Digest of the Philadelphia College of Osteopathic Medicine (Spring 1988)

Philadelphia College of Osteopathic Medicine
A Student on Rotation Hears
The Heartbeat of Philadelphia
The Department of Physiology and Pharmacology has evolved into a well-respected research team, which encourages student research because the process of turning students into well-rounded medical professionals requires some exposure to the rudiments of basic science.
The Digest of Philadelphia College of Osteopathic Medicine

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Calendar
A young patient at OMCP's Cambria Street Health Care Center is examined by a fourth-year student. The experience yields good things for both. For the patient, care and attention from an enthusiastic young professional. For the student, viewpoints reshaped by the descending weight of personal responsibility.

Luck, for PCOM student Sally Pyle, means getting a 90-day rotation at the College's West Philadelphia Health Care Center.
"I was lucky to get this rotation," says fourth year PCOM student Sally Pyle, talking over her shoulder. She places a bandage on the cut hand of a six-year-old girl who has fallen on a West Philadelphia sidewalk.

One of eight PCOM students on a three-month rotation at Osteopathic's West Philadelphia Health Care Center, Sally Pyle and her young patient, with Osteopathic, form a partnership within Philadelphia's inner city that is meeting the medical needs of each while modifying some old ideas in education and finance.

Pyle gets her first chance to participate in a one-on-one medical practice. Her young patient gets her hand cared for in a competent and caring way, and Osteopathic, here reversing a present trend, generates more instead of less revenue. In the process, ideas commonly held by students about family practice and patients in the inner city are falling away. Health care centers are becoming more attractive as an answer for increasing Osteopathic's revenue, and all are learning how to survive and prosper within a widening system of prepaid medical care.

A Counterpart on Cambria Street

Five miles across town at 22nd and Cambria Street, at the second of Osteopathic's inner city health care centers, student Donald Erb is treating a middle-aged woman who complains that her knee hurts when she walks. Erb notes that his patient's condition is aggravated by her obesity. He knows that her medical bill will be paid by Philadelphia's Department of Public Assistance, and it is his perception that a welfare system that supplies all the food it takes to produce debilitating weight, without dealing with the depression of joblessness or the education to choose the right foods, can be counter-productive.

A temporary visitor from white middle-class suburbia, Erb is finding that treating the residents of an urban black neighborhood is not only a challenge to his medical knowledge but revolutionary to his ideas about blacks and urban culture. His perceptions of that culture and his approach to the practice of medicine, like those of his classmates, are being modified. At the end of three months, when each student has finished the rotation here and treated 300-400 lower income patients in the process, all will have learned more about the needs of inner city people, their illnesses, and what it takes to provide them with primary care in the prepaid medical economy.

Explaining the Culture

With experience, details emerge that reveal to students why they see what they see. George Vermeire, DO, director of the West Philadelphia Health Care Center, has supervised the treatment of thousands of inner city patients since the center opened. He says that many of the illnesses they present are cultural, few are ethnic. The obesity, Vermeire explains, is caused not so much by the quantity eaten but by what is eaten. "Junk food," he says, "usually fried." Too many sodas, too few vegetables except for the occasional "greens," are staples of the local diet. It's a diet, he says, that often puts excessive weight on young children and creates a cell structure that will prove almost impossible to change in later years.

Being Accepted

The Osteopathic HCC experience is equally enlightening to its clients.

Erb's patient, like Pyle's, is discovering that being treated by a student doctor at one of the OMCPC health care centers is different from being treated by a physician with an established private practice. Both Erb and Pyle have more time to examine and talk with their patients. Meeting patients for the first time and free from the influence of previous impressions, they can make medical evaluations with a fresh eye.

Stephen Fedec, DO, a veteran member of the West Philadelphia practice, after checking the progress notes and treatment plans of hundreds of students who have treated thousands of patients, says the care is excellent because the student is anxious to do everything right. He is enjoying the chance to effect a cure. Fedec's opinion is confirmed by students who say they get a special high from the feeling for the first time in their beginning careers that they are being fully accepted as physicians. The experience is powerful. For the first time in their arduous training, almost all barriers between themselves and their patients are down.
Accepting Responsibility

In a hospital, where students are insulated from patients by several layers of authority above and around them, a student can do little to influence the care and condition of a patient. Now, alone with a patient at last, they feel the crushing weight of personal responsibility. There is, of course, the center's director or another attending physician as backstop. They know how to monitor and guide the student's experience, yet remain in the background.

Vermeire, like his associate, Fedec, is unreserved in his enthusiasm for the system of family practice rotations that help soon-to-be-graduates gain confidence. "We want to guide them without stealing their thunder," he says.

Vermeire and Fedec at Lancaster Avenue, and Oliver Bullock, DO, at Cambria Street, are familiar with the histories of each patient, but the student must submit progress notes and a treatment plan that seems appropriate. When a student is stumped, an attempt is made to talk him or her through it. When there is serious doubt, the student knows that the patient will be examined by an experienced physician.

Sally Pyle recalls a patient who claimed to be suffering from a long list of improbable diseases and had been medicated for many of them. Vermeire's questioning of her diagnosis guided her to the correct conclusion that the patient's problems were largely psychological. Returning to the patient, Pyle encouraged him to confide what he thought the real problem was. "Lack of sleep, worry, always tired," he confessed. Pyle suggested sleep medication. Vermeire agreed, and on the patient's next visit, Pyle was delighted to find him in better control of his emotions.

Become a Family Practitioner?

The experience of being able to draw upon their skills to help relieve a patient's pain or to effect a cure, is often so gratifying that some students who had planned to specialize in other fields hesitate. Some reconsider their choice, thinking that a career as a family practitioner might be the most rewarding kind of work in all medicine—especially if they enjoy dealing with people more than with technology.
Erb confides that he had been thinking about moving into cardiology. “But working here has given me a new appreciation of general practice,” he says. “Before, I thought all family practitioners were the same—that they knew the same amount, did the same things. That’s not true. They differ in what they make of themselves. Some have more interest, do more research and are willing to give more to the patient. If you are a good GP,” he concludes, “your referrals to a specialist will be very few. For myself, I discovered that my ability to help a patient depends on how much I am willing to learn. I’ve found that I like the daily testing of what I know and don’t know, and I have to do more research to fill the gap.”

Defeating the Doubts

Neither Pyle nor Erb came to the inner city free of the fears and suspicions of urban culture typically imbued by a more affluent suburban experience. Pyle admits that she was at first intimidated by the rough neighborhood when she began her rotation on Lancaster Avenue. She was even more fearful that she would not be able to do the work. “In my other rotations,” she says, “I could at least get a grasp of each of the disciplines I had been exposed to. But when I arrived here, I was afraid that I wouldn’t be able to remember all the things I had been taught.” Now, on the last day of her rotation, she can say: “I’m not afraid anymore. I’ve dealt with it. I know that my education has prepared me.”

Finding and Filling a Need

Vermeire, having worked at the older HCC on Cambria Street, was among the first to recognize that inner city areas were underserved by the medical profession and overcrowded with people who needed medical attention. Osteopathic had not had a health care center anywhere in the West Philadelphia area since it moved its clinic at 48th and Spruce Streets to City Avenue after the 48th Street building was sold in 1983.

Paying the Bills

Driving the resurgence of health care service to West Philadelphia is Pennsylvania’s Healthpass program, a state-funded adjunct to the state’s Medicaid and the federal government’s Medicare. Healthpass patients are assigned to a single prima-
ry care facility that receives a flat fee for services from the state, now $25 per visit.

Early in 1986, learning that Pennsylvania was about to enact the Healthpass program and was seeking primary care physicians to provide service, Vermeire sought out a location nearer its potential clientele. He found the one on Lancaster Avenue already in use as a physicians' office, but in decline and with a reputation as an easy source of drugs. Aided by social worker Jean Chavious, who met and recruited new Healthpass clients, Vermeire opened the center in January, 1987. Fedec came over from City Avenue to share duties as attending physician. Fedec had been seeing only a few patients each day at the City Line HCC, and was eager to help Vermeire build a more active practice.

Positive Numbers

As a business venture, the HCC on Lancaster Avenue has been a spectacular success. In 1987, its first year of operation, twice as many patients were treated there than were accommodated the previous year at the City Avenue Health Care Center, which had been intended to serve the same West Philadelphia population. The center at City Avenue has now been closed.

Sixty percent of the patients treated at West Philadelphia will have the cost of their visit paid by Pennsylvania's Healthpass program. Other insurance will pick up much of the remainder, but some will pay for their medical care out of their own pockets. Fedec is not surprised at this last. "Often you don't realize how many good, hardworking people are too proud to take help from the DPA. They pay for their visits, and are as proud of their children and families as anyone anywhere."

Reversing the Trend

Kenneth Veit, DO, a member of the family practice staff and administrator for all five of Osteopathic’s health care centers, reports dramatic increases in both volume and revenue from the urban ventures. One year after its opening in January, 1987, the West Philadelphia center reported earnings that were double those produced in its best year on City Avenue.

An astute follower of the economics of family practice will inevitably wonder whether the growth on Lancaster Avenue will diminish if and when Pennsylvania’s experimental Healthpass program, installed only in the west and south of Philadelphia, is ended. A preview can be glimpsed at Cambria Street, where Healthpass is not in effect.

The Cambria Street center is experiencing similar growth. During February, 1,113 patients were seen there. Many came seeking Director Oliver Bullock, DO, who maintained 10,000 charts at his previous practice nearby before he signed on in December, 1987.

Most gratifying to Vermeire, Fedec and Bullock is the ability to achieve greater volume and revenue while overseeing an essential phase of Osteopathic’s primary mission to train osteopathic family practice physicians. Student Don Erb says he likes family practice “because it changes every day.”

The economics of health care delivery continue to change almost as rapidly. If PCOM accommodates future changes as well as it has seized and promoted this opportunity to create a more prominent presence in the inner city, then the prognosis for survival and continuing growth cannot be other than cheerful.
Oliver Bullock, DO, director of the Cambria Street Health Care Center.

Student Don Erb, meeting urban patients for the first time, ponders the mingled effects of culture, ethnicity, and economics on the health of inner city residents.

The examination of an inflamed eardrum becomes a contest between a restless child and a student doctor. Superior size and determination, added to medical expertise, aids diagnosis.
DOs in the Arts
The Play’s His Thing
By Christina Wiser

Seven years ago, Cherry Hill physician William Block, DO, ’59, became a scapegoat for a rather vocal segment of the South Jersey community who lambasted his modern theories on sex education.

The war cry was that the doctor, author of Dr. Block’s Illustrated Human Sexuality Book for Kids, wanted to turn students into “mindless perverts.” The boos were heard far and wide.

Last March, the part-time author and playwright heard nothing but resounding applause for work of a different sort: His play about a 19th-century medicine woman, “Lady Lyd,” was performed to a packed house at the Painted Bride Art Center in Philadelphia under the direction of one of his five children, daughter Bobbi.

“It was a whole other world,” Block enthuses. “It was a very deep experience... Something one waits for for a lifetime. I didn’t know whether to laugh, cry or hide. It’s very exhilarating and very humbling.”

The 60-year old Block, whose dark hair is generously flecked with gray, is seated in his Cherry Hill, NJ, office, which is lined with stacks of medical books and novels, some bearing his name. Those include What Your Child Really Wants to Know About Sex—And Why?, The Remarkable Cure of Solomon Sunshine, and G.P., an account of seven days in the life of a doctor like himself, a DO with a full patient list, including the football team at Cherry Hill High School West.

Block is clearly happier receiving acclaim than criticism. But he won’t hesitate to tell a listener how “political” things got when he and others on a committee to formulate mandatory sex education programs were accused of everything from fascism to conspiring against the United States.

“It was very upsetting and frustrating,” recalls Block, who rubs his eyes and squirms in his chair when he talks about that time. “But it might become a topic of a play one of these days.”

For the moment though, Block would rather talk
about "Lady Lyd," a project he started eight years ago.

Lydia Estes Pinkham, Block explains, was a Quaker feminist whose advice on sexual matters was enhanced by a vegetable compound she recommended to cure bedroom woes. She had intrigued Block for years.

"Lydia Pinkham was the queen of patent medicine," he says. "She stood out as the most legitimate. And she came from a Quaker, feminist house where women doing men's work were very successful. She remained inside my head for years."

Block has always had an interest in early medicine; one of his novels, The Remarkable Cure of Solomon Sunshine, dealt with that subject and was the inspiration for "Lady Lyd." Block also wrote the lyrics for the play, with music by Paula K. Skutnick.

The performance of the play was not the first time Block watched his words come to life. In December of 1986, the Walnut Street Theatre in Philadelphia staged his "Run, Butterfly, Run," an autobiographical play that depicts a doctor facing his own mortality.

But Bill Block long ago got his first taste of celebrity, as it were, with the publication of G.P., which sold 30,000 hardback copies at publication in 1970 and was an even bigger hit in paperback.

"It was a moment of exhilaration I think everyone should have once in a lifetime," Block says.

It would have been easy for Block to take that exhilaration and run with it, perhaps fancying himself a famous writer, and leaving medicine behind.

He didn't.

"It didn't take me long to realize that medicine was my life," Block says. "Writing is just a part of me. I could have left my practice, but I need my patients as much as they need me."

Nonetheless, writing preceded medicine for Block, whose parents ran a grocery store in Fairfield, CT. From grammar school on, he wrote plays with his brother, now an artist, while being influenced in theater by an uncle who was an actor.

Later, before Block had the money to go to medical school, he wrote articles for medical journals and sold hospital equipment. It wasn't until he was in his late 20s—and already married and raising a family—that Block enrolled at PCOM. But except for a short time while he started his practice in 1961, he kept on writing.

"At an early age, I felt that there was more than one career for me. And everything just fell into place. Writing was always there, and so was the desire to help people. I wanted it all."

It seems he has it. Block's office is located in his tastefully decorated home, and he puts in long hours, occasionally making house calls. When he wants to write, he does so at night, filling out yellow legal pads in longhand.

But Block prefers to create prose where he practices medicine: In his office, which is decorated with evidence of another hobby—painting.

Yet while he hopes to see "Lady Lyd" produced elsewhere, Bill Block will keep doctoring.

"There was a time when I thought, 'Broadway, here I come,'" Block says. "But at this point, the gratification of having the show performed in Philadelphia was more than I ever expected.

"When I came to the office the day after the performance, my nurses asked me what I was doing now. And I said, 'Practicing medicine.' My patients are my best audience."

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N.B. At the end of November 1987, "Lady Lyd" was on the boards again during a three-day run to packed houses at Plays & Players, a regional theater in Haddonfield, NJ.
How We Do It!
The Department of Physiology and Pharmacology
By Michael P. Mahalik, Ph.D.

In the words of a colleague, "Our department may be considered unique, not so much in what we do but in how we do it. Essentially, we're a team acting as a cohesive unit to achieve a common goal — education of our students, advancement of PCOM, and continual faculty improvement."

This sums up the ideal of a basic science faculty in a medical college. The basic understanding of medical problems and advances in medical techniques and therapeutics necessitate constant faculty development in academics and research.

The current Department of Physiology and Pharmacology at PCOM was created to this end. In response to the demands, the faculty is making valuable contributions and participates as an integral part of the scientific community by means of research initiatives and academic excellence.

Respected Research
Under the direction of Dr. Domenic DeBias, the department has evolved into a well respected research team. The department ranks very high in research productivity and the faculty accomplishments are widely recognized locally, nationally, and internationally. The faculty enjoys amiable working relationships with colleagues in local medical institutions, namely Jefferson, Temple, the Medical College of Pennsylvania, Hahnemann, and the University of Pennsylvania. These professional relationships promote the quality of research as well as enhance the image and reputation of PCOM.

As chairman since 1975, DeBias has diligently sought to recruit the best faculty to serve the ambitions of the department. His success is evident in the current faculty, each of whom has obtained at least one external funding source in recent years. The members of the department consistently submit a good number of grant applications and are well represented by publications of research on such diverse topics as heart disease, birth defects, migraine, and AIDS.

Each member of the faculty actively pursues publication of his or her projects and the results are presented at various scientific meetings.
nationally and internationally. In addition, each departmental member is required to maintain active association with scientific organizations in his or her specialty, ensuring that the faculty remains current in each respective discipline. DeBias also has tirelessly imagined new ways to secure funding for worthy projects; he makes all of the departmental resources available to his faculty, as well as to members of other departments, to foster research and academic pursuits.

The department encourages student research because the process of turning students into well-rounded medical professionals requires some exposure to the rudiments of basic science research. Every year, several students collaborate with various department members on research projects through work-study or department research support; others participate on their own time.

These collaborations have often led to impressive results. Besides gaining experience with research methodologies, many of our students have co-authored publications, made presentations at scientific meetings, and some have received awards for excellence in student research. Continuing this trend, the March of Dimes Birth Defects Foundation recently authorized support for two osteopathic medical students who will work with department members on a project studying cocaine-induced birth defects. This kind of student-faculty interaction enhances the educational process, and members of the department seem especially adept at making it work.

**Maintaining Academic Excellence**

The Department of Physiology and Pharmacology has a history of academic excellence. Because the faculty holds high standards for its research and education, the students receive state-of-the-art instruction.

For example, a course in nutrition is included in the curriculum, inaugurated and coordinated by DeBias while featuring guest nutritionists and internists. PCOM is one of the few medical schools offering a required course in nutrition which includes both laboratory work and lectures. DeBias also offers body composition analyses and nutrition consultations to employees of OMCP.
A significant component of the classroom teaching has been the incorporation of osteopathically relevant principles. This inclusion of osteopathic information in classroom discussions of physiology and pharmacology reinforces the significance of basic osteopathic tenets that the medical students will use throughout their careers.

Under the coordination of DeBias and Dr. Charlotte Greene, workshops on laser technology and its use in medicine are provided. These workshops are sponsored jointly by PCOM and the Institute of Applied Laser Surgery, and feature CO2, Nd:YAG, Argon and dye lasers. The sessions are unique in providing hands-on experience for many DO and MD physicians from the United States and Canada.

**A Strong Track Record**

Administratively, the department has a strong track record. DeBias was a popular and respected assistant dean for several years, and recently was elected to serve as faculty representative on the Board of Trustees. Additionally, Dr. Henry Hitner was elected as a representative to the executive faculty, replacing Dr. Leonard Rubin in that capacity. Several of the faculty members have received awards for distinguished teaching.

Every member of the department serves on at least one standing college committee. Departmental involvement in institutional administration is critical because the growth and integrity of PCOM will be determined, in part, by the contributions of its members and their freedom to offer necessary critiques.

The interaction between the clinical and basic science faculties is a special concern of the chairman as well as the administration. This department is making it work, as illustrated by the growing number of joint research projects with faculty in other disciplines—including the Departments of Surgery, Urology, Otolaryngology, Medicine, and Osteopathic Principles. Several members have assisted clinical faculty in the preparation of federal grant applications, and are involved with the Musculoskeletal Institute and the co-authorship of publications. Drs. DeBias and Greene, together...
with the OPP department and Department of Medicine, have been
involved for the past several years in evaluating somatic components
of MI. This work represents the first time an osteopathic principle
was definitely established through a controlled, double-blind study.
The results were recently published in The British Medical Journal, a
prestigious non-osteopathic publication. Such cooperation is vital to
the development of the college and should be continually promoted.

**Very Good Reviews**

The department represents a good blend of solid academics,
administrative competence, and progressive research. Four
physiologists, four pharmacologists, and a chairman trained in
both of those disciplines make up the department. This con-
figuration evolved in response to developments in the respective
sciences as well as the needs and interests of the college, and
should provide the resources to cope with the decade of the 90s
and beyond.

Student responses and peer reviews of the physiology and
pharmacology courses are consistently very favorable. It is
the philosophy of the department that learning can be fun, and
this instructional effort provides a
milieu conducive to learning. DeBias
states that "physiology is probably
the most important subject the
medical students will get in medi­
cal school. You show me a doctor
who knows his physiology and I’ll
show you a good physician.”

The basic knowledge concept
also extends to the pharmacology
course. Therapeutics is not
emphasized; rather, a basic
knowledge of pharmacology is
presented. In the words of the
chairman, “The students need
basic knowledge so that they can
prescribe drugs rationally. We
prefer to train them to become
‘real physicians’ rather than mere
‘pill pushers.’”
Hassman Endowment Fund
PCOM is pleased to announce the establishment of the Hassman Family Endowment created to advance osteopathic medical education. Future generations of PCOM students will benefit from this generous gift by Dr. and Mrs. Joseph M. Hassman, ’65, Dr. and Mrs. Howard Hassman, ’83, Dr. Elissa F. Hassman, ’86, David R. Hassman, PCOM class of ’91, and Michael A. Hassman.

Clifford G. Dorf Scholarship Fund
A scholarship in memory of their son Clifford, PCOM class of 1988, is being established by Mr. and Mrs. Jack Dorf. The family welcomes participation in the fund by friends, classmates, and colleagues. Contributions in his memory may be addressed to the Clifford G. Dorf Scholarship Fund, Office of Resource Development, Third Floor Moss House, 4150 City Avenue, Philadelphia, PA 19131, (215) 581-6257.

April Is Calling
“The annual Student Loan Fund Phonathon will be underway April 18-20,” announced Christine M. Garvin, ’90, chairperson of the Student Council financial aid committee. As a result of generous alumni responses last year, $42,000 in low interest loans were given to 84 PCOM students. The students hope to break $50,000 this year, the average total debt of the graduating osteopathic medical student.

Auxiliary Pledges $28,395
The generous amount pledged by the Auxiliary will go to the Hospital and enable purchase of an audiometer, two critical care beds for the medical/surgical intensive care unit, and two pulmonary monitors for neonatal intensive care. One critical care bed is being donated in honor of Mrs. Rose Tourigian, a life member of the Auxiliary and mother of H. Jeffrey Tourigian, DO, ’80.

Annual Fund Update
“PCOM is on track for another record breaking Annual Fund,” announced Richard Darby, DO, ’62, 1988 president of the Alumni Association. “Most remarkable is the number of alumni becoming leading contributors through Silver Key, Gold Key, and President’s Club memberships. Close to half of all contributions were key club level gifts, and, with five months to go, the number of key club members has already surpassed last year’s total.” The increase in parent donors is keeping pace with Annual Fund growth. Seventy three parents of current or former students have contributed so far, or more than six times the number of parent donors at this point last year.
Members of the Dean's Task Force on Scholarships for Minority Students plan an event launching the drive, a cocktail party and reception on May 3rd at the College of Physicians of Philadelphia.

Alumni Opinions Important
This spring, you will receive a questionnaire that is part of the strategic planning process underway at OMCP. It will have two parts—biographical information and a separate, confidential opinion survey. PCOM values your thinking and is involving alumni as an integral part of the planning process; please take a few minutes to complete the survey.

Corporate & Foundation Giving
Corporations and foundations are showing more interest in OMCP. Blank, Rome, Comisky & McCauley, along with Marsh and McLennan, Inc. and the Philadelphia Savings Fund Society, have made generous contributions to the Annual Fund. The 1957 Charitable Trust has made a programmatic grant of $2,500 to the Department of Otorhinolaryngology.

How to Contribute Assets to PCOM, Yet Continue to Benefit from the Income. Example: John Brown, DO, age 65 and class of '48, would like to contribute a significant gift to PCOM, yet retain the asset involved because it provides a portion of his retirement income. He hears about a device that can solve the problem because it works this way.

Dr. Brown gives $10,000 in securities currently paying 5% to PCOM in return for a Gift Annuity. He will now receive 7.3% or $730 per year for life from the annuity, $360 of which is considered tax free. In addition to this lifetime income, fully $4,920 or 49.2% of the total gift is available as a tax deduction on his 1988 return.

To summarize the benefits to Dr. Brown: (a) he increased his asset income from 5% to 7.3%, almost half of which escapes taxation. (b) He avoided the capital gains tax that would have been due had he sold the asset, and has an immediate tax deduction instead. (c) He has the satisfaction of helping insure the future of PCOM, and the college can count on the support of a dedicated and concerned graduate.

Galen S. Young, Sr., DO, '35, urges alumni and alumnae approaching retirement to consider the advantages of "future giving" found in a Gift Annuity. In contrast to a will bequest or giving an insurance policy, the Gift Annuity provides the donor and/or survivor with a guaranteed annual income for life, then reverts to Osteopathic. The asset may be cash or securities, and little or no capital gains tax need be paid if appreciated securities fund the gift.

As chairman of OMCP's development committee, Dr. Young and Marilyn Lucas, director of development, will be pleased to explain how a planned gift can work for you and PCOM. Call (215) 581-6257.
Ruth E. Purdy, DO, '50 is congratulated by Albert D’Alonzo, DO, '56, outgoing president of the Alumni Association. Dr. Purdy practices internal medicine in Columbus, Ohio, and received a Certificate of Honor on Founders Day.

Glenn J. Hoffman, retired Penn Central executive and a member of the college board since 1957, is congratulated upon receipt of a Certificate of Honor at the Founders Day dinner dance, attended by more than 700 people.

A speaker’s view of the Young Clinical Education Auditorium. In his remarks during the ceremonies, Judge J. Sydney Hoffman, chairman, Board of Trustees, said: “Dr. Young, you have the affection, respect, and admiration of this institution. You have been a stalwart of PCOM for so many years. They still speak about the rapid, efficient, and magnificent way that you perform surgery. You are, indeed, a legend in your own time.”

Founders Day 1988 was a continuous Blue Ribbon event. Here a white ribbon is cut to mark the ceremonies dedicating the Galen S. and Jessie M. Young Clinical Education Auditorium. Doing the honors are two famous osteopathic surgeons. The generosity of Galen S. Young, DO, '35, created the new meeting area in the hospital, and he is assisted by Daniel Wisely, DO, (right) director of medical education.

Students responded enthusiastically to the announcement by the Alumni Association that it would-prime the Student Loan Fund in the amount of $96,350 for the 1987-88 academic year.
Honored for his tireless support of OMCP, his dedication to the practice of osteopathic principles, and his unbounded enthusiasm for osteopathic education and research, Richard S. Koch, DO, ’38, received the 1988 O.J. Snyder Memorial Medal.

This earnest lab section is at work during our post-Founders Day CME in St. Thomas. The weather seems a tad milder than Philadelphia in January, leading your Alumni Board to muse whether Founders Day has to be in January since it definitely must be on campus. Why not bold the reunion in June in conjunction with PCOM commencement, or some other mild season? Tell the alumni office whether “weather” makes any difference in your Founders Day participation by writing or calling (215) 877-6676.

Richard Darby, DO, ’62, is the 1988 president of the PCOM Alumni Association. He would like to inform all alumni/ae that on July 1, 1988, a mere “one” will be added to the Alumni Association Life Membership fee. Since it will be added up front, this means the fee will increase from $500 to $1,500. These funds benefit Alumni Association Student Loans.

Five $1,000 Student Fellowships will be granted by the Alumni Association this year, enabling students to work in Budapest, Copenhagen, Milan, and in Washington, D.C., with the National Institute of Health.

“Whatever happened to what’s-his-name?” Work on the new Alumni Directory is under way. Soon you will receive a brief form from the Harris Publishing Company requesting accurate information on your personal listing in the new directory. Please return it promptly, or your college mail may be sent five years away from your current locale.
A new division of preventive and general internal medicine has been announced by Dean Joseph Dieterle, DO, '70.
Gary Yeoman, DO, and Pat Lannutti, DO, '71, have been appointed as faculty and staff of the new unit. Drs. Yeoman and Lannutti are also reorganizing the training program to give residents increased opportunities to broaden their experience in general internal medicine.

New Health Care Center Director
The Osteopathic Health Care Center in North Philadelphia is now under Oliver C. Bullock, DO, the newly appointed director. Dr. Bullock, PCOM '78, received a BS from Penn State and an MS in education from Temple. He comes to the position after serving as medical director of the Bishop Wright Medical Center in North Philadelphia.

Wilkes College/PCOM Pact
The new pre-med program co-sponsored by Wilkes College and PCOM was recently presented to the Luzerne County Counselors Association by Dean Joseph Dieterle, DO. The plan enables students to earn both a baccalaureate and DO degree in seven years, and guarantees fifteen qualified students admission to PCOM annually.


Papers & Speeches
Dr. Domenic DeBias, chairman of the Department of Physiology and Pharmacology, presented a paper titled “Animal Models for Laser Education and Research” at the International Conference on Lasers 1987; Dr. Charlotte Greene presented a paper titled “Incision Healing Using a Milliwatt CO2 Laser Welding.”
Dr. Michael Mahalik lectured to a seminar on birth defects at the Temple School of Pharmacy.

John Simelaro, DO, '71, chairman, Department of Pulmonary Medicine, and Michael Venditto, DO, director of the pulmonary lab, lectured at a one day seminar on asthma sponsored by York’s Memorial Hospital. They were joined by speakers Vincent Glielmi, DO, '42, and Carol St. George, DO, '79.

Emanuel Fliegelman, DO, '62, was a member of the visiting faculty at a conference on the prevention and management of cardiovascular disease in women, Acapulco, Mexico.

Theodore P. Mauer, DO, '62, presented a program on “The Osteopathic Approach to Serous Otitis Media and Other ENT Diseases” to the otology section of The Philadelphia College of Physicians. Stephen Smith, DVD, also spoke on TMJ dysfunction.

George Zahorian III, DO, '75, was recently promoted to clinical associate professor on the faculty staff, Department of Surgery, division of urology.
John Bruno, DO, '69, faculty staff in the Department of Pediatrics, has accepted a three year appointment to Radnor Township’s Board of Health.
A Healthful Friendship

Osteopathic & WHYY
A Healthful Friendship

On Sunday, March 13th, Osteopathic employees and students supported public television in the Delaware Valley by hosting WHYY TV-12's fund raising drive. Over $82,000 was raised by 50 volunteers from all over the institution including the Hospital, College, Clinical Associates, Management Services, and the Holding Company. Dr. Tilley presented John Ford, Vice President of Operations with a gift from Osteopathic and expressed his love for public television and the outstanding community service that TV-12 provides. The evening's events were organized by Nancy Hicks and Jonathan Kirk from Creative Services and Carole Familetti from Communications. A banner night for a healthful friendship. See you next year at Osteopathic: same time, same station.

Take A Deep (Pure) Breath!

April 4th, the Monday after daylight saving time began, it dawned early on campus smokers that the new OMCP smoke limitation policy had gone into effect. Signs were posted in each building indicating areas where smoking is still permitted, since it is now prohibited indoors everywhere else. The trend toward freeing public places and work spaces from smoke is clear; and an institution dedicated to health maintenance and preventative care naturally affirms the new consensus.
1927
Mary L. Hough, Media, PA, recently retired after sixty years of pediatric practice. For fourteen years she served in the college pediatric clinic and ward, teaching students and working with professors William Speath, DO, and Ruth Tinley, DO.

1954
Richard K. Chambers, Jr., Strasburg, PA, was appointed to the clinician team at Acadia, specializing in head trauma rehabilitation.

1955
Norbert L. Silpe, Maple Shade, NJ, was named to the family practice staff at West Jersey Hospitals and Garden State Hospital.

1956
J. Harris Joseph, Bala Cynwyd, PA, was elected president of the American Cancer Society, Philadelphia Division.

1957
Daniel H. Belsky, Cherry Hill, NJ, received press in JAOA concerning Ketoacidosis secondary to oral ritodrine use in a gestational diabetic patient.

1959
Ronald Goldberg, Cherry Hill, NJ, was recently installed as president of the American College of General Practitioners, the largest specialty group in the profession.

1960
David Rosenthal, Dresher, PA, was appointed as director of rehabilitation medicine at Suburban General Hospital, Norristown.

1961
Philip Pearlstein, Wynnewood, PA, was elected to the board of directors of Suburban General Hospital, Norristown.

Anthony A. Minissale, Philadelphia, PA, received press in JAOA concerning treatment of gastrocolic fistula with home total parenteral nutrition.

Andrew A. Pecora, Cherry Hill, NJ, was named president-elect of the American College of Osteopathic Internists.

Carl R. Spease, Lewistown, PA, was appointed director of medical education at Lewistown Hospital and will develop its teaching affiliation with PCOM.

1963
Allen C. Lahey, Duxbury, MA, has been appointed to the board of trustees of the University of New England in Biddeford, Maine.

1964
Elias J. Isaac, Allentown, PA, received press in The Osteopathic Medical News concerning pre-operative hair shaving for inguinal hernioplasties.

1965
Frederick Uberti, Farrell, PA, recently made a presentation on hypertension at the Shenango Valley Medical Center.

1966
Frederick J. Humphrey, II, Moorestown, NJ, was awarded the Robert C. Jubelirer Award for distinguished service in the field of mental health.

1967
Vivian M. Barsky, Philadelphia, PA, received press in JAOA concerning treatment of gastrocolic fistula with home total parenteral nutrition.

Robert W. Burgess, St. Joseph, MI, a commander in the U.S. Public Health Service, has been assigned as the medical director of the Michigan and Rural Community Health Association in Michigan.

Peter A. Molle, Huntingdon Valley, PA, was appointed medical director and director of medical education at Delaware Valley Medical Center in Langhorne.

Gary Zisk, Brooklyn, NY, has announced the publication of his book titled, Amino Acid Super Diet.

1969
Morris I Rossman, Holland, PA, chief cardiologist at DVMC, presented a lecture for the community on “Lifestyles for a Healthy Heart.”
1970
Louis C. Haenel III, Stratford, NJ, received press in JAOA concerning Ketoacidosis secondary to oral ritodrine use in a gestational diabetic patient.

George T. Loose, Hershey, PA, was granted staff privileges at Lebanon’s Good Samaritan Hospital.

1971
Pat A. Lannutti, Drexel Hill, PA, was appointed to chair the program at Metropolitan Hospital’s recent seminar.

John H. Nipple, Harrisburg, PA, has been named president of the medical staff at Community General Osteopathic Hospital.

Richard A. Renza, Cape May Court House, NJ, was elected president of the Burdette Tomlin Memorial Hospital medical staff.

1972
L. Edward Antosek, Jacksonville, FL, a Naval flight surgeon assigned to the carrier Forrestal for the past two years, has been accepted in the Navy’s Aerospace Medicine residency at Pensacola.

Jeffrey M. Bruner, Mount Clemens, MI, has opened his private practice in Mount Clemens, Michigan.

Francis E. Meyers, Latrobe, PA, was named a recertified diplomate by the American Board of Family Practice.

James W. Sillaman, III, Latrobe, PA, was named a recertified diplomate by the American Board of Family Practice.

1973
Robert C. Luderer, York, PA, has been appointed to the medical staff at Memorial Hospital in York.

James R. Pritchard, Massillon, OH, an associate professor of medicine at Ohio University, is seeking a third term as coroner of Stark County.

Daniel J. Raub, Athens, OH, has received press in JAOA concerning the impact of small-group clinical teaching early in the medical school curriculum.

1974
Richard J. Naftulin, Pennsauken, NJ, is one of the surgeons staffing the new orthopedic center at St. Mary Hospital.

Joseph D. Flynn, Jr., Yardley, PA, received press in the JAOA condemning Percutaneous Cholecystostomy.

Stanley D. Kolman, Philadelphia, PA, received press in the JAOA concerning treatment of gastrocolic fistula with home total parenteral nutrition.

1976
N. Charles Diakon, Tracy, CA, is in private practice and will work part time as a supervisor of the dermatology surgery clinic at the University of California, San Francisco, next year.

Ted S. Eisenberg, Philadelphia, PA, won an award for his scientific exhibit at the 60th Annual Clinical Assembly of Osteopathic Specialists, and was appointed program chairman of the plastic surgery section for the 61st assembly.

John C. Eisley, Monessen, PA, has been appointed to the medical advisory board of the Pennsylvania Health Choice Plan/Southwestern Pennsylvania.

Louis R. Manara, Voorhees, NJ, received press in the JAOA concerning Ketoacidosis secondary to oral ritodrine use in a gestational diabetic patient.

Jerry S. Videll, Downingtown, PA, has joined the Physician Care Medical Group and will be practicing internal medicine with a cardiology subspecialty.

1977
Robert C. Greer, IV, Lake Park, FL, was installed as president of the Florida Osteopathic Medical Association on March 19, 1988.
Wayne E. Schuricht, Fort Worth, TX, has been named the new director of Fort Worth's emergency medical services system, and is president of the Texas chapter of the American College of Emergency Physicians.

1978
Prentiss W. Adkins, Millville, DE, has returned to Delaware to open a family practice in the new Beebe Hospital emergency facility in Millville.

John V. Cappello, Wescosville, PA, recently moved his general practice to new offices at the Brookside Professional Park, Wescosville.

Carlo J. DiMarco, Springfield, PA, has been appointed chairman of the division of ophthalmology at Metropolitan Hospital—Parkview Division.

1979
William B. Kerr, Silver Spring, MD, was inducted as a fellow of the American Academy of Orthopaedic Surgeons at its 55th annual meeting in Atlanta.

Ben Lazarus, Lancaster, PA, recently received his certification from the American Osteopathic Board of Internal Medicine.

Kenneth J. Toff, Allentown, PA, received board certification in pediatrics, and has served as chairman of the division of pediatrics at Allentown Osteopathic Medical Center since 1983.

Earl J. Wenner Jr., York, PA, a specialist in physical medicine and rehabilitation, was named to the consulting staff of Hanover General Hospital.

1980
Ben Abraham, Erie, PA, has announced the opening of his private general practice in Erie.

Bonnie Gardner, Philadelphia, PA, has been appointed to the OMCP medical staff specializing in endocrinology and metabolism.

Charles B. Kish, Bridgeport, PA, has joined the medical staff of North Penn Hospital, Lansdale, in family practice.

Lawrence A. Tepper, Jupiter, FL, has announced the opening of his private practice of internal medicine in Jupiter.

1981
Joel P. Chack, Cherry Hill, PA, was appointed to the medical staff of West Jersey Health Systems, Garden State Division, in internal medicine.

Lawrence J. Collins, Ambler, PA, has joined the medical staff of North Penn Hospital in anesthesiology.

James T. McNelis, Allentown, PA, opened an office for the practice of internal medicine at Liberty Square Medical Center in Allentown.

William T. Merchant, Lebanon, PA, has joined the medical staff of Good Samaritan Hospital in anesthesiology.

Thomas D. Sneeringer, Titusville, FL, has opened his private practice and joined the medical staff of Titusville Area Hospital.

William P. Zipperer, Mesa, AZ, has joined Southwest Medical Associates in the practice of internal medicine at Mesa General Hospital.

1982
Neal E. Soifer, Clarks Summit, PA, received press in the JAOA concerning Ketoacidosis secondary to oral ritodrine use in a gestational diabetic patient.

Denise M. Wilson, Muncy, PA, received board certification and serves as medical director of Muncy Valley Hospital's emergency department.

1983
Paul S. Baron, Dresher, PA, has opened his office for the general practice of medicine in Dresher.

Gary G. Berger, Philadelphia, PA, joined the medical staff of the Moss Rehabilitation Hospital in the practice of psychiatry.

Muge A. Cummings and Bruce D. Jeffries, '82, Johnstown, PA, have opened a family practice with Tri-County Ambulatory Care Centers, Inc.
Darlene Ann Dunay, Old Forge, PA, has been popular with the media in Scranton, appearing on WWDL’s “Apple-a-Day” program, and WNEP-TV’s “Good Morning Pennsylvania” show.

James R. McLaughlin, St. Louis, MO, recently passed the certifying examination of the American Board of Internal Medicine.

1984
Benjamin H. Auerbach, Norristown, PA, has joined the medical staff of OMCP specializing in OMT.

1985
Gary Czulada, York, PA, has been appointed to the medical staff of Memorial Hospital in family practice.

Allan C. Johnson, Jr., Ephrata, Pa, has joined the medical staff at Ephrata Community Hospital in family practice.

Michael L. Schreiber, Los Angeles, CA, has been named medical director of The SportsMed Centre, is a consulting physician to the Joffrey and the Long Beach Ballet Companies, and recently lectured at the UCLA Department of Dance on preventing dance injuries.

Ronald M. Unice, Meadville, PA, was elected chairman of the emergency department at Meadville Medical Center.

1986
Joseph J. Radzwilka, Wyoming, PA, has announced the opening of his family medicine practice with offices in Luzerne and Pittston, PA.

Elissa F. Hassman, Stratford, NJ, has been appointed to the medical staffs of West Jersey Hospitals and Garden State Hospital.

Allentown, PA
The medical staff of Allentown Osteopathic Medical Center recently elected new officers —Barry Hennessey, ’75 chairman; John Stevens, Jr., ’73, vice chairman; and Thomas Brislin, ’74, secretary. Robert Barnes, ’69, Harvey Starr, ’74, and Larry Todd, ’81, were elected members at large on the executive committee. Willard Noyes, ’59, and Joseph Pascuzzo, ’77, were elected representatives to the medical center board of trustees.

R. McFarlane Tilley, DO, and Paul T. Lloyd, DO, patriarchs of the osteopathic tradition and members of the PCOM class of 1923, celebrate their 65th reunion at Founders Day.

Class of 1928, 60th anniversary: George Bradford, DO; George Colvin, DO; and Walter O’Neal, DO, on the right.

50th anniversary, class of 1938: (seated, left to right) Antonio Vergara, DO; Ruth Waddel Cathie, DO; Lewis Krebs, DO; Richard Koch, DO; Elias Kaggen, DO; Simon Lubin, DO; (standing) Alexander Urbont, DO; William Silverman, DO; George Wolf, DO; and Robert Erwin, DO.
Edgel W. Wiley, '27, Lancaster, PA, died on January 22 at age 84 after a long illness. He was one of the founders of Lancaster Osteopathic Hospital, later renamed Community Hospital, where he died. Dr. Wiley practiced medicine for 58 years, having retired only in 1985. He practiced in Columbia from 1927 to 1936, and then in Jacksonville, FL, until 1944 when he moved to Lancaster. His son, David E. Wiley, '58, continues to practice in Lancaster.

Victor J. Manley, '29, Niantic, CT, died December 8 at age 81. His specialty was osteopathic manipulative therapy, and he was particularly interested in the involvement of diet in arthritic conditions. In the mid-60s, he published his findings in a paper entitled “The Diet is Important in Arthritis.” Dr. Manley’s widow writes that she believes “The role of diet in arthritis is, with occasional breakthroughs, being corroborated by medicine.”

Henry P. Bellew, '37, Moorestown, NJ, died January 24 at age 73. Dr. Bellew retired last year after celebrating his 50th anniversary as a physician. Living in Secane, Delaware County, he practiced for 30 years in Philadelphia and was on the technical staff of PCOM for a time. He moved to Moorestown in the late 60s and engaged in general practice in Burlington County until his retirement.

C. Edwin Long, Jr., '38, Buffalo, NY, died on February 5 at age 70 after a long illness. He was a former president of the New York State Osteopathic Medical Association. Dr. Long retired five years ago after more than 45 years of practice in Buffalo where he began general practice in 1938. He served with the Army’s Second Armored Division in North Africa and Europe from 1942 to 1945 and received the Bronze Star and the Purple Heart during the Battle of the Bulge.

Allen W. Weeks, '38, South Paris, ME, died on March 8 in the Ledgeview Nursing Home at age 72. He was born in Parsonsfield, ME, and had retired in 1983. Dr. Weeks practiced for 41 years, first in Mt. Carmel, PA, then in Lindonville, VT, and Buckfield before coming to South Paris in 1944. He was a member of the Maine, New England, and American Osteopathic Associations.

Grover F. Artman, '44, Red Lion, PA, died on January 29 at age 72 in Memorial Osteopathic Hospital, York, after a long illness. He engaged in the general practice of medicine in the Red Lion area from 1945 until his retirement in 1978. Dr. Artman was one of the founders of York's West Side Hospital, later Memorial Hospital, having also served as chief of staff.

Seymour G. Kaufman, '44, Collingswood, NJ, died February 5 at age 69. He was one of the 12 physicians who founded the Cherry Hill Division of Kennedy Memorial Hospitals. Dr. Kaufman also served as chairman of the orthopedics department from 1965 to 1980, and last year the hospital dedicated a wing to him. He was a past president of the American Academy of Orthopedics and a fellow of the ACOs since 1976.

Harlan J. Elvin, '52, Tucson, AZ, died January 4 at age 63 in Lehighton, PA, after a long illness. He served with the Marine Corps in the Pacific during World War II. After doing his internship at Community Hospital in Lancaster, Dr. Elvin conducted a general practice in Mount Joy, PA, from 1953 to 1983, and was on the staff of Wernersville State Hospital. From 1984 until his death, he was medical director of Vision-Quest in Tucson.

William H. Sidow, '66, Scottsdale, PA, died on December 30, at age 54. Born in Connellsville, PA, he was on the medical staff of Mayview State Hospital from 1968-1976. For the next nine years he was medical director of the psychiatric unit at Connellsville State Hospital. Dr. Sidow was psychiatric physician supervisor at Torrance State Hospital from 1985-1987, when he was appointed assistant superintendent of clinical services at Somerset State Hospital.
### Coming Events

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<tr>
<td>April 9</td>
<td>Professional Staff Dinner Dance</td>
<td>Twelve Ceasars</td>
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<tr>
<td>April 18-20</td>
<td>Fourth Annual Student Phon-A-Thon</td>
<td>PCOM</td>
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<tr>
<td>April 27 - May 1</td>
<td>POMA Convention</td>
<td>Valley Forge Conference Center</td>
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<td>April 27</td>
<td>PCOM Board Meeting</td>
<td>PCOM</td>
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<td>May 3</td>
<td>Cocktail Reception sponsored by the Dean's Task Force on Minority Scholarships</td>
<td>College of Physicians</td>
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<td>May 6</td>
<td>PCOM Sports Banquet</td>
<td>Chateau Graineri Whitemarsh, PA</td>
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<td>May 7</td>
<td>CME Annual Office Cardiology</td>
<td>PCOM</td>
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<td>May 15</td>
<td>CME Musculoskeletal Institute</td>
<td>PCOM</td>
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<tr>
<td>June 1</td>
<td>Class of 1988 Dinner Dance</td>
<td>Adam's Mark</td>
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<td>June 3</td>
<td>OMCP Board Meeting</td>
<td>PCOM</td>
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<td>June 4</td>
<td>Alumni Association Board Meeting</td>
<td>PCOM</td>
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<tr>
<td>June 5</td>
<td>1988 Commencement</td>
<td>Academy of Music</td>
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<tr>
<td>June 9</td>
<td>PCOM R&amp;R Day</td>
<td>Eagle Lodge, Lafayette Hill, PA</td>
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