

1-1-2014

The Advocate Cafe: A Hand-Up, Not a Hand-Out

Maggie Gandhi

Kelsey McGlade

Philadelphia College of Osteopathic Medicine

Follow this and additional works at: https://digitalcommons.pcom.edu/bridging_gaps2014

 Part of the [Mental and Social Health Commons](#), [Public Health Commons](#), and the [Social and Behavioral Sciences Commons](#)

Recommended Citation

Gandhi, Maggie and McGlade, Kelsey, "The Advocate Cafe: A Hand-Up, Not a Hand-Out" (2014). *Bridging the Gaps Posters 2014*. 33. https://digitalcommons.pcom.edu/bridging_gaps2014/33

This Book is brought to you for free and open access by the Bridging the Gaps Posters at DigitalCommons@PCOM. It has been accepted for inclusion in Bridging the Gaps Posters 2014 by an authorized administrator of DigitalCommons@PCOM. For more information, please contact library@pcom.edu.

The Advocate Café: A Hand-up, not a Hand-out

Church of the Advocate



Maggie Gandhi, *Philadelphia College of Pharmacy, University of the Sciences, Doctor of Pharmacy Program*

Kelsey McGlade, *Philadelphia College of Osteopathic Medicine, Doctor of Osteopathic Medicine Program*

Academic Preceptors

Ronald Allen, MHA, Philadelphia College of Osteopathic Medicine

Oliver Bullock, DO, Philadelphia College of Osteopathic Medicine

Mary Kate McGinty, RPh, MS, University of the Sciences

Community Preceptor

Vashti DuBois



Where healthcare and science converge.

**Bridging the Gaps Focus Areas
Adopted from HP 2010 & HP
2020**

- Chronic Disease
- Education Advancement/Literacy
- Environmental Health
- Health Communication
- Nutrition and Weight Status

The Community Site

Church of the Advocate, in North Philadelphia, is an Episcopal Church with a welcoming community, dedicated to spiritual enrichment, human services, community programs, and the pursuit of social justice. Church of the Advocate operates a soup kitchen, the Advocate Café, five days a week, community outreach services, and numerous summer camps and activities for children. Launching this fall is the Advocate Center for Culture and Education (ACCE) an arts and education academy for children that brings together non-profits renowned for their use of expressive arts as an entry point for education and self-improvement.

Method & Activities

- Supervised projects created by Work Ready interns, specifically in the fields of photography, social media, and community outreach, with a focus on the topic of hunger
- Presented on cardiovascular health, oral health, substance abuse, chronic diseases, and the effects of hunger via group discussions, slide shows, and field trips
- Discussed partnership activities with ACCE collaborators
- Created advertising and marketing campaigns for ACCE
- Conferenced with other non-profits committed to hunger relief and healthcare professionals, addressing the issues of hunger and poverty in North Philadelphia
- Interviewed patrons, volunteers, and employees of Church of the Advocate
- Volunteered in the soup kitchen, aiding in food preparation, serving, and cleanup tasks

Personal Statements

“I began my journey as a BTG intern with high hopes of inspiring change by bringing medical knowledge to my site, learning more about the surrounding community, and working with an interdisciplinary team. What I never expected was to gain as much perspective and insight into the motivations and reasons behind different human behaviors. Working with a varied population- age, race, sex, housing status- allowed me to examine the struggles of everyday life for many and taught me to approach everyone with the respect and mindfulness their experience deserves. I walk away from this experience with more tools in my tool belt and knowledge in my library, which I will carry with me into my future career and personal life.”

– Kelsey McGlade

“Through BTG, I have been exposed to the complexities of various issues faced by inner-city communities in north Philadelphia, such as hunger, poverty, chronic illnesses, and lack of resources. I began this summer with high expectations and the hope of changing lives in the weeks to come; however, from my time at Church of the Advocate, I gained significant insight from the community they serve. I learned that life is about making the best of every situation and to focus on personal development: becoming a better person every day and doing things not only because you enjoy them, but rather because you want to make an impact on others. Overall, I will always remember my experiences from BTG and use that knowledge to be a well-rounded and empathetic pharmacist.”

– Maggie Gandhi

Project Goals & Objectives

- Foster creativity in the fields of photography, social media, and community outreach, culminating in projects completed by high school Youth Works Work Ready interns
- Promote cardiovascular and oral health
- Increase awareness of substance abuse, chronic diseases, and hunger
- Establish the foundations for ACCE to aid in the launch
- Create a comprehensive review of the Advocate Café to showcase the soup kitchen’s impact on the community and utilize the data for upcoming improvements
- Collaborate with other non-profits committed to hunger relief to initiate future partnerships

Project Results

- A team of Work Ready interns created a Facebook and Instagram account for ACCE
- A team of Work Ready interns blogged about their work experiences at Church of the Advocate
- The Work Ready interns designed a poster centered around cardiovascular and oral health
- The Work Ready interns created “Hunger Cards” that provide information regarding hunger and resources for hunger relief to the community
- New connections were established with North Philadelphia physicians and other community non-profits
- A video review of the Advocate Café was created and made available to the public on Youtube

Acknowledgements

We would like to thank Vashti DuBois for her dedication in fostering our creative spirits. We would also like to thank everyone at Church of the Advocate for their endless support and generosity. A special thanks to our preceptors from University of the Sciences, Mary Kate McGinty and Dr. Kathy Poon, and Philadelphia College of Osteopathic Medicine, Joanne Behm, Dr. Oliver Bullock, and Ronald Allen.

