years. In the 1920's, a French Otologist moved the stapes by incising the eardrum and with a probe moving the incus and stapes in the treatment of deafness due to Otosclerosis. This was abandoned because it caused middle ear infection.

In the late 40's and early 50's, Lempert developed a surgical procedure called fenestration of the labyrinth. This was accomplished by making a new opening in the labyrinth somewhere near the oval window. However, this opening often closed, and patients were again in the state of deafness.

About 1955, Rosen developed an operation for mobilization of the stapes by incising the ear canal, lifting the drum, and forcibly moving the incus and stapes. This was done under magnification with an optic loop and a bright head light.

Around 1958, a microscope was developed and this opened a new study of the middle ear. Now we could visualize the ossicles in a new light. And now Otologists began to remove the stapes. Meyers, Ronis, and Joseph Sataloff of Philadelphia, and others throughout the United States removed the stapes and replaced the foot plate with the vein graft. Gelfoam, a fat pad, fascia, or a plastic prosthesis was placed in the oval window itself. This seemed to be a better treatment for Otosclerosis than any other in the past forty years.

The powerful new microscope has opened the way for more detailed study of the middle ear and mastoid. The repair of perforations is now possible. In our laboratory we carry on a constant study of the mastoid and middle ear under microscopic guidance, using old and fresh temporal bones to better train our Otologists at Philadelphia College of Osteopathy.

DIETZ, BARIATRICS SOCIETY PREZ—Dr. Raymond Ellis Dietz, P.C.O., '44, 2039 N. Second St., Harrisburg, completed his term as National President of the American Society of Bariatrics this year, and was elected Chairman of the Board of Trustees. Dr. Dietz was the first P.C.O. alumnus to hold the post. The 1965 President is Dr. J. Graham Bray, K.C.O.S., '37, of Fort Worth, Texas. The society is made up of physicians who specialize in a new subdivision of internal medicine (Bariatrics), which deals with obesity and allied diseases.
COMMENCEMENT
(Continued from Page 5)

There were several unusual hoodings as the sons or other close relatives of Doctors of Osteopathy received their degrees. T. Bryson Struse, III of Phoenixville, was attended by his father and mother, Drs. T. B. Struse. Bonnie Rae Braff Ginder, Pensauken, N. J. was hooded by her husband, Dr. Michael F. Ginder. Galen D. Young was hooded by the former AOA President, Dr. Galen S. Young, his father. There were several others. The administration of the Osteopathic Oath was its usual solemn occasion.

Dean Mercer called on the graduate's wives, all holders of Ph.T. unofficial degrees (Putting Him Through) to stand and be applauded. Then the parents in the audience were so honored.

There followed the photographic interlude, greetings and congratulations on the Irvine auditorium terrace, and inside the sorting out of proper degrees, repacking of gowns, and departure. Another Commencement was in the P.C.O. books. It had been one of the most pleasant.

Jean M. Hall Resumes as Hospital Administrator

One of the most faithful in P.C.O.'s administrative family, Miss Jean M. Hall, took over as Acting Administrative Director of the Hospital of Philadelphia College of Osteopathy during the past academic year. She succeeded Dr. John Crozier, who resigned to become Registrar of Pennsylvania State College of Optometry.

Miss Hall had been in hospital work prior to coming to P.C.O. She had for years been Purchasing Agent for the College, and at one time handled the 48th Street Hospital's administration. Her business office experience has touched many phases of P.C.O.'s operation.

CLASS DINNER
(Continued from Page 7)

Not to be overlooked as promotions were announced, Dean Mercer and Registrar Thomas M. Rowland, Jr. had become Vice Presidents of the College by vote of the Board of Directors during their afternoon meeting. Dr. Barth at the dinner announced that Mr. Rowland would be in charge of Administrative affairs, and Dean Mercer in charge of Educational affairs. There were a number of other promotions on the faculty.

There ensued other brief ceremonies such as the symbolic bestowal of P.C.O. Alumni Association membership upon Jim Davis as Class president, by the Pennsylvania Osteopathic Association's President Dr. Henry N. Hillard. Mrs. Hillard presented the first annual plaque denoting the College with the biggest Christmas Seal sale for the Osteopathic Scholarships Foundation. Jim Davis accepted for the Class.

As President of 1965, Davis presented a speaker's podium to the College, gift of the Graduating Class. One of the nicest moments occurred when the editors of the Yearbook presented his portrait (published in the Synapsis this year) to Dr. Spencer G. Bradford, popular Professor of Physiology and Pharmacology. Afterward the Synapsis staff grouped for its photograph in a typical P.C.O. family aside. Wives of graduates, and faculty members were asked to rise and receive a round of applause as the dinner proceeded.

SYNAPSIS MAN OF THE YEAR

The Graduating Class yearbook, "Synapsis" has for some time selected a member of the faculty for its designate of the book. This year Spencer G. Bradford, D.O., M.Sc. (Phys), and Professor of Physiology and Pharmacology, was the man. The above portrait, reproduced in the yearbook, was presented in a frame at the Class dinner June 12, by Bill Taylor, Editor-in-Chief of the "Synapsis."
Persons and Places

(Continued from Page 15)

P.C.O. CLASS LEADERS OF 1965

Extra-curricular achievement, campus disciplines, the social life and student-faculty relations depends in large part upon the type of class leadership a college has, says Registrar Tom Rowland, shown here with P.C.O.’s 1965 leaders. L-r, William Sidow, Third Year; George Frieson, Second Year; Mr. Rowland; James J. Davis, Fourth Year; and Martin Polnerow, First Year.

NEIL CONNELLY INTO PRACTICE: Dr. Neil O’Boyle Connelly and wife Cecilia who were Digest Cover Family of 1964, have graduated again and gone into practice. It so stated in the Allentown Evening Chronicle June 21, when the D.O. and children (they’re now nine, add one more baby girl Eileen to John’s other seven sisters) prepared to move. He completed life as intern and graduated from Allentown Osteopathic Hospital. Neil will open an office in Allentown, residing at 2314 Union st. Among six who completed internships was Dr. Brendan J. O’Brien, also P.C.O., who is taking a residency in orthopedic surgery at York Memorial Hospital.

LONG PAUSE: Answers are sometimes a long while coming, Dr. Daiber told last year’s matriculating students. He recalled the perennial visitor to Arizona who habitually saw the same Indian in a blanket, squatting on the same whistle stop platform. One year he opened conversation by asking, “What did you have for breakfast, Chief?” “Eggs,” was the reply, and the train pulled out. Four years later the visitor saw his Indian friend, same spot, same squat. He waved and called out, “How?” “Scrambled,” was the prompt reply.

OUTSTANDING JAYCEE: To be included among the annually selected 10,000 young Americans who succeed, is fairly distinctive, but to be one of a like number of the Junior Chamber of Commerce selections for 1965 was the honor that fell to Charles L. Liebeknecht, P.C.O. ’58, now practising in Pennsville, N.J. The Pennsville Jaycees held a dinner meeting to celebrate the selection of their man. A National Board of thirteen editors makes the selection.

Barth, Mercer, Lloyd Brief

P.C.O. Alumni in Columbus

One of the academic year’s several trips by top P.C.O. officials brought together in Columbus, June 7-8-9 a leading group of the College alumni now practising in Ohio. Dr. Barth, Dean Mercer and Dr. Lloyd who often were a team on such journeys, made the usual reports on progress, with emphasis upon current construction of the new Osteopathic Teaching and Research Hospital on City Line.

Dr. Barth devoted himself to the future of P.C.O., centered around this major addition to its teaching and research facilities. The Ohio group, gathered for the Ohio Osteopathic Association of Physicians and Surgeons’ Convention, arranged a special luncheon and asked for the news from Philadelphia. There was great interest in and enthusiasm for P.C.O.’s increased enrollment potential, once the new building is completed.

At the close of the luncheon a photograph was made, revealing that graduates from the 1930’s and on into recent years are active in osteopathic affairs and like to have reports from the P.C.O. campus.

P.C.O. TEAM MEETS ALUMNI IN OHIO

Mentally Retarded Badly Neglected
Leader Tells Founder’s Day Crowd

66th Observance by P.C.O. Deviates from Usual Format as
Governor Pleads for Help for the Helpless
Long Ignored in Social Uplift

The 66th Founder’s Day observance at Philadelphia College of Osteopathy, held January 30 in the College auditorium, brought a sharp change from the usual osteopathic historical review. The speaker of the day made a stirring appeal for one neglected minority for whom there are no pickets, no parades, and very few privileges in this country of abundance. This group comprises the mentally retarded, and for them former Governor George M. Leader, long a friend of P.C.O., registered a plea that they also be treated as human beings. Dr. Leader who supported state aid for the retarded while he was Chief Executive of Pennsylvania, declared that in his layman’s view our retarded children, “who need it most, are still being short changed in tragic fashion.”

The former Governor said that three major fields — medicine, education and government — would have to share responsibility for this state of affairs, and in the future must do something to rectify “a great wrong.” He spoke, he told the audience, as one with a retarded child in his own family.

The program was preceded by a televised interview on the subject later broadcast over WFIL-TV. Radio stations also carried some of Leader’s remarks in favor of the retarded. The program thus had a wide public appeal, and a large assembly of the students listened closely as the speaker revealed his sympathy and understanding of this major social need in the community which, unfortunately has been left largely to private charities and institutions.

Dr. Frederic H. Barth, President of the College, presided and introduced the former Democratic Governor to students, faculty and College Board of Directors who annually gather to praise and remember Dr. O. J. Snyder, founder of the only osteopathic college on the Eastern seaboard. The auditorium was filled when the traditional academic procession took place at 10:30 A.M.

Addressing the students, Dr. Barth went back to the Founder’s concept of individuality in the practice of osteopathic medicine. He said uniqueness is much discussed, but little revealed today. Conformity is the rule. Nevertheless the individual was designed to be such, and the osteopath should not neglect that distinction in one of the few one-to-one relationships left us, that of doctor and patient.

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Leader presented what he termed "a citizen's view" on requirements of the really underprivileged among school age pupils. He said their education usually is left until they are age eight and stops at twelve, whereas it ought to begin at three and continue to twenty-one, such is their handicap. He brought about some improvements while Governor, but observed little advancement since.

"These are children who need the most but get the least help," he declared. "Are they forever to lead aimless lives, perhaps be placed in an institution rather than trained, even though it be in manual arts or crafts? Surely this is asking no more than to guarantee them, too, their civil rights. It is my belief that more can be done for them, if we really care to try. Let us approach the problem from the positive, rather than continue on the negative side."

Dr. Leader is with Capital Products Corp., Mechanicsburg, and resides at Camp Hill, near Harrisburg.

Dean Sherwood R. Mercer acted as Program Chairman and after the Memorial prayer by The Rev. Dr. Paul W. Poley, P.C.O.'s Chaplain, the audience was asked to stand for a minute's tribute to Prime Minister Winston Churchill, whose death occurred that week. New American and Pennsylvania flags were dedicated during the program, henceforth to be used in decorating the College stage.

During the evening at the Union League, President Barth and the Board of Directors hosted friends, graduates, and guests of the College at dinner.
TIME brings all things, the slogan says, and so it is not altogether unexpected to hear that instruction in, and lectures about SCUBA and preventive medicine in skin diving are going to be integrated with P.C.O.'s courses in Osteopathic Medicine. The chief architect of underwater activities, William Vilensky, who has completed the second year of studies at P.C.O., the past year undertook an extracurricular role instructing a class of 34 students, including several young ladies, at the Green Hill Health Club pool on City Line. He is expected to take a leading part in introducing SCUBA to the agenda. He outlined the task of safeproofing a new and exciting sport such as skin diving, emphasizing that while anybody can purchase SCUBA equipment, not everyone is advised to start plumbing the depths—without examination or training. There's a special term for what can happen, too: hyperbaric underwater accidents.

Vilensky's experience seemed worth recounting, so on this late day in May he brought out the approved SCUBA tank, and told how the most retiring, unathletic, even timid person can quickly be bitten by the skindiving bee. Here are some of the ABC's of it:

1. Skin diving is diving below the surface while holding the breath, for which face masks afford better vision and flippers on the feet add to the locomotion while submerged.

2. SCUBA, however, goes a long leap farther (it spells into Self Contained Underwater Breathing Apparatus) by permitting the diver to remain submerged much longer, breathing from his oxygen tank. But, this is important, says Bill:

3. In both types of diving there are inherent and self-inflicted health hazards resulting from lack of, or improper preparation for the sport. Such medical problems must now be made known to the public because of its rapid and wide espousal of skin diving, and medical measures should be understood and conveyed to would-be divers by the general practitioner.

"The physician should re-acquaint himself with basic laws of physics which involve pressure, volume, and temperature. With this information and his knowledge of physiology and pathology, the physician by correlating the three, may approach the problems posed by skin diving with intelligence."

There are three major points physicians should observe when the potential SCUBA addict comes for aid or advice:

1. The prospective new diver should undergo a pre-diving examination to determine his fitness for the sport. He should be told of any nerve, circulatory or muscular conditions that might apply.

2. The diagnosis and treatment of accidents directly resulting from or through the effects of increased or decreased pressure on the body. This would include accidents stemming from marine life, Vilensky added.

3. Teaching the details and special intricacies to other doctors and other interested groups.

"The most serious problems encountered in skin diving are hyperventilation and aural and paranasal sinus baro-trauma," Vilensky wrote in a paper prepared for the Public Health Course at P.C.O. "But these accidents are completely preventable by basic knowledge of diving physiology on the part of the diver." (Continued on next page.)
EXPLAINING SCUBA TECHNIQUES
William Vilensky, P.C.O. '67, at right, tells Editor Cy Peterman why correct information on dangers are as important as Skin Diver's zeal.

SCUBA DIVING
(Continued from Page 26)
He illustrated with the case of a 33-year-old diver who had to be helped ashore after a plunge of only 15 feet in 50-degree water. He had become dizzy, nauseous and frightened by a sharp pain in the ear, and a dull ache above the right maxillary sinus. A physician’s examination showed severely hyperemic tympanic membrane with suspicion of rupture in the right ear; five days earlier the diver suffered an upper respiratory infection with purulent sinusitis. This prevented, through blockage by mucus and edema of the sinus ostium and eustachian tube, an equalization of the increased pressure brought about by the water. The fellow should not have been diving while effects of the infection were still present. After treatment and recovery he resumed the sport.

Another case involved a 13-year-old boy who drowned during a kids' contest to see who could remain longest underwater. The boy had inhaled copiously prior to his dive, and by hyperventilating and exhaling carbon dioxide, had decreased the carotid body sensitivity to respiratory stimulation. Syncope resulted, and he drowned.

Summing up, Vilensky noted that the most common and lethal accident involved in unmanaged skindiving is cerebral arterial pneumo-embolism, resulting from pulmonary barotrauma. Yet it is among the easiest prevented by being sure of proper physical conditioning. This should be a warning passed along with SCUBA equipment to the uninitiated, Vilensky believes. It also demonstrates why physicians should acquaint themselves with causes of accidents and trauma resulting from the new craze for diving and exploring the deep. For, as he observed, “this sport is not limited to clear waters surrounding tropical islands; divers can be found in heated swim pools or the freezing waters of mountain lakes, in streams, quarries, even muddy gravel pits. Of all ages, and often without preliminary training or instruction, they join the new fun.”

Vilensky, now 37, resides at 5909 Seaview ave., Wildwood, New Jersey. He became interested in skindiving while on a trip eight years ago to St. Thomas in the Caribbean islands. He later took courses at the Y.M.C.A. in Atlantic City, and a short intensive one for experienced divers in Rochester’s Y.M.C.A. A high skin diver’s rating is National Y.M.C.A. Certified Instructor.

“I was one of those who tried this game after a half hour’s crude instruction. My sponsor took me out on a reef, left me with a leaky mask, and said he would return later. I was lucky to escape drowning, but fixed the mask, found a school of interesting fish, and forgot the danger until he returned. Now I know I should never have stayed there alone.”

When and as the instruction begins, the P.C.O. course will be the first formally offered in any medical college in the United States. It will involve many things which have to do with increased pressures on the human body. It will also facilitate other pressure studies where bacteria (anaerobes) grow faster in non-oxygen environments.

New P.C.O. Purchasing Agent
When Robert Delaplane joined the P.C.O. Administrative staff late in 1964 few realized here was a man who had helped run a railroad. That is, he bought plenty of supplies which helped to run the Pennsylvania Railroad, where he worked for many of the 38 of his business years. Less known was the fact that he plays a sharp golf game, has accumulated a small stock of trophies, and still is a good man to have on your side of the foursome. He played for years at Chester Valley Country Club, and is a low 80 man when on his game.

Bob Delaplane graduated from Purdue University in 1926, took up electrical engineering in the signal department of the P.R.R., and eventually entered its purchasing department.
THE good old year of 1964 wafted toward an end for P.C.O. students and faculty on the gay notes of an All-College Christmas show that packed the Auditorium and rolled the customers in the aisles. It went far beyond the 1963 laugh extravaganza in which many thought amateur limits had been attained, but after the P.C.O. Follies of '64 the question was: Will they be back for classes, or all sign up for TV? The Show was presented the evening of Dec. 21, and the family gift party a few nights earlier.

Produced by Ralph Lanciano and Al Macione, his assistant for the fourth straight year, the program was a combined operation among faculty members, Administration staff, all four classes, and the students’ wives. In fact, even the parking lot watchman got into the act when the hilarious “Headquarters” act broke up the audience. This was written, directed and acted by the “Noble Leader” Tom Rowland, and reached a howling climax when Dr. Ruth Waddel twirling her cigarette holder, as “Dr. Cathie”, moved into Tom’s office to register a series of “complaints.” Best critique was Dr. Cathie’s, “I couldn’t have done half as well.”

While each class produced its own act, the verdict of the evening was that “Cinderella,” with Dr. Nicholas Nicholas, Upper Darby’s gift to the stage, playing the title role for all his 260 pounds, had the edge. Tossing

“Don’ worry girls, it’s in the bag . . .”
HOLIDAY REVUE
(Continued from Page 28)

Master of Ceremonies, John Joseph Napoleon, who had a point when he said: "No college in the Philadelphia area enjoys finer student and faculty relations that we do at P.C.O." It was also Howie Schlitt's fourth and last year as Santa Claus.

During the evening the Second Year class put on their version of "Damn Yankees" in Villanova uniforms, and "You Gotta Have Heart" was good enough to bare the feelings of a group who found the study requirements don't diminish as the trail of the D.O. moves forward. When the Student Wives finished "The Night Before Christmas in the Anatomy Lab," everybody had a chance to parade organizational productions.

The program lasted approximately three hours, and was seen by more than 500, many standing in the corridor. Dr. Barth donned a surgical robe and joined the faculty chorus in "Holy Night" from the stage. He complimented the students, faculty and administration people on a splendid program and best of all, a new page in P.C.O. family spirit.

Not to be overlooked were the traditional parties for Clinic kids, the Nursery youngsters, the students' children and their friends which spread over the holidays. The Student Wives got busy and had their cake sales, the hospital corridors rang with carols, the orchestra was never better when it assembled for the big night's program, and some of the folks found time to do their normal work, too.

1. "Headquarters" had a familiar air. 2. "My love, I've found you at last." 3. "Now if I had some help..." 4. "You gotta have heart to last two years." 5. "It came upon a midnight clear..." 6. Was Anybody Sad?
Complex Preparation for Healing Described to 105 at '68 Orientation

Dr. Barth, Dean Mercer, Registrar Rowland Urge Serious Approach to Serious Profession—Six Women Enroll As Three Sons of P.C.O. Grads Enter

Each Autumn’s orientation for the First Year class brings additional evidence of the changes in higher education, particularly the second four-year courses that lead to the osteopathic medicine degree. It was thus on September 11, 1965 when 105 candidates duly matriculated at Philadelphia College of Osteopathy, met in the College Auditorium to hear a few basics of the new academic life.

Dr. Frederic H. Barth gave them the broad view from the President’s chair of the College. He promised every opportunity to fulfill their intent to become qualified D.O.’s. This would open the way for private and public service in the field of medicine, now recognized as so vital that more and more governmental attention, encouragement and financial aid has been forthcoming at all levels. The newest techniques, the latest methods, the best in research and development for healing people and returning them as healthy, producing citizens would be at their disposal.

“It is up to you whether you achieve your ambitions and fit yourselves for this important profession,” Dr. Barth charged them.

Dean Sherwood R. Mercer, addressing “one of our better

FATHERS AND SONS OF P.C.O.
Three of the 1968 Class proved to be sons of P.C.O. Alumni. Here, l-r, are Dr. Phil Lessig and son Marvin, a graduate of Univ. of Pennsylvania '64; Dr. Irvin J. Angert and son Ashley; and Bernard Sobel, whose father, Dr. Julius Sobel was unable to attend the meeting.

FROM TWO CONTINENTS
Left, Floyd Carson, Greensboro, N.C. just finished Morgan State, talks with George Apondo, native of Kenya, who intends to practice in that newly established African Republic when he obtains his D.O.

First Year enrollments,” provided some vital statistics about the institution of P.C.O. He said it consisted of three separate centers of teaching, hospitalization, and research—48th and Spruce streets, 20th and Susquehanna avenue (North Center), and City Line’s new campus where the new Hospital building is in making. These three centers have 600 employees, and operate on a $3,000,000 budget. The College operates smoothly with the State and Federal Department of Health, Education and Welfare, and with (Continued on next page.)
the American Osteopathic Association of which it is, of course, a member.

"Understanding college is a complex job, and obtaining its full benefits is even more complex," the Dean warned. "It is not an easy way to spend four years, but it can be the happiest and the most fruitful four years you devote in preparing yourselves. We have here everything designed to make you excellent Doctors of Osteopathy."

The enrollment for the Class of 1968 contained six women, highest percentage from the distaff side. One was from Germany, one was a University of Michigan graduate, one a pharmacist seeking her doctorate. Three of the class were sons of former P.C.O. students, now practicing D.O.'s. One was from Kenya in newly liberated Africa.

Perhaps the most unusual slant on osteopathic experience came from Dr. William F. Daiber, Chairman of the Department of Osteopathic Medicine. He matriculated at P.C.O. 40 years previous to that September, and in retrospect said he felt that the fourth year was the one he remembered most, although all were equally important. He too emphasized the long view, and said the history of healing demonstrated that knowledge in the profession of medicine is an ever continuing process.

Thomas M. Rowland, Jr., Director of Admissions and Registrar, provided the housekeeping details, and urged the students to make a quick and successful start in their work. That was as important as getting "settled in" with housing, student organizational matters and church affiliation. Among the new enrollees was George Apondo, who completed his courses at Elizabeth College in Pennsylvania. Apondo, after four years in America, was embarking upon a healing career to be utilized in his homeland, Kenya, where he came from the province of Nyanza.

SIX FEMALE D.O. CANDIDATES

Professor Ruth V. E. Waddel, remembering her four year climb to D.O. eminence, chats with six feminine candidates in the matriculating class of 1968. Left to right, Marie Kirkland, Narberth, Chestnut Hill College; Amanda Blount, Philadelphia, Temple University; Judith Kline, Allentown, Phila. College of Pharmacy; Jane Gelnett, Millerstown, Susquehanna University; Elizabeth Bomheuer, Recklinghausen, W. Germany, Duquesne University; and Marjorie Bloom, Warrington, University of Michigan.

"NOW WHEN I WAS A FRESHMAN . . ."

Dr. Wm. F. Daiber, second from right, goes back 40 years to describe Orientation to, l-r, Holdan Kime and wife, Nancy; Hugh Corddry and wife, the former Ruth Gedney; and Pat Cavanaugh, Pipersville.

Pre-Medical Symposiums
Interest College Grads

Several pre-Medical symposiums and talks on P.C.O. and its opportunities for a career in medicine interested senior class groups during the past Spring. One held May 5 at Elizabethtown College featured Dean Mercer on a discussion panel, with Dr. Lloyd and Tom Rowland as observers.

At Temple University Dr. Lloyd, the Dean and Dr. Paul Thomas took turns in briefing prospective graduates on the profession of osteopathic medicine. Another was held at Muhlenberg College, and again Dean Mercer, Rowland and Dr. Lloyd carried the word. Ruth Rinehart, Secretary to Dr. Barth, also was in the group and enjoyed a return to her former College scenes. During May Northeast High School heard Registrar Rowland give a talk on the life of an osteopathic physician. Dr. James A. Frazer was also on the program.

Christmas Seal Campaign
Netted Foundation $106,000

Competition among the Osteopathic Colleges, adding spirit to the annual Christmas Seal sales, drove the 1964 campaign over its goal by nearly $5,000, according to National Osteopathic Foundation reports. Dr. True B. Eveleth, Executive Director of the American Osteopathic Society, has sent out congratulations to everyone who participated. The Foundation took in $106,000, counting special gifts.

Top honors for the College sales campaign went to Philadelphia College of Osteopathy, as described in this issue. The competition was billed as the "war between the States," but it was a friendly one in all respects.
THE CLASS OF 1965
AND HOSPITALS WHERE THEY WILL INTERN

Leslie Albert .......................... Philadelphia
B.S. in Phar., Temple University School of Pharmacy
Doctors Hospital, Columbus, Ohio

Robert Arnold Ball .................... Melrose Park, Pa.
B.S. in Phar., Philadelphia College of Pharmacy and Science
Parkview Hospital, Philadelphia

Philip Joseph Bell ..................... Philadelphia
B.S. in Phar., Temple University School of Pharmacy
Tri-County Hospital, Springfield, Pa.

Alexander Bohdan Chernyky ............ Philadelphia
A.B., La Salle College
Riverview Osteopathic Hospital, Norristown, Pa.

Ernest Andrew Christensen ............. Providence, R.I.
B.S. in Phar., Rhode Island College of Pharmacy
Garden City-Ridgewood Osteopathic Hospitals, Garden City, Mich.

Allen Theodore Cohen .................. Brooklyn, N.Y.
Brooklyn College, Pod.D., M. J. Lewis College of Podiatry
Interboro General Hospital, Brooklyn, N.Y.

Jules J. Cohen .......................... Philadelphia
A.B., Temple University
Tri-County Hospital, Springfield, Pa.

James Francis Conroy .................. Providence, R.I.
B.S. in Phar., Rhode Island College of Pharmacy
Hospitals of Philadelphia College of Osteopathy, Philadelphia

Bernard Coppolelli ..................... East Providence, R.I.
A.B., Providence College
Allentown Osteopathic Hospital, Allentown, Pa.

Leonard Davidson ...................... Philadelphia
A.B., Temple University
Tri-County Hospital, Springfield, Pa.

James J. Davis ........................ Rochester, N.Y.
B.S., Canisius College
Grand Rapids Osteopathic Hospital, Grand Rapids, Mich.

Francis Hugh Fallon ................... Warwick, R.I.
B.S., in Phar., University of Rhode Island
Osteopathic General Hospital of Rhode Island, Cranston, R.I.

Clifton William Fisher ................. Mt. Vernon, Ohio
B.S., Ohio State University
Lansing General Hospital, Lansing, Mich.

Roslyn Gardner ....................... Staten Island, N.Y.
B.S., Boston University
Interboro General Hospital, Brooklyn, N.Y.

Edward Mario Gianforte .............. New Haven, Conn.
A.B., University of Connecticut; M.S., University of Connecticut; M.S., University of Pennsylvania
Memorial Osteopathic Hospital, York, Pa.

Bonnie Rae Braff Ginder ............. Pennsauken, N.J.
A.B., Rutgers University
Hospitals of Philadelphia College of Osteopathy, Philadelphia

Jerry Ginsberg ........................ Philadelphia
B.S. in Phar., Temple University School of Pharmacy
Parkview Hospital, Philadelphia

Sheldon Charles Glickman ............. Philadelphia
B.S. in Phar., Philadelphia College of Pharmacy and Science
Parkview Hospital, Philadelphia

Joseph Marvin Hassman ............... Philadelphia
B.S. in Phar., Temple University School of Pharmacy
Parkview Hospital, Philadelphia

Frederick Campbell Hawkins, Jr. .... Philadelphia
A.B., Lincoln University
Hospitals of Philadelphia College of Osteopathy, Philadelphia

Thomas Henry Henderson .............. New Richmond, Ohio
B.S., Ohio State University
Grandview Hospital, Dayton, Ohio

B.S. in Phar., Temple University School of Pharmacy
Memorial Osteopathic Hospital, York, Pa.

Irwin Jacobson ....................... Philadelphia
A.B., Temple University
Parkview Hospital, Philadelphia

George Phillip Jaeger ................. Joliet, Ill.
A.B., Southern Illinois University
Bay View Hospital, Bay Village, Ohio

Eva Felicity Sophie Jasinski .......... Philadelphia
A.B., Temple University
Hospitals of Philadelphia College of Osteopathy, Philadelphia

Samuel Joseph Jassenoff .............. Philadelphia
A.B., Temple University
Zieger Osteopathic Hospital, Detroit, Mich.

George Adolphus D. Johnson .......... Philadelphia
A.B., Lincoln University; B.S. in Phar., Philadelphia College of Pharmacy and Science
Hospitals of Philadelphia College of Osteopathy, Philadelphia
Gordon Harvey Josephs .................................. Seaford, N. Y.
University of Buffalo; Hofstra University
Metropolitan Hospital, Philadelphia

Leonard Myron Kabel ........................................ Philadelphia
B.S. in Phar., Philadelphia College of Pharmacy and Science
Cherry Hill Hospital, Cherry Hill, N. J.

Neil Michael Kantor ........................................ Providence, R. I.
A.B., New York University
Doctors Hospital, Columbus, Ohio

Arnold Stephen Katz ......................................... Philadelphia
B.S. in Phar., Philadelphia College of Pharmacy and Science
Zieger Osteopathic Hospital, Detroit, Mich.

Bernard Kazdan ............................................. New Haven, Conn.
A.B., Temple University
Interboro General Hospital, Brooklyn, N. Y.

Robert A. Kopecki ......................................... Chester, Pa.
A.B., Temple University; B.S. in Phar., Temple University School of Pharmacy
Brentwood Hospital, Cleveland, Ohio

James Kordis .............................................. McKeesport, Pa.
B.S., University of Pittsburgh
Brentwood Hospital, Cleveland, Ohio

Paul Denis Kuehner ........................................ Johnson City, N. Y.
B.S., King's College
Allentown Osteopathic Hospital, Allentown, Pa.

H. James Kurn .............................................. Natrona Heights, Pa.
B.S. in Phar., University of Pittsburgh School of Pharmacy
Detroit Osteopathic Hospital, Detroit, Mich.

Ralph Claude Lanciano, Jr. ................................. Philadelphia
Villanova University
Hospitals of Philadelphia College of Osteopathy, Philadelphia

Martin Leonard Lasky ...................................... Philadelphia
Albright College
Tri-County Hospital, Springfield, Pa.

Daniel L. Leabman .......................................... Philadelphia
B.S., Dickinson College
Doctors Hospital, Columbus, Ohio

Milton Levin ................................................ Vineland, N. J.
B.S. in Phar., Philadelphia College of Pharmacy and Science
Doctors Hospital, Columbus, Ohio

Vincent G. J. Lobo, Jr. .................................... Harrington, Del.
B.S., O.D., Pennsylvania State College of Optometry
Riverside Hospital, Wilmington, Del.

William Lozinger, Jr. ...................................... Scranton, Pa.
B.S. in Phar., Philadelphia College of Pharmacy and Science
Allentown Osteopathic Hospital, Allentown, Pa.

Patrick Francis McCarthy ................................. Philadelphia
B.S., St. Joseph's College
Allentown Osteopathic Hospital, Allentown, Pa.

Robert Myron Mandell .................................... Cranston, R. I.
B.S., Springfield College
Detroit Osteopathic Hospital, Detroit, Mich.

Gerald Leo Melamut ........................................ Providence, R. I.
B.S. in Phar., Rhode Island College of Pharmacy
Allentown Osteopathic Hospital, Allentown, Pa.

Constantine William Michell ............................ Chester, Pa.
Pennsylvania Military College
Riverside Hospital, Wilmingtom, Del.

John Joseph Napoleon .................................... Upper Darby, Pa.
A.B., La Salle College
Parkview Hospital, Philadelphia

Roy Nolan Pasker ......................................... W. Collingswood, N. J.
B.S., Drexel Institute of Technology
Saginaw Osteopathic Hospital, Saginaw, Mich.

Charles Walter Pindziak ................................ Philadelphia
A.B., La Salle College
Cherry Hill Hospital, Cherry Hill, N. J.

Floyd Walter Rosdahl ...................................... Jamestown, N. Y.
A.A., Jamestown Community College; University of Tennessee
Oklahoma Osteopathic Hospital, Tulsa, Okla.

Norman S. Sage ............................................. Detroit, Mich.
Eastern Michigan University; Wayne State University
Martin Place Hospitals, Madison Heights, Mich.

B.S., Muhlenberg College; M.S., Syracuse University
Allentown Osteopathic Hospital, Allentown, Pa.

Howard Henry Schlitt .................................... Somerdale, N. J.
A.B., Ohio State University
Bay View Hospital, Bay Village, Ohio

Paul Howard Schoen ....................................... Philadelphia
Temple University
Metropolitan Hospital, Philadelphia

David Stanton Shaid ....................................... Philadelphia
A.B., University of Pennsylvania
Hospitals of Philadelphia College of Osteopathy, Philadelphia

Warren Lance Stoker ....................................... Manchester, Conn.
A.B., Dartmouth College
Detroit Osteopathic Hospital, Detroit, Mich.

Edward Joseph Streker ................................... Cranston, R. I.
B.S., Norwich University
Osteopathic General Hospital of Rhode Island,
Cranston, R. I.

B.S., Maryville College
Riverview Osteopathic Hospital, Norristown, Pa.

B.S., Ursinus College
Saginaw Osteopathic Hospital, Saginaw, Mich.

LeRoy Irving Sykes ....................................... Wilkes-Barre, Pa.
B.S., Villanova University; M.S., University of Illinois
Osteopathic Hospital of Maine, Portland, Me.
B.S. in Phar., University of Pittsburgh School of Pharmacy
Grand Rapids Osteopathic Hospital,
Grand Rapids, Mich.

Clifford Lawrence Tengelsen ....................... Huntington, N. Y.
B.S. in Phar., Long Island University (Brooklyn College of Pharmacy)
Grand Rapids Osteopathic Hospital,
Grand Rapids, Mich.

Frank Paul Tutterice ............................. Philadelphia
B.S. in Phar., Philadelphia College of Pharmacy and Science
Garden City-Ridgewood Osteopathic Hospitals,
Garden City, Mich.

Frederick George Uberti .......................... Philadelphia
A.B., La Salle College
Grandview Hospital, Dayton, Ohio

A.B., Oberlin College
Saginaw Osteopathic Hospital, Saginaw, Mich.

Michael Alan Walder ............................. Cherry Hill, N. J.
A.B., Rutgers University
Cherry Hill Hospital, Cherry Hill, N. J.

Sheldon Weiser .............................. Brooklyn, N. Y.
B.S., Brooklyn College
Zieger Osteopathic Hospital, Detroit, Mich.

Herbert George Wendelken, Jr. ................. Staten Island, N. Y.
B.S., Wagner College
Cherry Hill Hospital, Cherry Hill, N. J.

Marvin Ellis Werlinsky ......................... East Lansdowne, Pa.
A.B., University of Pennsylvania
Tri-County Hospital, Springfield, Pa.

John Mann Williams ............................ Cumberland, Md.
A.B., Western Maryland College
Saginaw Osteopathic Hospital, Saginaw, Mich.

Stanley Winnick ................................. Brooklyn, N. Y.
B.S. in Phar., Long Island University (Brooklyn College of Pharmacy)
Interboro General Hospital, Brooklyn, N. Y.

Galen David Young ......................... Wallingford, Pa.
B.S., Elizabethtown College
Hospitals of Philadelphia College of Osteopathy, Philadelphia

Michael Yurkanin .............................. Ashley, Pa.
A.B., Wilkes College
Garden City-Ridgewood Osteopathic Hospitals,
Garden City, Mich.

"Engineers--Gods or Devils?", and Dr. Louis T. Benezet, President of California's Claremont Graduate School and University Center. The Conference marked a high point in Columbia University's Centennial observation of its engineering education, begun with its founding of the School of Mines in 1864.

1965 A.O.A. Convention
In Phila. Sept. 19-22

The annual Convention of the American Osteopathic Association will take place in Philadelphia, September 19-20-21-22, with the various Osteopathic Professional Colleges having their sessions concurrently at the Hotel Sheraton and the Warwick Hotel. Much interest in this first A.O.A. convention to be held here in some time, will center around the new P.C.O. campus on City Line ave. Advance planning includes visits to inspect the new P.C.O. Hospital now under construction. The A.O.A. publications recently did a reportorial job with pictures made at P.C.O. facilities.

Several of the P.C.O. Faculty leaders are on the program. The College under Dean Mercer's direction is preparing a scientific exhibit to go with those of the five Osteopathic Colleges. It will be set up at the Sheraton.
AWARDS – 1965 GRADUATION

THE CHRISTIAN R. AND MARY F. LINDBACK FOUNDATION AWARD FOR Distinguished Teaching
This award by the Trustees of the Christian R. and Mary F. Lindback Foundation is given in recognition of distinguished teaching by members of the Faculty of Philadelphia College of Osteopathy:

Morton Greenwald, A.B., D.O., M.Sc.(Path)

THE CHRISTIAN R. AND MARY F. LINDBACK FOUNDATION SCHOLARSHIP AWARDS
These scholarships are awarded by the Trustees of the Christian R. and Mary F. Lindback Foundation to students who are residents of the States of Delaware, Maryland, Pennsylvania or New Jersey and who by their academic achievement, personal qualities and promise as osteopathic physicians are deemed worthy of this recognition:

Class of 1966
Frederick J. Humphrey

Class of 1967
Lillian M. Hynes
Gene W. Miller
Stanley W. Saul

SIGMA ALPHA OMICRON
A Gold Key and Certificate are awarded to those graduates meeting the requirements of the Sigma Alpha Omicron Honorary Society. Election is based on maintenance of high scholarship in didactic work:

Leonard Myron Kabel

THE DEAN'S AWARD
To that member of the graduating class who by his personal and professional conduct and by his contributions to student affairs and to the general program of Philadelphia College of Osteopathy has been deemed worthy of special citation as a recipient of the Dean's Award:

James J. Davis
Robert Myron Mandell

THE DOROTHY JEAN SIVITZ, D.O., MEMORIAL AWARD
Given by Philip M. Lessig, D.O., and Clarence E. Baldwin, D.O., to that member of the graduating class who has the highest academic achievement in Hematology:

Frederick George Uberti

THE JOHN H. EIMERBRINK, D.O., MEMORIAL AWARD
Awarded to the member of the graduating class who in the opinion of the members of the Department of Osteopathic Principles and Practice has shown exceptional ability in Osteopathic Therapeutics. Awarded by Mrs. Eimerbrink and several of Dr. Eimerbrink's intimate professional associates:

Galen David Young
Honorable Mention: Clifford Lawrence Tengelsen

PUBLIC HEALTH AWARD
Awarded by Joseph Py, D.O., to that member of the graduating class who has excelled in the subjects of Bacteriology and Preventive Medicine:

Eva Felicity Sophie Jasinski

THE BELLE B. AND ARTHUR M. FLACK MEMORIAL AWARD
Awarded by the children of Dean and Mrs. Flack, upon recommendation of the Department of Osteopathic Medicine, to that member of the graduating class who has been selected as most proficient in the practice of Osteopathic Medicine:

James Francis Conroy
Honorable Mention: Bonnie Rae Braff Ginder, Floyd Walter Rosdahl

THE HAROLD C. WADDEL, D.O., MEMORIAL AWARD
This award is made to that member of the graduating class, upon recommendation of the Staff of the Department of Obstetrics and Gynecology, for exceptional competence in technique in clinical obstetrics and gynecology:

Eva Felicity Sophie Jasinski

THE OBSTETRICAL AWARD
Awarded by Frank E. Gruber, D.O., upon recommendation of the Department of Obstetrics and Gynecology, to that member of the graduating class, for exceptional achievement in the didactic program of the department:

Charles Walter Pindziak

THE HAROLD L. BRUNER, D.O., MEMORIAL AWARD
Awarded by Mrs. Harold L. Bruner to that member of the graduating class who has demonstrated outstanding proficiency in the field of allergy:

James Francis Conroy

THE WILBUR P. LUTZ, D.O., MEMORIAL AWARD
Awarded by Mrs. Wilbur P. Lutz, upon recommendation of the Department of Osteopathic Medicine, to that member of the graduating class who has been selected as the most proficient in Physical Diagnosis.

Constantine William Michell
Honorable Mention: Irwin Jacobson

THE HOMER MACKEY MEMORIAL AWARD
Awarded in memory of Homer Mackey by the Student Council of Philadelphia College of Osteopathy to that member of the graduating class who attained the highest scholastic average throughout his three years of didactic study:

Leonard Myron Kabel

DEGREE OF MASTER OF SCIENCE
MASTER OF SCIENCE (Pediatrics)
James M. Judge, D.O.
P.C.O. Class of 1962
Otto M. Kurschner Dies,  
Associate Pediatrics Prof.

Dr. Otto M. Kurschner, Associate Professor in the Department of Pediatrics at P.C.O., died after a long illness, May 20. He was 50 years of age, resided at 28 Levering Mill rd., Bala-Cynwyd, and had held every elective office including the Presidency in 1956, of the College of Osteopathic Pedriatricians. He was the James Watson Memorial Lecturer of the ACOP and had been elected a Fellow in the College.

Dr. Kurschner was a graduate of Temple University and completed his studies for Doctor of Osteopathy at P.C.O. in 1945. He was a founder of the Metropolitan Hospital in the Society Hill section of old Philadelphia, and was Chairman of Pediatrics at Tri-County Hospital, and previously held that post at Cherry Hill Hospital in New Jersey, and at Metropolitan. He was also a trustee of the A.O.A. In 1962 he was voted the outstanding alumnus of the Temple Liberal Arts School, and was a past president of Lambda Omicron Gamma national fraternity.

Active all his life in affairs of the profession, Dr. Kurschner was eager to see that friends and associates also were recognized. In 1963 he was active in the ceremonial installation as a Fellow, of Dr. William S. Spaeth, Chairman of the Pediatrics Department of P.C.O. The OSTEOPATHIC DIGEST that Spring carried a picture of the robing of Dr. Spaeth which was performed by Dr. Kurschner and Dr. Thomas F. Santucci.

Dr. Kurschner is survived by his wife, the former Betty Gillion; a daughter, Linda, his mother, and a sister.

Dr. Lloyd E. Hershey Obituary

Word of the death of a P.C.O. Alumnus some time ago in Tucson, Ariz., was brought to the attention of P.C.O. officials when Lloyd G. Hershey matriculated with the First Year class last Fall. Dr. Lloyd E. Hershey, native of Paradise, Pa., and graduate of Philadelphia College of Osteopathy in 1932, had practised in Honeybrook, Pa. for fifteen years before moving to Warren, Ariz. in 1948.

There he quickly established a fine practice and was known as Cochise County's leading osteopathic physician. Stricken with what proved to be cancer of the bronchi, he was ill only a few months and died at age 58. He left his widow, Mrs. Viola Hershey, three sons, Jack, George, and Lloyd, a daughter, Mrs. Phyllis Wert, and eight grandchildren.

TRUSTEE, GUY W. ROGERS, JR., DIES

Guy W. Rogers, Jr., a member of Philadelphia College of Osteopathy Board of Directors, died at his Haddonfield, N. J. home on May 3. Mr. Rogers had served for a number of years, and acted as attorney for the College in matters of incorporation and other state charter matters.

Two Old Graduates Write  
Appreciation from Georgia

A handwritten letter arrived after publication of the last Osteopathic Digest from two of P.C.O's older, but still active graduates. Dr. E. L. Thurman and his D.O. wife, Stella, completed their courses with remarkably high grades way back in 1910. They would have been at their 55th reunion had they returned the past Commencement from their home in Americus, Ga. When they were graduated P.C.O. was located at 1715 N. Broad street, the letter states. As the newest P.C.O. building on the newest campus rises, it is appropriate to relay a few thoughts of the Drs. Thurman:

"Great things happened for us back in those early P.C.O. days, enabling us to break away permanently from the hard grinding life of the Kentucky farm, and the limited opportunities it afforded in those days. It was possible thereafter to move among people who shared our love of intellectual excellence, our ambitions to be of community service, and to have the feeling of living with a purpose. Osteopathy afforded us that opportunity, and we can imagine no field in which the rewards would have been as rich."

Dr. Thurman recalled his struggle to master the terminology of osteopathic medicine, for he and his bride-to-be had not had even high school preparation as we know it today. They had special teacher training but the Franklin, Ky. rural school provided their main "liberal arts" learning, he wrote. He mentioned among the instructors in those early P.C.O. years, Drs. Knowles, McLain, Pennock, Dufur, Flack, Carter, Bailey, Nichols, Blake, Barrett, Leonard, Bentley, Muttart, and Willard. At the time of the letter, the Thurmans were 87 and 85 years of age.

Dr. Margaret L. Anderson Dies

Dr. Margaret L. Anderson, who was one of the last P.C.O. alumnae (in 1927) before the College moved to 48th and Spruce sts., passed away June 3 in Bryn Mawr Hospital. She was 69 and resided in the Mermont Apartments on Montgomery ave., Bryn Mawr. Dr. Anderson was well known as a medical missionary in India during the late 1920's and early '30's. She had practised in Bryn Mawr for 35 years. She also became a Sunday School teacher in Bryn Mawr Presbyterian Church. Memorial services were held in that Church's Chapel June 6.

A graduate of Northfield Seminary in Massachusetts, Dr. Anderson was among the first women osteopaths of her era to enter the foreign missionary field. She is survived by a sister, Mrs. S. G. Corwin, and a brother, Dr. Robert D. Anderson, the latter for many years Secretary of the P.C.O. Alumni Association.
CRADLE ROLL—P.C.O. Hospitals

JUNE 1964
9—Steven Philip, son of Dr. Leonard and Marylyn Finkelstein. Delivered by Dr. DeMasi.
18—Steven Paul, son of Frank and Isabelle Tutterice. Delivered by Dr. Belsky.
21—Gregory Tyler, son of Dr. Wendell and Alice Watters. Delivered by Dr. Eisenberg.
26—Theresa, daughter of Dr. William and Marie Saponaro. Delivered by Dr. Gruber.

JULY 1964
4—Frederick Campbell, son of Frederick and Eveline Hawkins. Delivered by Dr. Gruber.
18—Karen Marie, daughter of Hugh and Diane Scott. Delivered by Dr. Eisenberg.
21—Thomas Jude, son of Thomas and Constance Swartzwelder. Delivered by Dr. Eisenberg.
28—Craig Lewis, son of Irving and Helen Berkowitz. Delivered by Dr. Eisenberg.

AUGUST 1964
2—Andrew, son of Ronald and Elaine Litwak. Delivered by Dr. Belsky.
11—Bruce, son of Seymour and Madeline Kilstein. Delivered by Dr. DeMasi.
15—Thomas Joseph, son of Dr. Thomas and Dr. Geri Foote, at Miami Beach, Fla.
20—Lisa Carol, daughter of Dr. Joseph and Bernadette Ridgik. Delivered by Dr. Gruber.

SEPTEMBER 1964
19—John William, son of John and Catherine Struthers. Delivered by Dr. Gruber.
24—James Vincent, son of Dr. Nicholas and Mary Pedano. Delivered by Dr. Belsky.

OCTOBER 1964
3—Renee Mary, daughter of Edward and Mary Ann Schrader. Delivered by Dr. Eisenberg.
7—Michael Philip, son of Dr. Theodore and Anita Rose D'Orazio. Delivered by Dr. DeMasi.
25—Theresa Ann, daughter of Dr. John and Mary Asman. Delivered by Dr. Belsky.

NOVEMBER 1964
2—Joseph Michael, son of Dr. Anthony and Estelle Cincotti. Delivered by Dr. Gruber.
26—Adolphus, son of George and Anne Johnson. Delivered by Dr. DeMasi.

DECEMBER 1964
17—Richard Michael, son of Richard and Edith DeMonte. Delivered by Dr. DeMasi.

JANUARY 1965
15—Jeffrey Stuart, son of Arnold and Renee Karz. Delivered by Dr. Gruber.
28—Matthew, son of Dr. Charles and Mary Jean DeSanto. Delivered by Dr. DeMasi.
31—Carl J., son of Donald and Catherine Pitetto. Delivered by Dr. DeMasi.

FEBRUARY 1965
1—David MacDonald, son of Dr. John and Barbara Tilley. Delivered by Dr. Eisenberg.
16—Karen Ann, daughter of Dennis and Patricia Kuehner. Delivered by Dr. DeMasi.
20—Adam Lando, son of Alan Lewis and Heidi Menkes. Delivered by Dr. Eisenberg.

MARCH 1965
1—Mindy Lynne, daughter of Philip and Harriet Bell. Delivered by Dr. DeMasi.
3—Shari Beth, daughter of Dr. Richard and Sandra Simon. Delivered by Dr. DeMasi.
28—Anthony Frederick, son of Frederick and Jacqueline Uberti. Delivered by Dr. Atkins.

APRIL 1965
4—Robert Peter, son of Dr. Peter and Marie Cocco. Delivered by Dr. Gruber.
28—Deborah Lucille, daughter of Floyd and Dorothea Rosdahl. Delivered by Dr. DeMasi.

MAY 1965
27—Michael John, son of Dr. Michael and Marilyn Kline. Delivered by Dr. Eisenberg.
27—Robert Constantine, son of Robert and Joanne Donlick. Delivered by Dr. Belsky.
27—Jeffrey Steven, son of Dr. James and Joan D’Amore. Delivered by Dr. Belsky.

Mercer and DeAngelis Guide
Del-Co Girl Scouts’ Finances

Speaking of extra-curricular activities, Dean Sherwood R. Mercer and Treasurer-Controller John DeAngelis contracted plenty in being Treasurer and Finance Committee member respectively of the Delaware County Girl Scouts Council, which numbers 17,000. Some 5,000 adults work with this group, a model in public spirited effort.

A mid-July Sunday, for example, took both the Dean and John to Hidden Falls, near Dingman’s Ferry, where a new dining commons was prepared for 200 at a time. The kitchen and commons were designed without charge by William Merz and Clyde Goff, of the Food Service Engineering Co. The Del-Co Girl Scouts own 1800 acres in this upper Delaware Valley vacationland. Among the Scouts in the Del-Co Council are Christine and Patricia DeAngelis, and Elizabeth Mercer, a Counsellor.
CANCER'S DANGER SIGNALS CAN BE SAFETY SIGNALS

You can do **two things** to guard yourself against cancer: Have an annual health checkup. Alert yourself to the seven danger signals that could mean cancer:

1. Unusual bleeding or discharge.
2. A lump or thickening in the breast or elsewhere.
3. A sore that does not heal.
4. Change in bowel or bladder habits.
5. Hoarseness or cough.
6. Indigestion or difficulty in swallowing.
7. Change in a wart or mole.

If your signal lasts longer than two weeks, go to your physician. Give him the chance to give you the chance of a lifetime.

*Philadephia College of Osteopathy
Philadelphia, Pa.*