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## Justification for X-Rays

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ROOM  
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PT. II

XRAY

JUSTIFICATION FOR XRAYS

THE EFFECTS AND USE OF XRAYS, OF COURSE, IS VERY CONTROVERSIAL  
(EXCEEDINGLY CONTROVERSIAL) AND IT WANES AND WAXES AND YOU GET  
EXTREMES OF OPINIONS ON IT. MAN HAS BEEN BOMBARDED WITH XRAYS  
FOR 100'S AND 1000'S OF YEARS, AND IT APPEARS LIKE MAN HAS AN  
IMMUNITY TO MANY THINGS. I'M OF THE OPINION THAT MAN HAS A  
RESISTANCE AND IMMUNITY TO XRAY EFFECTS--WITHIN CERTAIN DEGREES,  
OF COURSE. CAN WE SAY THE ELECTRIC BLANKET DANGERS FIT IN? THE  
RADON? THE TELEVISION? THE HIGH TENSION WIRES? ARE WE GOING  
TO AVOID THEM? OR ARE WE GOING TO WAIT FOR MORE DEFINITIVE DATA  
TO DESCRIBE THE EFFECTS AND VALUES OF THESE VARIOUS SO-CALLED  
"THREATS TO HEALTH" FROM RADIATION?

FOR MYSELF, I BELIEVE THERE IS MUCH DATA (AND EXPERIENCE)

SUPPORTING ONE'S FEELING JUSTIFIED AND SAFE IN USING SPINAL XRAYS IN DIAGNOSING AND FOLLOWING SPINAL MECHANICAL ABNORMALITIES. FOR MYSELF, I'VE HAD WELL OVER 300 XRAYS OF MY OWN BODY AND AM SURE WILL HAVE MORE. I'VE HAD PATIENTS FREQUENTLY RE-XRAYED FOR 50 YEARS. I WOULD SAY THE CANCER STATISTICS OF MY SPINE XRAYED PATIENTS ARE MUCH LOWER--IF ANYTHING, THAN OTHERS. HOME, SELF-ADMINISTERED SPINAL REHABILITATION WHICH THESE PATIENTS GET OVER A PERIOD OF A LIFETIME, I SUSPECT, MAY WELL RAISE IMMUNITY AGAINST AGING, DISEASES AND DEGENERATION AND INCREASES IMMUNITY PROBABLY TO EVERYTHING INCLUDING, I WOULD THINK, XRAYS.

WHERE ARE WE GOING TO USE THEM? WHEN ARE WE GOING TO USE THEM?  
ARE WE GOING TO STAY AWAY FROM THEM FOR XRAY STUDIES OF BACKS?

I'VE COLLECTED A LOT OF OPINIONS FROM EXPERTS ON THIS SUBJECT--  
AND WILL HAVE THEM AT YOUR DISPOSAL. WOULD ONE THINK OF  
OPERATING OR GIVING AN ANESTHETIC WITHOUT BLOOD AND URINE TESTS,  
EKG, CHEST XRAYS, AND HEART AND RESPIRATORY EXAMINATIONS? NO,  
YOU ARE NOT ONLY REMISS BUT LEGALLY LIABLE. YET THESE TESTS,  
INCIDENTALLY, THAT YOU DO BEFORE OPERATIONS AND ANESTHESIA--  
THESE SCREENING TESTS THAT ARE DONE ROUTINELY--YIELD FAR MORE  
NEGATIVE FINDINGS THAN THOSE WHO HAVE HAD SPINAL XRAY STUDYING  
AND SCREENING FOR BACKACHES. THEREFORE, IT WOULD SEEM FROM THAT  
ONE POINT ALONE, THAT ONE WOULD NOT WANT TO OMIT BACK XRAYS IN  
A BACKACHE CASE. THEY ARE FAR MORE APT TO REVEAL POSITIVE  
FINDINGS THAT ARE VERY VALUABLE.

I STRONGLY AM CONVINCED THAT THE TRUE AND ENORMOUS FREQUENCY OF SPINAL ASYMMETRIES ARE NOT APPRECIATED DUE TO THE UNDERUSAGE OF THE DIAGNOSTIC XRAY STUDY. SO, IF WE DON'T DO XRAYS ON SPINES, HOW ARE WE GOING TO KNOW? I MYSELF CANNOT TELL BY PALPATION AND OBSERVATION NEARLY AS MUCH ABOUT A SPINE'S SYMMETRY AS I CAN WITH AN XRAY. THERE IS NO BETTER WAY, IN MY OPINION, TO OBJECTIVELY EVALUATE THE SPINE'S DEVIATIONS FROM SO-CALLED "NORMAL" OR "BALANCED" THAN BY XRAYS. ALSO, THEIR PROGRESS IS BY FAR BETTER EVALUATED BY RECHECKING AND COMPARING XRAYS--I DO THIS FREQUENTLY.

LET ME READ SOME ARTICLES FROM OTHER PERSONS ON THEIR OPINIONS ABOUT XRAYS.

PATIENT ENTHUSIASTIC COOPERATION

AUTHORITATIVE

READ XRAY ARTICLES